

October Lecture Luncheon



Fun with Ultracold Atoms **Deborah Jin**

Tuesday, October 8, 2013; 11:30 a.m.
University Memorial Center, Room 235

NIST Fellow, Quantum Physics Division
JILA Fellow
Professor Adjoint, Physics Department,
University of Colorado, Boulder

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Deborah Jin was selected as one of five regional winners of the 2013 For Women in Science Awards. The awards are presented annually by the L'Oréal Foundation and UNESCO to recognize outstanding women worldwide who significantly advance science. Jin was selected by an international jury led by Nobel Laureate Ahmed Zewail "for having been the first to cool down molecules so much that she can observe chemical reactions in slow motion which may help further understanding of molecular processes."

Professor Deborah Jin and her team invented an ingenious method of cooling molecules down to near absolute zero, the lowest possible temperature, which has the effect of slowing the molecules down. In fact, they slow down enough for researchers to actually see what goes on during chemical reactions. The study of ultracold molecules could lead to new precision-measurement tools, new methods for quantum computing and help us better understand materials that are essential to technology.

Deborah Jin has just been appointed to the Secretary of Energy Advisory Board (SEAB) which reports to the U.S. Secretary of Energy. See the article at <http://www.colorado.edu/node/298331>.



Lecture Luncheon payment must be postmarked NO LATER than October 1. Please send payment of \$18 or questions to AD Chesley 3545 23rd Street, Boulder, CO 80304 (adiches@aol.com; 303-938-8150) Special lunches are available and must be requested in advance: gluten-free, vegetarian, or salt-free options available.

Pay your dues by October 15 to be listed in the Directory.

President's Message

Greetings to all our new and returning members. It was so good to see those of you who attended our Fall Membership Coffee at the UMC on September 10th. It was a fun event to begin our new year, and only one of the many benefits you receive from the annual dues you pay. If you were unable to attend, please make sure you send in your check for your membership, and sign up for any interest groups that you plan to attend this year.

I am looking forward to our first lecture luncheon in October featuring Deborah Jin. Deborah was recently appointed to the Secretary of Energy Advisory Board reporting to the Secretary of the U.S. Department of Energy. We are so lucky that Deborah has made time in her busy schedule to come and speak to us about Ultracold Atoms! She was the first to discover and use a process that enabled her to observe chemical reactions in slow motion that lead to further understanding of molecular processes. If you haven't made your reservation for this outstanding event, do so now. Details are in this issue of *MESSAGES*.



We had a wonderful article written about our club recently published in the online CU Boulder Today. Nicolene Durham, a CU Communications graduate student, wrote the article for the Boulder Faculty and Staff News about the UWC. If you missed it in your email, check it out! <http://www.colorado.edu/news/features/university-women%E2%80%99s-club-connecting-colorado-women-nearly-100-years>

The UWC Board of Directors is looking for a few good women! Two to be precise. Do you love to take pictures? We currently need to fill the Historian position on our Board. It is a fun position that involves a camera. Attend UWC events, take a few shots, and submit them to *MESSAGES*! At the end of the year, put together a scrapbook to be archived for our records.

We are also looking for a member to volunteer for the Nominating Chair. Chair the committee that nominates candidates for President-Elect/Program Chair, Secretary-Elect, and Treasurer-Elect. Work together with a group of five members, and help put the board together for next year. Best way to make new friends? Get involved. Email or call me for details, or volunteering.

Mary Huffman
UWC President 2013-14
marymhuffman@gmail.com

Spring Scholarship Luncheon

Our 57th Annual Spring Scholarship Luncheon will take place on April 15, 2014. Once again we will dine at Boulder Country Club. Our program includes the introduction of scholarship recipients and a fashion show by the travel store, **Changes in Latitude** located on Arapahoe. A luncheon committee is needed to work behind the scenes to make our elegant affair a success. If you are interested in becoming a member of the Annual Spring Scholarship Luncheon Committee, email Chairman Virginia Stringi, vstringi@comcast.net. There are jobs to fit the amount of volunteering you are interested in providing, small and large. An organizational meeting will be scheduled in October.



Sneak Preview of Upcoming Lecture Luncheons

The price of the luncheons is \$18; reserve the whole series for \$90. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: **AD Chesley, Attention: UWC Lecture Luncheon, 3545 23rd Street, Boulder, CO 80304** (303-938-8150; adiches@aol.com). Please do not combine lecture lunch payments with dues payments.

November

Formations- Music on the Rocks

Jeffrey Nyтч

Tuesday, November 12, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due November 5)



CU Entrepreneurship Center for Music
Director-Assistant Professor

Jeffrey Nyтч enjoys a rich and diverse career as a composer, performer, educator and advocate. There was his study of geology, and many other interests. But throughout it all, music has been the abiding passion of his heart; in the end, it won out with his career as well.

The world premiere of his Symphony No. 1, "Formations" will take place with the Boulder Symphony on September 7 and 8, 2013. This symphony was commissioned by the Boulder Philharmonic and the Geological Society of America.

December

Opening Pandora's Lunchbox: How Processed Food Took Over the American Meal and What We Can Do to Take it Back

Melanie Warner

Tuesday, December 10, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due December 3)



Author

Melanie Warner is a freelance journalist who writes about the food industry. Her book on processed food, *Pandora's Lunchbox*, was published by Scribner in February 2013. She has worked as a reporter for the *New York Times*, a senior writer at *Fortune* magazine, and a blogger for CBSNews.com.

Her experiments with processed food are unique.

Melanie's book (same title as the lecture) will be for sale.

February

Seeing is Believing: Imaging the Processes of Life

Amy Palmer

Tuesday, February 11, 2013, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due February 4)



CU Department of Chemistry and
Biochemistry-Associate Professor

Palmer leads a lab team working to develop fluorescent tools to track the location and movement of individual particles—molecules, ions, and proteins—within a cell.

The fundamental biological question stems from the desire to understand how the cells control the metals, which can reveal the origins of various diseases and conditions like prostate cancer or neurodegeneration.

Palmer works with the Colorado Initiative in Molecular Biotechnology.

March

Mild Traumatic Brain Injury: Why Should We Care?

Mary Lou Acimovic

Tuesday, March 11, 2013, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due March 4)



Mary Lou Acimovic is an expert on Mild Traumatic Brain Injury. She is an advocate, therapist, and personal trainer, helping people who experience on-going cognitive symptoms associated with MTBI.

Mary Lou has spoken regionally and nationally on topics related to mild traumatic brain injury and biofeedback.

Mary Lou is the author of *Mild Traumatic Brain Injury: The Guidebook*.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsco@mac.com Charlotte Corbridge (303-530-0955) corbridg@colorado.edu	Oct. 22- <i>Digging to America</i> by Anne Tyler Hostess: Pat Thompson, 2575 Otter Ct. Lafayette, 303-926-4210 Dec. 3- <i>Strength in What Remains</i> by Tracy Kidder Both books available at Boulder Bookstore.
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) lflin-sky@hotmail.com Helen Goldman (303-443-4953) hgoldman@colorado.edu	Oct. 10- <i>In the Heart of the Sea: The Tragedy of the Whale Ship Essex</i> by Nathaniel Philbrick Hostess: Helen Goldman, 2275 Bluebell Ave. Boulder, 303-442-4953. Please RSVP to hostess. Nov. 14- <i>Death Comes for the Archbishop</i> by Willa Cather. Contact Chairs for venue. Both books available at Boulder Bookstore.
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Email provides time and place. If you aren't on our email list, please contact Mary. She will send out an email a couple of days before the ride with the time and meeting place.
Bicycling – Easy Riders Every Wednesday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Email provides time and place. If you aren't on the email list, please contact Mary. She will send out an email a couple of days before the ride with the time and meeting place.
Bridge Various times and days	Martha Jones (303-499-0788) mabijones@q.com Pat Phillipson (303-443-9839) phillipp@colorado.edu	Contact chairs for details.
Current Events 2:00 – 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.
French Conversation		Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Gardening Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Oct. 16- 11:00 a.m. CU 30th Street Greenhouse, 1380 30th St. on the East Campus. Lunch will follow at Zolo Grill, 2525 Arapahoe Ave. Please RSVP to the chairs.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m. June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.

