

October Lecture Luncheon



Fun with Ultracold Atoms **Deborah Jin**

Tuesday, October 8, 2013; 11:30 a.m.
University Memorial Center, Room 235

NIST Fellow, Quantum Physics Division
JILA Fellow
Professor Adjoint, Physics Department,
University of Colorado, Boulder

Deborah Jin was selected as one of five regional winners of the 2013 For Women in Science Awards. The awards are presented annually by the L'Oréal Foundation and UNESCO to recognize outstanding women worldwide who significantly advance science. Jin was selected by an international jury led by Nobel Laureate Ahmed Zewail "for having been the first to cool down molecules so much that she can observe chemical reactions in slow motion which may help further understanding of molecular processes."

Professor Deborah Jin and her team invented an ingenious method of cooling molecules down to near absolute zero, the lowest possible temperature, which has the effect of slowing the molecules down. In fact, they slow down enough for researchers to actually see what goes on during chemical reactions. The study of ultracold molecules could lead to new precision-measurement tools, new methods for quantum computing and help us better understand materials that are essential to technology.

Her research focuses on ultracold trapped atoms. Her experiments use laser cooling, magnetic trapping, and evaporative cooling to reach temperatures below one microKelvin, where quantum statistics dominate the behavior of atoms.



Lecture Luncheon payment must be postmarked NO LATER than October 1. Please send payment of \$18 or questions to AD Chesley 3545 23rd Street, Boulder, CO 80304 (adiches@aol.com; 303-938-8150) Special lunches are available and must be requested in advance: gluten-free, vegetarian, or salt-free options available.

Pay your dues by October 15 to be listed in the Directory.

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President's Message
Hear from our
2013-14 President,
Mary Huffman
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Upcoming Lecture Luncheons
Take a peek at
what's around the
corner
See Page 3 for Details...

President's Message



Welcome to the 2013-2014 season of the University Women's Club. As summer begins to cool, and signs of autumn begin to arrive, we know it is time to start thinking about the upcoming activities with the UWC. Your board of Directors has already had their first meeting to begin planning the new season. We have a terrific group serving this year, and I know we are going to have a wonderful year of events for you to enjoy. I suggest our members start marking their calendars now to attend the many fine events we will have to offer.

Our annual Fall Membership Coffee will be on September 10th at the University Memorial Center in room 235. This is a free event and is a wonderful chance to meet up with past friends, or to meet new friends. It is a wonderful venue to bring in a prospective member who would like

to be introduced to our club. We will have refreshments, and will be announcing the offerings of this year's lecture luncheons, opera brunch, and interest groups. Don't forget your checkbook so that you can renew your membership and sign up for the various events that we will be sponsoring.

Be sure to see our article announcing our Lecture Luncheon Series. Music, science, nutrition, and medical issues are a few of this year's offerings. It will be an intellectually stimulating year with the many fine guest speakers that our Program Chair, Joyce Spencer, has invited to come and speak to us.

At last year's Honor's Tea, Rebecca (Becky) Roser, was the 2013 recipient of the Margaret Willard Award. Rebecca's accomplishments are to say the least, impressive and inspirational. Becky served as Director of Clinical Services, Communication Disorders and Speech Science (CDSS) at the University of Colorado, Boulder for many years. Her retirement in 1988 led her to full-time service to the University and Boulder community. Her vision, direction, and support helped create the multi-discipline ATLAS Center, which serves students and the community through innovative art, technology, and learning opportunities. Be thinking of a deserving person you know from our community that you would like to nominate for this prestigious award.

While attending last year's Scholarship Luncheon, I experienced a great feeling of pride, knowing that I was involved in an organization that helped so many deserving recipients receive the funds to continue their education. Their individual stories were inspiring and heartwarming. We must continue to remember that while we are a group of women who know how to have fun with our many activities, we are also a group of caring women who donate our time and money to help others achieve their dreams and goals. As you plan the many activities that you will be attending this year, don't forget to budget a donation for these deserving Scholarship recipients. Make sure to attend the Scholarship Luncheon to see for yourself how much good is being done for these fine students.

I look forward to being your President this year. I am looking forward to a fun year, new friends, and the continuation of the many fine traditions that the University Women's Club has to offer.

Best,
Mary Huffman
President 2013-2014



Fall Membership Coffee

Tuesday, September 10, 2013
9:30-11:30 a.m.

University Memorial Center, Room 235

You are invited to attend our annual membership coffee on Tuesday, September 10, 2013. It will be held at 9:30 a.m. in Room 235 of the University Memorial Center.

This is a great time to get reacquainted after our summer break. Our lecture luncheons will be announced, and you will have an opportunity to meet the new board, pay your membership dues, sign up for lecture luncheons, and Interest Groups. Bring a friend! If you have questions, don't hesitate to contact Joyce Spencer (jjandbobs@msn.com; 303-325-5394). No RSVP required. See you there.

Sneak Preview of Upcoming Lecture Luncheons

The price of the luncheons is \$18; reserve the whole series for \$90. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: **AD Chesley, Attention: UWC Lecture Luncheon, 3545 23rd Street, Boulder, CO 80304** (303-938-8150; adiches@aol.com). Please do not combine lecture lunch payments with dues payments.

November

Formations- Music on the Rocks

Jeffrey Nythch

Tuesday, November 12, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due November 5)



CU Entrepreneurship Center for Music
Director-Assistant Professor

Jeffrey Nythch enjoys a rich and diverse career as a composer, performer, educator and advocate. There was his study of geology, and many other interests. But throughout it all, music has been the abiding passion of his heart; in the end, it won out with his career as well.

The world premiere of his Symphony No. 1, "*Formations*" will take place with the Boulder Symphony on September 7 and 8, 2013. This symphony was commissioned by the Boulder Philharmonic and the Geological Society of America.

December

Opening Pandora's Lunchbox: How Processed Food Took Over the American Meal and What We Can Do to Take it Back

Melanie Warner

Tuesday, December 10, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due December 3)



Author

Melanie Warner is a freelance journalist who writes about the food industry. Her book on processed food, *Pandora's Lunchbox*, was published by Scribner in February 2013. She has worked as a reporter for the *New York Times*, a senior writer at *Fortune* magazine, and a blogger for CBSNews.com.

Her book (same title as the lecture) will be for sale.

Her experiments with processed food are unique.

February

Seeing is Believing: Imaging the Processes of Life

Amy Palmer

Tuesday, February 11, 2013, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due February 4)



CU Department of Chemistry and
Biochemistry-Associate Professor

Palmer leads a lab team working to develop fluorescent tools to track the location and movement of individual particles—molecules, ions, and proteins—within a cell.

The fundamental biological question stems from the desire to understand how the cells control the metals, which can reveal the origins of various diseases and conditions like prostate cancer or neurodegeneration.

Palmer works with the Colorado Initiative in Molecular Biotechnology.

March

Mild Traumatic Brain Disorder: Why Should We Care?

Mary Lou Acimovic

Tuesday, March 11, 2013, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due March 4)



Mary Lou Acimovic is an expert on Mild Traumatic Brain Injury. She is an advocate, therapist and personal trainer, helping people who experience on-going cognitive symptoms associated with MTBI.

Mary Lou has spoken regionally and nationally on topics related to mild traumatic brain injury and biofeedback.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsc@mac.com Charlotte Corbridge (303-530-0955) corbridge@colorado.edu	Sept. 24 -Hostess: Carol Saunders, 1076 Westview Dr. Boulder, 303-499-3731 Book selection: <i>Any Human Heart</i> by William Boyd Oct. 22 - <i>Digging to America</i> by Anne Tyler Both books available at Boulder Bookstore
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) lflin-sky@hotmail.com Ellen Holland (303-494-2067) wrhelh@comcast.net	Sept. 12 -Hostess: Lois Linsky, 1645 Bear Mtn Dr. Boulder, 303-499-2689 RSVP Book selection: <i>The Greater Journey: Americans in Paris</i> by David McCullough Oct. 10 - <i>In the Heart of the Sea: The Tragedy of the Whale Ship Essex</i> by Nathaniel Philbrick. Contact chairs for venue.
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Email provides time and place. If you aren't on our email list, please contact Mary. I will send out an email a couple of days before the ride with the time and meeting place.
Bicycling – Easy Riders Every Wednesday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Email provides time and place. If you aren't on our email list, please contact Mary. I will send out an email a couple of days before the ride with the time and meeting place.
Bridge Various times and days	Martha Jones (303-499-0788) mabijones@q.com Pat Phillipson (303-443-9839) phillipp@colorado.edu	Contact chairs for details.
Current Events 2:00 – 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.
French Conversation		Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Gardening Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Sept. 18 , 11:00 a.m. Program information will be sent to members via email. Contact chairs to be added to the list.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m., June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothe-gap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Sept. 9: Our next meeting is Monday, September 9 at 7:30 p.m. Hostess Nicki Haller. We especially welcome new performers. Please call chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) vross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	A friendly group that meets twice a month to work on their own needlecrafts and talk about anything. Sometimes we have craft advice for one another or share bits of yarn or knitting needles Contact chairs for details.
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com	Email provides details of planned trips. Contact the chair for more information.
Out to Lunch 12:00 pm fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Sept. 27 – 12 pm Chautauqua Dining Hall 900 Baseline Rd. Contact the chairs to RSVP and be added to the email list.
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.
Readers' Theatre 2 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Sept. 16 - <i>Present Laughter</i> by Noel Coward Oct. 7 - <i>Bad Seed</i> by Maxwell Anderson
Snowshoeing Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boulder, as weather permits. Hoping to start by December. Contact chairs to be added to the email list.
Spanish – Beginning Conversation Tuesdays Contact chair for time and place.	Kim Ezzell (303-449-4535) kimezzell@yahoo.com	Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Spanish – Conversational 3:45 p.m. Most Mondays Local restaurant	Diana King (303 530-1860) di-ana_s_king@yahoo.com	Contact Chair for next meeting time and place.
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303 530-1860) di-ana_s_king@yahoo.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September-November & February -April on the third Thursday of the month in members' homes.	Virginia Stringi (303-955-1860) vstringi@comcast.net	Contact Virginia to receive an email reminder one to two weeks before each meeting. Kathy Randall will lead the September meeting.

Spotlight on Current Events Interest Group



Do you thrive on ideas? So do the members of the Current Events interest group. We discuss topics being debated in the news around a member's dining room table.

Topics are chosen in advance by the group and may range from the September 10th recall election of two state senators for their stand on gun control, to whether every American who wants one is entitled to a job, to how the NFL screens draft picks for gang affiliation.

Everyone is encouraged to participate. All ideas are treated with respect. So bring your burning topics to the Fall Membership Coffee or email me, Barbara Turner, at golferb7@aol.com.

Come make some new friends and add your voice to the conversation. We value your participation.

Barbara Turner (303-417-9778; golferb7@aol.com), Jyotsna Raj (303-447-8831; jyotsna.raj@colorado.edu)

New Opportunities - Start an Interest Group!

Are you interested in conversing in a foreign language that isn't offered by one of our current interest groups? Do you have another interest that isn't offered? Creating a new UWC interest group takes just five participants, including a willing chair, whose duties are modest. (Having two co-chairs lessens the load further.)

We have re-established the snowshoeing (winter sports) group thanks to Carol Saunders and Mary Greenwald who have volunteered to chair the group. Let's hope for a snowier winter than last year!

At the Membership Coffee on September 10, sign-up sheets will be available for these possibilities as well as for the many established groups. Other ideas are always welcome too. Be adventurous – try something new!

Historian Scrapbook

The Historian Scrapbook for UWC 2012-2013 was printed as a bound book. It will be available for viewing at our annual Membership Coffee on September 10 and at Lecture Lunches. Additional copies may be purchased by contacting Virginia Stringi at vstringi@comcast.net.

Anyone interested in the 2013-2014 Historian Board Position should contact Mary Huffman at mary@maryhuffman.com

Opera Brunch Sneak Peek



Mark your calendars for Sunday, March 16, 2014, for our annual Opera Brunch, starting at 11:30 a.m. at the University Memorial Center, and followed by CU's Opera presentation of **Hansel and Gretel** at Macky Auditorium at 2:00 p.m.

Hansel and Gretel was composed in 1891 by Engelbert Humperdinck. The libretto, written by Humperdinck's sister, is based on the Grimm brothers' fairy tale by the same name. It is much admired for its folk-music inspired themes, one of the most famous being the "Evening Benediction."

Reservation forms will be printed in subsequent *MESSAGES* newsletters. In the meantime, if you have any questions, please contact Janet Brewer, UWC Opera Event Chair: dtbjhb@aol.com.

Membership Renewal



Dues. It's that time of year again. We hope you are all filling out a membership form and renewing your membership in UWC for the 2013-2014 year. This year the dues are again \$30.

Directory Due Date. The due date for inclusion in the UWC Directory is *October 15*. The Directories will be distributed at the November luncheon or mailed to those who do not attend in November. A membership form is included in this issue of *MESSAGES*. Please print the form, fill it out, and include it with your dues.

Benefits. Benefits for UWC members include: 1) a CU email account; 2) a CU guest BuffOne card, which provides library borrowing privileges and option to apply cash which can be used for copy machines and discounted meals at Center for Community and UMC cafeterias (cost \$5 per year); 3) a free library card (without a BuffOne card) for borrowing books. Please contact Kathleen Salzberg (303-499-3128; kathleen.salzberg@colorado.edu) if interested in any of these benefits.

Donations. Since 1982, the UWC has provided more than \$140,000 in scholarship to nontraditional CU-Boulder students. Your donation supports this most important project. This is a good time of year to be thinking ahead about scholarships and *including a donation for the UWC scholarship recipients* along with your dues. The names of those donating to the scholarship fund will be published in *MESSAGES* monthly as they come in. We hope to receive your renewal in the very near future and look forward to seeing you at UWC functions this year.

Beth Rauch, UWC Membership Chair
303-442-2704; etrauch@comcast.net;



*Thank You to the following who donated to the
UWC Scholarship Fund at last spring's Scholarship Luncheon*

Jane Allen
Judith Auer
Helen Browne
Nancy Callis
Barbara Christoffersen
Marge DeFries
Mary Anna Dunn
Marion Emmanuel
Ellen Gille
Mary Greenwald
Mary Huffman

Karon Johnson
Rose Khubshandani
Jacquie Kilburn
Diana King
Ruth Kitchener
Joan Knaub
Alice Korenblat
Heidi Lynch
Susan Malitz
Martha McGavin
Judy Minger

Mollie Morton
Marilyn Peltzer
Connie Pringle
Judith Ramsay
Kathy Randall
Donna Remmert
Victoria Ruwitch
Ami Sadler
Kathleen Salzberg
Carol Saunders
June Saunders

Yael Sears
Boyce Sher
Cathy Skala
Linda Smith
Joyce Spencer
Carolyn Spicer
Vinita Sturgeon
Barbara Tamplin
Stephanie Wrotny



UWC Membership Form

UWC Membership Form

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Beth Rauch, Membership Chair
303-442-2704

etrauch@comcast.net

Carol Ziegenhagen, New Member Chair
303-817-1180

carol@cnzhomes.com

Name _____ Phone _____

Address _____

Email address for newsletter _____
(please print clearly)

☐ I am enclosing my annual dues of \$30. I am a ☐ returning member ☐ new member.

☐ I am enclosing an additional tax-deductible contribution for the scholarship fund.

☐ \$25 ☐ \$50 ☐ \$100 ☐ Other \$ _____

Make all checks payable to UWC (may combine dues and donations; please do not combine luncheons)

Mail to: **UWC Membership, PO Box 18844, Boulder, CO 80308-1844**



PAYMENT DEADLINE OCTOBER 15, 2013 for inclusion in Membership Directory

I have a friend who might like to join the UWC. Please send membership information to:

Name _____ Phone _____

Address _____ Email _____

UWC Interest Groups

Bicycling-Easy Riders	Current Events	Movies-Sunday Afternoon	Readers' Theatre 2 Eve
Bicycling	French Conversation	Needlecraft	Snowshoeing
Books-Afternoon	Gardening	On the Road Again	Spanish Beg. Converse
Books-Evening	Hiking	Out to Lunch	Spanish Conversation
Bridge on Wednesdays	Italian Conversation	Readers' Theatre	Tea and Travel
Bridge on Tuesdays	Music		

Other interest group suggestions _____

2013-14 Calendar

September	3	Board Meeting
	10	<i>MESSAGES</i> Deadline
	10	Membership Coffee
October	1	Board Meeting
	8	Lecture Luncheon
	10	<i>MESSAGES</i> Deadline
	15	Membership Deadline for Name to Appear in Directory
	27	New Member Wine & Cheese
November	5	Board Meeting
	10	<i>MESSAGES</i> Deadline
	12	Lecture Luncheon
December	3	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	<i>MESSAGES</i> Deadline
February	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
March	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
	16	Opera Brunch
April	1	Board Meeting
	10	<i>MESSAGES</i> Deadline
	15	Scholarship Luncheon
May	13	Honors Reception
	20	Tri-Board Meeting

Executive Board 2013-14

President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
Past President	Jeannie Thompson
Advisory/ Parliamentarian	Claudine Garby
Communications	Carol Saunders
E-Mail	Kathleen Salzberg
Historian	TBD
Honors Reception	Karen Diamond
Hospitality	AD Chesley
Interest Groups	Rosemary Getsie
Margaret Willard Award	Jane Allen Patty Ludke
Membership	Beth Rauch
Membership New	Carol Zigenhagen
Membership Directory	Diana King
<i>MESSAGES</i>	Arlene Gerwin
Nominating Committee	Catherine Skala
Opera Brunch	Janet Brewer
Scholarship Committee	Pat Hagerty Kathy Randall
Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley
Treasurer Elect	Karen Diamond

October Lecture Luncheon



Fun with Ultracold Atoms **Deborah Jin**

Tuesday, October 8, 2013; 11:30 a.m.
University Memorial Center, Room 235

NIST Fellow, Quantum Physics Division
JILA Fellow
Professor Adjoint, Physics Department,
University of Colorado, Boulder

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Professor Deborah Jin and her team invented an ingenious method of cooling molecules down to near absolute zero, the lowest possible temperature, which has the effect of slowing the molecules down. In fact, they slow down enough for researchers to actually see what goes on during chemical reactions. The study of ultracold molecules could lead to new precision-measurement tools, new methods for quantum computing and help us better understand materials that are essential to technology.

Deborah Jin has just been appointed to the Secretary of Energy Advisory Board (SEAB) which reports to the U.S. Secretary of Energy. See the article at <http://www.colorado.edu/node/298331>.



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Pay your dues by October 15 to be listed in the Directory.

President's Message

Greetings to all our new and returning members. It was so good to see those of you who attended our Fall Membership Coffee at the UMC on September 10th. It was a fun event to begin our new year, and only one of the many benefits you receive from the annual dues you pay. If you were unable to attend, please make sure you send in your check for your membership, and sign up for any interest groups that you plan to attend this year.

I am looking forward to our first lecture luncheon in October featuring Deborah Jin. Deborah was recently appointed to the Secretary of Energy Advisory Board reporting to the Secretary of the U.S. Department of Energy. We are so lucky that Deborah has made time in her busy schedule to come and speak to us about Ultracold Atoms! She was the first to discover and use a process that enabled her to observe chemical reactions in slow motion that lead to further understanding of molecular processes. If you haven't made your reservation for this outstanding event, do so now. Details are in this issue of *MESSAGES*.



We had a wonderful article written about our club recently published in the online CU Boulder Today. Nicolene Durham, a CU Communications graduate student, wrote the article for the Boulder Faculty and Staff News about the UWC. If you missed it in your email, check it out! <http://www.colorado.edu/news/features/university-women%E2%80%99s-club-connecting-colorado-women-nearly-100-years>

The UWC Board of Directors is looking for a few good women! Two to be precise. Do you love to take pictures? We currently need to fill the Historian position on our Board. It is a fun position that involves a camera. Attend UWC events, take a few shots, and submit them to *MESSAGES*! At the end of the year, put together a scrapbook to be archived for our records.

We are also looking for a member to volunteer for the Nominating Chair. Chair the committee that nominates candidates for President-Elect/Program Chair, Secretary-Elect, and Treasurer-Elect. Work together with a group of five members, and help put the board together for next year. Best way to make new friends? Get involved. Email or call me for details, or volunteering.

Mary Huffman
UWC President 2013-14
marymhuffman@gmail.com

Spring Scholarship Luncheon

Our 57th Annual Spring Scholarship Luncheon will take place on April 15, 2014. Once again we will dine at Boulder Country Club. Our program includes the introduction of scholarship recipients and a fashion show by the travel store, **Changes in Latitude** located on Arapahoe. A luncheon committee is needed to work behind the scenes to make our elegant affair a success. If you are interested in becoming a member of the Annual Spring Scholarship Luncheon Committee, email Chairman Virginia Stringi, vstringi@comcast.net. There are jobs to fit the amount of volunteering you are interested in providing, small and large. An organizational meeting will be scheduled in October.



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Her experiments with processed food are unique.

Melanie's book (same title as the lecture) will be for sale.

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Seeing is Believing: Imaging the Processes of Life

Amy Palmer

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CU Department of Chemistry and Biochemistry-Associate Professor

Palmer leads a lab team working to develop fluorescent tools to track the location and movement of individual particles—molecules, ions, and proteins—within a cell.

The fundamental biological question stems from the desire to understand how the cells control the metals, which can

reveal the origins of various diseases and conditions like prostate cancer or neurodegeneration.

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Mary Lou Acimovic

Tuesday, March 11, 2013, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due March 4)



Mary Lou Acimovic is an expert on Mild Traumatic Brain Injury. She is an advocate, therapist, and personal trainer, helping people who experience on-going cognitive symptoms associated with MTBI.

Mary Lou has spoken regionally and nationally on topics related to mild traumatic brain injury and biofeedback.

Mary Lou is the author of *Mild Traumatic Brain Injury: The Guidebook*.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsc@mac.com Charlotte Corbridge (303-530-0955) corbridg@colorado.edu	Oct. 22 - <i>Digging to America</i> by Anne Tyler Hostess: Pat Thompson, 2575 Otter Ct. Lafayette, 303-926-4210 Dec. 3 - <i>Strength in What Remains</i> by Tracy Kidder Both books available at Boulder Bookstore.
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) lflin-sky@hotmail.com Helen Goldman (303-443-4953) hgoldman@colorado.edu	Oct. 10 - <i>In the Heart of the Sea: The Tragedy of the Whale Ship Essex</i> by Nathaniel Philbrick Hostess: Helen Goldman, 2275 Bluebell Ave. Boulder, 303-442-4953. Please RSVP to hostess. Nov. 14 - <i>Death Comes for the Archbishop</i> by Willa Cather. Contact Chairs for venue. Both books available at Boulder Bookstore.
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Email provides time and place. If you aren't on our email list, please contact Mary. She will send out an email a couple of days before the ride with the time and meeting place.
Bicycling – Easy Riders Every Wednesday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Email provides time and place. If you aren't on the email list, please contact Mary. She will send out an email a couple of days before the ride with the time and meeting place.
Bridge Various times and days	Martha Jones (303-499-0788) mabijones@q.com Pat Phillipson (303-443-9839) phillipp@colorado.edu	Contact chairs for details.
Current Events 2:00 – 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.
French Conversation		Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Gardening Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Oct. 16 -11:00 a.m. CU 30th Street Greenhouse, 1380 30th St. on the East Campus. Lunch will follow at Zolo Grill, 2525 Arapahoe Ave. Please RSVP to the chairs.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m. June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.

Spotlight on Spanish Conversation Interest Group



The UWC Spanish Conversation Group formed 4 years ago. We are indebted to have had fellow member, Gloria Garcia de Miller as our mentor for the first four years. She was invaluable to our group in its formation and expansion as we all began to increasingly relax and be more comfortable with easy conversations in Spanish. Over this time we have increased our membership to about 12 active members. We meet weekly for an hour at 3:45 p.m. on Monday afternoons at the Millennium Harvest House. We usually each prepare some thoughts on a weekly topic and look up a few new vocabulary words in advance of meeting. We try to avoid just reading to each other. For each of us, it has greatly increased our ability to speak more casually and readily, and our vocabulary has grown. Since

Gloria's time became less available, we recently have hired a native speaker, Alejandra who comes twice a month to help us out. To cover the costs, we each contribute \$60 a year to pay Alejandra. We welcome new members who already have some basic knowledge of Spanish and who want to practice and expand their conversational capabilities. When our group is large (10 or more), we break into two groups (Mas Ayuda—More Help, and Menos Aydua—Less Help). It has been both a learning and a friendship experience for us all. "Espero que puedes asistir a nuestro grupo. Hasta la vista."

Diana King (303-530-1860; diana_s_king@yahoo.com)



Opera Brunch Sneak Peek



Mark your calendars for Sunday, March 16, 2014, for our annual Opera Brunch, starting at 11:30 a.m. at the University Memorial Center, and followed by CU's Opera presentation of ***Hansel and Gretel*** at Macky Auditorium at 2:00 p.m.

Hansel and Gretel was composed in 1891 by Engelbert Humperdinck. The libretto, written by Humperdinck's sister, is based on the Grimm brothers' fairy tale by the same name. It is much admired for its folk-music inspired themes, one of the most famous being the "Evening Benediction."

Reservation forms will be printed in subsequent *MESSAGES* newsletters. In the meantime, if you have any questions, please contact Janet Brewer, UWC Opera Event Chair: (720-562-8254; dtbjhb@aol.com)

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothe-gap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Oct 14: Monday at 7:30 p.m. Hostess: Pat Holmberg. We especially welcome new performers. Please call chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) vross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	For location and other details, contact the chairs. Members will be emailed prior to meetings.
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com	Email provides details of planned trips. Contact the chair for more information.
Out to Lunch 12:00 p.m. fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Oct. 23- 12 p.m. Lucky Pie Pizza & Tap House, 637 Front St., Louisville Please RSVP to the chairs.
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.
Readers' Theatre 2 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Oct. 7- <i>Bad Seed</i> by Maxwell Anderson Nov. 11- <i>The Women</i> by Clare Booth Luce
Snowshoeing Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boulder, as weather permits. Hoping to start by December. Contact chairs to be added to the email list.
Spanish – Beginning Conversation Tuesdays Contact chair for time and place.	Kim Ezzell (303-449-4535) kimezzell@yahoo.com	Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Spanish – Conversational 3:45 p.m. Most Mondays Local restaurant	Diana King (303-530-1860) di-ana_s_king@yahoo.com	Contact Chair for next meeting time and place.
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303-530-1860) di-ana_s_king@yahoo.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September-November & January-March usually on the third Tuesday of the month in members' homes. In October we will meet on the third Thursday	Virginia Stringi (303-955-1860) vstringi@comcast.net Contact Virginia to receive an email reminder one to two weeks before each meeting.	Oct. 17-Thursday at 1:15 p.m. PowerPoint presentation: <i>Gross National Happiness: The Kingdom of Bhutan</i> Hostess: Judy Richtel, 790 Poplar Ave. Boulder Please RSVP to Judy, rjudy1@msn.com or 303-898-5069.

Margaret Willard Award



Margaret Willard Award 2014 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Institutions attended and degrees received (if applicable) _____

Nominee's current position (if retired, position held until retirement) _____

Please provide information outlining Nominee's service to the University and/or the Boulder community
(please use additional paper if needed) _____

Nominator/Submitted by _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Please mail nomination information to Patty Ludke, 2938 Kalmia #21, Boulder, CO 80301 by March 1, 2014, or email to pattycake.21@juno.com. If the Nominee does not receive the award in 2014, she may be considered for 2015. In this case, an updated statement about the Nominee may be requested. Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

Membership Renewal



Dues. Thanks to everyone who has renewed their UWC membership for the coming year. If you haven't already renewed, don't forget to fill out a membership form for the 2013-2014 year. This year the dues are again \$30.

Directory Due Date. The due date for inclusion in the UWC Directory is *October 15*. The Directories will be distributed at the November luncheon or mailed to those who do not attend in November. A membership form is included in this issue of *MESSAGES*. Please print the form, fill it out, and include it with your dues.

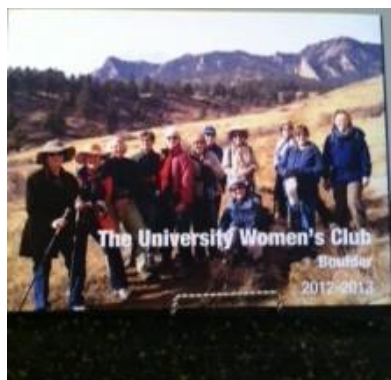
Benefits. Benefits for UWC members include: 1) a CU email account; 2) a CU guest BuffOne card, which provides library borrowing privileges and option to apply cash which can be used for copy machines and discounted meals at Center for Community and UMC cafeterias (cost \$5 per year); 3) a free library card (without a BuffOne card) for borrowing books. Please contact Kathleen Salzberg (303-499-3128; kathleen.salzberg@colorado.edu) if interested in any of these benefits.

Donations. Since 1982, the UWC has provided more than \$140,000 in scholarships to nontraditional CU-Boulder students. Your donation supports this most important project. This is a good time of year to be thinking ahead about scholarships and *including a donation for the UWC scholarship recipients* along with your dues. The names of those donating to the scholarship fund will be published in *MESSAGES* monthly as they come in. We hope to receive your renewal in the very near future and look forward to seeing you at UWC functions this year.

Beth Rauch, UWC Membership Chair
303-442-2704; etrauch@comcast.net



Historian Scrapbook — UWC 2012-2013



The Historian Scrapbook for UWC 2012-2013 was printed as a bound book. It will be available for viewing at upcoming Lecture Lunches. Additional copies may be purchased by contacting Virginia Stringi at vstringi@comcast.net.

Anyone interested in the 2013-2014 Historian Board Position should contact Mary Huffman at marymhuffman@gmail.com

UWC Membership Form

UWC Membership Form

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Beth Rauch, Membership Chair

303-442-2704

etrauch@comcast.net

Carol Ziegenhagen, New Member Chair

303-817-1180

carol@cnzhomes.com

Name _____ Phone _____

Address _____

Email address for newsletter _____

(please print clearly)

I am enclosing my annual dues of \$30. I am a returning member new member.

☐

I am

☐

enclosing an

☐

additional tax-deductible contribution

☐

for the scholarship fund.

☐

\$25

☐

\$50

☐

\$100

☐

Other \$ _____

Make all checks payable to UWC (may combine dues and donations; please do not combine luncheons)

Mail  to: **UWC Membership, PO Box 18844, Boulder, CO 80308-1844**

PAYMENT DEADLINE OCTOBER 15, 2013 for inclusion in Membership Directory

I have a friend who might like to join the UWC. Please send membership information to:

Name _____ Phone _____

Address _____ Email _____

UWC Interest Groups

Bicycling-Easy Riders

Current Events

Movies-Sunday Afternoon

Readers' Theatre 2 Eve

Bicycling

French Conversation

Needlecraft

Snowshoeing

Books-Afternoon

Gardening

On the Road Again

Spanish Beg. Converse

Books-Evening

Hiking

Out to Lunch

Spanish Conversation

Bridge on Wednesdays

Italian Conversation

Readers' Theatre

Tea and Travel

Bridge on Tuesdays

Music

Please contact Rosemary Getsie 303-998-0607 or rgetsie@comcast.net with any suggestions for additional interest groups.

2013-14 Calendar

September	3	Board Meeting
	10	<i>MESSAGES</i> Deadline
	10	Membership Coffee
October	1	Board Meeting
	8	Lecture Luncheon
	10	<i>MESSAGES</i> Deadline
	15	Membership Deadline for Name to Appear in Directory
	27	New Member Wine & Cheese
November	5	Board Meeting
	10	<i>MESSAGES</i> Deadline
	12	Lecture Luncheon
December	3	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	<i>MESSAGES</i> Deadline
February	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
March	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
	16	Opera Brunch
April	1	Board Meeting
	10	<i>MESSAGES</i> Deadline
	15	Scholarship Luncheon
May	13	Honors Reception
	20	Tri-Board Meeting

Executive Board 2013-14

President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
Past President	Jeannie Thompson
Advisory/ Parliamentarian	Claudine Garby
Communications	Carol Saunders
EMail	Kathleen Salzberg
Historian	TBD
Honors Reception	Karen Diamond
Hospitality	AD Chesley
Interest Groups	Rosemary Getsie
Margaret Willard Award	Jane Allen Patty Ludke
Membership	Beth Rauch
New Members	Carol Ziegenhagen
Membership Directory	Diana King
<i>MESSAGES</i>	Arlene Gerwin
Nominating Committee	TBD
Opera Brunch	Janet Brewer
Scholarship Committee	Pat Hagerty Kathy Randall
Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley

November Lecture Luncheon

Formations-Music on the Rocks

Jeffrey Nytch

Tuesday, November 12, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due November 5)



*Director of the CU Entrepreneurship Center for Music
Assistant Professor of Music CU Boulder*

Jeffrey Nytch was commissioned by the Boulder Philharmonic Orchestra and the Geological Society of America to compose a symphony inspired by the geology of the Rocky Mountain region. The GSA is celebrating its 125th anniversary in 2013.

The world premiere of his Symphony No. 1, **"Formations"** took place with the Boulder Symphony on September 7 and 8, 2013 and was greeted with a standing ovation.

[CLICK HERE FOR AN INTRODUCTION OF THIS WORK](#)

Jeffrey Nytch has a Bachelor's degree in Geology from Franklin and Marshall College as well as Masters and a Doctoral degree from Rice University's Shepard School of Music. Thus he was able to combine these talents plus his understanding of *entrepreneurship* to produce this symphony. The work touches on the broader theme of the role this landscape has played in our national history.



Inside this Issue

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<u>Opera Brunch</u>	6-7
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<u>Margaret Willard</u>	10-11
<u>Executive Board</u>	12



Lecture Luncheon payment must be postmarked NO LATER than November 1. Please send payment of \$18 or questions to AD Chesley 3545 23rd Street, Boulder, CO 80304 (adiches@aol.com; 303-938-8150) Special lunches are available and must be requested in advance: gluten-free, vegetarian, or salt-free options available.

President's Message

When the month of November comes up on my calendar, I always begin to think about the upcoming holidays. Plans for Thanksgiving and holiday to-do lists begin to materialize. It always seems to be a good time to reflect on past seasons. It is also a time to be thankful for the gifts of the previous year.

Many people may have to reach a little deeper to find appreciation this year because of the horrific Boulder County floods. While we all have our own stories of what those weeks were like for ourselves, families, neighbors, and friends, many folks will have a hard time giving thanks, as lives, homes, and entire towns have been changed forever.

Yet throughout the sadness and devastation, the human spirit seems to prevail. Amazing courage of individuals within our communities was shown. Neighbors helped one another. There were news stories of people and pets rescued from their flooded homes and from impassable roadways by volunteers and people serving in our military.

I believe that our spirit of people helping one another prevails even during the worst of times. I challenge everyone, as they make their plans for Thanksgiving, to reach deep down inside. See what you can do to help a fellow neighbor, friend, family member, or complete stranger who was affected by this disaster. I always like to remind our members to be generous to our scholarship fund, but I would like to add the Red Cross to the donation list this month. A lot of people are hurting from this disaster.

Getting past the floods, October was a wonderful month of beautiful leaves and changing weather. If you missed our October lecture luncheon, make sure you check out the one in November. Jeffrey Nytch will transport us all with his musical gifts. Also in October we have a wine and cheese party for all new members. If you haven't received your invite, call Carol Ziegenhagen (303-817-1180) to be added to the list.

I wish you all the best that the upcoming holiday season will bring. Don't forget, in the midst of the hustle and bustle, to do a nice thing for yourself as well. Book a lecture luncheon for November or December. Bring a few friends, relax, and enjoy the season.

Best Wishes,
Mary Huffman
UWC President





December

Opening Pandora's Lunchbox: How Processed Food Took Over the American Meal and What We Can Do to Take it Back

Melanie Warner

Tuesday, December 10, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due December 3)

Melanie Warner is a freelance journalist who writes about the food industry. Her book on processed food, *Pandora's Lunchbox*, was published by Scribner in February 2013. She has worked as a reporter for the *New York Times*, a senior writer at *Fortune* magazine, and a blogger for CBSNews.com. Melanie's book (same title as the lecture) will be for sale.

If a piece of individually wrapped cheese can retain its shape, color, and texture for years, what does it say about the food we eat and feed to our children? Per Chef and cookbook author Mark Bittman: "There are more Holy Cow! moments here than even someone who thinks he or she knows what's going on in food production could predict."



February

Seeing is Believing: Imaging the Processes of Life

Amy Palmer

Tuesday, February 11, 2013, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due February 4)

Associate Professor- CU Department of Chemistry and Biochemistry

Amy Palmer leads a lab team working to develop fluorescent tools to track the location and movement of individual particles—molecules, ions, and proteins—within a cell.

The fundamental biological question stems from the desire to understand how the cells control the metals, which can reveal the origins of various diseases and conditions like prostate cancer or neurodegeneration.



March

Mild Traumatic Brain Injury: Why Should We Care?

Mary Lou Acimovic

Tuesday, March 11, 2013, 11:30 a.m.
University Memorial Center; Room 235
(Reservations and payment due March 4)

Mary Lou Acimovic is an expert on Mild Traumatic Brain Injury. She is an advocate, therapist and personal trainer helping people who experience on-going cognitive symptoms associated with MTBI. She recently published *Mild Traumatic Brain Injury: The Guidebook*

This presentation will provide an overview of the brain, what happens when it is injured, how it recovers, and what mild traumatic brain injury teaches us about the care and handling of our own brains.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsc@mac.com Charlotte Corbridge (303-530-0955) corbridg@colorado.edu	Dec. 3- <i>Strength in What Remains</i> by Tracy Kidder. Hostess: Zetta Feder, 985 Cascade Ave. Boulder, 303-443-5554. Please RSVP to hostess Jan. 28- <i>The Heart is a Lonely Hunter</i> by Carson McCullers Books available at Boulder Bookstore.
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) lflin-sky@hotmail.com Helen Goldman (303-443-4953) hgoldman@colorado.edu	Nov. 14- <i>Death Comes for the Archbishop</i> by Willa Cather. Hostess: Caryl Kassoy, 2000 Kohler Dr. Boulder, 303-499-2689. Please RSVP to hostess Dec. 12- <i>The Great Gatsby</i> by F. Scott Fitzgerald Contact chairs for venue. Books available at Boulder Bookstore.
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
Bicycling – Easy Riders Every Wednesday morning, weather permitting	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
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Current Events 2:00 – 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.
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Gardening Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	We are hibernating for the winter. Meetings will resume in April. Please contact chairs to join the email list.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m. June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothe-gap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Nov 11: Monday at 7:30 p.m. Hostess: Judith Auer. We especially welcome new performers. Please call chairs for details.

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On the Road Again Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com	Nov. 16 at 2:00 p.m.-Red Hot Patriot (about Molly Ivins) at the Diary Center for the Arts. \$20 per ticket. After the play, dinner at a nearby restaurant. If interested, contact Karen Diamond
Out to Lunch 12:00 p.m. fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Please contact chairs for details or to be added to the email list.
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Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303-530-1860) di-ana_s_king@yahoo.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September-November & January-March usually on the third Tuesday of the month in members' homes.	Virginia Stringi (303-955-1860) vstringi@comcast.net Contact Virginia to receive an email reminder one to two weeks before each meeting.	Nov. 19-Tuesday at 1:15 p.m. Slide show presentation by Ginnie Ross: <i>The Wildlife of Kenya</i> Hostess: Mary Anna Dunn, 7290 Mount Sherman Rd, Longmont Please RSVP to Mary Anna, 303-530-0184 or dunn.maryanna@gmail.com This is a rescheduling of the September program that was postponed.

UWC Membership Coffee—September 13, 2013

The annual membership coffee, purpose of which is to introduce new members and potential members to the offerings (activities, interest groups) and board members (and any other members) of the University Women's Club, attracted approximately 80 people (including 1 husband) to the event on September 10 at the University Memorial Center.

Mary Huffman, UWC President, welcomed everyone. Information about the Opera Brunch, Margaret Willard Award, the Scholarship luncheon, and the lecture luncheons was presented. Beverages and mini-pastries and fruit were served – paid for by part of **the budget from your dues**, so nothing elaborate, just tasty.



New Membership (Carol Ziegenhagen) and Hospitality (AD Chesley) Chairs welcome new and renewing members.



Claudine Garby and Sherry Bruff look over the fruit and pastries offered.

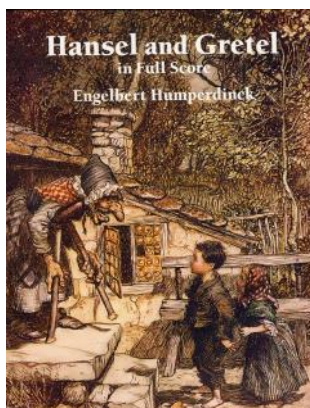


23 interest groups ready for sign-ups.



Georgianne Campbell and Ginny Ross with Needlecraft interest group.

Opera Brunch-Mark Your Calendar



Mark your calendars for Sunday, March 16, 2014, for our annual Opera Brunch, starting at 11:30 a.m. at the University Memorial Center, and followed by CU's Opera presentation of **Hansel and Gretel** at Macky Auditorium at 2:00 p.m.

See the flyer on the next page for more information.

It's an annual UWC tradition:

...brunch and lively conversation
...opera "preview" and live performance



Engelbert Humperdinck's
musical rendition of
Brothers Grimm fairy tale
Hansel and Gretel has
delighted audiences of all
ages.

*Please join us: Sunday, March 16, 2014
11:30 a.m. brunch at UMC - 2:00 p.m. opera at Macky*

UWC gets a discounted price for opera tickets. If you have already purchased opera tickets, you can still join us for brunch. You can also purchase opera tickets without attending the brunch...but we would miss you!

Reservations must be received by February 22, 2014. Please make checks payable to UWC. Mail check and form to: Janet Brewer; 4840 Thunderbird Drive Apt. 87; Boulder, CO 80303. (Janet: dtbjhb@aol.com or 720-562-8254)

Reservations may also be made in person at the February 11 Lecture Luncheon.

Name _____ email _____

Guest name _____

_____ opera tickets @ \$20 ea **PLUS** # _____ places for brunch @ \$26 ea

Total enclosed _____

Please select entrée: (fill in names if reservation is for more than one person)

_____ Salmon with orange fennel sauce (Name _____)

_____ Chicken Valencia (breast of chicken w/ sherry orange raisin sauce) (Name _____)

_____ Veg: Spanekopita (spinach-feta stuffed phyllo dough) (Name _____)

Thank you to the following who donated to the UWC Scholarship Fund

Jane Allen	Kitty Edwards	Diana King	Marian Safran
Judith Auer	Inge Peate Engdahl	Venita Kruse	June Saunders
Mary Behr	Doris Garcia	Lois Linsky	Elizabeth Schmidt
Linda Blomquist	Mary Garcia	Betty Lipstreu	Beverly Schumacher
Helen Browne	Arlene Gerwin	Joanne Little	Nancy Schwiesow
Sherry Bruff	Doris Goodrich	Ann M. Lumia	Beverly Sears
Georgianne Campbell	Gail K. Gray	Gail Lurie	Yael Sears
Barbara Christoffersen	Mary Greenwald	Heidi Lynch	Alice Seigal
Sue Collard	Jill Grubb	Jane Massie	LaDonna Shea
Jeanne W. Collins	Maryann Grundmann	Martha McGavin	Boyce Sher
Rosemary Cooke	Pat Hagerty	Helen McKeown	Ruth Smith
Charlotte M. Corbridge	Anne Hearn	Mollie Sue Morton	Joyce Spencer
Frances Dahlberg	Liz Hinebauch	Marilyn Moses	Shayna Stillman
Marge DeFries	Pat Hoadley	Rhoda Nozik	Kathryn Terrill
Sheila Delamere	Ellen Holland	Judy Owens	Bobbi Vischi
Edith Dell'Apa	Frieda Holley	Marilyn Peltzer	Jean Wainwright
Karen Diamond	Brenda Hutchinson	Kathy Randall	Maxene H. Wilson
Virginia Donegan	Karon Johnson	Beth Rauch	Nurit Wolf
Alice Doyle	Martha Jones	Judy Reid	Stephanie Wrotny
Mary Anna Dunn	Caryl F. Kassoy	Virginia Ross	Carol Ziegenhagen
Carol Dunnack	Jacquie Kilburn	Annie Russell	



Membership



THANKS

A big thank you to all the UWC members who provided their renewal of dues on time this year. The UWC board members are all volunteers and your timely renewal of dues not only makes all of our jobs easier, it also enables you to be listed in the UWC directory for the year. We hope you will make the most of your membership and enjoy the many programs and interest groups that UWC has to offer.

For anyone who has not yet renewed their membership due to the flood or for any other reason, you can still renew and be listed in a later supplement to the directory. A membership form is available for printing out at the following site for your convenience:

[UWC Membership Form](#)

Beth Rauch
Membership Chair

Welcome New Members

Barbara Wilde Colby

Joanne Little

Carol Schultz

Ingrid Fotino

Melissa Mahaney

Peggy Schwartzkopf

Carol Green

Jane Martin

Becky Seidel

Linda Groth

Jane Massie

Betty Snyder

Natalie Hedberg

Marilyn Moses

Ellen Steinfurth

Sharon Jewell

Kathleen Newton

Cynthia Stephens

Jackie Jimmerson

Margaret Perez

Suzanne Swarztrauber

Susan Jones

Susan Planck

Diane Weller

Merrie B. King

Susan Rapp

Vickie Wirthman

Beth Kroger

Rebecca Roser

Who Was Margaret Willard?

Margaret Willard began her career at CU as an English Instructor, wife of an history professor, and became the first president of the Faculty Wives' Club which has evolved into a more encompassing group, our University Women's Club. Though the original group liked to chat and sip tea, they grew in involvement in philanthropic matters. According to Sylvia Pettem, a Boulder local historian, these included providing eye-glasses and books to needy students, milk funds for schools, implementing student loans, and more.

The social aspects of their lives turned more and more to helping others as the world progressed through the Great Depression and World War II. By 1957, they added fund raising and expanded the philanthropic work by providing financial scholarships for women, non-traditional females, who would not otherwise have been able to continue their education.

We continue this tradition and recently have included men for scholarship consideration. Now UWC has grown to include interest and service groups and accept all women whether they have a CU association or not.

Since 1993, in May, at the Honors Reception, we present the Margaret Willard to a woman or women who have exemplified the traits of our predecessors, and in doing so honor all women. Past recipients have included Becky Roser, Patricia Limerick, Val Havlick, Carlen Penfold, Ruth M. Wright, Claudine Garby, and Ceal Barry. All our honorees are exemplary role models who exercise initiative in their endeavors and in doing so bring honor to all women and to our University.

Please submit a nomination (form on following page) by March 1, 2014.

Historian Scrapbook — UWC 2012-2013



The Historian Scrapbook for UWC 2012-2013 was printed as a bound book. It will be available for viewing at upcoming Lecture Lunches. Additional copies may be purchased by contacting Virginia Stringi at vstringi@comcast.net.

Anyone interested in the 2013-2014 Historian Board Position should contact Mary Huffman at marymhuffman@gmail.com.

Margaret Willard Award



Margaret Willard Award 2014 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Institutions attended and degrees received (if applicable) _____

Nominee's current position (if retired, position held until retirement) _____

Please provide information outlining Nominee's service to the University and/or the Boulder community
(please use additional paper if needed) _____

Nominator/Submitted by _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Please mail nomination information to Patty Ludke, 2938 Kalmia #21, Boulder, CO 80301 by March 1, 2014, or email to pattycake.21@juno.com. If the Nominee does not receive the award in 2014, she may be considered for 2015. In this case, an updated statement about the Nominee may be requested. Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

2013-14 Calendar

Executive Board 2013-14

September	3	Board Meeting
	10	<i>MESSAGES</i> Deadline
	10	Membership Coffee
October	1	Board Meeting
	8	Lecture Luncheon
	10	<i>MESSAGES</i> Deadline
	15	Membership Deadline for Name to Appear in Directory
	27	New Member Wine & Cheese
November	5	Board Meeting
	10	<i>MESSAGES</i> Deadline
	12	Lecture Luncheon
December	3	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	<i>MESSAGES</i> Deadline
February	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
March	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
	16	Opera Brunch
April	1	Board Meeting
	10	<i>MESSAGES</i> Deadline
	15	Scholarship Luncheon
May	13	Honors Reception
	20	Tri-Board Meeting

President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
Past President	Jeannie Thompson
Advisory/ Parliamentarian	Claudine Garby
Communications	Carol Saunders
EMail	Kathleen Salzberg
Historian	TBD
Honors Reception	Karen Diamond
Hospitality	AD Chesley
Interest Groups	Rosemary Getsie
Margaret Willard Award	Jane Allen Patty Ludke
Membership	Beth Rauch
New Members	Carol Ziegenhagen
Membership Directory	Diana King
<i>MESSAGES</i>	Arlene Gerwin
Nominating Committee	Bobbi Vischi
Opera Brunch	Janet Brewer
Scholarship Committee	Pat Hagerty Kathy Randall
Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley

December Lecture Luncheon

Opening Pandora's Lunchbox

*How Processed Food Took Over the American Meal
and
What we Can Do To Take It Back?*



Melanie Warner

Tuesday, December 10, 2013 11:30 a.m.
University Memorial Center, Room 235

*Melanie is an author.
Her book on processed food, Pandora's Lunchbox,
was published by Scribner in February 2013.*



Thanks to processed food, the human diet has changed more in the last 100 years than it has in the last 10,000. And while the enormous amounts of technology applied to our food over the last century have been a boon to manufacturing efficiency and product innovation, much of it has been **disastrous for our health**.

Melanie did many interesting experiments on processed foods, including watching chicken nuggets "melt" in her refrigerator over 2 ½ months. What is really in those "chicken" nuggets? (see below).



Melanie has worked as a reporter for the **New York Times**, a senior writer at Fortune magazine, and a blogger for CBSNews.com.

Her presentation will be enlightening and entertaining.

Inside this Issue:

President's Message	2
Lecture Luncheons	3
Interest Groups	4-5
Opera Brunch	7
Margaret Willard	10



- **Lecture Luncheon payment** must be post-marked NO LATER than December 5. Please send payment of \$18 or questions to AD Chesley 3545 23rd Street, Boulder, CO 80304 adiches@aol.com; 303-938-8150. Special lunches are available and must be requested in advance: gluten-free, vegetarian, or salt-free options.
- **Check out New Book Group** opportunity on page 9.
- **UWC Scholar is Phi Beta Kappa.** See page 8.

President's Message

Happy Holidays everyone! Thanksgiving is just around the corner. I am looking forward to friends and family gathering at my brother's home for food, football, and festivities that this tradition brings.

Thanksgiving is also the kickoff for the rest of the holiday season, no matter what you celebrate. So Happy Kwanzaa (December 26-January 1), Happy Hanukkah (November 27-December 5), Merry Christmas (December 25), Happy New Year's Eve (December 31), and let's not forget National Eat a Red Apple Day (December 1). Apologies if I have left off your favorite December Holiday.

New Year's brings new beginnings. Isn't that what most of us think about during the month of December, as the New Year begins to cast its shadow? Out with the old, and in with the new?

For the last few years I make only one resolution, and the same one every year. It's not that I don't think resolutions are a good idea, I just find that over the years, I would end up making many that I really had no intention in keeping.

For instance, for years, I have promised myself that I will clean out the house and get rid of all items that we no longer have a use for. My husband and I have often made vows to work a room at a time, or one closet per month. After all, how long can it really take? I have also vowed to take off those pesky 25 pounds from when my children were born...(20 some years ago...). Really, bigger clothes are so much easier.

The one resolution that I have made the last four years, and actually keep is this: try five new things this year that I have never done before. It can be as simple as trying a new food, or as daring as a new sport or activity. Sometimes it's a personal challenge, or a business goal. It's fun, and gives me a challenge throughout the year.

Perhaps if you are prone to making resolutions, or not, I would like to suggest that you make the resolution to try at least one new thing in 2014. Perhaps that new thing could be to get more involved in the University Women's Club! There are many opportunities that can be tailored with how much commitment you want to make. With five like-minded members, one can start a new interest group. Is there a language you would like to learn, a skill you would like to share with others? Perhaps just a join an interest group that is new to you?

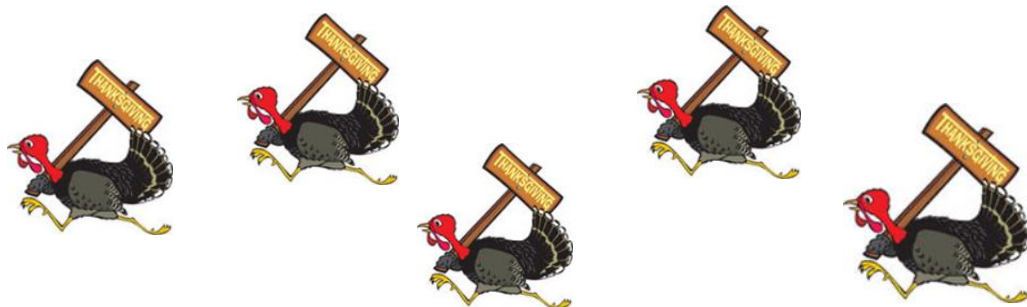
I encourage everyone to try something that they have never done before. Come to a lecture luncheon, if you never have. If you've never attended an opera, come to the opera with the UWC. If you've never come to the Honors Reception, make this year your first time. We have over 300 amazing women who are members of this club. What a fabulous opportunity to make a new friend, or stretch yourself with a new skill or experience. Scientists tell us that one of the secrets to keeping our brains healthy is to try new things.

We will soon be looking for members to serve on the board for 2014-2015. Are you good at accounting, or would you like to learn? Do you have the skills to edit the newsletter, design the website, take pictures, or do you like to organize parties and events? Step forward, and let a current board member know you have interest. In a club as varied and vast as ours, there is a place for everyone.

I send warm wishes to all of our members as we transition from 2013 into 2014. I wish you all the joys of the season, the warmth of friends and family, and a healthy and Happy New Year! I look forward to seeing you accept my challenge and experience something new in the upcoming year.

Warm Wishes,

Mary Huffman
President UWC



Lecture Luncheons - Please Join Us.....

February 2014



Seeing is Believing: Imaging the Processes of Life

Amy Palmer

Associate Professor
CU Dept. of Chemistry and Biochemistry

Tuesday, February 11, 2013 11:30 a.m.

University Memorial Center, Room 235
(Reservations and payment due February 4)

Palmer leads a lab team working to develop fluorescent tools to track the location and movement of individual particles—molecules, ions, and proteins—within a cell.

The fundamental biological question stems from the desire to understand how the cells control the metals, which can reveal the origins of various diseases and conditions like prostate cancer or neurodegeneration.

From the molecular to the cellular to the organismal level, the processes of life are intricately organized in both space and time. The development of fluorescent tools for live-cell imaging **is transforming biology** by enabling interrogation of specific proteins, molecules, and ions in cells with unprecedented spatial and temporal resolution.

Professor Palmer has been awarded a Sloan Foundation Research Fellowship (2010, Chemistry), NSF CAREER award (2010), and Ed Stiefel Young Investigator Award in Biological Inorganic Chemistry (2010), and is the Chair elect of the Cell Biology of Metals Gordon Research Conference (2015).

March 2014



Mild Traumatic Brain Disorder: Why Should You Care?

Mary Lou Acimovic

Tuesday, March 11, 2013 11:30 a.m.

University Memorial Center, Room 235
(Reservations and payment due March 4)

Mary Lou Acimovic is an expert on Mild Traumatic Brain Injury. She is an advocate, therapist and personal trainer helping people who experience on-going cognitive symptoms associated with MTBI. She recently published ***Mild Traumatic Brain Injury: The Guidebook***

This presentation will provide an overview of the brain, what happens when it is injured, how it recovers and what mild traumatic brain injury teaches us about the care and handling of our own brains.

Mild brain injury gives us a unique way of studying cognitive functions.

Knowing how the brain works helps us appreciate skills we take for granted. This information is particularly useful when we are concerned with the effects of aging and want to know how we can stay sharp.

Mary Lou is a former Director of the Brain Injury Program at Mapleton Center for Rehabilitation in Boulder, CO.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsc@mac.com Charlotte Corbridge (303-530-0955) corbridg@colorado.edu	Jan. 28: <i>The Heart is a Lonely Hunter</i> by Carson McCullers. Hostess: Lois Linsky, 1645 Bear Mountain Dr., Boulder. Please RSVP to hostess: lfinsky@hotmail.com or 303-499-2689. Feb. 25: <i>The History of Love</i> by Nicole Krauss Books available at Boulder Bookstore.
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) lfinsky@hotmail.com Helen Goldman (303-443-4953) hgoldman@colorado.edu	Dec. 12: <i>The Great Gatsby</i> by F. Scott Fitzgerald. Hostess: Judy Reid, 604 Mapleton Ave, Boulder. 303-440-9017. Please RSVP to hostess. Jan 9: <i>The Paris Wife</i> by Paula McLean Hostess: Virginia Stringi, 935 Gillaspie Drive, Boulder. 303-955-1860. Feb 13: <i>The Light Between the Oceans</i> by ML Stedman. Contact chairs for venue. Books available at Boulder Bookstore.
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
Bicycling – Easy Riders Every Wednesday morning, weather permitting	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
Bridge Various times and days	Martha Jones (303-499-0788) mabijones@q.com Pat Phillipson (303-443-9839) phillipp@colorado.edu	Contact chairs for details.
Current Events 2:00 – 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.
French Conversation		Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Gardening Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	We are hibernating for the winter. Meetings will resume in April. Please contact chairs to join the email list.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m. June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothe-gap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Nov 11: Monday at 7:30 p.m. Hostess: Judith Auer. We especially welcome new performers. Please call chairs for details.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) yross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	For location and other details, contact the chairs. Members will be emailed prior to meetings.
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com	Nov. 16: 2:00 p.m. <i>Red Hot Patriot</i> (about Molly Ivins) at the Diary Center for the Arts. \$20 per ticket. After the play, dinner at a nearby restaurant. If interested, contact Karen Diamond
Out to Lunch 12:00 p.m. fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Due to the holidays, the Out to Lunch group will not meet in Nov., but will meet at noon on Wed., Dec. 4th at Q's Restaurant, Hotel Boulderado. RSVP To Ginny at 303-635-6685. January: We will meet on the 4th Wed., Jan. 22, at noon at L'Atelier, 1739 Pearl Street, Boulder. RSVP to Ginny or Jyotsna.
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.
Readers' Theatre 2 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	December 9: <i>The Last Night of Ballyhoo</i> by Alfred Uhry January 6: <i>Living Out</i> by Lisa Loomer February 10: TBA
Snowshoeing Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boulder, as weather permits. Hoping to start by December. Contact chairs to be added to the email list.
Spanish – Beginning Conversation Tuesdays Contact chair for time and place.	Kim Ezzell (303-449-4535) kimezzell@yahoo.com	Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Spanish – Conversational 3:45 p.m. Most Mondays Local restaurant	Diana King (303-530-1860) diana_s_king@yahoo.com	Contact Chair for next meeting time and place.
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303-530-1860) diana_s_king@yahoo.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September-November & January-March usually on the third Tuesday of the month in members' homes.	Virginia Stringi (303-955-1860) vstringi@comcast.net Contact Virginia to receive an email reminder one to two weeks before each meeting.	No meeting in December. On January 21 at 1:15 p.m. we will meet in Carol Saunder's home at 1076 Westview Drive, Boulder 80303 for a presentation by Carol entitled Patagonia . RSVP to Carol at 303-499-3731 or carol.saunders@comcast.net

Welcome New Members

New Members attend the Wine and Cheese Party at Mary's

Thirty-three members of UWC (the Executive Board and new members) met to get acquainted over beverages and appetizers at the home of Mary Huffman, President, on Sunday afternoon, October 27. After informal socializing, the group gathered to listen to each new member briefly introduce herself. The board members each then gave a description of their role on the Board of Directors.

Many thanks to Mary for a delightful introduction to the University Women's Club for new members!



New UWC Members in October

Joan Beall

Nancy Filice

Pat Heller

Beth Kroger

Jane Martin

Carol Ponton

Rebecca Roser

Eileen E. Sammells

Barbara Spriggs

Peggy Schwartzkopf

Cynthia Stephens

Diane Weller

Opera Brunch - Mark Your Calendar

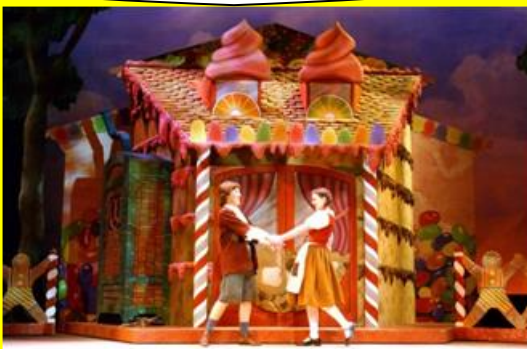


Mark your calendars for Sunday, March 16, 2014, for our annual Opera Brunch, starting at 11:30 a.m. at the University Memorial Center, and followed by CU's Opera presentation of Hansel and Gretel at Macky Auditorium 2:00 p.m.

See the flyer on the next page for more information.

It's an Annual UWC Tradition:

...brunch and lively conversation
...opera "preview" and live performance



Engelbert Humperdinck's
musical rendition of
Brothers Grimm fairy tale
Hansel and Gretel has de-
lighted audiences of all
ages.

*Please join us: Sunday, March 16, 2014
11:30 a.m. brunch at UMC - 2:00 p.m. opera at Macky*

UWC gets a discounted price for opera tickets. If you have already purchased opera tickets, you can still join us for brunch. You can also purchase opera tickets without attending the brunch...but we would miss you!

Reservations must be received by February 22, 2014. Please make checks payable to UWC.
Mail check and form to: Janet Brewer; 4840 Thunderbird Drive Apt. 87; Boulder, CO 80303.
(Janet: dtbjhb@aol.com or 720-562-8254)

Reservations may also be made in person at the February 11 Lecture Luncheon.

Name _____ email _____

Guest name _____

_____ opera tickets @ \$20 ea **PLUS** # _____ places for brunch @ \$26 ea

Total enclosed _____

Please select entrée: (fill in names if reservation is for more than one person)

_____ Salmon with orange fennel sauce (Name _____)

_____ Chicken Valencia (breast of chicken w/ sherry orange raisin sauce) (Name _____)

_____ Veg: Spanekopita (spinach-feta stuffed phyllo dough) (Name _____)

*Thank You to the Following who Donated to the
UWC Scholarship Fund in October*

Alma Alber	Joan Knapp	Pat Phillipson
Ingrid Becher	Alice Korenblat	Carol Ponton
Linda Borkowski	Beth Kroger	Judith Ramsay
Stephanie Corotis	Rhea Little	Rebecca Roser
Betty Culp	Mareike Ludkewycz	Ami Sadler
Marion Emmanuel	Susan Malitz	Gail Smith
Fran Evans	Liz Marr	Linda S. Smith
Sharon Gabriel	Ann McBryan	Carolyn Spicer
Val Havlick	Sara Michl	Clyda Stafford
Jill Hobson	Barbara R. Miller	Vinita Sturgeon
Betty Huff	Judith Minger	Patricia Thompson
Pat Irwin	Pat Moncrieff	Tamera VanSpriell
Muriel Jacobs	Karen Neff	Judy Wakeland
Shirley Jin	Linda Nordberg	Ruth Warkentin
Janet Kern	Janet Nuzum	Diane Weller
Barbara Klemme		Marilyn Whittaker

UWC Scholar is Phi Beta Kappa



Jillynne Bailey, a University Women's Club scholarship winner last spring, has been invited to join Phi Beta Kappa. Her grade point average is 3.95. Jillynne has a double major—English (Creative Writing) and Sociology.

Congratulations Jillynne!

Spotlight On.....



A New Book Discussion Group

A new book group is forming with a bit of a different spin than the two long-established groups. This Book Discussion Group will read high quality fiction – critically commended contemporary works, admired classics and personal favorites – with perhaps a smattering of literary non-fiction, with focus on discussion. The monthly meetings will be led by a facilitator rather than a reviewer – someone to keep the discussion on track, but not provide more than a small amount of

background information.

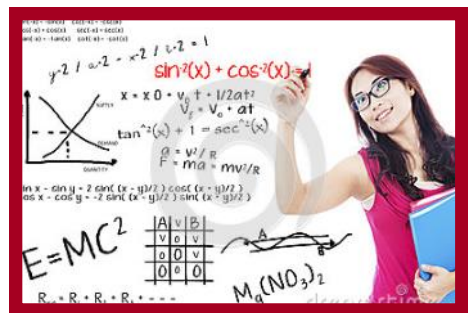
We are thinking of a group of 8 to 12 committed members (or perhaps more than one group depending on how many are interested), each of whom will participate in discussion and take turns as facilitators. Because the group will be small, we would hope for regular attendance unless travel or other commitments interfere.

If this sounds like a group you might like to join, please contact Kathy Randall (katherineran@gmail.com; (303-530-1095) with your name, contact information, preference for afternoon or evening meeting, and available days.

Volunteer Opportunity.....

Math, Science and Technology for Girls

On February 22, 2014 American Association of University Women (AAUW) will send their 19th annual math, science and technology career conference, **Expanding Your Horizons (EYH)** for 6th, 7th, and 8th grade girls, parents, teachers, and counselors. It will be held at the Engineering Center at the University of Colorado Boulder Campus. The conference features hands-on workshops in science and technology fields, ranging from Physics to Veterinary Medicine, Computer Science to Meteorology for about 300 girls from middle schools up and down the Front Range. In 2013, of the girls who reported ethnicity, 50% were from underserved populations (Latina, African American, Other). About half of the attendees receive scholarships to cover the registration fee.



AAUW is actively seeking volunteers for the 2014 workshops. If you love to inspire teen girls in science and/or technology fields, they would love to hear from you. There are many different jobs for which you can volunteer ranging from greeters, lunch preparation, and clean-up through registrars and workshop assistants.

AAUW starts gathering names now and hopes to have organized an enthusiastic group of about 60 volunteers by mid-February. If you would like further details about the volunteer opportunities, contact Kathy Randall (katherineran@gmail.com) and she will send you a document with descriptions. If you are ready to volunteer, please contact one of the AAUW Volunteer Coordinators noted below.

Meg Tierney
720-406-0158 (cell)
megtierney@comcast.net

Mary Humpke
303-447-2669
303-517-8440
maryhumke@hotmail.com

Margaret Willard Award



Margaret Willard Award 2014 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Institutions attended and degrees received (if applicable) _____

Nominee's current position (if retired, position held until retirement) _____

Please provide information outlining Nominee's service to the University and/or the Boulder community
(please use additional paper if needed) _____

Nominator/Submitted by _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Please mail nomination information to Patty Ludke, 2938 Kalmia #21, Boulder, CO 80301 by March 1, 2014, or email to pattycake.21@juno.com. If the Nominee does not receive the award in 2014, she may be considered for 2015. In this case, an updated statement about the Nominee may be requested. Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

2013-14 Calendar

Executive Board 2013-14

September	3	Board Meeting
	10	<i>MESSAGES</i> Deadline
	10	Membership Coffee
October	1	Board Meeting
	8	Lecture Luncheon
	10	<i>MESSAGES</i> Deadline
	15	Membership Deadline for Name to Appear in Directory
	27	New Member Wine & Cheese
November	5	Board Meeting
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	12	Lecture Luncheon
December	3	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	<i>MESSAGES</i> Deadline
February	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
March	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
	16	Opera Brunch
April	1	Board Meeting
	10	<i>MESSAGES</i> Deadline
	15	Scholarship Luncheon
May	13	Honors Reception
	20	Tri-Board Meeting

President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
Past President	Jeannie Thompson
Advisory/ Parliamentarian	Claudine Garby
Communications	Carol Saunders
E-Mail	Kathleen Salzberg
Historian	Kathy Terrill
Honors Reception	Karen Diamond
Hospitality	AD Chesley
Interest Groups	Rosemary Getsie
Margaret Willard Award	Jane Allen Patty Ludke
Membership	Beth Rauch
New Members	Carol Ziegenhagen
Membership Directory	Diana King
<i>MESSAGES</i>	Arlene Gerwin
Nominating Committee	Bobbi Vischi
Opera Brunch	Janet Brewer
Scholarship Committee	Pat Hagerty Kathy Randall
Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley



February Lecture Luncheon

Seeing is Believing: Imaging the Processes of Life

Amy Palmer, Associate Professor CU Dept. of Chemistry and Biochemistry

Tuesday, February 11, 2014 11:30am

University Memorial Center, Room 235

(Reservations and payment **ABSOLUTELY** due **IN HAND** February 4)



Professor Palmer has been awarded a Sloan Foundation Research Fellowship (2010, Chemistry), NSF CAREER award (2010), and Ed Stiefel Young Investigator Award in Biological Inorganic Chemistry (2010), and is the Chair elect of the Cell Biology of Metals Gordon Research Conference (2015).

Palmer leads a lab team working to develop fluorescent tools to track the location and movement of individual particles—molecules, ions, and proteins—within a cell.

The fundamental biological question stems from the desire to understand how the cells control the metals, which can reveal the origins of various diseases and conditions like prostate cancer or neurodegeneration.

From the molecular to the cellular to the organismal level, the processes of life are intricately organized in both space and time. The development of fluorescent tools for live-cell imaging **is transforming biology**.

In addition to developing methods for imaging metal ions, the research group is establishing new techniques for visualizing how bacterial pathogens infect mammalian host cells. Bacterial pathogens such as *Salmonella* have evolved a sophisticated mechanism for invading and taking over mammalian host cells.

Come learn about your body cells – and where this research will take us in the future with possible prevention/intervention of certain diseases.

Inside this Issue:

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Lecture Luncheons	4
Scholarship Luncheon	4-5
Opera Brunch	9-10
Margaret Willard	11



Lecture Luncheon payment must be in hand NO LATER than **February 4 NOON**. Your request for a luncheon spot may be denied after that date/time. We must have an **accurate count for the meals** by then.

Please send payment of \$18 or questions to AD Chesley 3545 23rd Street, Boulder, CO 80304
adiches@aol.com; 303-938-8150. Special lunches are available and must be requested in advance: gluten-free, vegetarian, or salt-free options.

President's Message

Greetings UWC members. I hope this edition of *MESSAGES* finds you all enjoying the New Year. 2013 was certainly a year of highs and lows for many of us. I for one, am happy to say goodbye to the memories of the floods that ravaged much of Boulder County and hope that those of you who were affected are well on your way to recovery. I am hoping that 2014 brings better weather, and recovery, especially in our mountain communities. While the University Women's Club enjoys taking the month of January off in regards to lecture luncheons and many of our usual activities, your Board of Directors is working hard to bring you a great 2014! I would like to share with you what we are currently working on.

Our nominating committee has been hard at work recruiting for the 2014-2015 board. They have announced the following nominees for the corresponding positions:

Diana King— President Elect
Carol Dunnack—Secretary-Elect

Arlene Gerwin—Treasurer-Elect
Virginia Stringi—Secretary

The UWC Board has voted on these nominees and accepted them. You all should have already received an email announcing these nominees. While these are suggestions from the nominating committee, we welcome any nomination from the general membership. If you have a person you would like to nominate, please contact me. We will be voting at the March 11 lecture luncheon. We also have many other board positions that need to be filled next year, along with a number of positions open on the various committees. Take a look at the list of positions on the following page. If you would like to get involved with the board or a corresponding committee, we would love to hear from you. Please contact me or Joyce Spencer for more information.

We also have a focus group meeting to discuss the direction of our lecture luncheons. As you may or may not know, the lecture luncheons are an activity that must break even. For the last few years, rising luncheon costs have had us cutting corners on our menus and our location to keep within our budget. Spice of Life is actually more expensive than the UMC, which is why we haven't hosted our luncheons there the last two years. There are some different ideas being discussed. We could cut the luncheon selections or raise admission to cover costs. What are your thoughts? Please email me and let me know. I would love to hear from you. (Please put UWC Lecture Luncheon in your Subject Heading. I get a lot of emails. I don't want to delete or miss yours!)

Don't miss our activities coming up in 2014. Our Program Chair has two lecture luncheons to look forward to (at a low, low, price of \$18.00!). Don't miss February 11 when Amy Palmer speaks on *Seeing is Believing: Imaging the Processes of Life*. This will be at the UMC. Please send your checks in by February 4!

March allows us to attend the opera at Macky Auditorium on March 16. Prior to the opera, we enjoy a brunch at the University Memorial Center with guest speaker Nicholas Carthy the Maestro. He explains the plot of the opera and provides insights into the performance. This year's opera is *Hansel and Gretel* by Engelbert Humperdinck. Hansel and Gretel is based on the famous Grimm Fairy Tale. Don't speak German? Don't worry! Although sung in German, it has English subtitles. Call or email Janet Brewer for more information. (See page 10 for reservations.)

The Scholarship Luncheon Committee is busy planning our upcoming scholarship luncheon. The Spring Scholarship Luncheon follows tradition and takes place at the Boulder Country Club on April 15, 2014. This year's theme is "Hitch a Ride on a Butterfly." Changes in Latitude will present a fashion show with UWC members as models. We will fly like a butterfly around the world through fashion. Scholarship winners will be introduced and honored. Paul Erlich said the fluttering of a butterfly's wings can effect climate changes on the other side of the planet. By attending the luncheon and contributing to the scholarship fund, you are changing the lives of our 2014 scholarship winners. Please attend, contribute, and hitch a ride on a butterfly. (See page 5 for reservations.)

Please mark your calendars for our Honors Reception May 13. How many times do you have the opportunity to sip a glass of wine or tea in the gardens of the Koenig Alumni Center? If you have never attended this event, please come and see the home that was built in 1884 to house the University President. This is a fun event that honors the past and the present of the University Women's Club. The event honors not only recipients of the Margaret Willard Award but also celebrates handing over the responsibilities of this year's board to next year's board. It is our last gathering as a club for the year. Don't miss this UWC tradition and the chance to say goodbye until next Fall.

I look forward to seeing you all at these upcoming events and encourage you to consider volunteering with the University Women's Club for the upcoming 2014-2015 season.

Best Wishes,
Mary Huffman
UWC President



UWC Board Positions

Position	Brief description
President	An elected position. Organizes meetings of the UWC Board and oversees running of the club.
President-Elect	An elected position. Functions as Program Chair and prepares to become President for the following year.
Secretary	Takes minutes of the UWC Board meetings; usually a position following elected Secretary-Elect.
Secretary-Elect	An elected position. Prepares to be Secretary for the following year.
Treasurer	Uses Quicken software to track income/expenses and prepares a budget and other financial information.
Treasurer-Elect	Learns the job of Treasurer.
Program Chair	Selects speakers and arranges catering for five Lecture Luncheons and the Fall Membership Event.
Advisory Planning/ Parliamentarian	Understands and advises on the UWC constitution and Robert's Rules of Orders for conducting meetings.
Communications	Sends notes to those members (or their loved ones) who are seriously ill and to families of those who have died. Writes notes of Thanks to those who have contributed \$50 or more over the year to the UWC Scholarships.
Email	Sends emails to members under requested circumstances.
Historian	Keeps a photographic records of events, Interest Groups, and other activities, and produces an album (hardcopy or digital) of the year's activities.
Honors Reception	Plans for Spring reception for the Margaret Willard Awardee and our honoring of new officers and the President's award.
Hospitality	Prepares a list of attendees and name tags for luncheons. Records payments received and sends them to the Treasurer.
Interest Groups	Coordinates Interest Groups and communicates with chairs of groups. Encourages formation of new groups.
Membership	Keeps Excel records of membership, including detailed information on the date of joining, contact information, and data changes. Passes information on to Board members as needed.
New Members	Keeps a record of who are the "new members" and plans the New Member wine and cheese party in the Fall. Any welcoming of these New Members is included in the job.
Membership Hand- book and Directory	Produces a Directory (hardcopy and digital) of all members who have joined by a given date in October. The included Membership Handbook provides information about UWC and its activities. Solicits and includes advertising in the Directory/Handbook.
<i>MESSAGES Newsletter</i>	Compiles the newsletter for each month (January and summer months excepted), using input from all officers, due by the 10th of the month prior to month of publication. Sends to Website chair for email distribution.
Website	Maintains UWC website and distributes <i>MESSAGES</i> to membership via email.
Nominating Committee	Heads the committee of three to five members to select candidates for nomination to Board positions of President-Elect, Secretary-Elect, and Treasurer-Elect for the following year's Board.
Opera Brunch	Selects the CU Opera performance for members to attend as a group. Arranges for venue and brunch preceding the opera, and tries to find a speaker for the brunch.
Scholarship Committee	Heads committee to select the student applicants most worthy of our UWC scholarships.
Scholarship Luncheon	Chairs the committee of our April Scholarship Luncheon, hosting our scholarship winners. Arranges for a venue, menu, and program.
Telephone Tree	Telephones non-email/internet members with regard to paying dues, upcoming events, and any special other news.
Margaret Willard Award	Heads committee to select the Margaret Willard Award recipient.
Past President	Remains on the Board for a year after being President. May have other responsibilities.

Lecture Luncheon- Please Join Us on March 11

Mild Traumatic Brain Disorder: Why Should You Care?

Mary Lou Acimovic

Tuesday, March 11, 2014 11:30 a.m.

University Memorial Center, Room 235
(Reservations and payment due March 4)



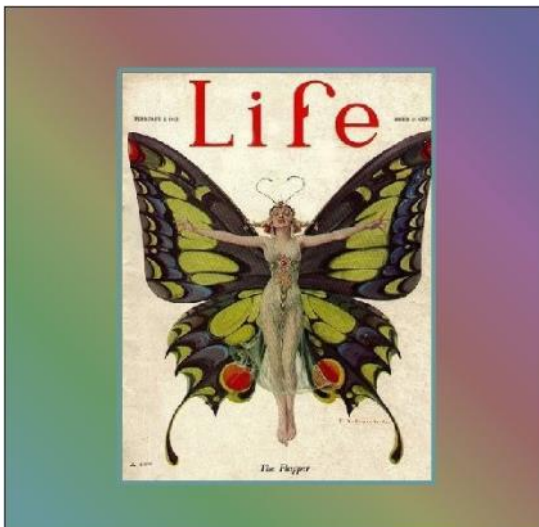
Mary Lou Acimovic is an expert on Mild Traumatic Brain Injury. She is an advocate, therapist and personal trainer helping people who experience on-going cognitive symptoms associated with MTBI. She recently published ***Mild Traumatic Brain Injury: The Guidebook***

This presentation will provide an overview of the brain, what happens when it is injured, how it recovers and what mild traumatic brain injury teaches us about the care and handling of our own brains.

Mild brain injury gives us a unique way of studying cognitive functions.

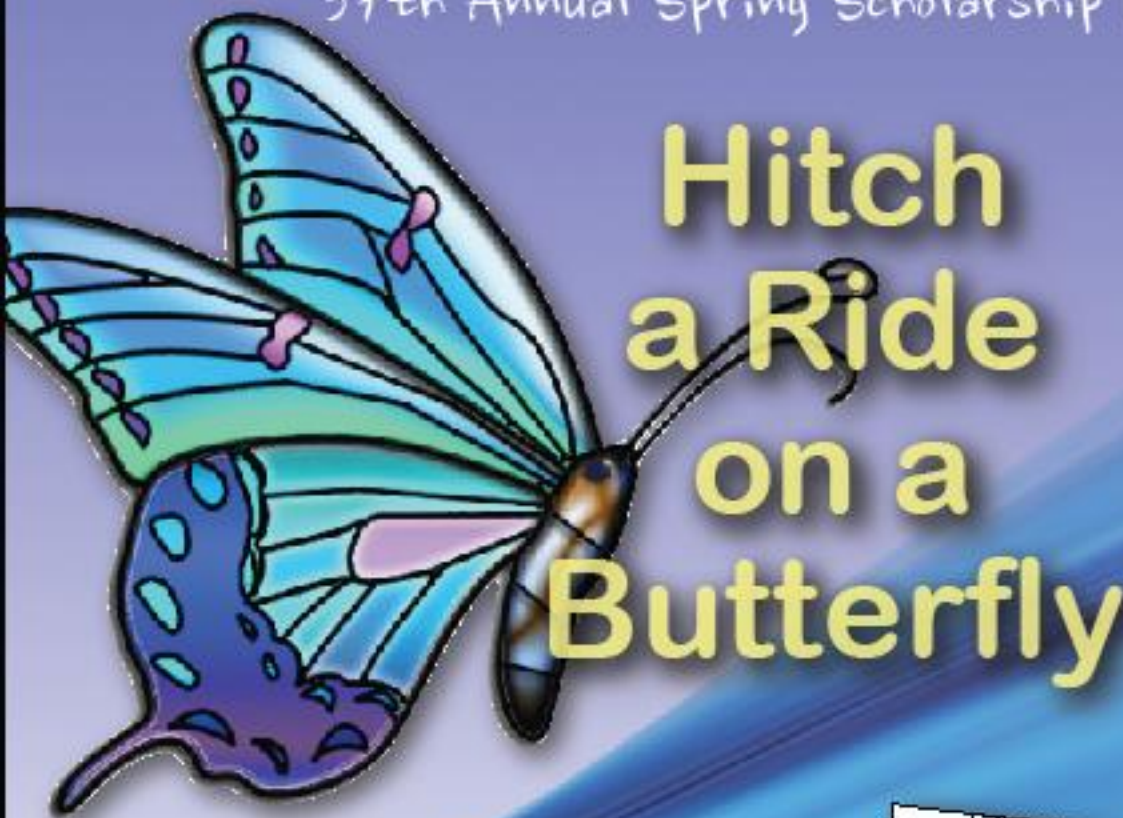
Mary Lou is a former Director of the Brain Injury Program at Mapleton Center for Rehabilitation in Boulder, CO.

Spring Scholarship Luncheon- April 15



In chaos theory, the **butterfly effect** is the "sensitive dependency on initial conditions in which a small change at one place in a deterministic nonlinear system can result in large differences in a later state." Won't you "**Hitch a Ride on a Butterfly**" by contributing to our University Women's Club scholarship fund and make small changes for our scholarship award winners, possibly making large differences in their later lives. Fill out the flyer for the **57th Annual Spring Scholarship Luncheon** on April 15, 2014 and join other UWC members for an entertaining fashion show by Changes in Latitude Travel Store at Boulder Country Club, eat a delicious lunch, and honor our scholarship winners. We always have a fabulous time and part of your check is a tax-deductible donation to the UWC scholarship fund. Don't miss it!!!

The university women's club presents the
57th Annual Spring Scholarship Luncheon



Hitch a Ride on a Butterfly

2014 Scholarship
Recipients

Fashion Show by
Changes in Latitude

Boulder Country Club
7350 Clubhouse Road
Tuesday, April 15, 2014
11:00 a.m. – 2:00 p.m.



Checks payable to UWC. Please observe the RSVP deadline of Tuesday, April 8, 2014 (reservations necessary).
Mail to: UWC c/o Virginia Stringi, 935 Gillaspie Drive, Boulder, CO 80305; 303-955-1860; vstringi@comcast.net

The first 10 reservations will receive a prize at the luncheon!

Name _____ Phone _____

Email _____ Guest Name(s) _____

_____ luncheons @ \$40 = _____ (Includes a tax deductible donation of \$10 to the UWC scholarship fund)

Additional Donation _____

Total Enclosed _____

Please select your entree: (Fill in names if reservation is for more than one person)

_____ Chicken Breast (Name _____)

_____ Vegetable Entree (Name _____)

_____ Dietary restrictions (Identify _____)

(Name _____)



<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsc@mac.com Charlotte Corbridge (303-530-0955) corbridg@colorado.edu	Feb. 25: <i>The History of Love</i> by Nicole Krauss. <i>Hostess:</i> Ruth Shanberge, 970 Aurora Ave., Boulder. 720-565-2579. Please RSVP to hostess Mar. 25- <i>The Paris Wife</i> by Paula McClain. Books available at Boulder Bookstore.
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) lflinsky@hotmail.com Helen Goldman (303-443-4953) hgoldman@colorado.edu	Feb 13: <i>The Light Between the Oceans</i> by ML Stedman. <i>Hostess:</i> Kathy Randall, 4620 Chestnut Lane, Boulder. 303-530-1095 Please RSVP to hostess Mar. 13: <i>The Woman Behind the New Deal</i> by Kirsten Downey Books available at Boulder Bookstore.
Small Book Group (BG3)	Kathy Randall (303-530-1095) katherineran@gmail.com	Group is at capacity. Contact Kathy Randall to be put on a waiting list for a second small group (BG4)
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
Bicycling – Easy Riders Every Wednesday morning, weather permitting	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
Bridge Various times and days	Martha Jones (303-499-0788) mabijones@q.com Pat Phillipson (303-443-9839) phillipp@colorado.edu	Contact chairs for details.
Current Events 2:00 – 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.
French Conversation		Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Gardening Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	We are hibernating for the winter. Meetings will resume in April. Please contact chairs to join the email list.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m. June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothe-gap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Feb 10–10 am: Home of Jane Byers We especially welcome new performers. Please call chairs for details.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) vgross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	For location and other details, contact the chairs. Members will be emailed prior to meetings.
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com	Contact the chair for the next planned event.
Out to Lunch 12:00 p.m. fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) ijyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Feb. 26-12 noon: Volta Mediterranean Restaurant, 2480 Canyon Blvd. Boulder Please RSVP to the chairs.
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.
Readers' Theatre 2 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Feb. 10-August: <i>Osage County</i> by Tracy Letts March 3- <i>Eastern Standard</i> by Richard Greenberg
Snowshoeing Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boulder, as weather permits. Contact chairs to be added to the email list.
Spanish – Beginning Conversation Tuesdays Contact chair for time and place.	Kim Ezzell (303-449-4535) kimezzell@yahoo.com	Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Spanish – Conversational 3:45 p.m. Most Mondays Local restaurant	Diana King (303-530-1860) diana_s_king@yahoo.com	Contact Chair for next meeting time and place.
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303-530-1860) diana_s_king@yahoo.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September-November & January-March usually on the third Tuesday of the month in members' homes.	Virginia Stringi (303-955-1860) vstringi@comcast.net Contact Virginia to receive an email reminder one to two weeks before each meeting.	February 18 at 1:15pm Presentation by Alice Doyle: <i>Colombia, South America</i> at Alice's home, 777 Gapter Rd. Boulder. Please RSVP to Alice, 303-499-9792 or joehdoyle@aol.com

Membership Reminder

When mailing in UWC dues at any time of year, please remember to mail to the following address:

UWC MEMBERSHIP
P.O. Box 18844
Boulder, CO 80308-1844

Please do not mail your dues to any other person or address. Please do not mail dues to "Treasurer" or to the home address of any board member. Doing so may delay the recording of your dues, the depositing of your check, and your inclusion in Directory, *MESSAGES*, and email notifications. Thanks for your attention to this important detail.

Welcome New UWC Members

Penny Anderson

Cece Cotton

Natalie Hedberg

Elizabeth Jenny

Merrie B. King

Melissa Mahaney

Irin A. Poellot

Thank You to the Following who Donated to the UWC Scholarship Fund

Christy Baggett

Merry Bullock

Jane Byers

Beryl Clark

Shirley Deeter

Carol Dozier

Anitta Frant

Claudine Garby

Catherine Harada

Natalie Hedberg

Lynn Jespersen

Susannah Jordan

Charee MacDonald



UWC Nominees for 2013-2014

Vote at the March Lecture Luncheon

We are delighted to announce the slate of candidates for 2014-2015. The Nominating Committee, comprised of Bobbi Vischi, Rosemary Getsie and Carol Dunnack, is confident that the UWC members will share our enthusiasm for these talented women as our future leaders.

The Nominees are:

Diana King—President-Elect

Carol Dunnack—Secretary-Elect

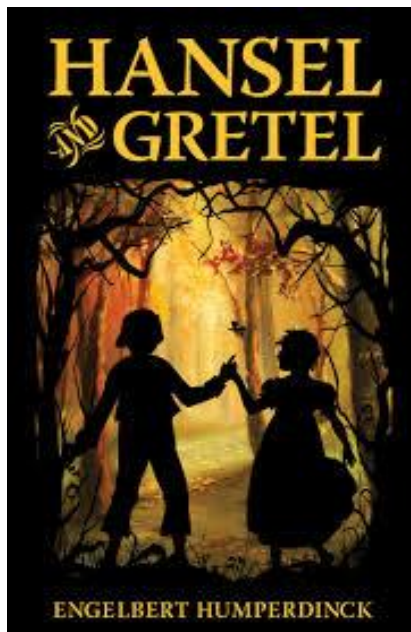
Arlene Gerwin—Treasurer-Elect

Virginia Stringi—Secretary



All UWC members will have an opportunity to vote for these three positions at the March 11 Lecture Luncheon. Additional nominations may be made by contacting Rosemary Getsie, Bobbi Vischi, and/or Carol Dunnack. The Nominating Committee will also accept nominees from the floor on March 11.

Opera Brunch - Reservation Deadline February 22

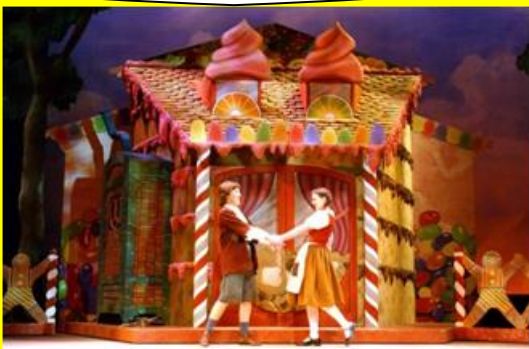


Mark your calendars for Sunday, March 16, 2014, for our annual Opera Brunch, starting at 11:30 a.m. at the University Memorial Center, and followed by CU's Opera presentation of ***Hansel and Gretel*** at Macky Auditorium 2:00 p.m.

It is time to take action and make your reservations for this event. The deadline falls early (February 22, 2014). The process for reserving is explained on the reservations form included in **MESSAGES**

It's an Annual UWC Tradition:

...brunch and lively conversation
...opera "preview" and live performance



Engelbert Humperdinck's musical rendition of Brothers Grimm fairy tale *Hansel and Gretel* has delighted audiences of all ages.

*Please join us: Sunday, March 16, 2014
11:30 a.m. brunch at UMC - 2:00 p.m. opera at Macky*

UWC gets a discounted price for opera tickets. If you have already purchased opera tickets, you can still join us for brunch. You can also purchase opera tickets without attending the brunch...but we would miss you!

Reservations must be received by February 22, 2014. Please make checks payable to UWC. Mail check and form to: Janet Brewer; 4840 Thunderbird Drive Apt. 87; Boulder, CO 80303. (Janet: dtbjhb@aol.com or 720-562-8254)

Reservations may also be made in person at the February 11 Lecture Luncheon.

Name _____ email _____

Guest name _____

_____ opera tickets @ \$20 ea **PLUS** # _____ places for brunch @ \$26 ea

Total enclosed _____

Please select entrée: (fill in names if reservation is for more than one person)

_____ Salmon with orange fennel sauce (Name _____)

_____ Chicken Valencia (breast of chicken w/ sherry orange raisin sauce) (Name _____)

_____ Veg: Spanekopita (spinach-feta stuffed phyllo dough) (Name _____)

Margaret Willard Award



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- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Institutions attended and degrees received (if applicable) _____

Nominee's current position (if retired, position held until retirement) _____

Please provide information outlining Nominee's service to the University and/or the Boulder community
(please use additional paper if needed) _____

Nominator/Submitted by _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Please mail nomination information to Patty Ludke, 2938 Kalmia #21, Boulder, CO 80301 by March 1, 2014, or email to patty cake.21@juno.com. If the Nominee does not receive the award in 2014, she may be considered for 2015. In this case, an updated statement about the Nominee may be requested. Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

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	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	<i>MESSAGES</i> Deadline
February	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
March	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
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President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
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Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley



March Lecture Luncheon

Mild Traumatic Brain Disorder: Why Should You Care

Mary Lou Acimovic

Tuesday, March 11, 2014 11:30 am

University Memorial Center, Room 235
(Reservations and payment **ABSOLUTELY** due **IN HAND** March 4)



Mary Lou Acimovic is an expert on Mild Traumatic Brain Injury. She is an advocate, therapist, and personal trainer helping people who experience on-going cognitive symptoms associated with MTBI. She recently published ***Mild Traumatic Brain Injury: The Guidebook***

Mary Lou is a former Director of the Brain Injury Program at Mapleton Center for Rehabilitation in Boulder, Colorado, with almost 40 years of clinical experience in cognitive rehabilitation and speech pathology.

This presentation will provide an overview of the brain, what happens when it is injured, how it recovers and what mild traumatic brain injury teaches us about the care and handling of our own brains. Mild brain injury gives us a unique way of studying cognitive functions.

Knowing how the brain works helps us appreciate skills we take for granted. This information is particularly useful when we are concerned with the effects of aging and want to know how we can stay sharp.

Mary Lou will have her book for sale after the luncheon. Please bring a check (or extra cash) if you plan to purchase a copy for \$20.

Inside this Issue:

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By-law Change	3
Scholarship Luncheon	4-5
Opera Brunch	9-10
Margaret Willard	11



Lecture Luncheon payment must be in hand NO LATER than **March 4 NOON**. Your request for a luncheon spot may be denied after that date/time. We must have an **accurate count for the meals** by then.

Please send payment of \$18 or questions to AD Chesley, 3545 23rd Street, Boulder, CO 80304; adiches@aol.com; 303-938-8150. Special lunches are available and must be requested in advance: gluten-free, vegetarian, or salt-free options.

President's Message

Greetings UWC members. March is such a wonderful time in Colorado. The weather can be Spring or Winter, sometimes changing in a matter of hours. Try to enjoy the seasons, no matter how quickly they come in and out. After living for eight years in Hawaii, where the weather seldom changes, I am extremely grateful for the changing seasons in Colorado.

We seem to hear a lot about gratitude these days. It seems that many books, magazines, talk shows, and inspirational speakers have themes pertaining to the power of gratitude. As I ponder this subject, I find I have a lot of gratitude in many areas of my life, particularly with the University Women's Club.



My old school dictionary (which throws my kids into hysterics whenever I pull it off the shelf) says, "Gratitude is a feeling of appreciation or thanks." The University Women's Club allows me to experience gratitude and appreciation. I am extremely grateful for my executive board this year. I have the inspiring opportunity every month to watch this amazing group of women come together to share their ideas and use their skills to creatively shape the present and future of this club. Their ability to work together to find solutions for the problems we encounter is truly a wonderful thing to watch.

I am also thankful for all of the wonderful friendships that I have made while a member of the UWC. The women I have met have wonderful stories to tell of their past and present lives. I feel privileged for the time I get to spend with you.

I also am thankful for the people who touch our lives as a club. Our Lecture Luncheon speakers who freely give of their time and are happy to share their knowledge with us. I am thankful for the people who make our activities happen. Roxane Sue Ruggles and her staff at the University Memorial Center have worked for years to make our Fall Coffee and Lecture Luncheons memorable events. I have had the privilege to see behind the scenes how hard they work, even in the face of adversity! There's never a problem that can't be solved. I am thankful for their persistent smiles and can-do attitudes.

While there are many people for whom I am grateful in regards to the UWC, let's not forget the people who are grateful for us. I am referring to our Scholarship winners. If you were not able to come to the February Lecture Luncheon, I would like to share a short video from Grazina Dagyte, who received a University Women's Club scholarship. <http://youtu.be/jkYEWaiDJfM> (If this link does not work, just copy and paste it into your browser.) Grazina's message of gratitude is truly inspirational. It makes me proud to be a member of an organization that has the power to change lives.

Take some time to decide what brings you gratitude. Our Scholarship luncheon is coming up in April. Don't miss the opportunity to donate generously and enjoy the feeling of being the source of someone's gratitude and thankfulness.

Best,
Mary Huffman
UWC President

UWC Electronic Membership Directory-By-Law Change

The UWC Board recommends that the membership consider approval of a revision to our By-Laws to permit us to offer an electronic membership directory starting next year. This directory would be delivered by email only to members whose dues are currently paid. It would not be publicly available on our website. Current By-Laws permit only paper copies.

By Law Article VI. Section 2 currently reads: "Only names of members whose dues have been received and recorded before the announced deadline date will be included in the annual UWC directory."

By Law Article VI. Section 3 currently reads: "The annual UWC directory will be distributed in a paper edition by early November of the current program year to paid members. Portions of the electronic version of the directory may be distributed only to specific board members and only if it is necessary to facilitate completion of their responsibilities."

The Board recommends that the underlined sections above be deleted. The new Article VI Sections 2 and 3 would read:

Section 2 (proposed revision): "Only names of members whose dues have been received and recorded will be included in the annual UWC directory."

Section 3 (proposed revision): "The annual UWC directory will be distributed by early November of the current program year to paid members."

Discussion points: Changing to electronic distribution will allow monthly or quarterly updates throughout the year and will save the club over \$800 annual publishing and postage costs. Savings can be directed to scholarships or other worthwhile activities. Paper copies of the directory can still be made available upon request to those unable to receive electronic copies. The Board takes seriously its charge to protect the privacy of the membership directory information and will direct its membership accordingly. Many organizations have successfully moved to electronic directories that can be readily accessed and updated. The Board believes this is a positive step for our club.

Vote: A two-thirds vote of approval by the general membership at the March 11 Lecture Luncheon will be required to pass these By-Law revisions. For further discussion or information contact Membership Directory Chair, Diana King, or mail your comments to her by March 6 (7232 Old Post Rd., Boulder CO 80301, Phone: 303-530-1860 Email: diana_s_king@yahoo.com).

Pilot: To allow enough time for comment, we would like to amend the By-Laws now, but consider an initial pilot to test the process and allow members to comment on the process. If you have comments to input into the process for the Board to consider, please email them to Mary Huffman (marymhuffman@gmail.com) or mail a copy to Diana King (address above). NOTE: For emails please make the subject "UWC Electronic Directory".

Spring Scholarship Luncheon- April 15



Hitch A Ride on a Butterfly is this year's **Scholarship Luncheon** theme. We will be flying all over the world during our travelogue fashion show highlighting Changes in Latitude Travel Store, an adventure travel store with a full line of luggage, travel gear, travel accessories, travel clothing, maps, guidebooks, and more. University Women's Club models will dress and carry travel accessories with a monologue given about places visited. Our luncheon will take place on April 15, 2014, from 11:00 a.m. to 2:00 p.m., at Boulder Country Club. We will once again hear from our scholarship recipients, always a moving experience. Thanks to all of you who have already registered. I'm blown away by your generosity in giving additionally to our Scholarship Fund. **Thank you!**

Please fill out a flier on the next page and mail your reservation to Scholarship Chair Virginia Stringer to attend this exceptional event.

Celebration of Scholarship Luncheon

On January 26, CU hosted their inaugural "Celebration of Scholarship Luncheon" at Kittredge Central. This was a delightful event which gave scholarship donors a chance to meet and talk to their scholarship winners and gave scholars a chance to meet and thank their donors. As Scholarship Committee Co-Chair, Kathy Randall attended the luncheon and was privileged to converse with three of our four last year's scholarship winners as well as other students. The program started with a performance by Mile 21, CU's premier co-ed a cappella group. Later, two scholars spoke about how important the scholarship they received was to them, and how it enhanced their college experiences and their futures. Fredy Albarran, Jillynne Jensen, and Layne Hubbard all sought out Kathy to express their heartfelt appreciation for the generous assistance provided by the University Women's Club scholarship.

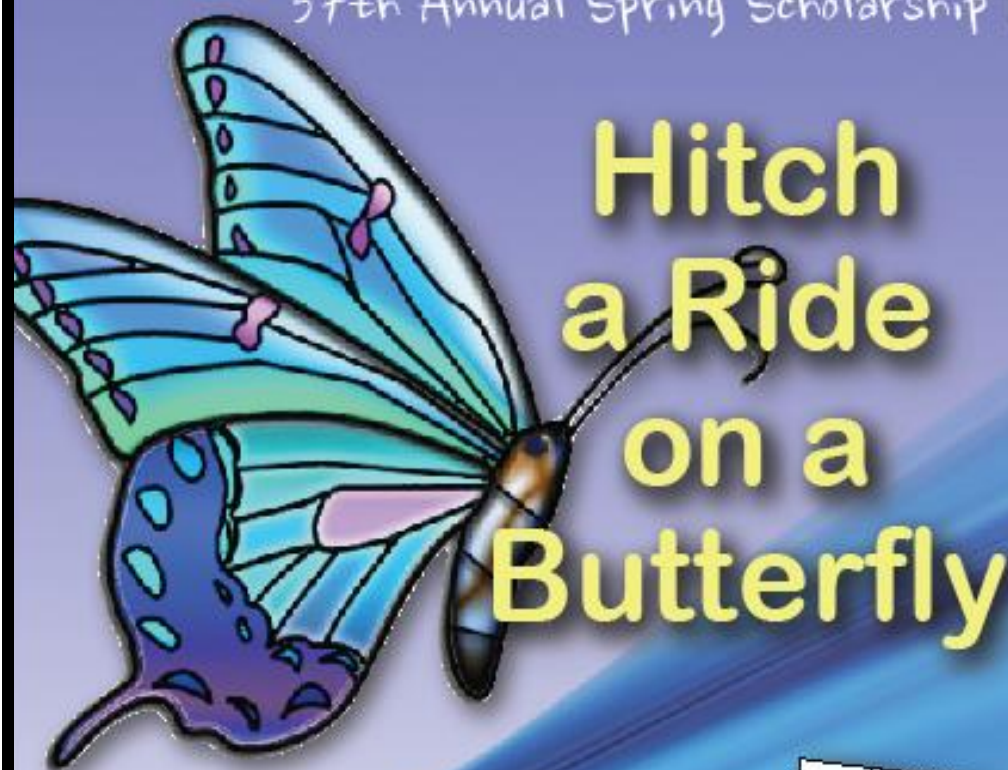
Jillynne will graduate this year. She is exploring employment possibilities with hopes of being able to assist low income individuals, particularly women and juveniles, to pursue opportunities for advancement. In addition, she is working on her honors thesis, a novel, for her English/Creative Writing degree, which she hopes to publish upon graduation.

Layne was successful in her proposal, with faculty, to the Board of Regents to name Neuroscience as an official degree. She is already in discussion with possible future employers, taking advantage of her dual major of Neuroscience and Computer Science, and with CU about continuing her education in the PhD program in Computer Science.

Fredy presented Kathy with a sunflower, an expression of appreciation. He works part time for CU Facilities Management in their CAD-Department and will graduate this May with a major in Environmental Design. He plans to work in his field of architecture for a year and to volunteer with Habitat for Humanity or a similar non-profit before attending graduate school.

Meeting and talking to our scholarship winners brings home the importance of the contributions we make to our scholarship fund and to the lives of these highly motivated and conscientious mature students. Scholarship donations are accepted by UWC at any time during the year. Please consider sending a little extra next time you get your checkbook out. Send donations to Connie Pringle, Treasurer, PO Box 18844, Boulder, CO 80308-1844.

The university women's club presents the
57th Annual Spring Scholarship Luncheon



Hitch a Ride on a Butterfly

2014 Scholarship
Recipients

Fashion Show by
Changes in Latitude

Boulder Country Club
7350 Clubhouse Road
Tuesday, April 15, 2014
11:00 a.m. – 2:00 p.m.



Checks payable to UWC. Please observe the RSVP deadline of Tuesday, April 8, 2014 (reservations necessary).
Mail to: UWC c/o Virginia Stringi, 935 Gillaspie Drive, Boulder, CO 80305; 303-955-1860; vstringi@comcast.net
The first 10 reservations will receive a prize at the luncheon!

Name _____ Phone _____

Email _____ Guest Name(s) _____

_____ luncheons @ \$40 = _____ (Includes a tax deductible donation of \$10 to the UWC scholarship fund)

Additional Donation _____

Total Enclosed _____

Please select your entree: (Fill in names if reservation is for more than one person)

_____ Chicken Breast (Name _____)

_____ Vegetable Entree (Name _____)

_____ Dietary restrictions (Identify _____)

(Name _____)



Spotlight on UWC Snowshoeing Group



Fresh snow, blue skies, and friendly companions are what you will experience as a member of the UWC Snowshoeing Group! I can't guarantee the weather but I can say that you will find a great group of women with whom to spend a few hours every few weeks. We meet on pre-scheduled Thursday's at Macy's parking lot at 9 a.m. and carpool to our destination where we spend about two hours snowshoeing and then have lunch together. If you are interested in being a part of this group, please notify Mary Greenwald at m.b.greenwald@comcast.net or call 303-443-6478 to have your name added to the email list.

UWC Beginning Spanish Group Forming



If you are interested in joining the UWC Beginning Spanish Group, please contact Diana King to let her know that you are interested in committing to at least three sessions at \$20 per session. The group will meet at least once a month on the 3rd and 4th Monday of the month from 3:45 to 4:45 p.m. Registration is available at 3:30 p.m. on Monday, February 24 or Monday, March 17. Please notify Diana King by March 12 if you would like to participate in the current session.

There are other options for individual lessons or more intensive lessons from a local institute.

For details contact the UWC Spanish Group Coordinator, Diana King, Phone: 303-530-1860, email: diana_s_king@yahoo.com



<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsc@mac.com Charlotte Corbridge (303-530-0955) corbridg@colorado.edu	Mar. 25- <i>The Paris Wife</i> by Paula McClain Hostess: Lyn Konugres, 4876 5th St., Boulder 720-565-6106. Please RSVP to hostess. Apr. 22- <i>God's Jury: The Inquisition and the Making of the Modern World</i> by Cullen Murphy Books available at Boulder Bookstore.
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) lflinsky@hotmail.com Helen Goldman (303-443-4953) hgoldman@colorado.edu	Mar. 13- <i>The Woman Behind the New Deal</i> by Kirsten Downey Hostess: Susan Wine, 1501 Lee Hill Dr. Unit 1, Boulder. 917-626-5535 Please RSVP to hostess Apr. 10- <i>The Worst Hard Times</i> by Timothy Egan Books available at Boulder Bookstore.
Small Book Group (BG3)	Kathy Randall (303-530-1095) katherineran@gmail.com	Group is at capacity. Contact Kathy Randall to be put on a waiting list for a second small group (BG4)
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
Bicycling – Easy Riders Every Wednesday morning, weather permitting	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
Bridge Various times and days	Martha Jones (303-499-0788) mabijones@q.com Pat Phillipson (303-443-9839) phillipp@colorado.edu	Contact chairs for details.
Current Events 2:00 – 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.
French Conversation		Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Gardening Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	We are hibernating for the winter. Meetings will resume in April. Please contact chairs to join the email list.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m. June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intotheap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Mar. 10-7:30 pm- Frasier Meadows Performance Mar. 17-7:30 pm- Golden West Performance We especially welcome new performers. Please call chairs for details.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) vross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	For location and other details, contact the chairs. Members will be emailed prior to meetings.
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com	Contact the chair for the next planned event.
Out to Lunch 12:00 p.m. fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Ginny Donegan (303-635-6685) ginnydon22@yahoo.com	Mar. 26-12 noon: Busaba Thai Restaurant, 133 S. McCaslin Blvd, Louisville (near Walgreen's) Please RSVP to the chairs.
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.
Readers' Theatre 2 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	March 3- <i>Eastern Standard</i> by Richard Greenberg Apr. 14- <i>The Effect of Gamma Rays on Man-in-the-Moon Marigolds</i> by Paul Zindel and <i>Overtones</i> by Alice Gerstenberg
Snowshoeing Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boulder, as weather permits. Contact chairs to be added to the email list.
Spanish – Conversation 3:45 p.m. Most Mondays Local restaurant	Diana King (303-530-1860) diana_s_king@yahoo.com	Contact Chair for next meeting time and place.
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303-530-1860) diana_s_king@yahoo.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September-November & January-March usually on the third Tuesday of the month in members' homes.	Virginia Stringi (303-955-1860) vstringi@comcast.net Contact Virginia to receive an email reminder one to two weeks before each meeting.	Mar18 at 1:15pm- Presentation by Kathy Randall: <i>Mauritius: Africa but not African</i> at Virginia Stringi's home, 935 Gillaspie Dr. Boulder Please RSVP to Virginia at 303-955-1860 or vstringi@comcast.net

UWC Nominees for 2013-2014

Vote at the March Lecture Luncheon

We are delighted to announce the slate of candidates for 2014-2015. The Nominating Committee, comprised of Bobbi Vischi, Rosemary Getsie, and Carol Dunnack, is confident that the UWC members will share our enthusiasm for these talented women as our future leaders.

The Nominees are:

Diana King—President-Elect

Carol Dunnack—Secretary-Elect

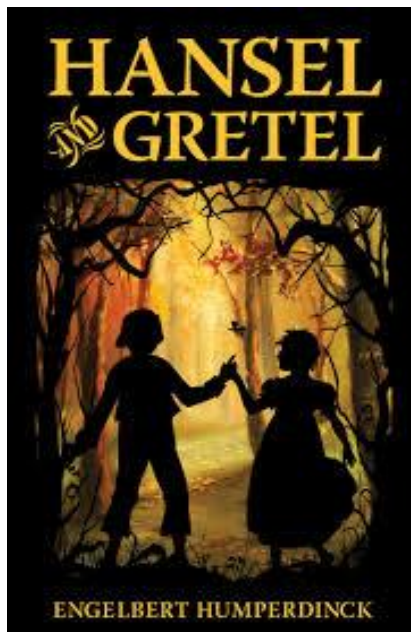
Arlene Gerwin—Treasurer-Elect

Virginia Stringi—Secretary



All UWC members will have an opportunity to vote for these three positions at the March 11 Lecture Luncheon. Additional nominations may be made by contacting Rosemary Getsie, Bobbi Vischi, and/or Carol Dunnack. The Nominating Committee will also accept nominees from the floor on March 11. See the list of board positions on page 13.

Opera Brunch - Reservation Deadline February 22



Mark your calendars for Sunday, March 16, 2014, for our annual Opera Brunch, starting at 11:30 a.m. at the University Memorial Center, and followed by CU's Opera presentation of ***Hansel and Gretel*** at Macky Auditorium 2:00 p.m.

It is time to take action and make your reservations for this event. The deadline falls early (February 22, 2014). The process for reserving is explained on the reservations form included in **MESSAGES**.

It's an Annual UWC Tradition:

...brunch and lively conversation
...opera "preview" and live performance



**Engelbert Humperdinck's
musical rendition of Brothers
Grimm fairy tale *Hansel and
Gretel* has delighted audienc-**

*Please join us: Sunday, March 16, 2014
11:30 a.m. brunch at UMC - 2:00 p.m. opera at Macky*

UWC gets a discounted price for opera tickets. If you have already purchased opera tickets, you can still join us for brunch. You can also purchase opera tickets without attending the brunch...but we would miss you!

Reservations must be received by February 22, 2014. Please make checks payable to UWC.
Mail check and form to: Janet Brewer; 4840 Thunderbird Drive Apt. 87; Boulder, CO 80303.
(Janet: dtbjhb@aol.com or 720-562-8254)

Reservations may also be made in person at the February 11 Lecture Luncheon.

Name _____ email _____

Guest name _____

_____ opera tickets @ \$20 ea **PLUS** # _____ places for brunch @ \$26 ea

Total enclosed _____

Please select entrée: (fill in names if reservation is for more than one person)

_____ Salmon with orange fennel sauce (Name _____)

_____ Chicken Valencia (breast of chicken w/ sherry orange raisin sauce) (Name _____)

_____ Veg: Spanekopita (spinach-feta stuffed phyllo dough) (Name _____)

Margaret Willard Award



Margaret Willard Award 2014 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Institutions attended and degrees received (if applicable) _____

Nominee's current position (if retired, position held until retirement) _____

Please provide information outlining Nominee's service to the University and/or the Boulder community
(please use additional paper if needed) _____

Nominator/Submitted by _____

Address _____

Phone (home) _____ **(work)** _____

Email _____

Please mail nomination information to Patty Ludke, 2938 Kalmia #21, Boulder, CO 80301 by March 1, 2014, or email to patty cake.21@juno.com. If the Nominee does not receive the award in 2014, she may be considered for 2015. In this case, an updated statement about the Nominee may be requested. Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

*THE UNIVERSITY WOMEN'S CLUB
of the
University of Colorado
Boulder
Cordially Invites You To*

THE HONORS RECEPTION

*Tuesday, May 13, 2014
Koenig Alumni Center
1202 University Avenue
Boulder, Colorado
3:00-5:00 p.m.*

RSVP by April 25

To

*Karen Diamond
303-939-8656
or
karen.diamond@mac.com*

UWC Board Positions

Position	Brief description
President	An elected position. Organizes meetings of the UWC Board and oversees running of the club.
President-Elect	An elected position. Prepares to become President for the following year.
Secretary	Takes minutes of the UWC Board meetings; usually a position following elected Secretary-Elect.
Secretary-Elect	An elected position. Prepares to be Secretary for the following year.
Treasurer	Uses Quicken software to track income/expenses and prepares a budget and other financial information.
Treasurer-Elect	Learns the job of Treasurer.
Program Chair	Selects speakers and arranges catering for five Lecture Luncheons and the Fall Membership Event.
Advisory Planning/ Parliamentarian	Understands and advises on the UWC constitution and Robert's Rules of Orders for conducting meetings.
Communications	Sends notes to those members (or their loved ones) who are seriously ill and to families of those who have died. Writes notes of Thanks to those who have contributed \$50 or more over the year to the UWC Scholarships.
Email	Sends emails to members under requested circumstances.
Historian	Keeps a photographic records of events, Interest Groups, and other activities, and produces an album (hardcopy or digital) of the year's activities.
Honors Reception	Plans for Spring reception for the Margaret Willard Awardee and our honoring of new officers and the President's award.
Hospitality	Prepares a list of attendees and name tags for luncheons. Records payments received and sends them to the Treasurer.
Interest Groups	Coordinates Interest Groups and communicates with chairs of groups. Encourages formation of new groups.
Membership	Keeps Excel records of membership, including detailed information on the date of joining, contact information, and data changes. Passes information on to Board members as needed.
New Members	Keeps a record of who are the "new members" and plans the New Member wine and cheese party in the Fall. Any welcoming of these New Members is included in the job.
Membership Hand- book and Directory	Produces a Directory (hardcopy and digital) of all members who have joined by a given date in October. The included Membership Handbook provides information about UWC and its activities. Solicits and includes advertising in the Directory/Handbook.
<i>MESSAGES Newsletter</i>	Compiles the newsletter for each month (January and summer months excepted), using input from all officers, due by the 10th of the month prior to month of publication. Sends to Website chair for email distribution.
Website	Maintains UWC website and distributes <i>MESSAGES</i> to membership via email.
Nominating Committee	Heads the committee of three to five members to select candidates for nomination to Board positions of President-Elect, Secretary-Elect, and Treasurer-Elect for the following year's Board.
Opera Brunch	Selects the CU Opera performance for members to attend as a group. Arranges for venue and brunch preceding the opera, and tries to find a speaker for the brunch.
Scholarship Committee	Heads committee to select the student applicants most worthy of our UWC scholarships.
Scholarship Luncheon	Chairs the committee of our April Scholarship Luncheon, hosting our scholarship winners. Arranges for a venue, menu, and program.
Telephone Tree	Telephones non-email/internet members with regard to paying dues, upcoming events, and any special other news.
Margaret Willard Award	Heads committee to select the Margaret Willard Award recipient.
Past President	Remains on the Board for a year after being President. May have other responsibilities.

2013-14 Calendar

Executive Board 2013-14

September	3	Board Meeting
	10	<i>MESSAGES</i> Deadline
	10	Membership Coffee
October	1	Board Meeting
	8	Lecture Luncheon
	10	<i>MESSAGES</i> Deadline
	15	Membership Deadline for Name to Appear in Directory
	27	New Member Wine & Cheese
November	5	Board Meeting
	10	<i>MESSAGES</i> Deadline
	12	Lecture Luncheon
December	3	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	<i>MESSAGES</i> Deadline
February	4	Board Meeting
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Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley



Don't Miss Our Fabulous.....

Spring Scholarship Luncheon

Tuesday, April 15, 2014

Boulder Country Club

RSVP by Tuesday, April 8. See Flyer Page 4



We will be awarding scholarships to nontraditional University of Colorado students and it would be wonderful if you gave a little extra toward our scholarship fund. Changes in Latitude Travel Store will provide clothes and narration for ten University Women's Club members as they walk and twirl among the Boulder Country Club luncheon tables.

Our theme this year is **Hitch a Ride on a Butterfly** which represents many aspects of our April event: spring, travel, and service. We have our spring event to promote friendship among members. Our members are great travelers and our fashion show should be lots of fun as we watch our friends travel the world in very wearable clothes. When we award scholarships to nontraditional students, we are providing service to the university and to the Boulder community.

Come at 11 a.m. for cash bar cocktails and mingling. At 11:30 a.m. a salad of baby mixed greens will be served. The entrees this year are BBQ chicken with herbed bistro wedges and a mixed vegetable medley or Eggplant Napoleon. Dessert is a delicious Mixed Berry Eton Mess.

Mail your reservation form and check to Virginia Stringi by April 8!

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Did you know that our very own Ellen Gille was involved in the **Butterfly Effect** discovery? The meteorologist Edward N. Lorenz had the insight that a small change in initial conditions can have a dramatic effect on later events, or as he titled a 1972 paper "Predictability: Does the Flap of a Butterfly's Wings in Brazil Set off a Tornado in Texas?" In the early 1960's, Ellen Gille worked for Lorenz as a computer programmer and entered the same data over several times and got different results. From this computer modeling, chaos theory was developed. **So...why not donate to our scholarship fund and because of the nature of chaos, maybe you will change the lives of our scholarship winners.**

President's Message

Greetings UWC Members!

I hope everyone is enjoying our extra hour of sunlight and the promise of spring. Our Board has been having some lively discussions about a myriad of subjects. One in particular is the change concerning our Membership Booklet going electronic. This has led to a lot of questions and discussions concerning the safety of information in the digital age.

If you have never done so, go to Google and put your name and the town you live in into the search field. For example: Mary Huffman + Boulder, CO. It will surprise you what pops up or what doesn't. I am a fairly public person, so a lot comes up about me and my profession.



What was surprising to me was when I was in Illinois visiting my parents last week, I Googled my 93-year-old father. I was astonished by the information that came up: his address, his age, and historical information about his life. This made me realize that privacy really is a thing of the past!

When my children signed up for Facebook accounts, I warned them about posting certain types of content. It is interesting to note that potential employers will look at Facebook profiles to learn more about potential employees, and also to check up on current employees.

Note: Don't call in sick and post on Facebook that you went skiing. I even had a co-worker tell me that after she posted her departure to Mexico on Facebook, her insurance broker called her up and chewed her out. Why announce to the world that your house will be empty for 10 days?

So how do we stay safe when we are using computers? With all the talk about identity theft, a few precautions are warranted:

1. Delete all suspicious emails without opening them. Be especially careful when opening attachments to emails.
2. Beware of "Phishing" scams that begin as legitimate looking emails asking you to provide your password or other confidential information either in a response to the email or into a website. If you are unsure, always call the company sending the emails using telephone numbers they have previously provided to verify any requests for information.
3. Do not send confidential information via email. This typically is not secure unless you know it is encrypted when sent over the Internet.
4. Check to be sure that commercial websites you visit utilize secure transmission measures (usually Secure Sockets Layer or SSL), typically indicated by a key or padlock icon along the lower section of your screen, or the address starts with https://. This is likely the case with financial institutions and major online retailers. Always check to make sure.
5. Always log out of websites that require an ID and password instead of just exiting or continuing to browse other sites. This ensures that your confidential information is properly deleted from both the vendors system and your PC.

Computers are here to stay, so use a few precautions, and stay safe out there!

**Best,
Mary Huffman
UWC President**

2013-2014 Lecture Luncheons

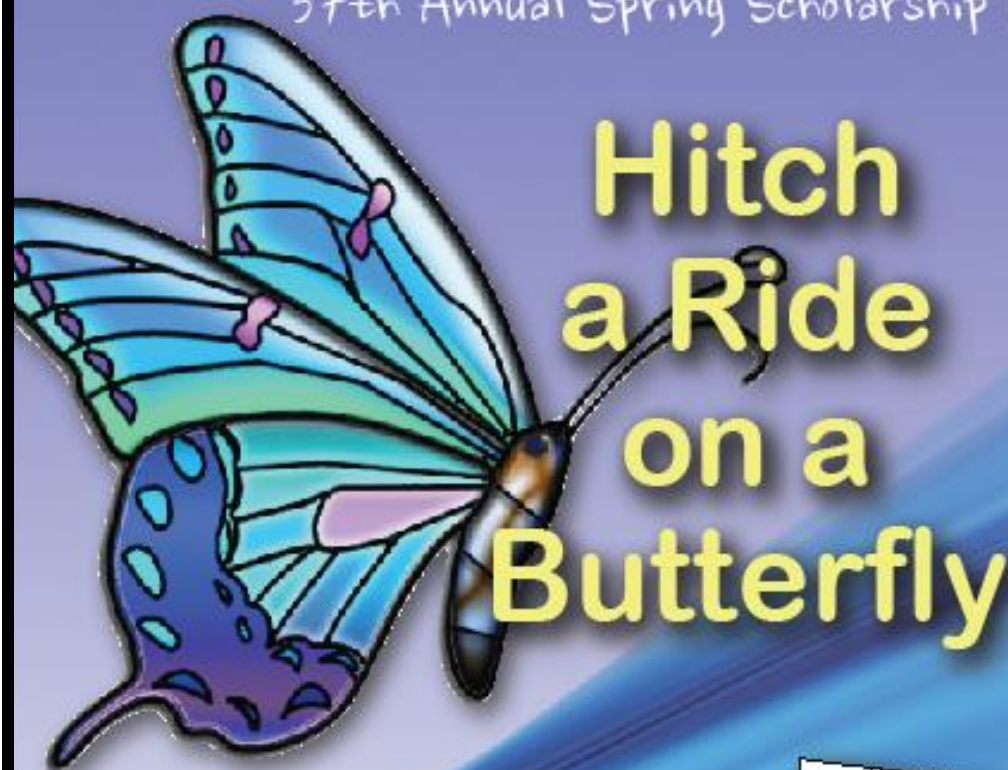
Our lecture luncheons this year were well attended. **Thank you to all who participated.**

For those of you who missed any, here is a brief summary with links to the faculty members and to the books of authors who spoke:

October 8, 2013	Deborah Jin CU Department of Physics, and NIST		Fun with Ultracold Atoms Also – receiving the L’Oréal-UNESCO Award for Women in Science. http://jila.colorado.edu/peoplepi/deborah-jin?type=news
November 12, 2013	Jeffrey Nytech Director of CU Entrepreneurship Center for Music	 <small>Composer Jeffrey Nytech</small>	Composer of “Formations” , a symphony debuted by the Boulder Philharmonic at their opening night. Based on the geological formations in Colorado. Listen to the symphony at http://www.boulderphil.org/formations
December 10, 2013	Melanie Warner Author		Opening Pandora’s Lunchbox Order book <i>“Pandora’s Lunchbox: How Processed Food Took Over the American Meal”</i> at a local bookstore or on Amazon
February 11, 2014	Amy Palmer CU Department of Chemistry and Biochemistry		Seeing is Believing: Imaging the Processes of Life Read more: http://chem.colorado.edu/palmergroup/
March 11, 2014	Mary Lou Acimovic Author		Mild Traumatic Brain Injury: Why Should We Care? Order book <i>“Mild Traumatic Brain Injury: The Guidebook”</i> at a local bookstore or on Amazon

If anyone has an idea for topics/speakers for next year’s Lecture Luncheons, please contact Patty Ludke at pattycake.21@juno.com or 303-440-9590.

The university women's club presents the
57th Annual Spring Scholarship Luncheon



Hitch a Ride on a Butterfly

2014 Scholarship
Recipients

Fashion Show by
Changes in Latitude

Boulder Country Club
7350 Clubhouse Road
Tuesday, April 15, 2014
11:00 a.m. – 2:00 p.m.



Checks payable to UWC. Please observe the RSVP deadline of Tuesday, April 8, 2014 (reservations necessary).
Mail to: UWC c/o Virginia Stringi, 935 Gillaspie Drive, Boulder, CO 80305; 303-955-1860; vstringi@comcast.net
The first 10 reservations will receive a prize at the luncheon!

Name _____ Phone _____

Email _____ Guest Name(s) _____

_____ luncheons @ \$40 = _____ (Includes a tax deductible donation of \$10 to the UWC scholarship fund)

Additional Donation _____

Total Enclosed _____

Please select your entree: (Fill in names if reservation is for more than one person)

_____ Chicken Breast (Name _____)

_____ Vegetable Entree (Name _____)

_____ Dietary restrictions (Identify _____)

(Name _____)



<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsc@mac.com Charlotte Corbridge (303-530-0955) corbridg@colorado.edu	Apr. 22 - <i>God's Jury: The Inquisition and the Making of the Modern World</i> by Cullen Murphy Books available at Boulder Bookstore.
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) lflinsky@hotmail.com Helen Goldman (303-443-4953) hgoldman@colorado.edu	Apr. 10 - <i>The Worst Hard Times</i> by Timothy Egan <i>Hostess</i> : Christy Baggett, 1407 Cedar, Boulder, 303-442-5680. Please RSVP to hostess. May 8 - <i>The Song of Achilles</i> by Madeline Miller <i>Hostess</i> : Pat Thompson, 2575 Otter Cr. Lafayette, 303-926-4210 Books available at Boulder Bookstore.
Small Book Group (BG3)	Kathy Randall (303-530-1095) katherineran@gmail.com	Group is at capacity. Contact Kathy Randall to be put on a waiting list for a second small group (BG4) which is forming.
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
Bicycling – Easy Riders Every Wednesday morning, weather permitting	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking group will resume riding around the first of May. Contact Mary Greenwald to be added to the email list.
Bridge Various times and days	Martha Jones (303-499-0788) mabijones@q.com Pat Phillipson (303-443-9839) phillipp@colorado.edu	Contact chairs for details.
Current Events 2:00 – 3:30 p.m. Second Wednesday	Barbara Turner (303-417-9778) golferb7@aol.com Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu	Contact chairs for details.
French Conversation		Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Gardening Usually third Wednesdays from April to October	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	Apr. 2-11:00 a.m. -At the home of Jyotsna Raj, 863 14th St. Boulder. This is our first meeting of the season. We will have a presentation about spring planting and a dish-to-pass lunch to follow. RSVP to Jyotsna.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m. June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothe-gap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Apr. 14-7:30 pm <i>Hostess</i> : Sue Peterson We especially welcome new performers. Please call the chairs for details.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) vrross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	For location and other details, contact the chairs. Members will be emailed prior to meetings.
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com	Contact the chair for the next planned event.
Out to Lunch 12:00 p.m. fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Ginny Donegan (303-635-6685) ginnydon22@yahoo.com	Apr. 23 -Taj Restaurant, 2630 Baseline Rd. Boulder RSVP to the chairs.
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.
Readers' Theatre 2 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Apr. 14 - <i>The Effect of Gamma Rays on Man-in-the-Moon Marigolds</i> by Paul Zindel May 12 -Set of plays by Alice Gerstenberg
Snowshoeing Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boulder, as weather permits. Contact chairs to be added to the email list.
Spanish – Conversation 3:45 p.m. Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact Chair for next meeting time and place.
Beginning Spanish 3rd and 4th Monday at 3:45 p.m. Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	1-hour class sessions twice a month. Minimum of 3-sessions commitment. Contact the chair for more info and meeting place.
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303-530-1860) dianaking.boulder@gmail.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September-November & January-March usually on the third Tuesday of the month in members' homes.	Virginia Stringi (303-955-1860) vstringi@comcast.net Contact Virginia to receive an email reminder one to two weeks before each meeting.	Tea and Travel has completed programs for the spring and will start up again in September. If you are interest in joining, email the chair to receive notification of fall meetings.

Welcome New UWC Members

**Margot Crowe
Diane Grund**

**Carole Lees
Janet L. Strife**

**Kathryn Wardell
Pat Young**

*Thank you to the following who donated to the
UWC Scholarship Fund*



Margot Crowe and Pat Young

Birder Interest Group Forming

I am an experienced Birder for the past 20+ years and I am looking to start a Birder Interest Group. Hopefully we will start in April if we have enough interest.

We welcome all levels of Birders from beginner to experienced. We will focus on mostly going out and simply looking for and identifying birds. Our plan is to start in April when spring birding really begins. I suggest once weekly outings to different local areas with emphasis on "birdy" spots where interesting species are usually spotted.

Included will be a brief education on Birder Basics taken from the previous president of Boulder Bird Club. Also, more experienced Birders can help beginners with bird ID. If there is interest, we can plan out-of-state Birding trips to sites such as Nebraska to see Sandhill Cranes or to Texas for migratory birding.

If you are interest in joining the new Birder Interest Group please contact:

Pat Heller
303-819-6745 or pat_heller@msn.com



Margaret Willard Award and Honors Reception

Margaret Willard began her career at CU as an English Instructor, wife of a history professor, and became the first president of the Faculty Wives' Club that has evolved into a more encompassing group, our University Women's Club. Though the original group liked to chat and sip tea, they grew in involvement in philanthropic matters. According to Sylvia Pettem, a Boulder local historian, these included providing eye-glasses and books to needy students, milk funds for schools, implementing student loans, and more.

The social aspects of their lives turned more and more to helping others as the world progressed through the Great Depression and World War II. By 1957, they added fund raising and expanded the philanthropic work by providing financial scholarships for women, nontraditional females, who would not otherwise have been able to continue their education.

We continue this tradition and recently have included men for scholarship consideration. Now UWC has grown to include interest and service groups and accepts all women whether they have a CU association or not.

Since 1993, in May, at the Honors Reception, we present the Margaret Willard Award to a woman or women who have exemplified the traits of our predecessors, and in doing so honor all women. Past recipients have included Becky Roser, Patricia Limerick, Val Havlick, Carlen Penfold, Ruth M. Wright, Claudine Garby, and Ceal Barry. All our honorees are exemplary role models who demonstrate initiative in their endeavors and in doing so, bring honor to all women.

Plan to attend the Honors Reception on May 13 at the Koenig Alumni Center.

See the invitation on the following page.

Save the Date- Saturday October 18- 4 to 7 p.m.

Did you know – **CU BOULDER HAS ONE OF THE PREMIER PLANETARIUMS IN THE USA?**



The University Women's Club is having a unique outing, **in lieu of our usual October luncheon.**

Please join us for an evening at the **Fiske Planetarium**– the newly > \$1 million renovated **PREMIER PLANETARIUM in the USA. (Right here on the Boulder Campus – on Regent Ave.)**

We are planning a truly special event – including (free) wine and beer, delicious hors d'oeuvres and an hour of amazing shows with a speaker. (Cost is being estimated at the present time.)

Please watch for your invitation in future **MESSAGES** and respond quickly as spaces are limited. Your spouses and friends are welcome – up to our limit.

*THE UNIVERSITY WOMEN'S CLUB
of the
University of Colorado
Boulder
Cordially Invites You To*

THE HONORS RECEPTION

*Tuesday, May 13, 2014
Koenig Alumni Center
1202 University Avenue
Boulder, Colorado
3:00-5:00 p.m.*

RSVP by April 25

To

*Karen Diamond
303-939-8656
or
karen.diamond@mac.com*

2013-14 Calendar

Executive Board 2013-14

September	3	Board Meeting
	10	<i>MESSAGES</i> Deadline
	10	Membership Coffee
October	1	Board Meeting
	8	Lecture Luncheon
	10	<i>MESSAGES</i> Deadline
	15	Membership Deadline for Name to Appear in Directory
	27	New Member Wine & Cheese
November	5	Board Meeting
	10	<i>MESSAGES</i> Deadline
	12	Lecture Luncheon
December	3	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	<i>MESSAGES</i> Deadline
February	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
March	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
	16	Opera Brunch
April	1	Board Meeting
	10	<i>MESSAGES</i> Deadline
	15	Scholarship Luncheon
May	13	Honors Reception
	20	Tri-Board Meeting

President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
Past President	Jeannie Thompson
Advisory/ Parliamentarian	Claudine Garby
Communications	Carol Saunders
E-Mail	Kathleen Salzberg
Historian	Kathy Terrill
Honors Reception	Karen Diamond
Hospitality	AD Chesley
Interest Groups	Rosemary Getsie
Margaret Willard Award	Jane Allen Patty Ludke
Membership	Beth Rauch
New Members	Carol Ziegenhagen
Membership Directory	Diana King
<i>MESSAGES</i>	Arlene Gerwin
Nominating Committee	Bobbi Vischi
Opera Brunch	Janet Brewer
Scholarship Committee	Pat Hagerty Kathy Randall
Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley

The Honors Reception

**Tuesday, May 13, 2014
Koenig Alumni Center**

Meet the Recipient of the Margaret Willard Award

It is a pleasure to announce that Stephanie Rudy is the recipient of the 2014 Margaret Willard Award.



Stephanie came to Boulder from Houston in 1996, newly married, and looking forward to engaging in her new community. She joined the board of the Boulder Newcomers Club in 1998, and became a Victim Advocate with the Boulder Police Department that same year, an activity she continues today. She says this is the job of her heart. She has served on many boards: The Colorado Music Festival, Open Studios, Conference on World Affairs, the Dairy Center for the Arts, and the Vocal Advisory Board for CU Opera. She is a founding member of The Conversation Project of Boulder County.

Stephanie has brought incredible organization skills, but also a sense of humor and ability to encourage others to jump on board. Instrumental in forming the Boedecker Theater at the Dairy Center, she serves on the programming committee, and her "Boe Blast" is greatly anticipated online each week by 400+ readers!

The award will be presented at the Honors Reception by Sherry Bruff, the nominator and a past UWC President.

RSVP for the Honors Reception by April 25. Phone or email Karen Diamond (303-939-8656 or karen.diamond@mac.com)

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Honors Reception	8



See you in September. *MESSAGES* will be on summer vacation until the fall. Look for our September issue in late August.

Have a wonderful summer!

President's Message

Hi UWC Members!

It hardly seems possible that my year as President is winding to a close.

I am proud that we, once again, are providing four deserving students with a helping hand to further their education, and hence, their lives. Virginia Stringi aptly chose the butterfly for the Spring Luncheon theme on April 15. I love her perception of how small changes can make big changes. So true is the scholarship fund for the University Women's Club. Small donations from our many members (over 350 this year!) can make big changes in people's lives. Not only for the scholarship winners themselves, but for their families, their friends, and for the many people they will touch in the course of their lives.



I am proud of our club, and our history of community service. Rhoda Nozik kindly gave me a book that was put together during her presidency in honor of our 75th year anniversary. This gave me many insights into the traditions and history of our past. It was interesting to see the various ways in which the club has developed to accommodate our changing times as a society.

On May 13, we will be having our annual Honor's Reception. I invite all of you to attend. Koenig Alumni Center is a jewel of CU's historic past and was the home of the University President. The house and gardens are a lovely preservation of CU's history. This reception is our last formal event of the year, and is a wonderful opportunity to welcome your new board and meet many of the club's past presidents. We also will be awarding the prestigious Margaret Willard Award to Stephanie Rudy, a most deserving member of our community. You don't need to pay for this event, but you do need to make a reservation by April 25. Do it now, so you don't forget.

I have many thanks to extend to all of you, the members of the UWC. Thanks to your participation in the club, we have had a successful year of raising money for scholarships, and a successful year of attendance at our Lecture Luncheons, our Opera Brunch, and our many Interest Groups. We as individuals, come together to make up a club that keeps alive the virtues of the original 95-year-old UWC premise.

Hospitality, friendship, and service have been constant themes throughout the history of the University Women's Club. I am proud to add my name to the past president's list at the end of our calendar year. I send out a warm and sincere thank-you to all the members who have contributed with their participation and support to the club this year. An especially warm thank-you to the 2013-2014 Board of Directors, who made me look good with their hard work and wonderful ideas.

Have a terrific summer, and I look forward to seeing you all in the fall.

Best,

**Mary Huffman
UWC President**

UWC 2014 Scholarship Winners -Congratulations!

UWC has been awarding scholarships to nontraditional/mature CU students since 1982 and through 2013, we have distributed more than \$170,000 to deserving students. We are very proud to report that \$20,000 will be awarded to this year's winners. This is all a result of the generous donations our UWC members have made directly toward our UWC Scholarships and to our CU Foundation Endowment Fund.

Thank you UWC Scholarship Committee (Pat Hagerty and Kathy Randall, co-chairs; Marilyn Moses, Becky Palmer, and Yael Sears, members) who have selected the following students as recipients of the UWC Scholarships for 2014-15.

Anna Boyd: In the years following high school graduation, Anna worked and volunteered in a number of outdoor and wilderness activities including guiding whitewater rafting and dogsled adventures. While employed as a field guide for a wilderness therapy program in North Carolina, Anna worked with teenage girls struggling with emotional issues, often stemming from sexual assault. Positive results from her interactions in this experience spurred Anna to return to Colorado to pursue her education in Psychology and Women and Gender Studies. After receiving her BA in Psychology, Anna hopes to earn a graduate degree and embark on a career in helping individuals recover from traumatic experiences and educating the perpetrators of those traumas.

Amanda Gardner: While in high school, Amanda studied Latin because she knew it would help her with her anticipated nursing career. Although she continued the practical route toward nursing, she had fallen in love with Latin and after working in the medical field for some years, she realized that her ultimate happiness depended on a career change. She enrolled at CU with a major in Classics. In addition to serving as a Red Cross volunteer, Amanda currently tutors Latin at Boulder High School and CU and assists with the Junior Classical League and Latin Club. Upon graduation she hopes to teach Latin in secondary school.

Samantha Moyer: Samantha grew up in an educationally depressed area in a family that did not prize academics. While she had hoped to attend college directly after high school, she did not have the family support necessary to do so. She worked and saved and took classes at a community college and later continued self-directed study abroad. Samantha is a highly talented vocalist and harpist who performed in the USA and Europe. She has enrolled at CU to obtain a degree in Music Education so she can encourage and support others, like herself, for whom higher education requires self-direction.

Christian Ortiz-Torres: As a member of the CU GoldShirt Program that provides talented students with enhanced preparation to assist them on the path to success in Engineering and Applied Science, Christian has distinguished himself by being selected as Mentor Program Group Chair and Summer Ready Program Mentor. He also participates in SHPE/MAES (Society of Hispanic Professional Engineers/Mexican American Engineers and Scientists Society) at CU and has held positions as the society's secretary and as financial account manager. Christian has had some gaps in his education due to serious health issues, but he is now in recovery and ready to continue his path toward a BS in Aerospace Engineering.



Left to right -Samantha Moyer,
Anna Boyd, Amanda Gardner,
Christian Ortiz-Torres

UWC 2014 Spring Scholarship Luncheon



Evening at the Fiske Planetarium - October 2014



Mark your calendars
and plan to spend
a few hours at the incredible
Fiske Planetarium
on
Saturday
October 18, 4:00 to 7:00 p.m.

A special UWC social event is being planned in lieu of our October luncheon since our usual meeting room (University Memorial Center 235) is not available on the second Tuesday of October 2014.

The evening will include beverages (wine, beer, and non-alcoholic drinks), "hearty" hors d'oeuvres catered by UMC Catering, and a show in the newly modernized planetarium. The new \$multi-million digital projection system **is one of the best in the USA.**

The show, "Dynamic Earth" and a "Fly-Over," will be hosted by none other than the Director of the Planetarium, Doug Duncan.

This is sure to be a fun event. We are expecting spouses and friends will also want to attend. The capacity is just 200 people, so you should make your reservations as soon as the official form is sent to you in September.

The cost has not yet been determined, but we are working to keep it "reasonable." As this is the last *MESSAGES* before the new program year, we hope you will mark your calendar today to "**Save the Date**" for the evening at the Fiske, and that you will think about others to invite.

If you would like to volunteer to be on the committee, please contact Joyce Spencer (jjandbobs@msn.com)



<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Afternoon Book Group 2:00 p.m. Fourth Tuesday Members' homes	Pat Thompson (303-926-4210) stelibsc@mac.com Charlotte Corbridge (303-530-0955) corbridg@colorado.edu	May 27: <i>Sweet Tooth</i> by Ian McEwan <i>Hostess:</i> Jyotsna Raj, 863 14th St., Boulder 303-447-8831. Please RSVP to hostess. Book available at Boulder Bookstore. June 3: Book selection meeting. <i>Hostess:</i> Frances Dahlberg, 959 Grant Pl., Boulder, 303-447-2893. Please submit recommendations to the chairs before the meeting
Evening Book Group 7:15 p.m. Second Thursday Members' homes	Lois Linsky (303-499-2689) lflinsky@hotmail.com Helen Goldman (303-443-4953) hgoldman@colorado.edu	May 8- <i>The Song of Achilles</i> by Madeline Miller <i>Hostess:</i> Lois Linsky, 1645 Bear Mt. Dr., Boulder, 303-499-2689. Please RSVP to hostess. Book available at Boulder Bookstore. Book selection meeting TBA. Please contact chairs for more information.
Small Book Group (BG3)	Kathy Randall (303-530-1095) katherineran@gmail.com	Group is at capacity. Contact Kathy Randall to be put on a waiting list for a second small group (BG4) which is forming.
Bicycling Every Thursday morning, weather permitting Various venues	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking season is May through October. Contact Mary Greenwald to be added to the email list.
Bicycling – Easy Riders Every Wednesday morning, weather permitting	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	The biking season is May through October. Contact Mary Greenwald to be added to the email list.
Bridge Various times and days	Martha Jones (303-499-0788) mabijones@q.com Pat Phillipson (303-443-9839) phillipp@colorado.edu	Contact chairs for details.
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French Conversation		Class currently full. Contact Rosemary Getsie if interested in forming a second group. (rgetsie@comcast.net or 303-998-0607)
Gardening Usually third Wednesdays from April to October Dates for the summer meetings: June 18, July 30, August 20 Programs to be announced by email.	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	May 21-11:00 a.m.- Meet at the Flower Bin, 1805 Nelson Rd., Longmont. Lunch after at a local restaurant. If you would like to carpool, meet at 10:30 in front of Elevations Credit Union, Meadows Shopping Center. RSVP to the chairs.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m. September to May and at 8:30 a.m. June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday YMCA, 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.

<i>Interest Group Meeting Time and Place</i>	<i>Chair(s) Information</i>	<i>Special Notes</i>
Music Time varies Second Mondays of most months Members' homes	Judith Auer (303-516-0871) Judith2@intothe-gap.com Nancy Eilerts (970-596-4853) neilerts@gmail.com	Apr. 14–7:30 pm Hostess: Sue Peterson We especially welcome new performers. Please call the chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays Members' homes	Ginnie Ross (303-442-6014) vross921@gmail.com GeorgiAnne Campbell (303-499-2798) rpcampbell@att.net	For location and other details, contact the chairs. Members will be emailed prior to meetings.
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) karen.diamond@mac.com	Contact the chair for the next planned event.
Out to Lunch 12:00 p.m. fourth Wednesday Meet at the restaurant at noon	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Ginny Donegan (303-635-6685) ginnydon22@yahoo.com	May 28: Agave Mexico and Tequila House, 245 28th St., Boulder. RSVP to the chairs.
Readers' Theatre	Ruth Warkentin (720-890-0272) rjwark@indra.com	Group is currently full. See RT2 (below) or contact chair to be placed on waiting list.
Readers' Theatre 2 6:30 p.m. First or Second Monday Clubhouse at Villa Del Prado	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	RT2 will continue to meet throughout the summer. Contact chairs for information.
Snowshoeing Thursdays, TBD	Carol Saunders (303-499-3731) carol.saunders@comcast.net Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Small group snowshoe hikes close to Boulder, as weather permits. Contact chairs to be added to the email list.
Spanish – Conversation 3:45 p.m. Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact Chair for next meeting time and place.
Beginning Spanish 3rd and 4th Monday at 3:45 p.m. Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	1-hour class sessions twice a month. Minimum of 3-sessions commitment. Contact the chair for more info and meeting place.
Sunday Afternoon at the Movies Matinee fourth Sunday Local movie theatre	Diana King (303-530-1860) dianaking.boulder@gmail.com Patty Ludke (303-440-9590) pattycake.21@juno.com	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Tea and Travel 1:15 p.m. Meets September–November & January–March usually on the third Tuesday of the month in members' homes.	Virginia Stringi (303-955-1860) vstringi@comcast.net Contact Virginia to receive an email reminder one to two weeks before each meeting.	Tea and Travel has completed programs for the spring and will start up again in September. If you are interest in joining, email the chair to receive notification of fall meetings.

THE UNIVERSITY WOMEN'S CLUB
of the
University of Colorado
Boulder

Cordially Invites You to Attend

The Margaret Willard Award Presentation
at
The Honors Reception

Tuesday, May 13, 2014

Koenig Alumni Center
1202 University Avenue
Boulder, Colorado
3:00-5:00 p.m.

RSVP by April 25

to

Karen Diamond
303-939-8656
or
karen.diamond@mac.com

2013-14 Calendar

Executive Board 2013-14

September	3	Board Meeting
	10	<i>MESSAGES</i> Deadline
	10	Membership Coffee
October	1	Board Meeting
	8	Lecture Luncheon
	10	<i>MESSAGES</i> Deadline
	15	Membership Deadline for Name to Appear in Directory
	27	New Member Wine & Cheese
November	5	Board Meeting
	10	<i>MESSAGES</i> Deadline
	12	Lecture Luncheon
December	3	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	10	Lecture Luncheon
January		No Planned Meetings or Events
	10	<i>MESSAGES</i> Deadline
February	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
March	4	Board Meeting
	10	<i>MESSAGES</i> Deadline
	11	Lecture Luncheon
	16	Opera Brunch
April	1	Board Meeting
	10	<i>MESSAGES</i> Deadline
	15	Scholarship Luncheon
May	13	Honors Reception
	20	Tri-Board Meeting

President	Mary Huffman
President-elect Program Chair	Joyce Spencer
Secretary	Karon Johnson
Treasurer	Connie Pringle
Past President	Jeannie Thompson
Advisory/ Parliamentarian	Claudine Garby
Communications	Carol Saunders
E-Mail	Kathleen Salzberg
Historian	Kathy Terrill
Honors Reception	Karen Diamond
Hospitality	AD Chesley
Interest Groups	Rosemary Getsie
Margaret Willard Award	Jane Allen Patty Ludke
Membership	Beth Rauch
New Members	Carol Ziegenhagen
Membership Directory	Diana King
<i>MESSAGES</i>	Arlene Gerwin
Nominating Committee	Bobbi Vischi
Opera Brunch	Janet Brewer
Scholarship Committee	Pat Hagerty Kathy Randall
Scholarship Luncheon	Virginia Stringi
Telephone Tree	Linda Blomquist
Webpage	Carol Etges
Secretary Elect	AD Chesley