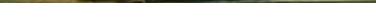


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President's Message

Scholarship Chair Msg

Nominations/Board

Lecture Events

Scholarship Info

Interest Groups

**Registration Forms** 

Calendar/ Exec Board

<u>Activities</u>

Fall Membership Coffee
Welcoming All Members: Current, Past, and Future

Tuesday, September 20, 2016, 9:30 – 11:30 a.m. University Memorial Center, Room 235

Renew friendships
Meet new members
Hear about upcoming programs
Sign up for Interest Groups
Meet the new board
Pay your membership dues (\$30)

Join us and bring a friend! (No Charge, No Reservations.)
See YOU there!

Questions? Contact Mary Huffman, mary@maryhuffman.com; 303-902-4842

Join (

October Lecture DINNER
October 18, 2016 5:30 p.m.
In the Glenn Miller Ballroom

<u>President's Message</u> Hear from our 2015-16 President, Janet Brewer See Page 2 for Details...

<u>Upcoming Lecture</u> <u>Luncheons</u> Take a peek at what's around the corner See Page 5 for Details...



Reminder

Alzheimer's Disease: Pursuing the Cure at

**CU/Anschutz** 

Speaker: Huntington Potter PhD

Join us for an evening lecture with Huntington Potter PhD. The doors open at 5:30 p.m. at the Glenn Miller Ballroom. There will be a cash bar in addition to dinner.

(Continued on Page 2)

**Lecture Event payment** must be received NO LATER **than October 10.** Please send payment of **\$22** to our Hospitality Chair, Diana Maiden, 3130 Emerson Ave., Boulder, CO 80305. Questions? 303-494-4313 or diana.maiden@gmail.com

Special meals are available and must be requested in advance: gluten-free, vegetarian, or dairy-free options available. We have limited room capacity. Please book early to ensure seating.

### October Lecture Dinner (continued)

Dr. Huntington Potter is Professor of Neurology and the Director of the Rocky Mountain Alzheimer's Disease Center at the University of Colorado Anschutz Medical Center. He recently joined CU after studying, researching, and teaching for 30 years at Harvard University. Dr. Potter has authored over 100 scientific articles and books and has received numerous awards for his work, with a special emphasis on the relationship between Alzheimer's disease (AD) and Down's syndrome.

During his lecture, Dr. Potter will address the current status of AD research, the potential for new ways of diagnosing the disease, and the possibility of new drug treatments. He will also discuss the comprehensive Alzheimer's disease center being developed on the Anschutz Medical Campus and the available resources for both patients and family members affected by this devastating disease.

The new AD center is the only one in Colorado serving a 1,000-mile radius of Denver, including the Boulder community.

#### For further information:

Colorado researcher gets \$1 million to advance Alzheimer's drug trial Effort targets four promising therapies addressing neuroinflammation http://www.denverpost.com/2016/08/02/alzheimers-drug-trial-colorado-grant/

See Lecture Registration form on page 13.

### President's Message



We look forward to seeing many of you at the **Membership Coffee**, 9:30-11:30 a.m., **Tuesday**, **September 20 at the University Memorial Center in Room 235**. You may pay your dues and any scholarship donations there or send them in before October 15 to UWC Membership, PO Box 18844, Boulder, CO 80308-1844.

Our Program co-chairs, Mary Huffman and Patricia Meinhardt, have arranged wonderful speakers for our Lecture Luncheons. Please note that there are **two changes to our normal scheduling** of these events. The first will be held on **Tuesday, October 18, in the UMC Glenn Miller Ballroom at <u>5:30 p.m.</u> (Yes, it's a** *dinner***; not a luncheon!) We also had to move our November luncheon to <b>Tuesday, November 1**, due to scheduling conflicts with the University. The November 1 Lecture Luncheon will be at **11:30 a.m. in UMC Room 235**.

The 2015-2016 and 2016-2017 Boards met jointly in May to observe the transition to a new UWC year. We thank our departing Board members for their service and dedication: Carol Dunnack, Patty Ludke, A.D. Chesley, Rita Reis, Janet Kern, and Nancy Sheffield. We welcome the following new Board members: Frieda Holley, Patricia Meinardt, Diana Maiden, Julianne Cassady, Kathy Randall, Berry Todd, and Karon Johnson. Please also read the article describing the workings of the Board written by Kathy Randall for this issue of *MESSAGES*.

We had a lovely reception in May to honor Lorrie Shepard, Distinguished Professor and Dean of the University of Colorado School of Education, as recipient of the 2016 Margaret Willard Award. Mary Huffman and Virginia Stringi were honored with the President's Award for exceptional service to the membership.

One of the purposes of our organization is to award scholarships to non-traditional CU students. This year the Scholarship Committee would like to give this goal special emphasis. I hope that many of you have received and responded to the Survey-Monkey questionnaire which was recently emailed to the UWC membership. Your input will help to shape the Scholarship Committee's and your Board's decisions as to actions under consideration. The underlying hope is that *every* UWC member will prioritize making a gift to the Scholarship Fund.

### Scholarship Chair's Message

Thanks so much to those of you who completed the Scholarship Committee's survey! Your feedback indicates that you value the Scholarship Program highly, but that 24% of the respondents do not donate to the scholarship fund. Based upon previous assessments we believe that this number could be closer to 50% of our 350 members who have not donated to the Scholarship Fund in the past. With that in mind we are weighing the responses to your suggestions for changing that.

Your input indicated that, of the options presented, you prefer special fundraising events. Donation bags at every UWC function were also favorably considered and asking every member to donate over the course of the year received a majority of positive responses.

Paying by credit card received mixed reviews, but you let us know that you would definitely not use your credit card if there were a 5% surcharge attached to each donation. We have some work to do in order to make sure everyone knows that donations over \$50 are acknowledged in writing for your use at tax time.

But most interesting and thought-provoking were the comments we received from the respondents. Although the committee hasn't had time to sit down together and process either the survey results or your ideas, there are definitely some that we will be trying to implement!

The first of those to be partially implemented will involve Julianna Bourgeois, one of our winners last spring who could not attend the luncheon. She will speak at our Membership Coffee on September 20. We missed the opportunity to hear from her due to illness, but you will hear from her then!

The Scholarship Committee has met several times during the summer and will be meeting our CU contact, Barbara Marshall, in September to make plans for an even smoother assessment of our winners than last year.

Special thanks to Diana King, our previous UWC president, and Janet Brewer, our current president for supporting our efforts to increase the amount of money available for scholarship opportunities, get as many UWC members involved as possible and ensure that you know how your donations are making a difference in giving non-traditional students access to higher education. We hope you will join us in this effort!



Becky Palmer Scholarship Chair

### Membership Courtesy

If anyone knows of a member who would appreciate a card, note or any personal contact due to illness, death or other reasons of support, please inform MOLLIE MORTON, 303-494-5486 or mollie.morton@colorado.edu.

## Membership Dues

**\$30 annual dues are due by October 15**. That is the cutoff deadline to be included in this year's directory. Please send your dues in early so that we can include you. Checks made out to UWC can be sent to P.O. Box 18844, Attn. Membership, Boulder CO 80308-1844.

We encourage you to consider including your scholarship fund donation and increase your check amount accordingly. Dues can also be paid at the Membership Coffee on Tuesday, September 20 at 9:30 a.m. at UMC Room 235. If you have questions regarding your UWC Membership please email Virginia Stringi, UWC Membership Chair at <a href="https://www.uwcmembershipchair@gmail.com">uwcmembershipchair@gmail.com</a>.

Please see the Membership Form on page 12.

### **UWC** Nominations for 2017-18

This year's Nominating Committee is comprised of Kathy Randall (chair), Frieda Holley, and Mary Greenwald. The committee's task is to select nominees for President-elect, Secretary-elect, and Treasurer-elect for the program year 2017-18.

If you would like to be considered for one of these positions, or would like to suggest someone for one of the positions, please contact any of the committee members (<a href="mailto:katherineran@gmail.com">katherineran@gmail.com</a>, <a href="mailto:hollowsemble.com">holleyf@msudenver.edu</a>, <a href="mailto:msudenver.edu">m.b.greenwald@comcast.net</a>) by the end of September.

See more information about serving on the Executive Board in the following article.

### Tell Me More—about UWC Executive Board

By directive of the UWC Constitution, the UWC Executive Board consists of the president, the president-elect, secretary, secretary-elect, treasurer, treasurer-elect, the chairs of each of the UWC committees, and the outgoing president. The "elect" positions move into the position proper the year after they were voted into the elect position.

In UWC, the only positions that are <u>elected</u> are the president, secretary, and treasurer. All other positions are appointed by the president for the year that the president is serving. As with most executive boards, the UWC board functions best with a mix of the "old guard" who have served on the board in the past and are well versed in the history and culture of the organization and the board, and "new blood," women who are new to the club or new to the board, who bring new ideas and fresh insight into UWC programming, special events, fund-raising and other projects.

The board is responsible, as a group, to advise and assist the president in all aspects of the management of UWC. Committee chairs are responsible, with the guidance of the board, to complete the tasks of their particular committees. Some of the committees have responsibilities that last throughout the year, such as Hospitality, Membership, Email, and *MESSAGES*. Other committees have responsibilities that are concentrated to a few weeks or months of the year, such as Scholarship, Nominating, Margaret Willard Award, and Honors Reception. Some require a heavy time commitment, others, not so much. Some "committees" consist of only the chair, others have committee members who work with the chair.

The Executive Board meets once a month from August through May, except for January. The meetings are held in a local restaurant and most board members stay to have lunch after the meetings. Serving on the board is rewarding in that it provides not just a chance to better understand and serve the organization that is important to us, but to develop or deepen friendships as the board members work and socialize together.

The Nominating Committee, the UWC President, and the Executive Board are always on the lookout for UWC members who would like to serve on a future board either in an elected position or as a committee chair. Some committee chairs need members to assist by serving on their committees.

If you are interested in becoming more involved with UWC by becoming an elected board member, please contact Kathy Randall, current Nominating Committee Chair (<a href="mailto:katherineran@gmail.com">katherineran@gmail.com</a>).

If you might like to serve as a committee chair in 2017-18, or assist on a committee, please contact Frieda Holley, President-elect, who will serve as president in 2017-18 (<a href="mailto:fholley@msudenver.edu">fholley@msudenver.edu</a>).

To see descriptions of Executive Board positions, go to our website at http://boulderuwc.org/.