Spotlight on Spanish Conversation Interest Group



The UWC Spanish Conversation Group formed 4 years ago. We are indebted to have had fellow member, Gloria Garcia de Miller as our mentor for the first four years. She was invaluable to our group in its formation and expansion as we all began to increasingly relax and be more comfortable with easy conversations in Spanish. Over this time we have increased our membership to about 12 active members. We meet weekly for an hour at 3:45 p.m. on Monday afternoons at the Millennium Harvest House. We usually each prepare some thoughts on a weekly topic and look up a few new vocabulary words in advance of meeting. We try to avoid just reading to each other. For each of us, it has greatly increased our ability to speak more casually and readily, and our vocabulary has grown. Since

Gloria's time became less available, we recently have hired a native speaker, Alejandra who comes twice a month to help us out. To cover the costs, we each contribute \$60 a year to pay Alejandra. We welcome new members who already have some basic knowledge of Spanish and who want to practice and expand their conversational capabilities. When our group is large (10 or more), we break into two groups (Mas Ayuda—More Help, and Menos Ayuda—Less Help). It has been both a learning and a friendship experience for us all. "Espero que puedes asistir a nuestro grupo. Hasta la vista."

Diana King (303-530-1860; diana_s_king@yahoo.com)



Opera Brunch Sneak Peek



Mark your calendars for Sunday, March 16, 2014, for our annual Opera Brunch, starting at 11:30 a.m. at the University Memorial Center, and followed by CU's Opera presentation of **Hansel and Gretel** at Macky Auditorium at 2:00 p.m.

Hansel and Gretel was composed in 1891 by Engelbert Humperdinck. The libretto, written by Humperdinck's sister, is based on the Grimm brothers' fairy tale by the same name. It is much admired for its folk-music inspired themes, one of the most famous being the "Evening Benediction."

Reservation forms will be printed in subsequent *MESSAGES* newsletters. In the meantime, if you have any questions, please contact Janet Brewer, UWC Opera Event Chair: (720-562-8254; dtbjhb@aol.com)

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothegap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Oct 14: Monday at 7:30 p.m. Hostess: Pat Holmberg. We especially welcome new performers. Please call chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) rgross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	For location and other details, contact the chairs. Members will be emailed prior to meetings.
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com	Email provides details of planned trips. Contact the chair for more information.
Out to Lunch 12:00 p.m. fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Oct. 23- 12 p.m. Lucky Pie Pizza & Tap House, 637 Front St., Louisville Please RSVP to the chairs.
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.
Readers' Theatre 2 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Oct. 7- <i>Bad Seed</i> by Maxwell Anderson Nov. 11- <i>The Women</i> by Clare Booth Luce
Snowshoeing Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boulder, as weather permits. Hoping to start by December. Contact chairs to be added to the email list.
Spanish – Beginning Conversation Tuesdays Contact chair for time and place.	Kim Ezzell (303-449-4535) kimezzell@yahoo.com	Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Spanish – Conversational 3:45 p.m. Most Mondays Local restaurant	Diana King (303-530-1860) di-ana_s_king@yahoo.com	Contact Chair for next meeting time and place.
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303-530-1860) di-ana_s_king@yahoo.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September-November & January-March usually on the third Tuesday of the month in members' homes. In October we will meet on the third Thursday	Virginia Stringi (303-955-1860) vstringi@comcast.net Contact Virginia to receive an email reminder one to two weeks before each meeting.	Oct. 17-Thursday at 1:15 p.m. PowerPoint presentation: <i>Gross National Happiness: The Kingdom of Bhutan</i> Hostess: Judy Richtel, 790 Poplar Ave. Boulder Please RSVP to Judy, rjudy1@msn.com or 303-898-5069.

Margaret Willard Award



Margaret Willard Award 2014 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Institutions attended and degrees received (if applicable) _____

Nominee's current position (if retired, position held until retirement) _____

Please provide information outlining Nominee's service to the University and/or the Boulder community
(please use additional paper if needed) _____

Nominator/Submitted by _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Please mail nomination information to Patty Ludke, 2938 Kalmia #21, Boulder, CO 80301 by March 1, 2014, or email to pattycake.21@juno.com. If the Nominee does not receive the award in 2014, she may be considered for 2015. In this case, an updated statement about the Nominee may be requested. Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

Membership Renewal



Dues. Thanks to everyone who has renewed their UWC membership for the coming year. If you haven't already renewed, don't forget to fill out a membership form for the 2013-2014 year. This year the dues are again \$30.

Directory Due Date. The due date for inclusion in the UWC Directory is *October 15*. The Directories will be distributed at the November luncheon or mailed to those who do not attend in November. A membership form is included in this issue of *MESSAGES*. Please print the form, fill it out, and include it with your dues.

Benefits. Benefits for UWC members include: 1) a CU email account; 2) a CU guest BuffOne card, which provides library borrowing privileges and option to apply cash which can be used for copy machines and discounted meals at Center for Community and UMC cafeterias (cost \$5 per year); 3) a free library card (without a BuffOne card) for borrowing books. Please contact Kathleen Salzberg (303-499-3128; kathleen.salzberg@colorado.edu) if interested in any of these benefits.

Donations. Since 1982, the UWC has provided more than \$140,000 in scholarships to nontraditional CU-Boulder students. Your donation supports this most important project. This is a good time of year to be thinking ahead about scholarships and *including a donation for the UWC scholarship recipients* along with your dues. The names of those donating to the scholarship fund will be published in *MESSAGES* monthly as they come in. We hope to receive your renewal in the very near future and look forward to seeing you at UWC functions this year.

Beth Rauch, UWC Membership Chair
303-442-2704; etrauch@comcast.net



Historian Scrapbook – UWC 2012-2013



The Historian Scrapbook for UWC 2012-2013 was printed as a bound book. It will be available for viewing at upcoming Lecture Lunches. Additional copies may be purchased by contacting Virginia Stringi at vstringi@comcast.net.

Anyone interested in the 2013-2014 Historian Board Position should contact Mary Huffman at marymhuffman@gmail.com

UWC Membership Form

UWC Membership Form

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Beth Rauch, Membership Chair

303-442-2704

etrauch@comcast.net

Carol Ziegenhagen, New Member Chair

303-817-1180

carol@cnzhomes.com

Name _____ Phone _____

Address _____

Email address for newsletter _____

(please print clearly)

I am enclosing my annual dues of \$30. I am a returning member new member.

I am enclosing an

additional tax-deductible contribution

for the scholarship fund.

\$25

\$50

\$100

Other \$ _____

Make all checks payable to UWC (may combine dues and donations; please do not combine luncheons)

Mail  to: **UWC Membership, PO Box 18844, Boulder, CO 80308-1844**

PAYMENT DEADLINE OCTOBER 15, 2013 for inclusion in Membership Directory

I have a friend who might like to join the UWC. Please send membership information to:

Name _____ Phone _____

Address _____ Email _____

UWC Interest Groups

Bicycling-Easy Riders

Current Events

Movies-Sunday Afternoon

Readers' Theatre 2 Eve

Bicycling

French Conversation

Needlecraft

Snowshoeing

Books-Afternoon

Gardening

On the Road Again

Spanish Beg. Converse

Books-Evening

Hiking

Out to Lunch

Spanish Conversation

Bridge on Wednesdays

Italian Conversation

Readers' Theatre

Tea and Travel

Bridge on Tuesdays

Music

Please contact Rosemary Getsie 303-998-0607 or rgetsie@comcast.net with any suggestions for additional interest groups.

2013-14 Calendar

September	3	Board Meeting
	10	<i>MESSAGES</i> Deadline
	10	Membership Coffee
October	1	Board Meeting
	8	Lecture Luncheon
	10	<i>MESSAGES</i> Deadline
	15	Membership Deadline for Name to Appear in Directory
	27	New Member Wine & Cheese
November	5	Board Meeting
	10	<i>MESSAGES</i> Deadline
	12	Lecture Luncheon
December	3	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	<i>MESSAGES</i> Deadline
February	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
March	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
	16	Opera Brunch
April	1	Board Meeting
	10	<i>MESSAGES</i> Deadline
	15	Scholarship Luncheon
May	13	Honors Reception
	20	Tri-Board Meeting

Executive Board 2013-14

President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
Past President	Jeannie Thompson
Advisory/ Parliamentarian	Claudine Garby
Communications	Carol Saunders
EMail	Kathleen Salzberg
Historian	TBD
Honors Reception	Karen Diamond
Hospitality	AD Chesley
Interest Groups	Rosemary Getsie
Margaret Willard Award	Jane Allen Patty Ludke
Membership	Beth Rauch
New Members	Carol Ziegenhagen
Membership Directory	Diana King
<i>MESSAGES</i>	Arlene Gerwin
Nominating Committee	TBD
Opera Brunch	Janet Brewer
Scholarship Committee	Pat Hagerty Kathy Randall
Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley