

www.bouiderowc.org, bouideruwc@gin

February 2014 Issue 5

A Publication of the University Women's Club of CU Boulder

# **February Lecture Luncheon**

# Seeing is Believing: Imaging the Processes of Life



Amy Palmer, Associate Professor CU Dept. of Chemistry and Biochemistry

#### Tuesday, February 11, 2014 11:30am

University Memorial Center, Room 235 (Reservations and payment ABSOLUTELY due IN HAND February 4)

Professor Palmer has been awarded a Sloan Foundation Research Fellowship (2010, Chemistry), NSF CAREER award (2010), and Ed Stiefel Young Investigator Award in Biological Inorganic Chemistry (2010), and is the Chair elect of the Cell Biology of Metals Gordon Research Conference (2015).

Palmer leads a lab team working to develop fluorescent tools to track the location and movement of individual particles—molecules, ions, and proteins—within a cell.

The fundamental biological question stems from the desire to understand how the cells control the metals, which can reveal the origins of various diseases and conditions like prostate cancer or neurodegeneration.

From the molecular to the cellular to the organismal level, the processes of life are intricately organized in both space and time. The development of fluorescent tools for live-cell imaging **is transforming biology**.

In addition to developing methods for imaging metal ions, the research group is establishing new techniques for visualizing how bacterial pathogens infect mammalian host cells. Bacterial pathogens such as *Salmonella* have evolved a sophisticated mechanism for invading and taking over mammalian host cells.

Come learn about your body cells – and where this research will take us in the future with possible prevention/ intervention of certain diseases.

Inside this Issue:	
President's Message	2
Lecture Luncheons	4
Scholarship Luncheon	4-5
Opera Brunch	9-10
Margaret Willard	11



**Lecture Luncheon payment** must be in hand NO LATER than **February 4 NOON**. Your request for a luncheon spot may be denied after that date/time. We must have an **accurate count for the meals** by then.

Please send payment of \$18 or questions to AD Chesley 3545 23rd Street, Boulder, CO 80304 adiches@aol.com; 303-938-8150. Special lunches are available and must be requested in advance: glutenfree, vegetarian, or salt-free options.

# President's Message

**Greetings UWC members.** I hope this edition of *MESSAGES* finds you all enjoying the New Year. 2013 was certainly a year of highs and lows for many of us. I for one, am happy to say goodbye to the memories of the floods that ravaged much of Boulder County and hope that those of you who were affected are well on your way to recovery. I am hoping that 2014 brings better weather, and recovery, especially in our mountain communities. While the University Women's Club enjoys taking the month of January off in regards to lecture luncheons and many of our usual activities, your Board of Directors is working hard to bring you a great 2014! I would like to share with you what we are currently working on.

**Our nominating committee has been hard at work recruiting for the 2014-2015 board**. They have announced the following nominees for the corresponding positions:

Diana King— President Elect	Arlene Gerwin—Treasurer-Elect
Carol Dunnack—Secretary-Elect	Virginia Stringi—Secretary



The UWC Board has voted on these nominees and accepted them. You all should have already received an email announcing these nominees. While these are suggestions from the nominating committee, we welcome any nomination from the general membership. If you have a person you would like to nominate, please contact me. We will be voting at the March 11 lecture

luncheon. We also have many other board positions that need to be filled next year, along with a number of positions open on the various committees. Take a look at the list of positions on the following page. If you would like to get involved with the board or a corresponding committee, we would love to hear from you. Please contact me or Joyce Spencer for more information.

We also have a focus group meeting to discuss the direction of our lecture luncheons. As you may or may not know, the lecture luncheons are an activity that must break even. For the last few years, rising luncheon costs have had us cutting corners on our menus and our location to keep within our budget. Spice of Life is actually more expensive than the UMC, which is why we haven't hosted our luncheons there the last two years. There are some different ideas being discussed. We could cut the luncheon selections or raise admission to cover costs. What are your thoughts? Please email me and let me know. I would love to hear from you. (Please put UWC Lecture Luncheon in your Subject Heading. I get a lot of emails. I don't want to delete or miss yours!)

**Don't miss our activities coming up in 2014.** Our Program Chair has two lecture luncheons to look forward to (at a low, low, price of \$18.00!). Don't miss February 11 when Amy Palmer speaks on *Seeing is Believing: Imaging the Processes of Life.* This will be at the UMC. Please send your checks in by February 4!

March allows us to attend the opera at Macky Auditorium on March 16. Prior to the opera, we enjoy a brunch at the University Memorial Center with guest speaker Nicholas Carthy the Maestro. He explains the plot of the opera and provides insights into the performance. This year's opera is *Hansel and Gretel* by Engelbert Humperdinck. Hansel and Gretel is based on the famous Grimm Fairy Tale. Don't speak German? Don't worry! Although sung in German, it has English subtitles. Call or email Janet Brewer for more information. (See page 10 for reservations.)

The Scholarship Luncheon Committee is busy planning our upcoming scholarship luncheon. The Spring Scholarship Luncheon follows tradition and takes place at the Boulder Country Club on April 15, 2014. This year's theme is "Hitch a Ride on a Butterfly." Changes in Latitude will present a fashion show with UWC members as models. We will fly like a butterfly around the world though fashion. Scholarship winners will be introduced and honored. Paul Erlich said the fluttering of a butterfly's wings can effect climate changes on the other side of the planet. By attending the luncheon and contributing to the scholarship fund, you are changing the lives of our 2014 scholarship winners. Please attend, contribute, and hitch a ride on a butterfly. (See page 5 for reservations.)

Please mark your calendars for our Honors Reception May 13. How many times do you have the opportunity to sip a glass of wine or tea in the gardens of the Koenig Alumni Center? If you have never attended this event, please come and see the home that was built in 1884 to house the University President. This is a fun event that honors the past and the present of the University Women's Club. The event honors not only recipients of the Margaret Willard Award but also celebrates handing over the responsibilities of this year's board to next year's board. It is our last gathering as a club for the year. Don't miss this UWC tradition and the chance to say goodbye until next Fall.

I look forward to seeing you all at these upcoming events and encourage you to consider volunteering with the University Women's Club for the upcoming 2014-2015 season.

Best Wishes, Mary Huffman UWC President

# UWC Board Positions

Position	Brief description			
President	An elected position. Organizes meetings of the UWC Board and oversees running of the club.			
President-Elect	An elected position. Functions as Program Chair and prepares to become President for the following year.			
Secretary	Takes minutes of the UWC Board meetings; usually a position following elected Secretary-Elect.			
Secretary-Elect	An elected position. Prepares to be Secretary for the following year.			
Treasurer	Uses Quicken software to track income/expenses and prepares a budget and other financial information.			
Treasurer-Elect	Learns the job of Treasurer.			
Program Chair	Selects speakers and arranges catering for five Lecture Luncheons and the Fall Membership Event.			
Advisory Planning/				
Parliamentarian	Understands and advises on the UWC constitution and Robert's Rules of Orders for conducting meetings.			
Communications	Sends notes to those members (or their loved ones) who are seriously ill and to families of those who have died. Writes notes of Thanks to those who have contributed \$50 or more over the year to the UWC Scholarships.			
Email	Sends emails to members under requested circumstances.			
Historian	Keeps a photographic records of events, Interest Groups, and other activities, and produces an album (hardcopy or digital) of the year's activities.			
Honors Reception	Plans for Spring reception for the Margaret Willard Awardee and our honoring of new officers and the Pres- ident's award.			
Hospitality	Prepares a list of attendees and name tags for luncheons. Records payments received and sends them to the Treasurer.			
Interest Groups	Coordinates Interest Groups and communicates with chairs of groups. Encourages formation of new groups.			
Membership	Keeps Excel records of membership, including detailed information on the date of joining, contact information, and data changes. Passes information on to Board members as needed.			
New Members	Keeps a record of who are the "new members" and plans the New Member wine and cheese party in the Fall. Any welcoming of these New Members is included in the job.			
Membership Hand- book and Directory	Produces a Directory (hardcopy and digital) of all members who have joined by a given date in October. The included Membership Handbook provides information about UWC and its activities. Solicits and includes advertising in the Directory/Handbook.			
MESSAGES Newsletter	Compiles the newsletter for each month (January and summer months excepted), using input from all officers, due by the 10th of the month prior to month of publication. Sends to Website chair for email distribution.			
Website	Maintains UWC website and distributes MESSAGES to membership via email.			
Nominating	Heads the committee of three to five members to select candidates for nomination to Board positions of Pres-			
Committee	ident-Elect, Secretary-Elect, and Treasurer-Elect for the following year's Board.			
	Selects the CU Opera performance for members to attend as a group. Arranges for venue and brunch			
Opera Brunch	preceding the opera, and tries to find a speaker for the brunch.			
Scholarship Committee	Heads committee to select the student applicants most worthy of our UWC scholarships.			
Committee	Chairs the committee of our April Scholarship Luncheon, hosting our scholarship winners. Arranges for a ven-			
Scholarship Luncheon	ue, menu, and program.			
	Telephones non-email/internet members with regard to paying dues, upcoming events, and any special other			
Telephone Tree	news.			
Margaret Willard				
Award	Heads committee to select the Margaret Willard Award recipient.			
Past President	Remains on the Board for a year after being President. May have other responsibilities.			

Lecture Luncheon-Please Join Us on March 11

### Míld Traumatíc Braín Dísorder: Why Should You Care?

#### **Mary Lou Acimovic**

#### Tuesday, March 11, 2014 11:30 a.m.

University Memorial Center, Room 235 (Reservations and payment due March 4)



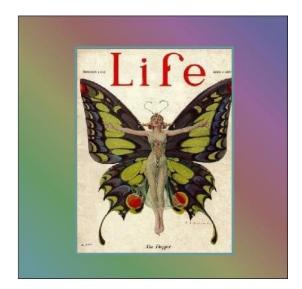
Mary Lou Acimovic is an expert on Mild Traumatic Brain Injury. She is an advocate, therapist and personal trainer helping people who experience on-going cognitive symptoms associated with MTBI. She recently published *Mild Traumatic Brain Injury: The Guidebook* 

This presentation will provide an overview of the brain, what happens when it is injured, how it recovers and what mild traumatic brain injury teaches us about the care and handling of our own brains.

Mild brain injury gives us a unique way of studying cognitive functions.

Mary Lou is a former Director of the Brain Injury Program at Mapleton Center for Rehabilitation in Boulder, CO.

# Spring Scholarship Luncheon-April 15



In chaos theory, the **butterfly effect** is the "sensitive dependency on initial conditions in which a small change at one place in a deterministic nonlinear system can result in large differences in a later state." Won't you "Hitch a Ride on a Butterfly" by contributing to our University Women's Club scholarship fund and make small changes for our scholarship award winners, possibly making large differences in their later lives. Fill out the flyer for the 57th Annual Spring Scholarship Luncheon on April 15, 2014 and join other UWC members for an entertaining fashion show by Changes in Latitude Travel Store at Boulder Country Club, eat a delicious lunch, and honor our scholarship winners. We always have a fabulous time and part of your check is a tax-deductible donation to the UWC scholarship fund. Don't miss it!!!

The University Women's club presents the 57th Annual Spring Scholarship Luncheon

Hitch

Ride

utterfly

Boulder Country Club 7350 Clubhouse Road Tuesday, April 15, 2014 11:00 a.m. – 2:00 p.m.



2014 Scholarship Recipients

Fashion Show by changes in Latitude

Checks payable to UWC. Please observe the RSVP deadline of Tuesday, April 8, 2014 (reservations necessary). Mail to: UWC c/o Virginia Stringi, 935 Gillaspie Drive, Boulder, CO 80305; 303-955-1860; vstringi@comcast.net The first 10 reservations will receive a prize at the luncheon!

Name	Phone
Email	Guest Name(s)
# luncheons @ \$40 =	(includes a tax deductible donation of \$10 to the UWC scholarship fund)
Additional Donation	-
Total Enclosed	Race
Please select your entree: (Fill in	names if reservation is for more than one person)
Chicken Breast (Name	
Vegetable Entree (Name	
Dietary restrictions (iden	tify)
(Name	)

Interest Group Meeting Time and Place	Chair(s) Information	Special Notes	
<b>Afternoon Book Group</b> 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsco@mac.comFeb. 25: The History of Love by N Krauss. Hostess: Ruth Shanberge, " Ave., Boulder. 720-565-2579. Pleas hostessCharlotte Corbridge (303-530-0955) corbridg@colorado.eduMar. 25-The Paris Wife by Paula M Books available at Boulder Booksto		
<b>Evening Book Group</b> 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689)Feb 13:The Light Between the OIflinsky@hotmail.comStedman. Hostess: Kathy RandalHelen Goldman (303-443-4953)Please RSVP to hostessMar. 13: The Woman Behind theby Kirsten DowneyBooks available at Boulder Books		
Small Book Group (BG3)	Kathy Randall (303-530-1095) <u>katherineran@gmail.com</u>	Group is at capacity. Contact Kathy Randall to be put on a waiting list for a second small group (BG4)	
<b>Bicycling</b> Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.	
<b>Bicycling – Easy Riders</b> Every Wednesday morning, weather permitting	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.	
<b>Bridge</b> Various times and days	Martha Jones (303-499-0788) <u>mabijones@q.com</u> Pat Phillipson (303-443-9839) <u>phillipp@colorado.edu</u>	Contact chairs for details.	
<b>Current Events</b> 2:00 – 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.	
French Conversation	jyotsha.raj@colorado.edu	Class currently full. Contact Rosemary Getsie if interested in forming a second group. ( <u>rgetsie@comcast.net</u> or 303-998-0607)	
<b>Gardening</b> Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	We are hibernating for the winter. Meetings will resume in April. Please contact chairs to join the email list.	
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m. June to August.	
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.	
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothegap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	<b>Feb 10–10 am:</b> Home of Jane Byers We especially welcome new performers. Please call chairs for details.	

	Chair(s)		
Interest Group Meeting Time and Place	Information	Special Notes	
Meeting Time that Take			
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) vross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	For location and other details, contact the chairs. Members will be emailed prior to meetings.	
<b>On the Road Again</b> Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com)	Contact the chair for the next planned event.	
<b>Out to Lunch</b> 12:00 p.m. fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635- 6685) ginnydon22@yahoo.com	Feb. 26-12 noon: Volta Mediterranean Restaurant, 2480 Canyon Blvd. Boulder Please RSVP to the chairs.	
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.	
<b>Readers' Theatre 2</b> 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Feb. 10-August: Osage County by Tracy Letts March 3-Eastern Standard by Richard Greenberg	
<b>Snowshoeing</b> Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443- 6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boul- der, as weather permits. Contact chairs to be added to the email list.	
<b>Spanish – Beginning</b> <b>Conversation</b> Tuesdays Contact chair for time and place.	Kim Ezzell (303-449-4535) kimezzell@yahoo.com	Class currently full. Contact Rosemary Getsie if interested in forming a second group. ( <u>rgetsie@comcast.net</u> or 303-998- 0607)	
<b>Spanish – Conversational</b> 3:45 p.m. Most Mondays Local restaurant	Diana King (303-530-1860) diana s king@yahoo.com	Contact Chair for next meeting time and place.	
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303-530-1860) diana s king@yahoo.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.	
<b>Tea and Travel</b> 1:15 p.m. Meets September-November & January-March usually on the third Tuesday of the month in members' homes.	Virginia Stringi (303-955-1860) vstringi@comcast.net Contact Virginia to receive an email reminder one to two weeks before each meeting.	February 18 at 1:15pm Presentation by Alice Doyle: <i>Colombia,</i> <i>South America</i> at Alice's home, 777 Gapter Rd. Boulder. Please RSVP to Alice, 303-499-9792 or joehdoyle@aol.com	

# Membership Reminder

When mailing in UWC dues at any time of year, please remember to mail to the following address:

#### UWC MEMBERSHIP P.O. Box 18844 Boulder, CO 80308-1844

Please do not mail your dues to any other person or address. Please do not mail dues to "Treasurer" or to the home address of any board member. Doing so may delay the recording of your dues, the depositing of your check, and your inclusion in Directory, *MESSAGES*, and email notifications. Thanks for your attention to this important detail.

### Welcome New UWC Members

**Penny Anderson** 

Cece Cotton

Women's Club

**Natalie Hedberg** 

**Elizabeth Jenny** 

Merrie B. King

**Melissa Mahaney** 

Irin A. Poellot

### Thank You to the Following who Donated to the UWC Scholarship Fund

UWC III		
Beryl Clark Shirley Deeter	Catherine Harada	Charee MacDonald
Jane Byers	Claudine Garby	Susannah Jordan
Merry Bullock	Anitta Frant	Lynn Jespersen
Christy Baggett	Carol Dozier	Natalie Hedberg

### Vote at the March Lecture Luncheon

We are delighted to announce the slate of candidates for 2014-2015. The Nominating Committee, comprised of Bobbi Vischi, Rosemary Getsie and Carol Dunnack, is confident that the UWC members will share our enthusiasm for these talented women as our future leaders.

#### The Nominees are:

Diana King-President-Elect

Carol Dunnack—Secretary-Elect

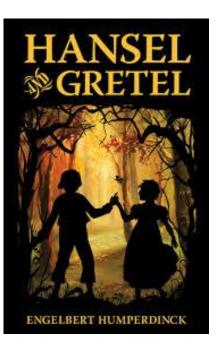
Arlene Gerwin—Treasurer-Elect

Virginia Stringi—Secretary



All UWC members will have an opportunity to vote for these three positions at the March 11 Lecture Luncheon. Additional nominations may be made by contacting Rosemary Getsie, Bobbi Vischi, and/or Carol Dunnack.The Nominating Committee will also accept nominees from the floor on March 11.

### Opera Brunch - Reservation Deadline February 22



**Mark your calendars for Sunday, March 16, 2014**, for our annual Opera Brunch, starting at 11:30 a.m. at the University Memorial Center, and followed by CU's Opera presentation of *Hansel and Gretel* at Macky Auditorium 2:00 p.m.

It is time to take action and make your reservations for this event. The deadline falls early (February 22, 2014). The process for reserving is explained on the reservations form included in *MESSAGES* 

# It's an Annual UWC Tradition:

...brunch and lively conversation ...opera "preview" and live performance



### Please join us: Sunday, March 16, 2014 11:30 a.m. brunch at UMC - 2:00 p.m. opera at Macky

UWC gets a discounted price for opera tickets. If you have already purchased opera tickets, you can still join us for brunch. You can also purchase opera tickets without attending the brunch...but we would miss you!

Reservations must be <u>received</u> by February 22, 2014. Please make checks payable to UWC.

Mail check and form to: Janet Brewer; 4840 Thunderbird Drive Apt. 87; Boulder, CO 80303. (Janet: dtbjhb@aol.com or 720-562-8254)

Reservations may also be made in person at the February 11 Lecture Luncheon.

Name \_\_\_\_\_\_ email\_\_\_\_\_\_ email\_\_\_\_\_

Guest name

# \_\_\_\_\_opera tickets @ \$20 ea **PLUS**#\_\_\_\_\_places for brunch @ \$26 ea Total enclosed

Please select entrée: (fill in names if reservation is for more than one person)

# Salmon with orange fennel sauce (Name

#	Chicken	Valencia	(breast of	f chicken w/	/ sherry orange raisin sauce) (Name
				<b>c</b> · · · · <b>c</b>	

#\_\_\_\_Veg: Spanekopita (spinach-feta stuffed phyllo dough) (Name\_\_\_\_\_

# Margaret Willard Award



#### Margaret Willard Award 2014 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

**To the Nominator**: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee		
Auuress		
Phone (home)	(WORK)	
Email		
Institutions attended and degre	es received (if applicable)	
	etired, position held until retirement)	
<b>Please provide information out</b> (please use additional paper if nea	ining Nominee's service to the University and/ eded)	or the Boulder community
Nominator/Submitted by		
Address	(work )	
Email	(work)	
or email to pattycake.21@juno.cc 2015. In this case, an updated star	tion to Patty Ludke, 2938 Kalmia #21, Boulde om. If the Nominee does not receive the award in mement about the Nominee may be requested. Pre- volunteers, faculty, or staff) or from the Boulder of	2014, she may be considered for evious winners have been selected

### 2013-14 Calendar

September	3	Board Meeting	
	10	MESSAGES Deadline	
	10	Membership Coffee	
October	1	Board Meeting	
	8	Lecture Luncheon	
	10	MESSAGES Deadline	
	15	Membership Deadline for Name to Appear in Directory	
	27	New Member Wine & Cheese	
November	5	Board Meeting	
	10	MESSAGES Deadline	
	12	Lecture Luncheon	
December	3	Board Meeting	
		NO MESSAGES IN JANUARY	
	10	Lecture Luncheon	
January		No Planned Meetings or Events	
	10	MESSAGES Deadline	
February	4	Board Meeting	
	10	MESSAGES Deadline	
	11	Lecture Luncheon	
March	4	Board Meeting	
	10	MESSAGES Deadline	
	11	Lecture Luncheon	
	16	Opera Brunch	
April	1	Board Meeting	
	10	MESSAGES Deadline	
	15	Scholarship Luncheon	
Мау	13	Honors Reception	
	20	Tri-Board Meeting	

# Executive Board 2013-14

President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
Past President	Jeannie Thompson
Advisory/ Parliamentarian	Claudine Garby
Communications	Carol Saunders
EMail	Kathleen Salzberg
Historian	Kathy Terrill
Honors Reception	Karen Diamond
Hospitality	AD Chesley
Interest Groups	Rosemary Getsie
Margaret Willard Award	Jane Allen Patty Ludke
Membership	Beth Rauch
New Members	Carol Ziegenhagen
Membership Directory	Diana King
MESSAGES	Arlene Gerwin
Nominating Committee	Bobbi Vischi
Opera Brunch	Janet Brewer
Scholarship Committee	Pat Hagerty Kathy Randall
Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley