

MESSAGES

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Fall Coffee

A Publication of the University Women's Club of CU Boulder

October Lecture Luncheon



Fun with Ultracold Atoms Deborah Jin

Tuesday, October 8, 2013; 11:30 a.m. University Memorial Center, Room 235

NIST Fellow, Quantum Physics Division JILA Fellow Professor Adjoint, Physics Department, University of Colorado, Boulder

Deborah Jin was selected as one of five regional winners of the 2013 For Women in Science Awards. The awards are presented annually by the L'Oréal Foundation and UNESCO to recognize outstanding women worldwide who significantly advance science. Jin was selected by an international jury led by Nobel Laureate Ahmed Zewail "for having been the first to cool down molecules so much that she can observe chemical reactions in slow motion which may help further understanding of molecular processes."

Professor Deborah Jin and her team invented an ingenious method of cooling molecules down to near absolute zero, the lowest possible temperature, which has the effect of slowing the molecules down. In fact, they slow down enough for researchers to actually see what goes on during chemical reactions. The study of ultracold molecules could lead to new precision-measurement tools, new methods for quantum computing and help us better understand materials that are essential to technology.

Her research focuses on ultracold trapped atoms. Her experiments use laser cooling, magnetic trapping, and evaporative cooling to reach temperatures below one microKelvin, where quantum statistics dominate the behavior of atoms.



Upcoming Lecture
Luncheons
Take a peek at
what's around the
corner
See Page 3 for Details...



Lecture Luncheon payment must be postmarked NO LATER than October 1. Please send payment of \$18 or questions to AD Chesley 3545 23rd Street, Boulder, CO 80304 (adiches@aol.com; 303-938-8150) Special lunches are available and must be requested in advance: gluten-free, vegetarian, or salt-free options available.

Pay your dues by October 15 to be listed in the Directory.

President's Message



Welcome to the 2013-2014 season of the University Women's Club. As summer begins to cool, and signs of autumn begin to arrive, we know it is time to start thinking about the upcoming activities with the UWC. Your board of Directors has already had their first meeting to begin planning the new season. We have a terrific group serving this year, and I know we are going to have a wonderful year of events for you to enjoy. I suggest our members start marking their calendars now to attend the many fine events we will have to offer.

Our annual Fall Membership Coffee will be on September 10th at the University Memorial Center in room 235. This is a free event and is a wonderful chance to meet up with past friends, or to meet new friends. It is a wonderful venue to bring in a prospective member who would like

to be introduced to our club. We will have refreshments, and will be announcing the offerings of this year's lecture luncheons, opera brunch, and interest groups. Don't forget your checkbook so that you can renew your membership and sign up for the various events that we will be sponsoring.

Be sure to see our article announcing our Lecture Luncheon Series. Music, science, nutrition, and medical issues are a few of this years offerings. It will be an intellectually stimulating year with the many fine guest speakers that our Program Chair, Joyce Spencer, has invited to come and speak to us.

At last year's Honor's Tea, Rebecca (Becky) Roser, was the 2013 recipient of the Margaret Willard Award. Rebecca's accomplishments are to say the least, impressive and inspirational. Becky served as Director of Clinical Services, Communication Disorders and Speech Science (CDSS) at the University of Colorado, Boulder for many years. Her retirement in 1988 led her to full-time service to the University and Boulder community. Her vision, direction, and support helped create the multi-discipline ATLAS Center, which serves students and the community through innovative art, technology, and learning opportunities. Be thinking of a deserving person you know from our community that you would like to nominate for this prestigious award.

While attending last year's Scholarship Luncheon, I experienced a great feeling of pride, knowing that I was involved in an organization that helped so many deserving recipients receive the funds to continue their education. Their individual stories were inspiring and heartwarming. We must continue to remember that while we are a group of women who know how to have fun with our many activities, we are also a group of caring women who donate our time and money to help others achieve their dreams and goals. As you plan the many activities that you will be attending this year, don't forget to budget a donation for these deserving Scholarship recipients. Make sure to attend the Scholarship Luncheon to see for yourself how much good is being done for these fine students.

I look forward to being your President this year. I am looking forward to a fun year, new friends, and the continuation of the many fine traditions that the University Women's Club has to offer.

Best, Mary Huffman President 2013-2014



Fall Membership Coffee

Tuesday, September 10, 2013 9:30-11:30 a.m. University Memorial Center, Room 235

You are invited to attend our annual membership coffee on Tuesday, September 10, 2013. It will be held at 9:30 a.m. in Room 235 of the University Memorial Center.

This is a great time to get reacquainted after our summer break. Our lecture luncheons will be announced, and you will have an opportunity to meet the new board, pay your membership dues, sign up for lecture luncheons, and Interest Groups. Bring a friend! If you have questions, don't hesitate to contact Joyce Spencer (jiandbobs@msn.com; 303-325-5394). No RSVP required. See you there.

Sneak Preview of Upcoming Lecture Luncheons

The price of the luncheons is \$18; reserve the whole series for \$90. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: **AD Chesley, Attention: UWC Lecture Luncheon, 3545 23rd Street, Boulder, CO 80304** (303-938-8150; adiches@aol.com). Please do not combine lecture lunch payments with dues payments.

November

Formations-Music on the Rocks

Jeffrey Nytch

Tuesday, November 12, 11:30 a.m. University Memorial Center; Room 235 (Reservations and payment due November 5)



CU Entrepreneurship Center for Music Director-Assistant Professor

Jeffrey Nytch enjoys a rich and diverse career as a composer, performer, educator and advocate. There was his study of geology, and many other interests. But throughout it all, music has been the abiding passion of his heart; in the end, it

won out with his career as well.

The world premiere of his Symphony No. 1, "Formations" will take place with the Boulder Symphony on September 7 and 8, 2013. This symphony was commissioned by the Boulder Philharmonic and the Geological Society of America.

December

Opening Pandora's Lunchbox. How Processed Food Took Over the American Meal and What We Can Do to Take it Back

Melanie Warner

Tuesday, December 10, 11:30 a.m. University Memorial Center; Room 235 (Reservations and payment due December 3)



Author

Melanie Warner is a freelance journalist who writes about the food industry. Her book on processed food, *Pandora's Lunchbox*, was published by Scribner in February 2013. She has worked as a reporter for the *New York Times*, a senior writer at *Fortune* magazine, and a blogger for CBSNews.com.

Her book (same title as the lecture) will be for sale.

Her experiments with processed food are unique.

February

Seeing is Believing: Imaging the Processes of Life

Amy Palmer

Tuesday, February 11, 2013, 11:30 a.m. University Memorial Center; Room 235 (Reservations and payment due February 4)



CU Deptartment of Chemistry and Biochemistry-Associate Professor

Palmer leads a lab team working to develop fluorescent tools to track the location and movement of individual particles—molecules, ions, and proteins—within a cell.

The fundamental biological question stems from the desire to understand how the cells control the metals, which can

reveal the origins of various diseases and conditions like prostate cancer or neurodegeneration.

Palmer works with the Colorado Initiative in Molecular Biotechnology.

March

Mild Traumatic Brain Disorder: Why Should We Care?

Mary Lou Acimovic

Tuesday, March 11, 2013, 11:30 a.m. University Memorial Center; Room 235 (Reservations and payment due March 4)



Mary Lou Acimovic is an expert on Mild Traumatic Brain Injury. She is an advocate, therapist and personal trainer, helping people who experience on-going cognitive symptoms associated with MTBI.

Mary Lou has spoken regionally and nationally on topics related to mild traumatic brain injury and biofeedback.

Interest Group Meeting Time and Place	Chair(s) Information	Special Notes	
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsco@mac.com Charlotte Corbridge (303-530-0955) corbridge@colorado.edu	Sept. 24-Hostess: Carol Saunders, 1076 Westview Dr. Boulder, 303-499-3731 Book selection: Any Human Heart by William Boyd Oct. 22-Digging to America by Anne Tyler Both books available at Boulder Bookstore	
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) Iflin-sky@hotmail.com Ellen Holland (303-494-2067) wrhelh@comcast.net	Sept.12-Hostess: Lois Linsky, 1645 Bear Mtn Dr. Boulder, 303-499-2689 RSVP Book selection: The Greater Journey: Americans in Paris by David McCullough Oct. 10-In the Heart of the Sea: The Tragedy of the Whale Ship Essex by Nathaniel Philbrick. Contact chairs for venue.	
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Email provides time and place. If you aren't on our email list, please contact Mary. I will send out an email a couple of days before the ride with the time and meeting place.	
Bicycling – Easy Riders Every Wednesday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Email provides time and place. If you aren't on our email list, please contact Mary. I will send out an email a couple of days before the ride with the time and meeting place.	
Bridge Various times and days	Martha Jones (303-499-0788) mabijones@q.com Pat Phillipson (303-443-9839) phillipp@colorado.edu	Contact chairs for details.	
Current Events 2:00 - 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.	
French Conversation		Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)	
Gardening Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Virginia Donegan (303-635-6685) <u>ginnydon22@yahoo.com</u>	Sept. 18, 11:00 a.m. Program information will be sent to members via email. Contact chairs to be added to the list.	
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	September to May and at 8:30 a.m., June to August.	
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.	