Kathy Randall

### Preview of Upcoming Lecture Luncheons

The price of the luncheons is \$22; reserve the whole series for \$110. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: **Diane Maiden, Attention: UWC Lecture Luncheon, 3130 Emerson Ave., Boulder, CO 80305 or 303-494-4313.** Please do not combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on Page 11.

# November

Sports at CU—Where We Are Today, and the Vision for the Future

#### **NOTE DATE**

Rick George
November 1, 2016
11:30 a.m.
UMC Room 235
(Reservations and payment due October 24)

Rick George is the Director for Athletics for the University of Colorado Boulder.

# **December**

Historical Perspective of Women in Politics: How We Got to Where We Are Today

#### Dr. Lee Chambers

Tuesday, December 13, 2016 11:30 a.m. UMC Room 235 (Reservations and payment due December 15)

Dr. Lee Chambers is a professor in the CU History Department who specializes in history and gender studies, gender and war, and women and social activism.

# February

Critical Importance of Groundwater Protection for Future Sustainability in Boulder and Beyond



Dr. Roseanna M. Neupauer
Tuesday, February 14, 2017,
11:30 a.m.
University Memorial Center
Glenn Miller Ballroom
(Reservations and payment
due February 6)

Dr. Roseanna M. Neupauer is an Associate Professor at CU Boulder in Hydrology, Water Resources and Environmental Fluid Mechanics

# March

From Bob Dylan to Bill Gates: What Does Islam Have to do with Modern Western Culture?



Dr. Brian Catlos
Tuesday, March 14, 2017
11:30 a.m.
UMC Room 235
(Reservations and payment due
March 6)

Dr Brian Catlos is a Professor of Religious Studies at CU Boulder and is one of the world's leading figures in the study of Mediterranean history.

September 2016

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# Spring Scholarship Luncheon - April 2017

Mark your calendars for **April 18**, **2017** for the Annual Spring Scholarship Luncheon to be held at the Boulder Country Club.

Watch future UWC MESSAGES for more detailed information regarding this popular event.

## Opera Brunch - Coming in March 2016

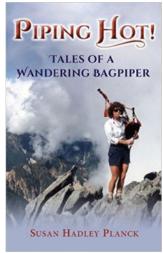
Save the date March 19, 2017, for the Opera Brunch and opera: Mozart's amusing and tender *The Magic Flute.* 

This opera allegorically portrays the education of mankind from chaos (Serpent) through colorful and fantastical characters, representing an evolution from religious superstition (Queen) to rational enlightenment (Sarasto) by trial and error (Papageno and Tamino).

Reservation forms and more information will be available in forthcoming *MESSAGES*. Contact: Julianne Cassady, jmcassady@comcast.net, 303-494-1135

### Members' Accomplishments—Susan Planck

#### HAVE BAGPIPES, WILL TRAVEL



One of our members, Susan Planck, has just written a new, unique book, *Piping Hot! Tales of a Wandering Bagpiper*, which is now available to those people interested in all things Celtic, those who just love to travel or both!

*Piping Hot!* takes you into the world of bagpiping and around the globe. Piper and traveler Susan Hadley Planck weaves together her sense of adventure with her love of bagpiping. She relates engaging stories of travel and piping from the top of Mt. Fuji in Japan to the Great Wall of China, at the base of Mt. Fitzroy in South America and even marching with 10,000 pipers through the streets of Edinburgh in the 2000 Millennium parade.

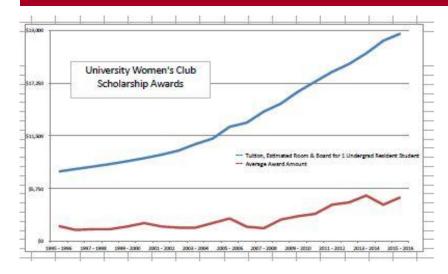
This book is for anyone who loves the skirl of the bagpipes, has Scottish-Irish roots, or just enjoys interesting travel. You don't have to be a bagpiper to enjoy these zany adventures mixing different cultures through the world of music.

Susan writes from the perspective as a member of the award-winning City of Denver Pipe Band for more than 15 years. She gained insights into the antics of bagpipe bands, competitions, piper personalities and gigs from participating in the matchless "Memphis in May" celebration to playing on the dock in Oban, Scotland.

This book will resonate with bagpipers, bagpipe lovers and travelers alike.

You can order this book through <u>Amazon.com</u> or at Susan's website <u>susanplanck.com</u>. If you have any questions, please email her at <u>plancksusan@gmail.com</u>.

### Scholarship Donation Considerations



This graph shows that **tuition**, **room and board** for 1 undergraduate resident student (blue line, nearly \$22K) is outdistancing our current efforts at awarding the **average award scholarship** (red line, \$5K).

We need to make a real difference for our non-traditional scholarship winners.

Please keep this in mind as you decide how much you can contribute to help our students this year, particularly as you are writing your check for your dues.

### Donor Advised Funds

There are many ways to contribute to the UWC Scholarship Fund. You can give directly by including additional monies when you pay your dues or by making out a check to UWC with a specific designation for the UWC Scholarship Fund or for the UWC Endowment Fund that generates annual income for this purpose.

Our Scholarship Committee is also preparing information about Donor Advised Funds where you can move stocks, properties, monies or other investments into a charitable fund managed by your broker or by a Donor Advised Fund Manager for purposes of reaping immediate tax benefits for larger donations of greater magnitude, and where you have the ability to move incremental amounts of earnings or principal from this fund over time to one or more charitable causes of your choice.

For questions on a Donor Advised Fund consult your broker or write to bouderuwc@gmail.com with the subject "Donor Advised Fund" and your questions.

#### Diana King

Scholarship Winners for 2016: Emily Hayden, Brooks Christiansen, Jessica Albarian and Myrlinda Huff.



PLUS
Julianna
Bourgeois
who will
speak at the
September
Membership
Coffee.



## Interest Groups in Action



The Needlecraft group meets at 1:30 p.m. on the second and fourth Thursdays at members homes.

Shown here is a blanket recently completed by Jana Murphy (on the left). Mollie Sue Morton helps with the display.

The Garden Group usually meets the third Wednesday from April to October.

They visit local garden centers, botanical





The Bicycling Group meets every Thursday from May through October.

There is also a Bicycling—Easy Riders group which meets on Wednesdays from May through October.

#### **Theater Goers**

Annie and Gail are looking forward to an entertaining season of excellent local theater and they invite old members as well as new members to join the Theater Goers Group.

They will be starting the season at the new **Dairy Center with the production of RIPCORD**, September 25, the 2:00 p.m. matinee. If you are interested in joining the group, please contact Gail Moyes at 303-786-9142 or email at gpmoyes@gmail.com. They hope to sign up more new members at the Membership Coffee on September 20, 9:30 a.m.

#### All of the UWC Interest Groups are listed on the next 2 pages.

Feel free to contact the chair of a group in which you may be interested. Also, come to the September Membership Coffee on September 20 to learn more in person.

# Interest Groups in Action—continued

#### **Interest Group - Spanish**



#### Spanish for Learners!!! OR Advanced Spanish Conversation!!!

The UWC Spanish Conversation Groups are re-organizing this fall. There will be sign ups at the fall Membership Coffee at 9:30 a.m. on Tuesday, September 20 in UMC 235.

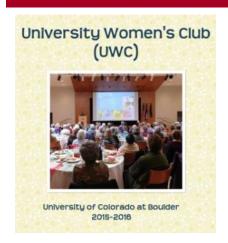
<u>CLASSES FOR LEARNERS:</u> Depending upon interest there will be classes for Beginning Spanish, Intermediate Spanish or a combination of the two. If you've always wanted to learn Spanish or improve your basic Spanish then come join with others for this opportunity to learn this fall. If we have enough interest, we will organize a class starting in October. There will be a cost involved for the instructor and a minimum commitment of 3 to 6 classes over a 2 to 4 month period depending upon interest of those involved.

<u>ADVANCED SPANISH CONVERSATION:</u> If you already know Spanish, there will be other events organized to keep up your Spanish.

**ON YOUR OWN:** We encourage anyone interested to take advantage of the free website for languages called duolingo.com. You can work through it at your own pace and level. It is very helpful.

If you have questions or are interested but cannot attend the Coffee, please contact Diana King to sign up or for more information. (email: dianaking.boulder@gmail.com, Home: 303-530-1860, Mobile: 303-803-4583)

### UWC History Book 2015-16



The 2015-16 History Book will be available to view at the September 20 Membership Coffee.

We had a wonderful year, as the photos reveal.

Thanks to all who helped make 2015-16 a great year (programs, interest groups, special activites included.)

Copies can be purchased. Contact Kathleen Newton with your request. They will cost around \$50 each.

Interest Group Meeting Time and Place	Chaír(s) Informatíon	Specíal Notes
Bicycling Meets every Thursday from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Book Group - Evening 7:15 p.m. Second Thursday, members' homes.	Ellen Holland (303-517-5544) wrhelh@comcast.net  Kathy Randall (303-530-1095) katherineran@gmail.com	Sept. 15: All the King's Men by Robert Penn Warren. Hostess: Beth Rauch (303-442-2704, etrauch@comcast.net). Note this is the 3rd Thursday (for September only).  Oct. 13: Let's Not GO to the Dogs Tonight by Alexandra Fuller.  Books are available at the Boulder Bookstore.
Bridge on Wednesday 1:00 - 3:00 p.m. First Wednesday, members' homes.	Barbara Turner (303-471-9778) <u>Barbara-Turner@centurylink.net</u> Sharon Gabriel (303-494-7643) <u>skgabriel@comcast.net</u>	Please contact chairs for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:30 a.m.—noon at Panera Bread in the 29th Street Mall	Gisele Berzins (303-408-0366) gigiberzins@gmail.com	Please contact chair for details.  All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Karon Johnson (303-499-5056) <u>Karon.Johnson@Colorado.edu</u>	September program TBD.  Please contact co-chairs for information.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779)  hslynch@comcast.net  Frieda Holley (303-499-3733)  holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months, in members' homes.	Judy Owens (303-494-0196)  owensj4@mac.com  Pat Phillipson (303-443-9839)  phillipp@colorado.edu	We especially welcome new performers. Contact chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays, members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com  Georgianne Campbell (303-499-2798) rpcampbell@att.net	An email will be sent to members with details prior to each meeting.

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) Karen.diamond@mac.com	Contact chair for details.
Out to Lunch 12:00 p.m. Fourth Wednesday Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu  Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	We plan to meet Wednesday, September 28 at noon at Chautauqua Dining Hall, 900 Baseline Rd, Boulder. RSVP to chairs.
Readers' Theatre 2 6:30 p.m. First or Second Monday Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590)  pattycake.21@juno.com  Kathy Randall (303-530-1095)  katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays, to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Contact chair for details.
Spanish Learners - Beginners and Intermediates	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair to join a group session to learn or improve your beginning Spanish.
Spanish Conversation Advanced Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair for meeting time, place and details.
Sunday Afternoon at the Movies  Matinee Fourth Sunday  Local movie theatre	Lois Kraft (515-724-9627)  Kraft_lois@yahoo.com  Kathleen Newton (720-548-8661)  kathleen_n@comcast.net	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Theater Goers	Gail Moyes (303-786-9142) <u>gpmoyes@gmail.com</u> Annie Russell (303-786-8070) <u>annie@annierussell.com</u>	Contact one of the co-chairs for upcoming activity details.

The following Interest Groups are part of the UWC, but currently do not have openings:

Interest Group	Chair(s)	
Book Group—Afternoon	Carol Saunders, Mary Clough	
Book Group - BG3	Kathy Randall	
Book Group Small— Fiction, Nonfiction	Nancy Liggett	
Book Group – Second Monday	Helen Hooper	
French Conversation	Dot Thompson, Ruth Stern	
Readers' Theatre	Marilyn Wasmuth	

To start a new interest group requires at least **five members and a chairperson.**Contact Nancy Liggett (<u>neliggett@gmail.com</u>) for more information.
To form a new book group, contact Kathy Randall (303-530-1095).

## UWC Boulder Membership Form - 2016-17

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

*MESSAGES* will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Virginia Stringi, Membership Chair 303-955-1860 uwcmembershipchair@gmail.com	Frieda Holley, New 303-499-3733 holley@msudenver	:.edu
Name	Phone	
Address		
Email address for newsletter		
	(please print clearly)	☐ new email address
$\square$ I am enclosing my annual dues of \$30.	I am a □returning mem	nber $\square$ new member.
☐ I am enclosing an additional tax-deducti ☐ \$25 ☐ \$50 ☐ \$100 ☐ I am enclosing this tax-deductible contri	□ Other \$	
Make all checks payable to UWC (may combine du Mail to: UWC Membership, PO Box	x 18844, Boulder,	CO 80308-1844
I have a friend who might like to join the U	WC. Please send memb	ership information to:
Name	Phone	
Address	Email	

#### **UWC Interest Groups**

These are some of the current interest groups. Please see the interest group chairperson if you wish to join. (The chairpersons will be on the website, <a href="https://www.boulderuwc.org">www.boulderuwc.org</a>, and in <a href="https://www.boulderuwc.org">MESSAGES</a>.)

Bicycling	Hiking	Reader's Theater
Book Groups	Italian Conversation	Snowshoeing
Bridge	Music	Spanish Conversation
Downhill Skiing	Needlecraft	Sunday Afternoon at the Movies
French Conversation	On the Road Again	Theater Goers
Gardening	Out to Lunch	

Other interest group suggestions, please contact Nancy Liggett neliggett@gmail.com

# Registration Form for **UWC Lecture Events**

# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic
		10/18/16 5:30 p.m. UMC Glenn Miller Ballroom	Dr. Huntington Potter Alzheimer's Disease: Pursuing the Cure at CU/Anschutz
		11/1/16 11:30 a.m. UMC 235	Rick George Sports at CU—Where We Are Today, and the Vision for the Future
		12/13/16 11:30 a.m. UMC 235	Dr. Lee Chambers Historical Perspective of Women in Politics: How We Got to Where We Are Today
		2/14/17 11:30 a.m. UMC Glenn Miller Ballroom	Dr. Roseanna M. Neupauer Critical Importance of Groundwater Protection fo Future Sustainability in Boulder and Beyond
		3/14/17 11:30 a.m. UMC 235	Dr. Brian Catlos From Bob Dylan to Bill Gates: What Does Islam Have to Do with Modern Western Culture?
Please prin	t):		
our Name:			
mail:			Phone:
ddress:	dress: City, State:		
Special Diet	: Meal needed (please	specify type and	for whom)

September 2016

Boulder, CO 80305

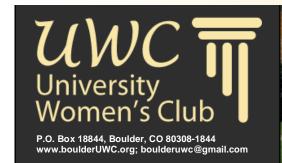
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## 2016-17 Calendar

## Executive Board 2016-17

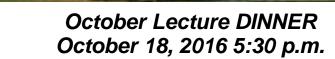
September	6	Board Meeting	
	10	MESSAGES Deadline	
	20	Membership Coffee	
October	4	Board Meeting	
	10	MESSAGES Deadline	
	15	Membership Deadline for Name to Appear in Directory	
	18	Lecture <b>Dinner</b>	
November	1	Lecture Luncheon	
	6	New Member Wine and Cheese Event	
	8	Board Meeting	
	10	MESSAGES Deadline	
December	6	Board Meeting	
		NO <i>MESSAGES</i> IN JANUARY	
	13	Lecture Luncheon	
January		No Planned Meetings or Events	
	10	MESSAGES Deadline	
February	7	Board Meeting	
	10	MESSAGES Deadline	
	14	Lecture Luncheon	
March	7	Board Meeting	
	10	MESSAGES Deadline	
	14	Lecture Luncheon	
	19	Opera Brunch	
April	4	Board Meeting	
	10	MESSAGES Deadline	
	18	Scholarship Luncheon	
May	9	Honors Reception	
	16	Tri-Board Meeting	

President	Janet Brewer	
President-elect	Freida Holley	
Secretary	Kathy Terrill	
Treasurer	Arlene Gerwin	
Past President	Diana King	
Advisory/ Parliamentarian	Karon Johnson	
Communications	Mollie Sue Morton	
Email	Kathleen Newton	
Historian	Berry Todd	
Honors Reception	Kathryn Wardell	
Hospitality	Diana Maiden	
Interest Groups	Nancy Liggett	
Margaret Willard Award	Jane Massie	
Membership	Virginia Stringi	
New Members	Freida Holley	
Directory/Handbook/ Repository	Diana King	
MESSAGES	Joyce Spencer	
Nominating Committee	Kathy Randall	
Opera Brunch	Julianne Cassady	
Program Co-Chairs	Mary Huffman, Patricia Meinhardt	
<b>Scholarship Committee</b>	Becky Palmer	
Scholarship Luncheon	Tamera Van Spriell, Linda Nordberg	
Telephone Tree	Linda Blomquist	
Website	Carol Etges	
Secretary Elect	Kathleen Newton	
Treasurer Elect	Arlene Gerwin	





October 2016, Issue 2



In the Glenn Miller Ballroom

Alzheimer's Disease: Pursuing the Cure at CU/Anschutz

**Speaker:** Huntington Potter PhD



President's Message 2 Scholarship Chair Msg 3 Nominations and "Tell 4 Me More" Lecture Events 5 Activities 6 Scholarship Info and 7 Parking -Bus info Caryl Kassoy/MW 8 Award Interest Groups 9-11 Registration Forms 12-14 Calendar/ Exec Board

<u>President's Message</u> Hear from our 2016-17 President, Janet Brewer See Page 2 for Details...

<u>Upcoming Lecture</u>
<u>Luncheons</u>
Take a peek at what's
around the corner
See Page 5 for Details...

Join us for an evening lecture with Huntington Potter PhD. The doors open at 5:30 p.m. at the Glenn Miller Ballroom. There will be a cash bar in addition to dinner. We are hoping you will bring a guest.

Dr. Huntington Potter is Professor of Neurology and the Director of the Rocky Mountain Alzheimer's Disease Center at the University of Colorado Anschutz Medical Center. He recently joined CU after studying, researching, and teaching for 30 years at Harvard University. Dr. Potter has authored over 100 scientific articles and books and has received numerous awards for his work, with a special emphasis on the relationship between Alzheimer's disease (AD) and Down's syndrome.

During his lecture, Dr. Potter will address the current status of AD research, the potential for new ways of diagnosing the disease, and the possibility of new drug treatments. He will also discuss the comprehensive Alzheimer's disease center being developed on the Anschutz Medical Campus and the available resources for both patients and family members affected by this devastating disease.

The new AD center is the only one in Colorado serving a 1,000-mile radius of Denver, including the Boulder community.

#### For further information:

Colorado researcher gets \$1 million to advance Alzheimer's drug trial Effort targets four promising therapies addressing neuroinflammation <a href="http://www.denverpost.com/2016/08/02/alzheimers-drug-trial-colorado-grant/">http://www.denverpost.com/2016/08/02/alzheimers-drug-trial-colorado-grant/</a>



**Lecture Event payment** must be received NO LATER **than October 10.** Please send payment of **\$22** to our Hospitality
Chair, Diana Maiden, 3130 Emerson Ave., Boulder, CO 80305.
Questions? 303-494-4313 or diana.maiden@gmail.com

Special meals are available and must be requested in advance: gluten-free, vegetarian, or dairy-free options available. For UMC Room 235, we have limited room capacity. Please book early to ensure seating.

### President's Message



As you read this edition of *MESSAGES*, the University Women's Club has recently enjoyed (or will do so soon) our Fall Membership Coffee. I wish to thank everyone who helped to plan and implement this occasion.

Many of you have paid your dues, made scholarship donations, and have investigated our varied interest groups. If you have not already done so, please pay your dues soon (send them to UWC Membership, PO Box 18844, Boulder, CO 80308-1844) for inclusion of your name and contact information in the Directory. Payment of dues is also required for participation in our interest groups. Scholarship donations are welcome at any time!

This year's lectures promise to be excellent. Please note that there are **two changes to our normal scheduling** of these events: The first lecture will be held on **Tuesday**, **October 18**, in the **UMC Glen Miller Ballroom beginning** 

at <u>5:30 p.m.</u> (Yes, it's a *dinner*, not a luncheon!). There will be a cash bar available that evening. We also have had to move our November luncheon to **Tuesday, November 1**, due to scheduling conflicts with the University. The November 1<sup>st</sup> Lecture Luncheon will be at **11:30 a.m. in UMC Room 235**.

We have also had changes to the composition of the Board. Unfortunately, Phylliss Stenger and Dr. Patricia Meinhardt have submitted resignations due to unforeseen scheduling conflicts. Both did considerable work in fulfilling their responsibilities to date – Phylliss as Opera Brunch Chair, and Patricia as Program Co-chair – and we thank them. Going forward Julianne Cassady will assume the position of Opera Brunch Chair, and Mary Huffman will take on sole responsibility as Program Chair.

The University Women's Club is administered by a multi-talented Board of Directors, all of whom *volunteer* their time and skills. As was described in the September issue of *MESSAGES*, three of the positions are elected (president, secretary, and treasurer) while the majority of the Board is recruited and appointed by the president from year to year.

The continued vitality of UWC depends upon the willingness of qualified individuals to step up to the plate and serve. In an organization as large as ours, it is tempting to assume that "someone else" will do the job. Please do not succumb to this philosophy! The nominating committee is currently seeking candidates for next year's elective positions. There is more detailed information in an accompanying brief article in this month's issue of *MESSAGES*. See page 4.

Welcome back! We eagerly anticipate a full and *fulfilling* year of activity and friendship.

### Parking Issues

Parking at CU this year is going to be a challenge. The University is planning to work on the Euclid Parking Structure. What does this mean to you? The \$43 million construction work was supposed to start in August and was supposed to last through January 1, 2017, but for anyone who has endured a remodel in their home, you know that deadlines are just a target which can move.

We will make every attempt to update you to the progress on the campus construction, but plan for extra time and be forewarned. While Euclid is under construction, there will be alternative parking in **lot #204** adjacent to the current parking structure. Also the street meters will be available, but they are limited to two hours.

We always recommend carpooling as a way to attend our events on campus.

We also recommend taking the bus. RTD has a very reliable transit system, with several routes that will bring you to. or near to, the UMC. Please see **page 7** for more details on the buses.

Mary Huffman

## Scholarship Chair's Message

#### Be A Part of Our Proud UWC Heritage

It is so great to be part of the proud traditions of University Women's Club!

Over the course of 35 years we have provided \$229,000 to give a second chance to our scholarship winners who might otherwise have never received a college degree. Right now our five winners for this year are attending classes this semester using the \$24,000 we gave them last spring! I hope you were among the people at the awards luncheon so that you were able to hear their stories and meet them!

Many of you have had the privilege and challenge of raising your own children. You know we can easily get lost in the minutiae of getting their shoes tied, their teeth brushed and their lunches made from day to day, but lose sight sometimes of our ultimate goals. That is a little like UWC. We are here to have lots of fun with our friends and make new ones, but we have an opportunity to do more. Our scholars have each had a major road block appear on their way to a formal education. One of our main goals is to give our scholars a second chance at a college degree. To that end we need to refocus ourselves.

# WE NEED FOR EVERY MEMBER TO DONATE SOMETHING TO THE SCHOLARSHIP FUND NOW MORE THAN EVER.

Brooks Christensen, aspiring physicist, almost a concert master pianist, and one of our winners this spring, reminded us that with great power comes great responsibility. Women of this era have had so many more opportunities and rewards than our predecessors. Please be a part of our proud UWC tradition and share your good fortune with our students. Together we are so powerful!



Becky Palmer Scholarship Chair

## Membership Courtesy

If anyone knows of a member who would appreciate a card, note or any personal contact due to illness, death or other reasons of support, please inform MOLLIE MORTON, 303-494-5486 or mollie.morton@colorado.edu.

# Membership Dues

\$30 annual dues are due now. Please send your dues in asap so that we can include you in the Directory and so you will not be removed from our mailing list. Checks made out to UWC can be sent to P.O. Box 18844, Attn. Membership, Boulder CO 80308-1844.

We encourage you to consider including your scholarship fund donation and increase your check amount accordingly. Dues can also be paid at the Membership Coffee on Tuesday, September 20 at 9:30 a.m. at UMC Room 235. If you have questions regarding your UWC Membership please email Virginia Stringi, UWC Membership Chair at <a href="https://www.uwcmembershipchair@gmail.com">uwcmembershipchair@gmail.com</a>.

Please see the Membership Form on page 12.

### **UWC** Nominations for 2017-18

This year's Nominating Committee is comprised of Kathy Randall (chair), Frieda Holley, and Mary Greenwald. The committee's task is to select nominees for President-elect, Secretary-elect, and Treasurer-elect for the program year 2017-18.

If you would like to be considered for one of these positions, or would like to suggest someone for one of the positions, please contact any of the committee members (<a href="mailto:katherineran@gmail.com">katherineran@gmail.com</a>, holleyf@msudenver.edu, m.b.greenwald@comcast.net) by the end of September.

### Tell Me More—About Boulder Bees

At last March's Lecture Luncheon, Dr Alexandra Rose introduced us to fascinating facts about bees, of which there are almost 1000 species in the Boulder area, and to The Bees' Needs, a citizen science project focusing on our native bees and wasps. She emphasized the importance of bees as indispensable pollinators and protectors of the ecosystem and the danger of their decline.

September has been Pollinator Appreciation Month, but it is not too late to celebrate: The Bee Boulder Festival takes place on **Saturday, September 24 from 10 a.m. to 1 p.m. at Central Park**. This will be a family affair with lots of activities and entertainment for the grandkids as well as an educational component a propos of the beauty and importance of pollinators and how we can all support and protect them.

As individuals there are several simple steps we can take to help the bees, even if we are not involved in Dr Rose's study:

Provide pollen and nectar for food. Native plants are best for this as they coevolved with the native bees. See information about native pollinators and native plants here: <a href="https://www-static.bouldercolorado.gov/docs/native-pollinators-native-plants-1-201407021611.pdf">https://www-static.bouldercolorado.gov/docs/native-plant-list-1-201407021611.pdf</a> and a list of native plants here: <a href="https://www-static.bouldercolorado.gov/docs/native-plant-list-1-201407021645.pdf">https://www-static.bouldercolorado.gov/docs/native-plant-list-1-201407021645.pdf</a>

Ensure bees have nesting sites. Pollinator bees mostly nest alone in holes, sandy ground, brush piles, logs, twigs. Reduce mulching, mowing or tilling uncultivated areas.

Avoid insecticides and herbicides, especially those containing neonicotinoids. These systemic insecticides are taken into the vascular systems of plants so that they are poisonous for bees long after they have been applied. When purchasing plants, ask if they have been treated with neonicotinoids. See a list of neonicotinoids here: <a href="http://www.xerces.org/wings-magazine/neonicotinoids-in-your-garden/">http://www.xerces.org/wings-magazine/neonicotinoids-in-your-garden/</a>

The CU Museum of Natural History, at which Dr Rose is the Citizen Science Coordinator, houses a collection of approximately 600,000 insects and arachnids. Bees (hymenoptera) are one of the strengths of the collection. Visit the museum on campus any day except University holidays.









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Kathy Randall

October 2016

### Preview of Upcoming Lecture Luncheons

The price of the luncheons is \$22; reserve the whole series for \$110. Make checks payable to "UWC" and note "Lecture Luncheon" (or "Lecture Dinner"), in the memo. Please send payment or questions to: **Diane Maiden**, **Attention: UWC Lecture Luncheon**, **3130 Emerson Ave.**, **Boulder**, **CO 80305 or 303-494-4313**. Please do not combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on Page 13.

# November

Sports at CU—Where We Are Today, and the Vision for the Future



#### **NOTE DATE**

Rick George
November 1, 2016
11:30 a.m.
UMC Room 235
(Reservations and payment due October 24)

Rick George is the Director for Athletics for the University of Colorado Boulder.

# **December**

Historical Perspective of Women in Politics: How We Got to Where We Are Today

#### Dr. Lee Chambers

Tuesday, December 13, 2016 11:30 a.m. UMC Room 235 (Reservations and payment due December 15)

Dr. Lee Chambers is a professor in the CU History Department who specializes in history and gender studies, gender and war, and women and social activism.

# **February**

Critical Importance of Groundwater Protection for Future Sustainability in Boulder and Beyond



Dr. Roseanna M. Neupauer
Tuesday, February 14, 2017,
11:30 a.m.
University Memorial Center
Glenn Miller Ballroom
(Reservations and payment
due February 6)

Dr. Roseanna M. Neupauer is an Associate Professor at CU Boulder in Hydrology, Water Resources and Environmental Fluid Mechanics

# March

From Bob Dylan to Bill Gates: What Does Islam Have to do with Modern Western Culture?



Dr. Brian Catlos
Tuesday, March 14, 2017
11:30 a.m.
UMC Room 235
(Reservations and payment due
March 6)

Dr Brian Catlos is a Professor of Religious Studies at CU Boulder and is one of the world's leading figures in the study of Mediterranean history.

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# Spring Scholarship Luncheon - April 18, 2017

Circle your calendars on **April 18**, **2017** for the Annual Spring Scholarship Luncheon to be held at the Boulder Country Club.

This is a great opportunity to celebrate the 2017 scholarship winners and to hear personal accounts of their heart-warming journeys through challenges to achievements. We'll also enjoy a delicious lunch as we converse with old and new friends. The culmination of this popular event is a fashion show presented by a local retailer.

Be sure to watch future UWC *MESSAGES* for more detailed information regarding this much anticipated springtime affair.

# Opera Brunch - Coming in March 2016

Save the date March 19, 2017, for the Opera Brunch and opera: Mozart's amusing and tender *The Magic Flute.* 

This opera allegorically portrays the education of mankind from chaos (Serpent) through colorful and fantastical characters, representing an evolution from religious superstition (Queen) to rational enlightenment (Sarasto) by trial and error (Papageno and Tamino).

Reservation forms and more information will be available in forthcoming *MESSAGES*. Contact: Julianne Cassady, jmcassady@comcast.net, 303-494-1135

### Interest Group News

The **Music Group** celebrated the 90th birthday of one of their own, Jane Byers, at their September gathering.







Congratulations Jane!

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## Scholarship Donation Recognition



Any member who donates to the scholarship fund will find a black and gold mortar board and scroll on her name tag. We want everyone to know that you care about our scholarship winners and want to be a part of our proud UWC tradition of giving carefully chosen and deserving scholars a second chance.

At our luncheons we will be providing a minute or two for anyone at the table who has a mortar board on her name tag to tell why she contributed. Here are some thoughts from members that may resonate with your own thinking:

- "Someone helped me when I had nothing. I want to give back."
- "I am so touched by the stories I hear every year that I feel compelled to help these students."
- "I love this organization and am really proud to continue its traditions as much as I possibly can."

Becky Palmer

### Parking Options for UMC

#### **Consider Taking the Bus**

Unless you are carpooling and sharing the cost of parking, it may be more cost effective to take the bus. Several bus routes, including the SKIP, the 204, and the DASH, stop on Broadway very close to the University Memorial Center (UMC). Other buses, including the STAMPEDE and the HOP, stop on 18<sup>th</sup> Street just behind UMC.

You can figure out the best route from your house by using the RTD Trip Planner <a href="http://www.rtd-denver.com/GoogleTripPlanner.shtml">http://www.rtd-denver.com/GoogleTripPlanner.shtml</a>. You enter the address from which you are starting (your house), enter the address at which you want to end (Broadway and Euclid Ave, Boulder) and the time at which you want to arrive. Click "Plan Your Trip" and RTD will figure out your choice of routes including any transfers you have to make. Some bus stops have shelters, many bus stops have benches, and all bus stops are marked by a red and white sign that lists all routes that stop at that location.

If there is no easy bus route from your house, you can start at a Park and Ride or plan some shopping at the 29<sup>th</sup> Street Mall before or after the UWC event and park there. The HOP is an easy ride from the mall and runs about every 10 minutes. Catch the clockwise bus on 29<sup>th</sup> Street just across from Macy's entrance. It will take you to 18<sup>th</sup> Street behind UMC. When you return, take the counter-clockwise bus from the east side of 18<sup>th</sup> Street. The HOP goes in a loop, so either direction will get you there, but it is a shorter route on the south side of the loop.

The one-way fare on the bus is \$2.60 but **for Seniors it is only \$1.30**. You need to pay with the exact amount or use a ticket from a 10 ride booklet which you buy at the bus station (\$23.50 regular; \$11.75 Senior). If you are riding 2 different buses, be sure to ask for a transfer, which you show the driver on the second bus. If you are lucky enough to have an EcoPass, you ride for free.

If you are still a little nervous about riding the bus, see RTD's six steps for "How To Ride Bus" here: <a href="http://www.rtd-denver.com/HowToRideBus.shtml">http://www.rtd-denver.com/HowToRideBus.shtml</a> or find **Kathy Randall** at a UWC event and ask her for the scoop. She rides the bus a lot.

# Special Accomplishments—Caryl Kassoy

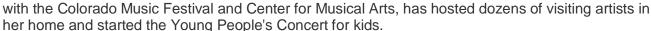
#### **Dairy Center Honors**

On September 10, the Boulder community saluted individuals whose lifetime commitment to the arts has made a major contribution to life in Boulder. Modeled after the popular Kennedy Center Honors, each Honoree was honored with a surprise live performance.

The Dairy Center 2016 class of Honorees were: Ami Dayan, Sally Elliott, Thomas Morgan, Noel Hefty, David Fulker, and Caryl Kassoy.

Caryl received the "Humanitarian and Arts Supporter" award. According to the article in the *Daily Camera:* 

"Kassoy has been supporting local music for decades. She served on the then-American Symphony Orchestra League and is currently chair of CU's American Music Research Center's advisory board. She has also been highly involved



Her list of work as an art activist goes on. She was also a member of the original committee that investigated turning the Watts-Hardy Dairy into an arts center back in 1991."

Caryl was the UWC President in 1995-96, a recipient of the President's Award in 1999-2000, and a Margaret Willard award recipient in 2005-06. She has been a member of the UWC since 1969.



Margaret Willard began her career at CU as an English instructor, wife of an history professor, and became the first president of the Faculty Wives' Club, which has evolved into a more encompassing group, our University Women's Club. Though the original group liked to chat and sip tea, they grew in involvement in philanthropic matters.

By 1957, the group added fund-raising and expanded the philanthropic work by providing financial loans for women, to help them to continue their education. In 1982 the UWC began to give scholarships to nontraditional females. We continue this tradition and recently have included men for scholarship consideration. Since 1993, the UWC has presented the Margaret Willard to a woman or women who have exemplified the traits of our predecessors, and in doing so honor all women.

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

All our honorees are exemplary role models who exercise initiative in their endeavors and in doing so bring honor to all women and to our University.

Please submit a nomination (form on page 14) by March 1. Please ask for assistance, if you like. Jane Massie



### Interest Groups in Action

#### **Interest Group - Spanish**

#### Spanish for Learners!!! OR Advanced Spanish Conversation!!!

The UWC Spanish groups will begin to meet in October. If you have not already signed up there is still a little time to join us.

<u>CLASSES FOR LEARNERS:</u> Depending upon interest there will be classes for Beginning Spanish, Intermediate Spanish or a combination of the two. If you've always wanted to learn Spanish or improve your basic Spanish then come join with others for this opportunity to learn this fall. If we have enough interest, we will organize a class starting in October. There will be a cost involved for the instructor and a minimum commitment of 3 to 6 classes over a 2 to 4 month period depending upon interest of those involved.

<u>ADVANCED SPANISH CONVERSATION:</u> If you already know Spanish, there will be other events organized to keep up your Spanish.

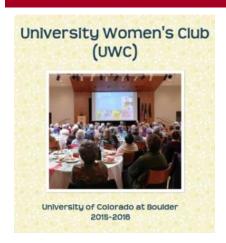
**ON YOUR OWN:** We encourage anyone interested to take advantage of the free website for languages called duolingo.com. You can work through it at your own pace and level. It is very helpful.

If you have questions or are interested but cannot attend the Coffee, please contact Diana King to sign up or for more information. (email: dianaking.boulder@gmail.com, Home: 303-530-1860, Mobile: 303-803-4583)

#### **Interest Group - Theater Goers**

Theater Goers are looking forward to two up and coming events. The first is Ripcord by BETC at the newly remodeled Dairy Center for the Performing Arts, on **September 25 at 2 p.m.** The second is **MOMIX by CU Presents on October 2 at 7:30 p.m.** in Macky Auditorium. (see http://www.cupresents.org/events/momix). Through daring movement, optical illusions and astounding inventiveness, the dancers of MOMIX create a dreamlike fantasy world. "Opus Cactus" brings the landscape of the Sonoran desert to life with slithering lizards, fire dancers and more.

### UWC History Book 2015-16



The 2015-16 History Book will be available to view at the September 20 Membership Coffee.

We had a wonderful year, as the photos reveal.

Thanks to all who our various groups who helped make 2015-16 a great year (programs, interest groups, special activites included.)

Copies can be purchased. Contact Kathleen Newton with your request. They will cost around \$55 each.

October 2016

Interest Group Meeting Time and Place	Chaír(s) Informatíon	Specíal Notes
Bicycling Meets every Thursday from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Book Group - Evening 7:15 p.m. Second Thursday, members' homes.	Ellen Holland (303-517-5544)  wrhelh@comcast.net  Kathy Randall (303-530-1095)  katherineran@gmail.com	Oct. 13: Let's Not Go to the Dogs Tonight by Alexandra Fuller.
Bridge on Wednesday 1:00 - 3:00 p.m. First Wednesday, members' homes.	Barbara Turner (303-471-9778) <u>Barbara-Turner@centurylink.net</u> Sharon Gabriel (303-494-7643) <u>skgabriel@comcast.net</u>	Please contact chairs for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:30 a.m.—noon at Panera Bread in the 29th Street Mall	Elaine Leass (303-973-9778)  kayakeb@gmail.com  Roberta Kimmel (720-524-6744)  Roberta.kimmel@gmail.com	Please contact chair for details.  All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Karon Johnson (303-499-5056) <u>Karon.Johnson@Colorado.edu</u>	An email will be sent to Garden Group members when the program is ready.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779)  hslynch@comcast.net  Frieda Holley (303-499-3733)  holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months, in members' homes.	Judy Owens (303-494-0196) owensj4@mac.com  Pat Phillipson (303-443-9839) phillipp@colorado.edu	We especially welcome new performers. Contact chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays, members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com  Georgianne Campbell (303-499-2798) rpcampbell@att.net	An email will be sent to members with details prior to each meeting.

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) Karen.diamond@mac.com	Contact chair for details.
Out to Lunch 12:00 p.m. Fourth Wednesday Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu  Virginia Donegan (303-635-6685) ginnydon22@yahoo.com	We plan to meet Wednesday, Oct . 26 at noon at the FATE Brewing Company. 1600 38th St., Boulder. Please RSVP to Ginny Donegan.
Readers' Theatre 2 6:30 p.m. Second Monday Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590)  pattycake.21@juno.com  Kathy Randall (303-530-1095)  katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays, to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Contact chair for details.
Spanish Learners - Beginners and Intermediates	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair to join a group session to learn or improve your beginning Spanish.
Spanish Conversation Advanced Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair for meeting time, place and details.
Sunday Afternoon at the Movies  Matinee Fourth Sunday  Local movie theatre	Lois Kraft (515-724-9627)  Kraft_lois@yahoo.com  Kathleen Newton (720-548-8661)  kathleen_n@comcast.net	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Theater Goers	Gail Moyes (303-786-9142) <u>gpmoyes@gmail.com</u> Annie Russell (303-786-8070) <u>annie@annierussell.com</u>	Contact one of the co-chairs for upcoming activity details. See page 8.

The following Interest Groups are part of the UWC, but currently do not have openings:

Interest Group	Chair(s)	
Book Group—Afternoon	Carol Saunders, Mary Clough	
Book Group - BG3	Kathy Randall	
Book Group Small— Fiction, Nonfiction	Nancy Liggett	
Book Group – Second Monday	Helen Hooper	
French Conversation	Dot Thompson, Ruth Stern	
Readers' Theatre	Marilyn Wasmuth	

To start a new interest group requires at least **five members and a chairperson.**Contact Nancy Liggett (<u>neliggett@gmail.com</u>) for more information.

To form a new book group, contact Kathy Randall (303-530-1095).

## UWC Boulder Membership Form - 2016-17

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

*MESSAGES* will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Virginia Stringi, Membership Chair 303-955-1860 uwcmembershipchair@gmail.com	Frieda Holley, New 303-499-3733 holleyf@msudenve	r.edu
Name		
Address		
Email address for newsletter		
	(please print clearly)	☐ new email address
$\square$ I am enclosing my annual dues of \$30.	I am a □returning men	nber $\square$ new member.
☐ I am enclosing an additional tax-deducti ☐\$25 ☐\$50 ☐\$100 ☐ I am enclosing this tax-deductible contri	□Other \$	
Make all checks payable to UWC (may combine du Mail to: UWC Membership, PO Box	x 18844, Boulder,	CO 80308-1844
I have a friend who might like to join the U	WC. Please send memb	ership information to:
Name	Phone	
Address	Email	

#### **UWC Interest Groups**

These are some of the current interest groups. Please see the interest group chairperson if you wish to join. (The chairpersons will be on the website, <a href="https://www.boulderuwc.org">www.boulderuwc.org</a>, and in <a href="https://www.boulderuwc.org">MESSAGES</a>.)

Bicycling	Hiking	Reader's Theater
Book Groups	Italian Conversation	Snowshoeing
Bridge	Music	Spanish Conversation
Downhill Skiing	Needlecraft	Sunday Afternoon at the Movies
French Conversation	On the Road Again	Theater Goers
Gardening	Out to Lunch	

Other interest group suggestions, please contact Nancy Liggett neliggett@gmail.com

# Registration Form for **UWC Lecture Events**

# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic	
		10/18/16 5:30 p.m. UMC Glenn Miller Ballroom	Dr. Huntington Potter Alzheimer's Disease: Pursuing the Cure at CU/Anschutz	
		11/1/16 11:30 a.m. UMC 235	Rick George Sports at CU—Where We Are Today, and the Vision for the Future	
		12/13/16 11:30 a.m. UMC 235	Dr. Lee Chambers Historical Perspective of Women in Politics: How We Got to Where We Are Today	
		2/14/17 11:30 a.m. UMC Glenn Miller Ballroom	Dr. Roseanna M. Neupauer Critical Importance of Groundwater Protection fo Future Sustainability in Boulder and Beyond	
		3/14/17 11:30 a.m. UMC 235	Dr. Brian Catlos From Bob Dylan to Bill Gates: What Does Islam Have to Do with Modern Western Culture?	
Please prin	t):			
our Name:				
mail:		Phone:		
ddress:		City, State:		
Special Diet	Meal needed (please	specify type and	for whom)	

October 2016

Boulder, CO 80305



# Margaret Willard Award 2017 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- · Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- · Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

**To the Nominator**: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee		
	(work)	
Email		
	grees received (if applicable)	
Nominee's current position	(if retired, position held until retirement)	
	outlining Nominee's service to the University and/o	-
_		
	(work )	
Email		

Please mail nomination information to Jane Massie, 178 S. Buchanan Avenue, Louisville, CO 80027 by March 1, 2017, or email to sjanemassie@me.com.

If the Nominee does not receive the award in 20167 she may be considered for 2018. In this case, an updated statement about the Nominee may be requested.

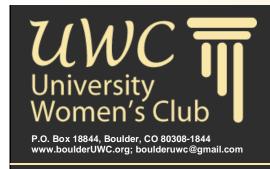
Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

## 2016-17 Calendar

## Executive Board 2016-17

September	6	Board Meeting
	10	MESSAGES Deadline
	20	Membership Coffee
October	4	Board Meeting
	10	MESSAGES Deadline
	15	Membership Deadline for Name to Appear in Directory
	18	Lecture <b>Dinner</b>
November	1	Lecture Luncheon
	6	New Member Wine and Cheese Event
	8	Board Meeting
	10	MESSAGES Deadline
December	6	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	13	Lecture Luncheon
January		No Planned Meetings or Events
	10	MESSAGES Deadline
February	7	Board Meeting
	10	MESSAGES Deadline
	14	Lecture Luncheon
March	7	Board Meeting
	10	MESSAGES Deadline
	14	Lecture Luncheon
	19	Opera Brunch
April	4	Board Meeting
	10	MESSAGES Deadline
	18	Scholarship Luncheon
May	9	Honors Reception
	16	Tri-Board Meeting

President	Janet Brewer	
President-elect	Frieda Holley	
Secretary	Kathy Terrill	
Treasurer	Arlene Gerwin	
Past President	Diana King	
Advisory/ Parliamentarian	Karon Johnson	
Communications	Mollie Sue Morton	
Email	Kathleen Newton	
Historian	Berry Todd	
Honors Reception	Kathryn Wardell	
Hospitality	Diana Maiden	
Interest Groups Nancy Liggett		
Margaret Willard Award	Jane Massie	
Membership	Virginia Stringi	
New Members	Frieda Holley	
Directory/Handbook/ Repository	Diana King	
MESSAGES	Joyce Spencer	
Nominating Committee	Kathy Randall	
Opera Brunch	Julianne Cassady	
<b>Program Co-Chairs</b>	Mary Huffman	
Scholarship Committee	Becky Palmer	
Scholarship Luncheon	Tamera Van Spriell, Linda Nordberg	
Telephone Tree	Linda Blomquist	
Website	Carol Etges	
Secretary Elect	Kathleen Newton	
Treasurer Elect	Arlene Gerwin	





November 2016, Issue 3

A Publication of the University Women's Club of CU Boulde



Rick George

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### November Lecture Luncheon November 1, 2016 11:30 a.m. In UMC Room 235

Rick George, Director of Athletics for the University of Colorado Boulder

Sports at CU: Where We Are Today, and the Vision for the Future

Join us for an insightful and entertaining afternoon with Rick George as he speaks of his accomplishments as the CU athletic director.

To name a few: Rick raised \$100 million dollars for the program in 31 months. He also was instrumental in the \$156 million Athletic Complex Expansion. (This project is the core of the Sustainable Excellence Initiative.)

Rick has also supplied vision for the program with the first ever comprehensive strategic plan.

Come hear about these achievements, and where the University is heading in the future. Rick will also discuss why these milestones are a win-win for the entire University and the community.

> **Lecture Event payment** must be received NO LATER than October 24. Please use form (page 14) or include a note with the payment indicating which lecture event you are planning to attend.

Please send payment of \$22 to our Hospitality Chair, Diana Maiden, 3130 Emerson Ave., Boulder, CO 80305. Questions? 303-494-4313 or diana.maiden@gmail.com



Special meals are available and must be requested in advance: gluten-free, vegetarian, or dairy-free options available.

For UMC Room 235, we have limited room capacity. Please book early to ensure seating.

### President's Message



What a beautiful Fall season we've been enjoying! The New Member Coffee in September was delightful, and it was great fun to meet new friends and to renew old acquaintances. We were inspired by the appearance of UWC Scholarship recipient, Julianne Bourgeois, who expressed gratitude for the assistance our organization has given to her. Nancy Liggett had representatives from the UWC Interest Groups stationed at tables to answer questions and recruit new participants. Membership dues, contributions to the Scholarship Fund, and reservations for our Lecture Events were also collected.

According to Membership Chair, Virginia Stringi, we currently have 214 members registered, of whom 21 are new this year. We're also off to a good start with approximately \$6,000 in donations to our Scholarship Fund.

I very much look forward to seeing many of you at our first Lecture Event, held in the Glenn Miller Ballroom on **October 18** at **5:30 p.m.** Our speaker, Dr. Huntington Potter, will discuss Alzheimer's Disease, which has touched the lives of so many people. He will explain the current status of research, the potential for new ways of diagnosing the disease, and the possibility of new drug treatments. In addition, he will be accompanied by members of his staff who will assist in sharing information regarding the Anschutz Medical Campus and the resources available for both patients and family members affected by Alzheimer's Disease.

Our November Lecture Luncheon will be held on **Tuesday, November 1, 2016**, at **11:30 a.m.** in UMC Room 235. Our speaker that day will be Rick George, CU's Athletic Director. It is unusual to have two Lecture events so close together; however, we have done the best we could to accommodate the constraints of CU venues' availabilities.

Our capable Board of Directors has met three times to date, and each person is shouldering her part of the responsibility that is necessary to keep our organization running smoothly.

At this time, the Nominating Committee is finalizing its recommendations for the 2017-2018 "elect" positions (President-elect, Secretary-elect, and Treasurer-elect) who will actively serve in office during 2018-2019. The names of the nominees and the date of the election will be published in a future issue of *MESSAGES*.

Continue to enjoy the Fall season!

Janet Brewer, President UWC.

### Parking Issues

Please note that the Euclid parking garage is closed for parking until mid-January due to construction. There will be paid parking in lot #204 across Euclid Street, but this lot is much smaller.

Car pooling or public transportation are recommended options. See page 10 for bus information.

### Scholarship Donation Recognition

We just want to remind everyone that if you have donated to the Scholarship Fund your name tag will have a little mortarboard and scroll icon on it as our way of thanking you for your contribution. The stamp is the same for everyone who donates, with no distinction for amounts.

Here are a few more comments we've heard from you regarding contributions:

- "I've always told my children it's better to give than to receive. I have to live it for myself."
- "I remember how important a few extra dollars were for me when I was trying to get through my undergraduate studies. I'm happy to help."
- "I'm just so impressed by the caliber of students to whom we give our scholarship funds!"

Scholarship Committee

## "Bookies" and Bikers Step Up for Scholarship Fund





Both the **Wednesday Morning Book Group**, headed by Kathy Randall, and the **Thursday Bike Group**, led by Mary Greenwald and Gail Smith, have each had **90%** of their members contribute to the Scholarship Fund so far this year! Yeah! We are certainly hoping this is a trend that other groups want to emulate! We are not counting money collected in this effort. We are counting percentage of donors! Very simply we would **like for each interest group to see if they can match these efforts**.

Please remember that one of the Scholarship Committee's goals this year is to get as many members to contribute as possible. Only half of our 350 members have contributed for the past two years. Only fifty percent? We can do better!

Any amount will be gratefully and graciously accepted! It doesn't have to be a large amount because together we are powerful and can help change more lives by giving our scholars a second chance. And all the money you share is awarded directly to CU in our students' names for their tuition next fall.

It's hard at this point in the year to determine exact numbers regarding contributions because we are getting contributions and membership dues every day, but we can say we know **we are**definitely ahead of last year's sharing both with number of members who have contributed and total amount that has been contributed. Hope to have more specifics to share at the first lecture dinner.

**Congratulations to the Bookies and the Bikers** for stepping up and helping to change our students' lives! Thank you so much!

Becky Palmer, Scholarship Chair

November 2016

# Scholarship Donors through September 30 2016

**Thank you** to all of you who have sent a donation to our scholarship fund this fiscal year.

Additional thanks go to those members who donated to this fund in memory of someone:

Nancy Whittemeyer in memory of Jo Kearny

Tamera VanSpriell in memory of Adelaide Tam Watts

Susan Rapp in memory of James Gerwin.



Judith Auer	Barbara Huff	Mary Pierce
Lynne Barnett	Linda Hultman	Irin Poellot
Marcella Bentley-Salmon	Pat Irwin	Mary Price
Gisele Berzins	Karon Johnson	Judith Ramsay
Elizabeth Black	Caryl Kassoy	Kathy Randall
Joyce Bograd	Dana Kercheval	Beth Rauch
Janet Brewer	Rose Marie Khubchandani	Judy Richtel
Sherry Bruff	Jacquie Kilburn	Jean Rohrschneider
Anne Burke	Roberta Kimmel	Rebecca Roser
Sue Collard	Joan Knaub	Virginia Ross
Charlotte Corbridge	Nancy Liggett	Ami Sadler
Carol Crow	Lois Linsky	Marian Safran
Tessa Davis	Betty Lipstreu	Kathleen Salzberg
Marge DeFries	Rhea Little	June Saunders
Karen Diamond	Heidi Lynch	Elizabeth Schmidt
Cheryl Dorsey	Kamilla Macar	Debbie Schwartz
Alice Doyle	Regina Macy	Nancy Schwiesow
Mary Anna Dunn	Melissa Mahaney	Zdenka Smith
Kitty Edwards	Diana Maiden	Carol Smoot
Corinne Effinger-Owen	Ann McBryan	Joyce Spencer
Janet Evans	Mary McClanahan	Carolyn Spicer
Mary Garcia	Sara Michl	Cynthia Stephens
Arlene Gerwin	Elease Miller	Susan Stone
Ellen Gille	Judith Minger	Kathryn Terrill
Helen Goldman	Mollie Sue Morton	Berry Todd
Doris Goodrich	Marcy Munson	Tamera VanSpriell
Carol Green	Jana Murphy	Jean Wainwright
Mary Greenwald	Karen Neff	Kathryn Wardell
Linda Groth	Jean Nelson	Cynthia Warshaw
Jill Grubb	Zdenka Novosad	Diane Weller
Maryann Grundmann	Janet Nuzum	Maxene Wilson
Mary Ann Hartigan	Judy Owens	Nancy Wittemyer
Val Havlick	Becky Palmer	Nurit Wold
Sydney Hoerler	Marilyn Peltzer	Sherry Woodruff
Ellen Holland	Margaret Perez	Stephanie Wrotny
Frieda Holley	Pat Phillipson	Barbara Zable

## September Membership Coffee

The UWC Membership Coffee was held on September 20 at UMC.













Becky Palmer, Julianne Bourgeois (2015-16 Scholarship recipient), and Janet Brewer



# Membership Courtesy

If anyone knows of a member who would appreciate a card, note, or any personal contact due to illness, death, or other reasons of support, please inform MOLLIE MORTON, 303-494-5486 or mollie.morton@colorado.edu.

### Membership Dues

**\$30** annual dues are due but will be accepted anytime. Please send your dues in so that we can include you in the Electronic Directory and so you will not be removed from our mailing list. Checks made out payable to UWC can be sent to

P.O. Box 18844, UWC Attn. Membership, Boulder CO 80308-1844.

We encourage you to consider including your scholarship fund donation and increase your check amount accordingly.

If you have questions regarding your UWC Membership please email Virginia Stringi, UWC Membership Chair at uwcmembershipchair@gmail.com.

Please see the Membership Form on page 13.

### Tell Me More—About Deborah Jin



UWC joins her family and the scientific community in mourning the loss of physicist Deborah Jin, who died of cancer on September 15, 2016. Dr. Jin, who is the daughter of UWC member Shirley Jin, was our Lecture Luncheon speaker on October 8, 2013, entertaining and educating us with the topic "Fun With Ultracold Atoms."

Dr. Jin was considered a world leader in the exotic states of matter called ultracold quantum gases. Professor Deborah Jin and her team invented an ingenious method of cooling molecules down to near absolute zero, the lowest possible temperature, which has the effect of slowing the molecules down. In fact, they slow down enough for researchers to actually see what goes on during chemical reactions. The study of ultracold molecules could lead to new precision-measurement tools, new methods for quantum computing and help us better understand materials that are essential to technology.

Dr. Jin received her undergraduate degree in physics from Princeton University before earning her doctorate from the University of Chicago. She was a 20 year employee of the National Institute of Standards and Technology (NIST) and JILA, a joint institute of NIST and CU, where she was an adjunct professor.

Dr. Jin was the recipient of numerous awards, including the 2013 "For Women in Science" award presented by the L'Oreal Foundation and UNESCO, Benjamin Franklin Medal in Physics, the Isaac Newton Medal of Institute of Physics, the Comstock Prize in Physics, and a MacArthur Fellowship genius award with a no-strings-attached grant of \$500,000. In 2005 she became the youngest woman ever elected to the National Academy of Sciences, and this past year was mentioned as a potential candidate for the Nobel Prize in physics (which cannot be awarded posthumously).

William Phillips, an NIST colleague stated, "Debbie, quite simply, changed cold atom physics in wonderful and lasting ways whose importance cannot be overstated. Her pioneering of degenerate Fermi gases, paired Fermi condensates, the observation of the BCS-BEC crossover, and so much more, enriched the field and all of us." (See https://www.aps.org/publications/apsnews/updates/jin.cfm.)

Tom O'Brian, her NIST supervisor stated, "Debbie was an incredible scientist, outstanding mentor, valued friend, and loving spouse and mother. Her passing leaves a void at JILA, in the worldwide scientific community, and in the hearts of her family and friends that cannot be filled. Our deepest sympathies and thoughts are with Debbie's family, and her friends and colleagues at JILA and across the world." (See: <a href="https://www.nist.gov/news-events/news/2016/09/prominent-nist-and-jila-physicist-deborah-jin-passes-away">https://www.nist.gov/news-events/news/2016/09/prominent-nist-and-jila-physicist-deborah-jin-passes-away</a>.)

CU Boulder Chancellor Philip DiStefano said, "Deborah Jin was the definition of world-class faculty. The international scientific community has lost a giant, and our campus has lost a mentor to young scientists and an inspiration to female scientists. She will be deeply missed in many quarters. Our thoughts and prayers go out to her family."

UWC extends its deepest sympathies to member Shirley Jin and the rest of Deborah Jin's family.

Kathy Randall

### Preview of Upcoming Lecture Luncheons

The price of the luncheons is \$22; reserve the whole series for \$110. Make checks payable to "UWC" and note "Lecture Luncheon" (or "Lecture Dinner"), in the memo. Please send payment or questions to: **Diane Maiden**, **Attention: UWC Lecture Luncheon, 3130 Emerson Ave., Boulder, CO 80305 or 303-494-4313.** Please do not combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on page 14.

# December

Historical Perspective of Women in Politics: How We Got to Where We Are Today

#### Dr. Lee Chambers

Tuesday, December 13, 2016 11:30 a.m. UMC Room 235 (Reservations and payment due December 5)

Dr. Lee Chambers is a professor in the CU History Department who specializes in history and gender studies, gender and war, and women and social activism.

Dr. Chambers will discuss the history of gender in politics and how this informs our current political and social climate. She will draw upon historical perspectives from America's past such as the period when women were first "allowed" to participate in the political process, marking a major change in women's roles from the domestic activities to the involvement in the public sphere.

# **February**

Critical Importance of Groundwater Protection for Future Sustainability in Boulder and Beyond



Dr. Roseanna M. Neupauer
Tuesday, February 14, 2017
11:30 a.m.
University Memorial Center
Glenn Miller Ballroom
(Reservations and payment
due February 6)

Dr. Roseanna M. Neupauer is an Associate Professor at CU Boulder in Hydrology, Water Resources and Environmental Fluid Mechanics

# March

From Bob Dylan to Bill Gates: What Does Islam Have to do with Modern Western
Culture?



Dr. Brian Catlos
Tuesday, March 14, 2017
11:30 a.m.
UMC Room 235
(Reservations and payment due
March 6)

Dr Brian Catlos is a Professor of Religious Studies at CU Boulder and is one of the world's leading figures in the study of Mediterranean history.

## Spring Scholarship Luncheon - April 18, 2017

Mark your calendars on **April 18, 2017** for the Annual Spring Scholarship Luncheon to be held at the Boulder Country Club.

This is our opportunity to celebrate the 2017 scholarship winners and to hear personal accounts of their heartwarming journeys from challenges to achievements.

We'll also enjoy a sumptuous meal and enjoy lively conversation with old and new friends. The culmination of this popular event is a fashion show presented by *Changes in Latitude.* 



## Opera Brunch - Coming in March 2016



Save the date **March 19, 2017**, for the Opera Brunch and opera: Mozart's amusing and tender **The Magic Flute.** 

Brunch will begin at 11:30 a.m. at the University Memorial Center followed by the opera at 2 p.m. in Macky Auditorium.

This opera allegorically portrays the education of mankind from chaos (Serpent) through colorful and fantastical characters, representing an evolution from religious superstition (Queen) to rational enlightenment (Sarasto) by trial and error (Papageno and Tamino).

Reservation forms and more information will be available in forthcoming *MESSAGES*. Contact: Julianne Cassady: jmcassady@comcast.net, 303–494-1135

## MargaretWilliard Award

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

All our honorees are exemplary role models who exercise initiative in their endeavors and in doing so bring honor to all women and to our University.

Please submit a nomination (form on page 15) by March 1. Please ask for assistance, if you like.

Jane Massie

### Interest Groups News

New Book Group forming: Book Group - Classics ("The Hot 100")

Back in the '90s the Modern Library ranked the "20th-century's great English-language novels in order of greatness." Familiar names such as Henry James, Graham Greene, and Vladimir Nabokov were included, as well as some less familiar names: Max Beerbohm, Lawrence Durrell, and Nathanael West.

I wonder whether anyone might be interested in reading some of the "Hot 100", one per month that we would choose from the list. I think the books would make for interesting discussion, starting from why they were chosen and what makes them great.

If you are interested, please contact Ruth Fowler, <a href="mailto:fowlerrk44@gmail.com">fowlerrk44@gmail.com</a> or 724-433-8099.

#### **Theater Goers Group**





Theater Goers began their 2016/17 season with two events. In September we visited the new Dairy Center for Performing Arts and saw *RIPCORD* presented by the BETC. In October we attended *MOMIX*, a CU Presents event at the Macky Auditorium. This performance had an outstanding preshow talk.

