



A Publication of the University Women's Club of CU Boulder



January 2019 Lecture Luncheon

January 15 11:30 a.m.

UMC Room 235 - \$22

Cannabis 101 for Seniors

Speaker: Dr. Joseph Cohen

The DUE DATE for checks to be received is **December 26, 2018**

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Dr. Cohen received his Doctor of Osteopathy degree in 1979 after completing his residency in obstetrics and gynecology at Bridgeport Hospital in affiliation with Yale University School of Medicine.

Dr. Cohen has developed a complimentary and innovative approach to wellness that combines functional medicine with the utilization of natural substances, such as medicinal cannabis and other formulations. Holos Health, a Dr. Cohen supported Medical Marijuana Evaluation facility in Boulder, Colorado, was the recipient of the Best of Boulder Award in 2012 and 2013 for Best Medical Marijuana Evaluations and Best Alternative Health Care Practitioners. Dr. Cohen also holds the position of Chief Medical Advisor to a significant Connecticut licensed medical marijuana company.

In 2001, Dr. Cohen began working with women from several different cultures. This included Hispanic women at The Medical Center of Aurora where he worked as a hospitalist, Native American women in Wyoming (Arapaho and Shoshoni tribes) and Maori women in Whanganui, New Zealand. Since returning to Boulder from New Zealand in 2009, he has integrated medical marijuana into his holistic functional medicine practice.

In addition to carrying a private medical practice in Boulder, Dr. Cohen is currently medical director for the Natural Plant Initiative for Cancer Research, Holos Health, and for Journey 2 Life, an alternative and holistic health services provider, and is also a member of the Institute for Functional Medicine.

Our website is
boulderuwc.org

[Control/Click here for previous versions of MESSAGES.](#)



Lecture Event payment must be **received NO LATER than DECEMBER 26**. Please send payment of **\$22 per person** to our Hospitality Chair, Isabelle Henderson, 3099 Ash Ave., Boulder, CO 80305. Questions? 720-755-1333 or Isabelle.hteacher@gmail.com

There is limited room capacity for this lecture.
Please book early to ensure availability.

President's Message



"Let us be grateful to the people who make us happy; they are the charming gardeners who make our souls blossom."

Marcel Proust

As we enter this holiday season, I hope that you find joy surrounded by family and friends. We know that December is a busy time of year with holiday related activities. Accordingly, the November Planetarium Event is our last lecture event of this calendar year. This issue of *MESSAGES* covers both December and January. The first lecture event of the new year will be January 15, 2019, and is again a luncheon. We are privileged to have Dr. Joseph Cohen speak to us about "Cannabis 101 for Seniors." The deadline for reservations is December 26, 2018.

I encourage you to mail your checks early to ensure a spot to hear about this very timely topic.

We have many more activities planned for 2019. Feel free to invite friends to our lecture events, especially those friends who may be interested in becoming UWC members.

And speaking of new members, I am writing this column the day after the New Member Wine and Cheese Reception. The event was well attended by both new members and current UWC board members. I know the board shares my enthusiasm for this extraordinary group of women. We are so impressed by their backgrounds and life experiences. A big thank you to Virginia Stringi, New Member Chair, for planning and organizing this event. Another thank you goes out to Janet Brewer for hosting the Wine and Cheese event at Frasier Meadows. And my thanks to everyone who attended the event and especially to the UWC Board Members for the delicious array of appetizers and desserts.

As 2018 draws to a close, I hope you will include the UWC Scholarship Fund in your end-of-year donations. We rely on the generosity of our UWC members to continue to increase the amount of scholarships and to increase the number of deserving CU undergraduates who receive the awards.

As we bid farewell to 2018 and usher in 2019, I encourage everyone to try something new in the new year. Look at the long list of UWC interest groups and join new ones. How about joining one of our foreign language groups? Or join the Friday hiking group and make new friends. Do you garden? We have a wonderful gardening group that meets April to October. How about book groups? There are both afternoon and evening book groups to join. Do you have an idea for a new interest group? Find four more UWC members with similar interests and start a new interest group. If you have never attended an opera, join us for the UWC Opera Brunch and CU opera performance (discounted ticket prices). If you have not done so in the past, plan to attend the April Scholarship luncheon and the May Honors Reception. UWC offers something for everyone.

My best wishes to you and yours this holiday season. And a very Happy New Year. I look forward to seeing many of you at upcoming UWC events in 2019. CHEERS!

Arlene Gerwin, 2018-2019 President

Membership Dues

\$35 annual dues are now overdue to be included in the November electronic directory. However it is never too late to join/rejoin and be added to the next update of our directory.

Checks **made out to UWC** can be sent to **P.O. Box 18844, Attn. UWC Membership, Boulder CO 80308-1844.**

We encourage you to consider including your scholarship fund donation and increase your check amount accordingly. If you have questions regarding your UWC Membership please email Karen Neff, UWC Membership Chair at uwcmembershipchair@gmail.com. Please see the Membership Form on page 14.

Scholarship Chair's Message

Remember—giving for education benefits all. Scholarship giving is a tax benefit! As the year comes to an end, many of us make charitable contributions as part of the holiday season. This year why not include the UWC Scholarship fund and help us support even more non-traditional students to complete their CU undergraduate education!

As you make your year end contributions, please download the scholarship donation form at <http://boulderuwc.org/wp-content/uploads/locations-pics/2009/12/2018/11/scholarship-donation-form.pdf> and send your donation to UWC. All donations of \$50 or higher will receive an acknowledgement letter for tax purposes. Happy holiday season!

Merry Bullock, Scholarship Chair



Scholarship Donors (September 12—November 11)

Jane	Allen	Susan	Jones	Carol	Ponton
Judith	Auer	Jacquie	Kilburn	Judith	Ramsay
Betsy	Barrett	Roberta	Kimmel	Judy	Richtel
Karen	Bell	Susan	Labovitz	Jane	Rogers
Barbara	Christoffersen	Elaine	Leass	Rebecca	Roser
Nancy	Colburn	Carol	Linsley	Marion	Sauer
Sue	Collard	Mareike	Ludkewycz	Debbie	Schwartz
Marsha	Coons	Heidi	Lynch	Nancy	Schwiesow
Amy	Cox	Susan	Malitz	Beverly	Sears
Tessa	Davis	Dawn	Maloney	LaDonna	Shea
Janet	Evans	Joan	Martin	Gail	Smith
Anitta	Frant	Ann	McBryan	Carolyn	Spicer
Sharon	Gabriel	Mary	McClanahan	Judith	Thompson
Carol	Green	Donna	Meckley	Patricia	Thompson
Maryann	Grundmann	Sara	Michl	Diane	Utz
Karen	Haimes	Barbara R.	Miller	Minna	Vallentine
Linda	Hansen	Judith	Minger	Kathryn	Wardell
Val	Havlick	Lynn	Munter	Marilyn	Whittaker
Isabelle	Henderson	Jean	Nelson	Eunice	Wilkinson
Jill	Hobson	Zdenka	Novosad	Helen	Williams
Ellen	Holland	Janet	Nuzum	Maxene H.	Wilson
Janet	Ibanez	Margaret	Perez	Stephanie	Wrotny
Kathy	Israelson	Mary	Pierce	Barbara	Zable
Martha	Jones				

Thank You So Much for your contributions!

Preview of Upcoming Lecture Events

The price of the 2019 lecture events is \$22. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: **Isabelle Henderson, Attention: UWC Lecture Luncheon, 3099 Ash Ave., Boulder, CO 80305 or 720-755-1333**. Please do **not** combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on Page 15.

February



Mending Colorado's Mental Health

Andrew Romanoff

Tuesday, February 12, 2019,
11:30 a.m.

Avalon Ballroom
6185 Arapahoe Rd.
Boulder, CO 80303

**Please use Registration Form on page 15 to order
your choice of a box lunch**

Reservations due in hand by Jan 29, 2019

Andrew Romanoff is President and CEO of Mental Health Colorado, the state's leading advocate for the prevention, diagnosis, and treatment of mental health and substance use disorders. Prior to that he served in the Colorado House of Representatives from 2001 to 2009 and as Speaker of the House from 2005 to 2009.

March



Bob Dylan: The Times They Aren't a-Changin'

Dr. Adam Bradley

Tuesday, March 12, 2019
11:30 a.m.
UMC Room 235

(Reservations and payment due February 26, 2019)

Dr. Adam Bradley is a professor of English at the University of Colorado, Boulder, where he directs the Laboratory for Race & Popular Culture (RAP Lab).

His scholarship and teaching engage both traditional subjects of literary inquiry like novels and Poems, and emerging areas like music and song lyrics.

UWC Scholarship Fund-Raising Opportunity

The UWC is partnering with the Boulder Ensemble Theatre Company production of *The Rembrandt* to raise money for the UWC Scholarship Fund.



When you order tickets, be sure to use the code **UWC13** and 10% of all ticket sales will go toward our scholarship fund.

The Rembrandt Show Information:

Boulder Ensemble Theatre Company proudly presents
The Rembrandt, by Jessica Dickey

February 7 - March 3, 2019;

Performances Thurs.- Sat. at 7:30 p.m., Sunday matinees at 2:00 p.m.

Grace Gamm Theater, Dairy Arts Center, 2590 Walnut Street, Boulder, CO 80302

Show Description:

We begin inside a modern-day museum, where two security guards and a painter find themselves compelled to touch a masterpiece. But soon, we are skipping through time, watching Rembrandt at work and listening to Homer discuss the nature of art. The Pittsburgh Post-Gazette hailed *The Rembrandt* as “funny, sweet, melancholy, and emotionally engaging... imaginative and strangely comforting.”

Fresh from the stages of Steppenwolf Theatre in Chicago and winner of the 2015 Stavis Award, Jessica Dickey’s delightful play asks us to consider the longevity of art and the brevity of life. #touchthepainting

Ticket Info:

Tickets at betc.org or 303-444-7328; Tickets range in price

\$20.00 (Student)

\$34.00 (Senior 65+)

\$37.50 (Adult).

10% of all ticket sales **using the code UWC13** will go directly to the University Women's Club Scholarship Fund. UWC attendees will be able to use their code for a total of up to **2 tickets (UWC member +1)**.

Fund -Raising—King Soopers “Gift-Reward” Cards

In November, the UWC Board decided to test another possibility of raising money for the Scholarship Fund. It was voted that board members could purchase “King Soopers **Gift-Reward**” cards, to test out their use for UWC members.

Our treasurer, Kathy Herder, purchased many cards under our 501 (c)(3) status. The cards have an initial amount of \$10 on them. The board members who wished to participate then gave a \$10 check or cash to Kathy, and received a card.

How does this card work?

One needs to go to any King Soopers and using your desired credit card, add more \$\$ to the card. This can be done at the service desk or while checking out (and before any groceries have been rung up). Then one uses the King Soopers Gift-Reward card as the credit card to pay for the groceries. When the amount on the card is low or used up, simply recharge a new amount (up to \$500) on the card as before.

The benefit? **5%** of the money used on such cards will go to our UWC Scholarship Fund! More details in our February issue of *MESSAGES*.

UWC Nominations for 2019-2020

The UWC Executive Board approved the following candidates for 2019-20 at the November 6, 2018 Board Meeting:

President Elect – Janet Brewer

Secretary Elect – Kathleen Salzberg

Treasurer Elect – Kathy Herder

The election will be held during the general meeting at the March 12, 2019 Lecture Luncheon.

Nominations may be made from the floor on the day of the election, provided the consent of the nominees to serve has been obtained.



Janet Brewer – President-elect 2019-20 (to serve as President in 2020-21):

Janet has been a member of UWC for 6 years. She has served as President 2016-17, Opera Brunch Chair, Nominating Chair and President-elect (concurrently) for 1 year, and Scholarship Luncheon Chair for 2 years. She is a member of the advanced Spanish conversation group. She has always been a **singer** (now retired) and has had a lot of "day jobs." (International flight attendant - Pan Am, voice teacher, CPA, and accountant for small businesses.) Presently she is employed part-time at Chico's (Flatirons Mall).



Kathleen Salzberg – Secretary-elect 2019-20 (to serve as Secretary 2020-21):

Kathleen has been a member 43 years! She joined in 1975 to participate in the Evening Book Group, of which she is still an active member. Also, an avid hiker in the Hiking Group, she has served UWC as Editor of *MESSAGES*, Chair of Email Communications, and Secretary. Kathleen worked at the University of Colorado from 1967 to 2002, serving as Managing Editor of the journal *Arctic, Antarctic, and Alpine Research*.



Kathy Herder – Treasurer-elect 2019-20 (to serve as Treasurer 2020-21):

Kathy has been a member of UWC for 4 years. She is active in the Hiking and Biking Groups and loves to spend time with her two little grandbabies. She is a CPA, holding an MBA, who brings to the board 30 years of experience in corporate accounting. She has worked in small, mid-size, and large construction, engineering, and service-oriented companies at all levels of management. Kathy is our current Treasurer and will serve as Treasurer and Treasurer-elect in 2019-20.

Submitted by: *Karon Johnson*, Nominating Committee Chair

Mollie Morton and Kathy Randall served on the Nominating Committee this year.

Margaret Willard Award

Margaret Willard was the first president of the Faculty Wives' Club, which became our University Women's Club. Each year we present the Margaret Willard Award to someone who exercises initiative in her endeavors and in doing so brings honor to all women and to our University.

Please submit a nomination (form on page 17) by March 1, 2019. Please contact Kathryn with questions.

Kathryn Wardell, Chair MWA (kathrynwardell@gmail.com).

Opera Brunch - March 2019



Save the date **March 17, 2019**, for the Opera Brunch and opera *Eugene Onegin*.

The three-act opera, which opened on March 29, 1879, is by Pyotr Tchaikovsky and is based on a novel by Alexander Pushkin.

["Click here for a quick review of the plot".](#)

Learn about Tatiana, Olga, Eugene, and Lensky, the festive ball, the duel...



Opera and Brunch Registration Form is on page 16.

Please do not send your check and reservation form until 2019.



Spring Scholarship Luncheon - April 2019

The Annual Spring Scholarship Luncheon to be held at the **Boulder Country Club on April 16, 2019.**

This is a great opportunity to celebrate the 2019 scholarship winners and to hear personal accounts of their heart-warming journeys through challenges to achievements.

The theme of this year's event alludes to our recipients' having redrawn their individual "life-maps" in order to reach new and different goals.

To support their efforts, please donate as generously as you can to the UWC Scholarship Fund.

The Reservation form will be in the February issue of *MESSAGES*.



UWC Honors Reception - May 2019

The Honors Reception will be a special event in 2019, as it marks the beginning of the **100th Anniversary** of the University Women's Club.

SAVE THE DATE for this anniversary celebration on **May 14, 2019**, at the Koenig Alumni Center.

Jupiter Lecture - November 2018

On Tuesday, November 13, 2018, the Lecture event was held in the Fiske Planetarium. Dr. Fran Bagenal spoke about Jupiter's interior, with stunning images from the Voyager mission.



Hearty hors d'oeuvres were served



Tasty mini-desserts



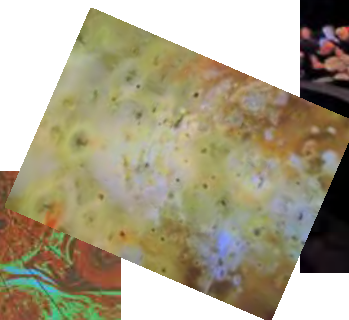
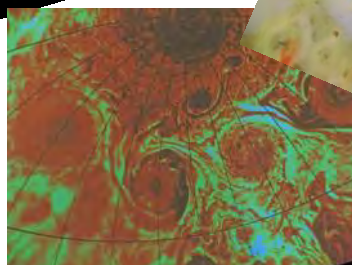
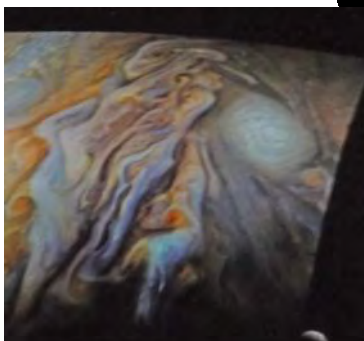
A large number of people attended



Wine and soda bar



Dr. Fran Bagenal, Speaker



In the planetarium

Interest Groups News

On the Road Again—to Colorado Public Radio

“Colorado Public Radio enriches the Colorado community by providing news, information and music for people who want to be informed, enlightened and entertained.” Thus reads Colorado Public Radio’s mission statement.

UWC’s popular interest group On the Road Again had a bird’s eye view of CPR in action on our first outing of the year. We toured the CPR offices, newsroom, library, recording studio and more. We enjoyed a presentation featuring CPR CEO and President Stewart Vanderwilt, Classical Program Director Monika Vischer, Open Air Host and Colorado Music Coordinator Alisha Sweeney, and, from the news room, Senior Host of Colorado Matters Ryan Warner. The presentation was followed by a Question and Answer session wherein Helen Holden scored a pair of CPR socks just by asking about them!

Many thanks to former UWC member and current CPR Board member Joanna Rosenblum and CPR Senior Leadership Giving Officer Sue Coughlin who facilitated the visit. Thanks too to the many CPR staff members who gave us their time and expertise. We were informed, enlightened and entertained. The group then went out to lunch.



Karen Bell, Jyotsna Raj, Janice Belkora,
Karon Johnson



Frieda Holley,
Joyce Bograd,
Lynne Barnett,
Kathleen
Newton

Roberta Kimmel,
Eleanor Patten,
Beth Rauch,
Marsha Coons



Stewart Vanderwilt, Pres and CEO of
CPR and Ryan Warner, Host of
Colorado Matters



Kathy Randall, Karen Neff, Judy Owens,
Robyn Wyman-Di



Marcy Munson, Sherry Bruff,
Caryl Kassoy, Karen Diamond

New Member Wine and Cheese Reception

The Wine and Cheese Reception for new members (women who joined after the reception in 2017) was held in the Community Room at Frasier Meadows on Sunday, November 4. Thanks to Janet Brewer for the use of this room.



Karon Johnson and
Lenore Kingston



Board members brought food.



New Member Chair Virginia
Stringi and Frieda Holley



Karen Kairys



Carol Linsley and
Susan Labovitz



Maricia Coons and
Berry Todd



Kathryn Wardell
and Karen
Haimes



Kathleen Newton
and Karen Mitchell



Arlene Gerwin (Pres)
and Cindy Cederberg



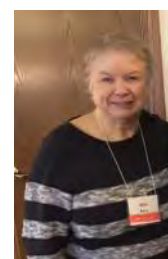
Janet Brewer and Joyce
Spencer



Kathy Herder and
Cate Lawrence



Norma Portnoy
and Lynne Barnett



Alice Rose



Christine
Zanoni



Cindy Meyer



Jeanne Fetterman



Amy Shaw, JoAnn Scherer,
and Lorna Yoder

Orange name tags are
UWC Board members.

Group photo on page 13.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Bicycling Meets every Thursday from May through October.	Gail Smith (303-960-5004) gail2143@comcast.net	An email prior to the ride will provide time and meeting place.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling - Fair Weather Active Nov—April Weather permitting	Lauren Charbonneau (214-886-6905) laurenviolet26@gmail.com	Please contact chair for details.
Book Group - Afternoon Fourth Tuesday 1:30 p.m. Members' homes.	Mary Clough (303-522-8692) maryfclough@gmail.com Charlotte Corbridge (303-530-0955) charlotte.corbridge@colorado.edu	Please contact chair for details.
Book Group—Biographies Third Thursday 1:30 p.m. Members' homes	Temporary Chair Susan Plank (303-499-3916) plancksusan@gmail.com	Please contact Susan Plank with questions, or if you are able to take over as Chair.
Book Group - Evening Second Thursday 7:15 p.m. Members' homes.	Helen Goldman (303-443-4953) hgoldman@colorado.edu Lois Linsky (303-499-2689) Lflinsky@hotmail.com	Dec 13— <i>Manhattan Beach</i> by Jennifer Egan. Hostess: Judy Reid (Judith.reid@gmail.com) (303-440-6040) Jan 11: <i>An Officer and a Spy</i> by Robert Harris. Hostess: Kathleen Salzberg (Kathleen.salzberg@colorado.edu) (303-499-3128) Feb 14: <i>Strangers in their own Land</i> by Arlie Hochschild. Hostess: Lois Linsky, 1645 Bear Mountain Dr, Boulder 80305 RSVP: LFLinsky@me.com (303-499-2689) Books available at Boulder Bookstore.
Bridge on Wednesday First Wednesday 1:00 - 3:00 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com	Please contact chair for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:00 a.m.—11:30 a.m. Panera Bread, 29th Street Mall	Beth Karpf (303-862-7335) Bethk@alum.mit.edu	Please contact chair for details. All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) Jyotsna.raj@colorado.edu Jean Rohrschneider (720-452-9788) jmrohrrsc@hotmail.com	Please contact chairs for details.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.

Continued

<i>Interest Group Meeting Time and Place - Continued</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Italian Conversation Every Wednesday 1:30 – 2:30 p.m. The “Y,” 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) mhgwilson1@gmail.com	Please contact chair for details.
Music Time varies Second Mondays of most months Members’ homes.	Pat Phillipson (303-443-9839) phillipp@colorado.edu Norma Schattke (303-665-2237) schattke.r@gmail.com	We especially welcome new performers. Please contact chairs for details.
Needlecraft Second and Fourth Thursdays 1:30 p.m. Members’ homes.	Ginnie Ross (303-442-6014) vross921@gmail.com Georgianne Campbell (303-499-2798) rpcampbell@att.net	Email will provide details.
On the Road Again Various times, various venues	Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Out to Lunch Fourth Wednesday 12:00 p.m. Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Jean Rohrschneider (720-452-9788) jmrohsc@hotmail.com	September 26: Chatauqua Dining Room
Readers’ Theatre 2 Third Monday 6:30 p.m. Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattyckake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays Location to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Please contact chair for details.
Spanish Conversation Advanced Most Wednesdays	Diana King (303-530-1860) dianaking.boulder@gmail.com	Please contact chair for details.
Spanish Learners - Beginners and Intermediates Every Friday 9:30 –10:30 a.m. South Lucky’s Market In Boulder	Jane Chicoine (845-399-0393) Jane.chicoine@comcast.net	Contact chair to join a group session to learn or improve your beginning Spanish.
Sunday Afternoon at the Movies Matinee second Sunday Local movie theatre	Diane Thoms dcthoms@yahoo.com Ruth Harvey (303-975-6614) ruth.harvey@comcast.net	Email will provide details.
Theater Goers Date and Location Varies	Gail Moyes (303-786-9142) gpmoyes@gmail.com Annie Russell (303-786-8070) annie@annierussell.com	Please contact chairs for details.

Continued

Interest Groups - General Information

The following Interest Groups are part of the UWC, but currently are full:

Interest Group	Chair(s)
Book Group—BG3	Kathy Randall
Book Group— Fiction/Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least **five members including a chairperson.**

To form a new **book group**, contact Kathy Randall (303-530-1095).

For other new interest groups contact one of the following:

Tam VanSpriell (tamvanspriell@gmail.com) or Linda Nordberg (lcnordberg@aol.com) Co-Chairs



New Members who attended the New Member Wine and Cheese Reception

UWC Boulder Membership Form - 2018-19

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership.

The UWC membership year runs from June 1 to May 31.

Karen Neff, Membership Chair
303-494-0467
uwcmembershipchair@gmail.com

Virginia Stringi, New Member Chair
412-901-5092
vstringi@comcast.net

Name _____ Phone _____

Address _____

Email address for newsletter _____

(please print clearly) ☐ new email address

☐ I am enclosing my annual dues of **\$35** which includes a \$5.00 donation to the scholarship fund.
I am a ☐ returning member ☐ new member.

☐ I am enclosing an additional tax-deductible contribution for the scholarship fund.
☐ \$25 ☐ \$50 ☐ \$100 ☐ Other \$ _____

☐ I am enclosing this tax-deductible contribution for the scholarship fund in **Honor/Memory** of:

Make all checks **payable to UWC** (may combine dues and donations; please **do not combine with luncheons**)

Mail to: **UWC Membership, PO Box 18844, Boulder, CO 80308-1844**

I have a friend who might like to join the UWC. Please send membership information to:

Name _____ Phone _____

Address _____ Email _____

Please look for current interest groups on our website, www.boulderuwc.org, and in our MESSAGES newsletter. Please contact the interest group chairperson if you wish to join. Our groups activities include:

Bicycling	Hiking	Reader's Theater
Book Groups	Italian Conversation	Snowshoeing
Bridge	Music	Spanish Conversation
French Conversation	Needlecraft	Sunday Afternoon at the Movies
Gardening	Out to Lunch	Theater Goers

For other interest group suggestions, please contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, lnordberg@aol.com

Registration Form for **UWC Lecture Events**

Use this form for any or all of the following lecture events.

All reservations must be received **14 days before lecture date**. Please book early to ensure seating.

On occasion we do fill our venues. When this happens we take reservations on first-come, first-served basis.

Requests for cancellation refunds will be accepted up to 2 weeks before the event date. If a member must cancel, we encourage the funds be donated to the scholarship fund. After the two week deadline, refunds or donations to the scholarship fund are not possible.

# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic
		1/15/19 (\$22 pp) 11:30 a.m. UMC 235	Dr. Joseph Cohen Cannabis 101 for Seniors
		2/12/19 11:30 a.m. Avalon Ballroom—Choose Box Lunch below	Andrew Romanoff Mending Colorado's Mental Health
		3/12/19 11:30 a.m. UMC 235	Dr. Adam Bradley Bob Dylan: The Times They Aren't a-Changin"
Total # People:	X \$22 each: \$ _____	+ optional donation to Scholarship Fund \$ _____ (THANK YOU!!!)	Total Enclosed: \$ _____

Your Name: _____

Email: _____ Phone: _____

Address: _____ City, State: _____

Please make check **payable to UWC**.

Mail this completed form and your check to our Hospitality Chair:

Isabelle Henderson, UWC Hospitality
3099 Ash Ave, Boulder, CO 80305

Menu for the Avalon Lecture **February 12:**

BOX	Description		# needed			
Option 1	Chipotle Chicken Wrap with Spiced Black Bean Spread, Avocado and Queso Fresco	G/F Bread				
Option 2	Turkey Club Wrap with Bacon, Avocado, Lettuce and Tomato (Dairy Free)	G/F Bread				
Option 3	Grilled Vegetable Wrap with Goat Cheese and Basil Pesto (Vegetarian)	G/F Bread				
Option 4	Hummus Wrap with Avocado, Sprouts, Spinach and Cucumber (Vegan)	G/F Bread				
<p style="text-align: center;">All boxes include a whole fruit, Boulder chips, and a dessert (Circle one) :</p> <table style="width: 100%; border: none;"> <tr> <td style="border: 1px solid black; padding: 5px; width: 33%;">Chocolate Brownie</td> <td style="border: 1px solid black; padding: 5px; width: 33%;">G/F Chocolate Brownie</td> <td style="border: 1px solid black; padding: 5px; width: 33%;">Vegan-G/F Cookie</td> </tr> </table>				Chocolate Brownie	G/F Chocolate Brownie	Vegan-G/F Cookie
Chocolate Brownie	G/F Chocolate Brownie	Vegan-G/F Cookie				

Jan 15: Special Diet Meal needed gluten-free or vegetarian (Please specify), and for whom)

March 12: Special Diet Meal needed gluten-free or vegetarian (Please specify), and for whom)

Registration Form for 2019 Opera/Brunch

Eugene Onegin

An opera composed by Pyotr Ilyich Tchaikovsky based on a novel of the same name by Alexander Pushkin. The opera in 3 acts retains much of Pushkin's poetry.

*Please join us: Sunday, March 17, 2019
11:30 a.m. – Brunch at Aspen Room in UMC*

2:00 p.m. – Opera at Macky Auditorium

UWC gets a *discounted price* for the Opera tickets. If you have already purchased opera tickets, you can still join us for the brunch and talk by Maestro Nicholas Carthy.

You can also purchase opera tickets without attending the brunch if you prefer.

Reservations must be **received by Monday, February 19, 2019**

Please make checks payable to *UWC*. Mail check and form to:

Kathryn Terrill, 4477 Wellington Road, Boulder, CO 80301.

Questions? Contact Kathryn: wakaterrill@ecentral.com or (303) 530-9438

Please do not send checks until the new year 2019

Name _____

Email _____

Guest Name (s) _____

#_____opera tickets @\$23.00 each PLUS

#_____places for Brunch @ \$30.00 each

Total enclosed \$_____ (checks payable to UWC)

The brunch entrée and dessert will be served Buffet Style.

Please indicate here if you require a vegetarian option: YES_____)



Margaret Willard Award 2019 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee _____

Address _____

Phone (home) _____ (work) _____

Email _____

Institutions attended and degrees received (if applicable) _____

Nominee's current position (if retired, position held until retirement) _____

Please provide information outlining Nominee's service to the University and/or the Boulder community (please use additional paper if needed) _____

Nominator/Submitted by _____

Address _____

Phone (home) _____ (work) _____

Email _____

Please mail nomination information to Kathryn Wardell, 88 Illini Court, Boulder, CO 80303 by March 1, 2019, or email to kathrynwardell@gmail.com

If the Nominee does not receive the award in 2019 she may be considered for 2020. In this case, an updated statement about the Nominee may be requested.

Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

2018-19 Calendar

Executive Board 2018-19

Sept.	4	Board Meeting
	10	MESSAGES Deadline
	11	Membership Coffee/Tea
Oct.	2	Board Meeting
	10	MESSAGES Deadline
	9	Lecture Dinner: Helping People with Different Kinds of Minds to Be Successful, Temple Grandin
	15	Membership Deadline for Name to Appear in Directory
Nov.	***	New Member Wine and Cheese Event
	7	Board Meeting
	10	MESSAGES deadline for January
	13	Lecture Evening at the Planetarium 5:30—7:30 p.m. Juno: Revealing Jupiter's Interior, Dr. Fran Bagenal
Dec.	*	NO Meetings
Jan.	8	Board Meeting
	10	MESSAGES deadline
	15	Lecture Luncheon: Cannabis 101 for Seniors, Dr. Joseph Cohen
Feb.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff
Mar.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Bob Dylan: The Times they Aren't a-Changin', Dr. Adam Bradley
	17	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky
Apr.	2	Board Meeting
	10	MESSAGES Deadline
	16	Scholarship Luncheon
May	7	Tri-Board Meeting
	14	Honors Reception 3:00 - 5:00 p.m.

President	Arlene Gerwin
President-elect	Merry Bullock
Secretary	Kathleen Newton
Treasurer	Kathy Herder
Past President	Frieda Holley
Advisory/Parliamentarian	Frieda Holley
Communications	Mollie Sue Morton
Historian/Handbook	Berry Todd
Honors Reception	Mary Huffman
Hospitality	Isabelle Henderson
Interest Groups Co-Chairs	Linda Nordberg, Tamera VanSpiell
Margaret Willard Award	Kathryn Wardell
Membership	Karen Neff
New Members	Virginia Stringi
Email/Directory/Handbook/Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Karon Johnson
Opera Brunch	Kathy Terrill
Program Co-Chairs	Lynne Barnett, Joanna Cain
Scholarship Committee	Merry Bullock
Scholarship Luncheon	Janet Brewer
Telephone Tree	Linda Blomquist
Website	Merry Bullock
Secretary Elect	Carrol Kalafus
Treasurer Elect	Kathy Herder

[Control/click here for a printable version of the calendar of events.](#)

[Control/click here to email questions or suggestions to MESSAGES chair.](#)