Interest Group	Chair(s)	
Meeting Time and Place	Information	Special Notes
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothegap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Sept.9: Our next meeting is Monday, September 9 at 7:30 p.m. Hostess Nicki Haller. We especially welcome new performers. Please call chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) vross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	A friendly group that meets twice a month to work on their own needlecrafts and talk about anything. Sometimes we have craft advice for one another or share bits of yarn or knitting needles Contact chairs for details.
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) Email provides details of planned to contact the chair for more information.	
Out to Lunch 12:00 pm fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Virginia Donegan (303-635- 6685) <u>ginnydon22@yahoo.com</u> Sept. 27 – 12 pm Chautauqua Dining 900 Baseline Rd. Contact the chairs to RSVP and be ac the email list.	
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.
Readers' Theatre 2 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Sept. 16-Present Laughter by Noel Coward Oct. 7-Bad Seed by Maxwell Anderson
Snowshoeing Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boulder, as weather permits. Hoping to start by December. Contact chairs to be added to the email list.
Spanish – Beginning Conversation Tuesdays Contact chair for time and place.	Kim Ezzell (303-449-4535) kimezzell@yahoo.com	Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998- 0607)
Spanish – Conversational 3:45 p.m. Most Mondays Local restaurant	Diana King (303 530-1860) <u>diana s king@yahoo.com</u>	Contact Chair for next meeting time and place.
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303 530-1860) diana s king@yahoo.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September-November & February -April on the third Thursday of the month in members' homes.	Virginia Stringi (303-955-1860) vstringi@comcast.net	Contact Virginia to receive an email reminder one to two weeks before each meeting. Kathy Randall will lead the September meeting.

Spotlight on Current Events Interest Group



Do you thrive on ideas? So do the members of the Current Events interest group. We discuss topics being debated in the news around a member's dining room table.

Topics are chosen in advance by the group and may range from the September 10th recall election of two state senators for their stand on gun control, to whether every American who wants one is entitled to a job, to how the NFL screens draft picks for gang affiliation.

Everyone is encouraged to participate. All ideas are treated with respect. So bring your burning topics to the Fall Membership Coffee or email me, Barbara Turner, at golferb7@aol.com.

Come make some new friends and add your voice to the conversation. We value your participation.

Barbara Turner (303-417-9778; golferb7@aol.com), Jyotsna Raj (303-447-8831; jyotsna.raj@colorado.edu)

New Opportunities - Start an Interest Group!

Are you interested in conversing in a foreign language that isn't offered by one of our current interest groups? Do you have another interest that isn't offered? Creating a new UWC interest group takes just five participants, including a willing chair, whose duties are modest. (Having two co-chairs lessens the load further.)

We have re-established the snowshoeing (winter sports) group thanks to Carol Saunders and Mary Greenwald who have volunteered to chair the group. Let's hope for a snowier winter than last year!

At the Membership Coffee on September 10, sign-up sheets will be available for these possibilities as well as for the many established groups. Other ideas are always welcome too. Be adventurous – try something new!

Historian Scrapbook

The Historian Scrapbook for UWC 2012-2013 was printed as a bound book. It will be available for viewing at our annual Membership Coffee on September 10 and at Lecture Lunches. Additional copies may be purchased by contacting Virginia Stringi at vstringi@comcast.net.

Anyone interested in the 2013-2014 Historian Board Position should contact Mary Huffman at mary@maryhuffman.com

Opera Brunch Sneak Peek



Mark your calendars for Sunday, March 16, 2014, for our annual Opera Brunch, starting at 11:30 a.m. at the University Memorial Center, and followed by CU's Opera presentation of *Hansel and Gretel* at Macky Auditorium at 2:00 p.m.

Hansel and Gretel was composed in 1891 by Engelbert Humperdinck. The libretto, written by Humperdinck's sister, is based on the Grimm brothers' fairy tale by the same name. It is much admired for its folk-music inspired themes, one of the most famous being the "Evening Benediction."

Reservation forms will be printed in subsequent *MESSAGES* newsletters. In the meantime, if you have any questions, please contact Janet Brewer, UWC Opera Event Chair: dtbjhb@aol.com.

Membership Renewal

UNC III

Dues. It's that time of year again. We hope you are all filling out a membership form and renewing your membership in UWC for the 2013-2014 year. This year the dues are again \$30.

Directory Due Date. The due date for inclusion in the UWC Directory is *October 15*. The Directories will be distributed at the November luncheon or mailed to those who do not attend in November. A membership form is included in this issue of *MESSAGES*. Please print the form, fill it out, and include it with your dues.

Benefits. Benefits for UWC members include: 1) a CU email account; 2) a CU guest BuffOne card, which provides library borrowing privileges and option to apply cash which can be used for copy machines and discounted meals at Center for Community and UMC cafeterias (cost \$5 per year); 3) a free library card (without a BuffOne card) for borrowing books. Please contact Kathleen Salzberg (303-499-3128; kathleen.salzberg@colorado.edu) if interested in any of these benefits.

Donations. Since 1982, the UWC has provided more than \$140,000 in scholarship to nontraditional CU-Boulder students. Your donation supports this most important project. This is a good time of year to be thinking ahead about scholarships and *including a donation for the UWC scholarship recipients* along with your dues. The names of those donating to the scholarship fund will be published in *MESSAGES* monthly as they come in. We hope to receive your renewal in the very near future and look forward to seeing you at UWC functions this year.

Beth Rauch, UWC Membership Chair 303-442-2704; etrauch@comcast.net;



Thank You to the following who donated to the UWC Scholarship Fund at last spring's Scholarship Luncheon

Jane Allen
Judith Auer
Helen Browne
Nancy Callis
Barbara Christoffersen
Marge DeFries
Mary Anna Dunn
Marion Emmanuel
Ellen Gille
Mary Greenwald
Mary Huffman

Karon Johnson
Rose Khubshandani
Jacquie Kilburn
Diana King
Ruth Kitchener
Joan Knaub
Alice Korenblat
Heidi Lynch
Susan Malitz
Martha McGavin
Judy Minger

Mollie Morton
Marilyn Peltzer
Connie Pringle
Judith Ramsay
Kathy Randall
Donna Remmert
Victoria Ruwitch
Ami Sadler
Kathleen Salzberg
Carol Saunders
June Saunders

Yael Sears
Boyce Sher
Cathy Skala
Linda Smith
Joyce Spencer
Carolyn Spicer
Vinita Sturgeon
Barbara Tamplin
Stephanie Wrotny







UWC Membership Form

UWC Membership Form

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address. MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31. Beth Rauch, Membership Chair Carol Ziegenhagen, New Member Chair 303-817-1180 303-442-2704 etrauch@comcast.net carol@cnzhomes.com ______ Name ______ Phone _____ Email address for newsletter (please print clearly) I am enclosing my annual dues of \$30. I am a returning member new member. I am enclosing an additional tax-deductible contribution for the scholarship fund. Other \$____ Make all checks payable to UWC (may combine dues and donations; please do not combine luncheons) Mail to: UWC Membership, PO Box 18844, Boulder, CO 80308-1844 PAYMENT DEADLINE OCTOBER 15, 2013 for inclusion in Membership Directory I have a friend who might like to join the UWC. Please send membership information to: _____ Phone Address _____ Email ____ **UWC Interest Groups** Bicycling-Easy Riders Current Events Movies-Sunday Afternoon Readers' Theatre 2 Eve Bicycling French Conversation Needlecraft Snowshoeing Books-Afternoon Gardening On the Road Again Spanish Beg. Converse Books-Evening Hiking Out to Lunch Spanish Conversation Bridge on Wednesdays Italian Conversation Readers' Theatre Tea and Travel Bridge on Tuesdays Music

Other interest group suggestions

2013-14 Calendar

Executive Board 2013-14

September	3	Board Meeting
September	10	MESSAGES Deadline
	10	Membership Coffee
October	1	Board Meeting
	8	Lecture Luncheon
	10	MESSAGES Deadline
	15	Membership Deadline for Name to Appear in Directory
	27	New Member Wine & Cheese
November	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon
December	3	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	MESSAGES Deadline
February	4	Board Meeting
	10	MESSAGES Deadline
	11	Lecture Luncheon
March	4	Board Meeting
	10	MESSAGES Deadline
	11	Lecture Luncheon
	16	Opera Brunch
April	1	Board Meeting
	10	MESSAGES Deadline
	15	Scholarship Luncheon
May	13	Honors Reception
	20	Tri-Board Meeting

President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
Past President	Jeannie Thompson
Advisory/ Parliamentarian	Claudine Garby
Communications	Carol Saunders
EMail	Kathleen Salzberg
Historian	TBD
Honors Reception	Karen Diamond
Hospitality	AD Chesley
Interest Groups	Rosemary Getsie
Margaret Willard Award	Jane Allen Patty Ludke
Membership	Beth Rauch
Membership New	Carol Zigenhagen
Membership Directory	Diana King
MESSAGES	Arlene Gerwin
Nominating Committee	Catherine Skala
Opera Brunch	Janet Brewer
Scholarship Committee	Pat Hagerty Kathy Randall
Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley
Treasurer Elect	Karen Diamond