The University Women’s Club
Fall Membership Event
You are Cordially Invited to Morning Coffee
Meet and Greet Old and New Friends!

Tuesday, September 13, 2005
9:30 a.m. — 11:30 a.m.
University Memorial Center Aspen Room

Members and Friends of the University Women’s Club will gather for our Annual Fall Meeting at the University Memorial Center. Come join us for tea, coffee, and light refreshments to renew old friendships and meet new friends. This is a free event and the perfect opportunity to introduce someone new to UWC. There will be introductions to the many and varied activities of Interest Groups. Chairpersons of these groups will be there to answer your questions and provide sign-up sheets. Please consider bringing a friend or two.

Membership dues for 2005-2006 are $25.00. Dues must be paid by October 15 in order to have your name included the directory. Dues may be paid at the Membership Coffee, but to avoid the line, you may mail your check in advance to Karen Diamond, c/o UWC, P.O. Box 18844, Boulder CO 80308-1844. Please use the membership form found in this issue of MESSAGES. Make check payable to the University Women’s Club.

We look forward to seeing you and meeting your guests.

Carol Saunders, President-Elect

President’s Letter

Where has the summer gone?! It was only yesterday that the University Women’s Club hosted its annual Honors Tea in the lovely home of CU President Elizabeth Hoffman. The event was planned and executed by Sherry Bruff and we all delighted in the elegant reception honoring Barbara Brenton with the Margaret Willard Award. President Hoffman was in attendance and graciously received the UWC President’s Award—one of many farewell recognitions for her as she leaves the CU presidency.

Now we are at the beginning of another academic year for CU students and faculty and for the University Women’s Club. We welcome Nan Brown, wife of CU’s President Hank Brown, and Yvonne DiStefano, wife of Interim Chancellor Phil DiStefano, as Honorary Co-Presidents. You will see in this issue a list of those dedicated members who have agreed to be on the Board this year. Even if you are not a Board member, we would still like to hear your voice! The Board meets on the first Tuesday of each month. Members having items that they would like to place on the agenda are encouraged to e-mail them to me at simonsh@colorado.edu prior to a Board meeting.

One major aim of our organization is to fund scholarships to CU for nontraditional female students. As you may recall, the UWC awarded $6000 in scholarships last Spring to three deserving women. Most of the money for these awards comes from your added contribution when you send in your annual check for dues. The remainder is received at the Spring Scholarship Luncheon. The 2005 luncheon alone brought in over $1600 for scholarships!

Most of our members participate in one or more of our several Interest Groups and in the UWC-sponsored Living in the USA for international women associated with CU. When you attend our annual Membership Coffee on September 13 you will have a chance to review the many offerings. As you will see elsewhere in this issue, both our first Lecture Luncheon and the Opera Brunch are coming up in October. That’s sooner than you think! So—we’re “off and running”! Get ready for a full Fall season of Women’s Club activities. I look forward to greeting everyone at the September Coffee.

Harriet Simons, President
SAVE THESE DATES!

2005-2006 LECTURE LUNCHEON SERIES

You will want to save the following dates for our popular Lecture Luncheons in the Aspen Room at the University Memorial Center. The varied topics and interesting speakers will provide you and your friends a delightful luncheon experience on five Tuesdays this season. All luncheons begin at 11:30 a.m. The luncheon cost remains at $15 this year. Checks payable to the University Women’s Club are due by the indicated reservation date below for each luncheon. Of course, you may write a check for all five at once! Checks for the October luncheon should be mailed to UWC, c/o Julia Luerman, 6673 Olde Stage Road, Boulder CO 80302.

Women Marines in Iraq
Sara Sheldon
Tuesday, October 18, 2005
(Reservations by Tuesday, October 11)

Sara Sheldon has a lot of intellectual curiosity that leads her to interesting subjects and places. She has a fine arts degree from Colorado College, and at age 45 did two years of graduate study at CU in Chinese language and culture, then two years at DU Graduate School of International Studies in Socialist Politics. Born and raised in Oak Park, Illinois, she has lived in Houston; San Francisco; Colorado Springs, where she had an art gallery; and Santa Fe, where she founded and directed the Santa Fe Festival of the Arts.

When her son left college to join the Marine Corps, she was curious about what convinced him to do that. As a result, she has written two novels about the Marine Corps, has been at sea with the Marines, and survived an incident off California when a helicopter she was riding in burst into flames. Recently returned from two weeks as a free-lance writer embedded with the 1st Marine Expeditionary Unit in Camp Fallujah, Iraq, she is writing a nonfiction book about women Marines titled The Few, The Proud: Women Marines in Harm’s Way. Today’s lecture will be centered on those women Marines in Iraq.

Song of the Alpine
Joyce Gellhorn
Tuesday, November 8, 2005
(Reservation by Tuesday, November 1)

Colorado’s high country has intrigued Joyce Gellhorn for over fifty years as a destination and a place to explore and study. She has taught science and natural history classes in Boulder County for over twenty-five years to students ranging in age from four to eighty-four. She holds a Ph.D. in botany with a specialty in plant ecology and has written more than eighty articles and chapters for science textbooks. Song of the Alpine is her first book.

Dr. Gellhorn’s presentation, “Song of the Alpine,” features slides and covers adaptations of plants and animals living through the rigors of all seasons in the Rocky Mountain alpine tundra. No one can fully appreciate or understand this beautiful area without some acquaintance with it through all seasons of the year. The talk covers climate as well as stories about activities of plants and animals in the different season. In addition, human use of alpine areas is examined from prehistoric Native Americans to the present time.

The Obesity Myth
Paul Campos
Tuesday, December 13, 2005
(Reservation by Tuesday, December 6)


Prof. Campos will speak on his most recent book, The Obesity Myth. Campos will show, among other things, 1) how the nation’s most prestigious and trusted media sources misinform the public about obesity; 2) how weight-loss mania fueled the impeachment of Bill Clinton; and 3) how the skinny elite project their anxieties about over-consumption on the poorer and heavier underclass.
Claudia Mills is an Associate Professor of Philosophy at CU, working in the areas of ethics, and social and political philosophy. She is also the author of over 35 children’s books, including 7 x 9 = Trouble! (an American Library Association Notable Book), Makeovers by Marcia (a Junior Library Guild selection), and Ziggy’s Blue Ribbon Day (her most recent title).

Prof. Mills will be speaking on how her love of philosophy influences her children’s books and how her love of children’s literature influences her research and teaching in philosophy.

Ruby Nahan is a Senior Technical Communicator in the Office of Communications at the National Renewable Energy Laboratory. She works with research scientists and engineers in various solar energy technologies to communicate their research efforts and results to government, industry, and the general public. Ruby is a member of the Rules and Regulations and Organizing committees for the Solar Decathlon. As an organizer she manages all nonmedia communications efforts for the competition and event.

The Solar Decathlon is a competition to design, build, and operate the most attractive and energy-efficient solar-powered home. Eighteen teams of college students from the United States (including Puerto Rico), Canada, and Spain are competing in 2005. They work for two years designing and building small homes that must meet all the needs of a typical family, using only solar energy. They bring their houses to the National Mall in Washington, D.C., where they assemble a “solar village.” While in D.C., they compete in ten contests. Some contests evaluate team abilities in architecture, home design, and communications, and others test the production of electricity and hot water from solar panels to perform all the functions of a home. From October 7 to 16, 2005, the public is welcome to visit the village, where they can tour the houses, visit exhibits, and attend workshops on energy efficiency and solar energy. Ruby will present the results and highlights of the 2005 competition and event. Learning about the team’s work is great inspiration for all of us to think in new ways about how we use energy in our everyday lives.

SEE YOU AT CU

Those of you who have an interest in polar or alpine scientific research will want to become acquainted with CU’s Institute of Arctic and Alpine Research (INSTAAR). It strives for excellence in research, education, and outreach related to Earth System Science and Global Change in high-latitude, alpine, and other environments. Their free Noon Seminars are on Mondays throughout the academic year from 12 noon to 1 p.m. in ARC (formerly RL-3), 6th floor auditorium (Rm. 620) on the East Campus, 30th and Marine Streets, across from Scott Carpenter Park. Parking is available at meters on the south side of the building and on the south side of Marine Street, just east of 30th Street. View the website instaar.colorado.edu for a schedule of this Fall’s speakers and topics. All are welcome.

OPERA BRUNCH

Our annual Opera Brunch is early this year, so mark your calendars! The College of Music will present (in English) Humperdinck’s Hansel and Gretel on Sunday afternoon, October 23. Details and reservation form will be in the October MESSAGES. Watch for it!
UWC Service Projects for 2005-2006

GENERAL
Volunteer Connection. VC is Colorado's first volunteer clearinghouse. It recruits volunteers for over 400 nonprofit organizations such as child and youth services, nature and wildlife preservation, homeless shelters and emergency assistance, cultural events and the arts, sports and recreation, senior citizens, and domestic violence and crisis hotlines. Contact: Laura Kinder (303-444-4904).

CULTURAL
Boulder History Museum. Tour guides and volunteers are needed for special events such as Boulder History Day, assisting in ticket sales for the annual quilt raffle, and wrapping holiday gifts. Contact: Julie Schumaker (303-449-3464).

Colorado Music Festival. Volunteer activities needed during the summer and off-season include ushering, guest artist hospitality and transportation, arranging flowers for events, office assistance, and event implementation. Contact: Catherine Underhill (303-449-1397; www.coloradomusicfest.org).

CU Museum. Volunteers are needed to lead tours for adults and children at CU's Natural History Museum. Contact: Jim Hakala (303-492-4843).

Historic Boulder. A number of opportunities are available for volunteers including help with their annual House Tour. Contact: Gail Gray (303-444-5192).

ASSISTING THE NEEDY
Meals on Wheels. Volunteers are needed to help pack, serve, and deliver meals. Contact: P.J. Sherman (303-441-3908; www.MOWBoulder.org).

Emergency Family Assistance. Volunteers are needed for receptionist desk, intake team, food stocking team, family advocates, ESL classes, administrative tasks, fundraising, and assistance with children. Contact: Amanda Steben (303-442-0342; www.effa.org).

Radio Reading Service of the Rockies. Volunteers are needed to read newspapers, magazines, and other printed materials for radio broadcasts to blind and visually impaired listeners. Contact: Kat Lindgren (303-786-7777 x103; www.rrsr.org).

EDUCATIONAL
Boulder Reads! Adult and family literacy program at the Boulder Public Library. Its mission is to help people discover the power and joy of reading. Volunteers are trained to tutor one-on-one. Contact: Laurie Watkins (303-444-5599; www.boulderreads.org).

College of Music Adopt-a-Student Program. Make a donation to fund a student for the year. Contact: Barbara Zarlelgo (303-492-5685).

CU Libraries General Volunteer Program. Volunteers contribute in a variety of ways, including Reference Desk, answering questions, help with proposal writing for grants, and Book-Finders. Contact: Cheryl Koelling (303-492-6897).

LIVING IN THE USA. Volunteer teams are needed to help international women affiliated with CU adapt to life in Boulder by organizing or helping with one learning session or field trip each academic year. Contact Esther Magathan (303-530-7678, estmag37@hotmail).

YES! (Your English School). Volunteers are needed to teach English to small classes of women and to coordinate and participate in Conversation Partners. Contact: Tommie Atanasoff (303-499-2352).

University Women's Club Calendar
Fall 2005

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<td>September 6, 2005</td>
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<td>October 23, 2005</td>
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<td>December 13, 2005</td>
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Board Meeting, 11:00 a.m.
MESSAGES deadline for October issue
Fall Membership Coffee, 9:30 a.m.

Board Meeting, 11:00 a.m.
MESSAGES deadline for November issue
Lecture Luncheon, 11:30 a.m.
Opera Brunch, 11:30 a.m.

Board Meeting, 11:00 a.m.
Lecture Luncheon, 11:30 a.m.
MESSAGES deadline for December/January issue

Board Meeting, 11:00 a.m.
Lecture Luncheon, 11:30 a.m.
Interest Groups
Chair: Barbara Zable (303-442-3077; zablebj1@comcast.net)

Afternoon Book Group: Acting Chairperson is Rhea Little (303-442-7486). This group meets at 2:00 p.m. on the fourth Tuesday of most months in members' homes. New members are always welcome. The September 27 meeting will be held at the home of Libby Kohnen, 751 10th St., Boulder 80302 (303-449-5029). The group will discuss Madam Secretary: A Memoir by Madeleine Albright. Paperback books are available at the Boulder Bookstore. We will also select books for the rest of the year at the September meeting. If you have any questions, please call Rhea Little.

Evening Book Group: Co-chairs are Diana Beer (303-247-1106; darnallbeer@mac.com) and Linda Toomre (303-443-3310; Linda.Toomre@attbi.net). The group meets at 7:30 p.m. on the second Thursday of the month. The September 8 meeting will be held at the home of Christy Baggett, 1407 Cedar Avenue, Boulder 80304 (303-443-5680). The group will discuss The Alexandria Quartet by Lawrence Durrell. In October the group will discuss Middlesex: A Novel by Jeffrey Eugenides.

French Conversation Group 2: The Chairperson is Janice Belkora (303-543-8674; jbelkora@comcast.net). The group meets every Monday at 10:00 a.m. throughout the academic year at members' homes for coffee and lively discussion in French only. If you are interested in joining this group, please call Janice. The first meeting is September 12.

Garden Group: Our kick-off meeting to start the year will be a potluck lunch at Jyotsna Raj's home, 863 14th Street, Boulder 80302 at 11:00 am, Thursday, September 22. Please RSVP to Jyotsna (303-447-8831). We welcome new members and invite you to join us whatever your gardening interests or skills are.

Hiking Group: This year-round group meets on Fridays at 9:00 a.m. September through May (8:30 a.m. June-August) Most hikes are of moderate difficulty and end just before noon. Hiking places vary depending on the weather and preferences of the members. Meeting places may also vary. Currently we will be meeting at the east end of the lower level of Foley's parking garage off 30th Street. If you miss two or more consecutive weeks, call Nurit Wolf (303-443-7958) or Heidi Lynch (303-499-5779) to check on any change in plans since we sometimes change meeting places or take bag lunches for a more distant hike.

Investment Group: The Investment Club meets at 9:00 a.m. on the second Wednesday of every month in members' homes. Anyone wishing to join may obtain further information by calling LaDonna Shea (303-494-2465).

Italian Conversation: The group meets weekly throughout the year. We welcome those who would like to chiacchierare with us in Italian. For further information, please call Maxene Wilson (303-530-4619).

Music Group: The group is open to all performers and listeners. The group meets on the second Monday of the month at 7:30 p.m. The September 12 meeting will be at the home of Jan Sorensen, 245 Brook Place, Boulder 80302 (303-442-0093). For more information, please call Jean Wainwright (303-494-1248) or Doris Garcia (303-494-8860).

Reader's Theater: For information, please call Ruth Warkentin (720-890-0272).

Tea and Travel: Co-chairs are Ginnie Ross (303-332-6014; Virginia.Ross@colorado.edu) and Claudine Garby (303-499.4062; claudinegarby@comcast.net). The group meets on the fourth Tuesday of the month at 1:30 p.m. Anyone interested should contact the hostess. On September 27, Alice Doyle will speak about the Galapagos and Equator countryside at her home, 777 Gapter Road, Boulder 80303 (303-499-9792).

Winter Sports: Winter sports enthusiasts will meet occasionally and on an impromptu basis (after big snows!) to go cross-country skiing or snowshoeing at close-to-Boulder locations. If you would like to be on the list, contact Sherry Bruff (303-415-9970; sherry.bruff@colorado.edu). All those on last year's list will automatically be renewed unless you notify Sherry that you wish to be dropped.
This program was initiated by the University Women’s Club of CU at Boulder in the fall of 2004 with the mission of helping international women who are students, scholars, or wives of students or scholars to become acquainted with American social and cultural traditions through casual meetings, guest speakers, and field trips to areas of interest in and around Boulder. Most of the international women who have participated in our program are well educated, have not previously visited the USA, and have restrictive visas that do not permit them to work here. They are motivated to learn anything they can about American culture, and several are looking for ways to become involved as volunteers themselves. Some have limited English conversational skills but welcome opportunities, such as our program provides, to practice everyday American English.

With the collaboration of several agencies that serve international students and their wives, we have developed a program for the Fall semester based on topics that address some of the immediate needs of newcomers, but which includes some “fun” events like a trip to the Denver Zoo and a holiday potluck lunch. All events are scheduled for Wednesdays so as to avoid conflict with local ESL classes, which have traditionally taken place on Tuesdays and Thursdays.

**Fall Schedule**

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<th>Date</th>
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<td>August 31</td>
<td>Shop Boulder by Bus</td>
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<td>September 7</td>
<td>Parents and Schooling in the USA</td>
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<td>September 21</td>
<td>Money Matters</td>
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<td>October 5</td>
<td>Medical and Car Insurance</td>
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<td>October 12</td>
<td>Free Day at the Denver Zoo!</td>
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<td>October 19</td>
<td>Using the Post Office</td>
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<td>November 2</td>
<td>Protect Your Status</td>
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<td>November 18</td>
<td>Women’s Health Issues</td>
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<td>December 7</td>
<td>American Social Customs</td>
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<tr>
<td>December 14</td>
<td>Holiday Potluck Lunch</td>
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We have lined up knowledgeable speakers for most of these programs and are now recruiting “facilitators” from the membership to ensure that each session runs smoothly. If you support the value of this program, and can identify a session that you could contribute to, or have suggestions for our Spring program that will emphasize cultural topics, please contact Esther Magathan at (303) 530-7678 or at ermagathan@comcast.net.

*Special thanks to the following agencies that helped develop this year’s program: CU Family Housing Office; International English Center (IEC); International Student and Scholar Services (ISSS); the Women’s Resource Center; YES! (Your English School); student wives who participated in last year’s program.*
A Note from the Membership Chair

Welcome! Please fill out the membership form completely, even if you were a member last year. I would like to verify all the information that I have in the data base. Please print clearly, especially your e-mail address.

You will receive only the September and October issues of MESSAGES until dues for the 2005-2006 year are paid. Be sure to send in your renewal by October 15 to avoid missing any issues and to insure that your name gets into our Membership Directory, mailed by the end of October.

Please note: bulk mail is NOT forwarded by the post office. Therefore, it is important to let me know if you plan to be away for several months so I can redirect your MESSAGES. Contact me with your temporary address and the months you’d like the newsletter mailed to that address, or note it on the membership form. For those members who previously have given me this information, please do so again for confirmation.

Looking forward to seeing you at our wonderful events,

Karen Diamond
303-939-8656
Karen.Diamond@colorado.edu

Free E-Mail Address

All current dues-paying UWC members are eligible to receive an e-mail address through CU. If interested in subscribing, call Marge DeFries at 303-494-6395, or e-mail her at defriesm@colorado.edu.

Name_________Phone_________
Address__________________________
e-mail address________________________

I am enclosing my dues of $25. I am a new or returning member. (Circle one)

Enclosed is my tax-deductible contribution of $20 $25 $30 $50 Other __________ for the scholarship fund. (Circle one)

Please make all checks payable to UWC (combine dues and donations)
Mail to: UWC Membership, P.O. Box 18844, Boulder CO 80308-1844
Payment deadline: October 15, 2005

I have a friend who might like to join the UWC. Please send membership information to:
Name
Address

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MESSAGES Deadline
Deadline for the October 2005 issue is September 10.
e-mail articles to Kathleen.Salzberg@colorado.edu or mail to
Kathleen Salzberg, 2185 Kohler Drive, Boulder 80305
Any questions, call Kathleen at 303-499-3128