On November 20 2:00 p.m., we are looking forward to seeing *TUESDAYS WITH MORRIE* at the Longmont Theater.

An old man and a young man share life's greatest lessons. In the twilight of his life, Morrie Schwartz is contacted by a former student, Mitch Albom. Their rekindled relationship turns into one final class: lessons in how to live. Based on the true story and best-selling memoir, this stage adaptation is a magical chronicle of their time together and the gentle, irrevocable impact of their Tuesday sessions.

We welcome new members to join us for this occasion. Contact Gail Moyes (303-786-9142) to get on our mailing list.

Gail Moyes

## Consider Taking the Bus

Unless you are carpooling and sharing the cost of parking, it may be more cost effective to take the bus. Several bus routes, including the SKIP, the 204, and the DASH, stop on Broadway very close to the University Memorial Center (UMC). Other buses, including the STAMPEDE and the HOP, stop on 18th Street just behind UMC.



You can figure out the best route from your house by using the RTD Trip Planner

http://www.rtd-denver.com/GoogleTripPlanner.shtml. You enter the address from which you are starting (your house), enter the address at which you want to end (Broadway and Euclid Ave, Boulder) and the time at which you want to arrive. Click "Plan Your Trip" and RTD will figure out your choice of routes, including any transfers you have to make.

Some bus stops have shelters, many bus stops have benches, and all bus stops are marked by a red and white sign that lists all routes that stop at that location.

If there is no easy bus route from your house, you can start at a Park and Ride or plan some shopping at the 29th Street Mall before or after the UWC event and park there. The HOP is an easy ride from the mall and runs about every 10 minutes. Catch the clockwise bus on 29th Street just across from Macy's entrance. It will take you to 18th Street behind UMC. When you return, take the counterclockwise bus from the east side of 18th Street. The HOP goes in a loop, so either direction will get you there, but it is a shorter route on the south side of the loop.

The one-way fare on the bus is \$2.60 but **for Seniors it is only \$1.30**. You need to pay with the exact amount or use a ticket from a 10 ride booklet, which you buy at the bus station (\$23.50 regular; \$11.75

Senior). If you are riding 2 different buses, be sure to ask for a transfer, which you show the driver on the second bus. If you are lucky enough to have an EcoPass, you ride for free.

#### Kathy Randall



Interest Group Meeting Time and Place Bicycling	Chair(s) Information  Mary Greenwald (303-443-6478)	Special Notes  An email prior to the ride will provide time and	
Meets every Thursday from May through October.	m.b.greenwald@comcast.net	meeting place. Please contact the chair for more information.	
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.	
Book Group - Evening 7:15 p.m. Second Thursday, members' homes.	Ellen Holland (303-517-5544)  wrhelh@comcast.net  Kathy Randall (303-530-1095)  katherineran@gmail.com	Nov. 10: The Dream Lover: A Novel by Elizabeth Berg. Hostess: Judy Thompson (608-469-6883, jethompson@pharmacy.wisc.edu)  Dec. 8: My Name is Lucy Barton by Elizabeth Strout. Hostess: Frances Dahlberg (303-447-2893; frances.dahlberg@colorado.edu)	
Bridge on Wednesday 1:00 - 3:00 p.m. First Wednesday, members' homes.	Barbara Turner (303-471-9778) <u>Barbara-Turner@centurylink.net</u> Sharon Gabriel (303-494-7643) <u>skgabriel@comcast.net</u>	Please contact chairs for details.	
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:30 a.m.—noon at Panera Bread in the 29th Street Mall	Elaine Leass (303-973-9778)  kayakeb@gmail.com  Roberta Kimmel (720-524-6744)  Roberta.kimmel@gmail.com	Please contact chair for details.  All levels of French speaking ability accepted and welcome.	
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Karon Johnson (303-499-5056) <u>Karon.Johnson@Colorado.edu</u>	The group is on hiatus during the winter months. Regular meetings will resume in April.	
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779)  hslynch@comcast.net  Frieda Holley (303-499-3733)  holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.	
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.	
Music Time varies Second Mondays of most months, in members' homes.	Judy Owens (303-494-0196) owensj4@mac.com  Pat Phillipson (303-443-9839) phillipp@colorado.edu	We especially welcome new performers. Contact chairs for details.	
Needlecraft 1:30 p.m. Second and Fourth Thursdays, members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com  Georgianne Campbell (303-499-2798) rpcampbell@att.net	An email will be sent to members with details prior to each meeting.	

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes	
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) <u>Karen.diamond@mac.com</u>	Contact chair for details.	
Out to Lunch 12:00 p.m. Fourth Wednesday Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu  Jean Rohrschneider (720-542-9788) jmrohrsc@hotmail.com	Out to Lunch: Our November and December meetings are combined, to avoid a conflict with Thanksgiving, and we will meet for lunch on Wednesday, December 7, at 12 noon at the Spruce Farm and Fish Restaurant in the Hotel Boulder, 2115 13th St. Please RSVP to Jyotsna Raj at jyotsna.raj@colorado.edu/303-447-8831.	
Readers' Theatre 2 6:30 p.m. Second Monday Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590)  pattycake.21@juno.com  Kathy Randall (303-530-1095)  katherineran@gmail.com	Email will provide details.	
Snowshoeing Thursdays, to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Contact chair for details.	
Spanish Learners - Beginners and Intermediates	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair to join a group session to learn or improve your beginning Spanish.	
Spanish Conversation Advanced Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair for meeting time, place and details.	
Sunday Afternoon at the Movies  Matinee Fourth Sunday  Local movie theatre	Lois Kraft (515-724-9627)  Kraft lois@yahoo.com  Kathleen Newton (720-548-8661)  kathleen n@comcast.net	Email provides details of movie selection and meeting time. Contact chairs to join the list.	
Theater Goers	Gail Moyes (303-786-9142) <u>gpmoyes@gmail.com</u> Annie Russell (303-786-8070) <u>annie@annierussell.com</u>	Contact one of the co-chairs for upcoming activity details.	

The following Interest Groups are part of the UWC, but currently do not have openings:

Interest Group	Chair(s)
Book Group—Afternoon	Carol Saunders, Mary Clough
Book Group - BG3	Kathy Randall
Book Group Small— Fiction, Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson, Ruth Stern
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least **five members and a chairperson.** Contact Nancy Liggett (<a href="mailto:neliggett@gmail.com">neliggett@gmail.com</a>) for more information.

To form a new book group, contact Kathy Randall (303-530-1095).

## UWC Boulder Membership Form - 2016-17

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

*MESSAGES* will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Virginia Stringi, Membership Chair 303-955-1860	Frieda Holley, New Member ( 303-499-3733	Chair	
uwcmembershipchair@gmail.com	holleyf@msudenver.edu		
Name			
Address			
Email address for newsletter			
	(please print clearly) ☐ new	email address	
$\hfill\Box$ I am enclosing my annual dues o	f \$30. I am a □returning member □ new	v member.	
□\$25 □\$50	deductible contribution for the scholarship fur □\$100 □Other \$ e contribution for the scholarship fund in <b>Ho</b> n		
Make all checks payable to UWC (may comb Mail to: UWC Membership, PC I have a friend who might like to join	D Box 18844, Boulder, CO 803	08-1844	
Name			
Address	Email		
IIWC Interest Groups			

#### **UWC Interest Groups**

These are some of the current interest groups. Please see the interest group chairperson if you wish to join. (The chairpersons will be on the website, <a href="https://www.boulderuwc.org">www.boulderuwc.org</a>, and in <a href="https://www.boulderuwc.org">MESSAGES</a>.)

Bicycling	Hiking	Reader's Theater
Book Groups	Italian Conversation	Snowshoeing
Bridge	Music	Spanish Conversation
Downhill Skiing	Needlecraft	Sunday Afternoon at the Movies
French Conversation	On the Road Again	Theater Goers
Gardening	Out to Lunch	

Other interest group suggestions, please contact Nancy Liggett (neliggett@gmail.com).

## Registration Form for **UWC Lecture Events**

# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic
		11/1/16 11:30 a.m. UMC 235	Rick George Sports at CU—Where We Are Today, and the Vision for the Future
		12/13/16 11:30 a.m. UMC 235	Dr. Lee Chambers Historical Perspective of Women in Politics: How We Got to Where We Are Today
		2/14/17 11:30 a.m. UMC Glenn Miller Ballroom	Dr. Roseanna M. Neupauer Critical Importance of Groundwater Protection for Future Sustainability in Boulder and Beyond
		3/14/17 11:30 a.m. UMC 235	Dr. Brian Catlos From Bob Dylan to Bill Gates: What Does Islam Have to Do with Modern Western Culture?
lease prin	t):		
ddress:		City,	State:
ddress:		City,	State:

**Diana Maiden** 

3130 Emerson Ave Boulder, CO 80305



## Margaret Willard Award 2017 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- · Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- · Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

**To the Nominator**: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee		
	(work)	
Email		
	grees received (if applicable)	
Nominee's current position	(if retired, position held until retirement)	
•	outlining Nominee's service to the University and	•
(please use additional paper il	needed)	
_		
Address		
	(work )	
Email		

Please mail nomination information to Jane Massie, 178 S. Buchanan Avenue, Louisville, CO 80027 by March 1, 2017, or email to sjanemassie@me.com.

If the Nominee does not receive the award in 2017 she may be considered for 2018. In this case, an updated statement about the Nominee may be requested.

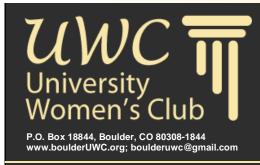
Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

## 2016-17 Calendar

## Executive Board 2016-17

September	6	Board Meeting
	10	MESSAGES Deadline
	20	Membership Coffee
October	4	Board Meeting
	10	MESSAGES Deadline
		Membership Deadline for
	15	Name to Appear in Directory
	18	Lecture <b>Dinner</b>
November	1	Lecture Luncheon
	6	New Member Wine and Cheese Event
	8	Board Meeting
	10	MESSAGES Deadline
December	6	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	13	Lecture Luncheon
January		No Planned Meetings or Events
	10	MESSAGES Deadline
February	7	Board Meeting
	10	MESSAGES Deadline
	14	Lecture Luncheon
March	7	Board Meeting
	10	MESSAGES Deadline
	14	Lecture Luncheon
	19	Opera Brunch
April	4	Board Meeting
	10	MESSAGES Deadline
	18	Scholarship Luncheon
May	2	Honors Reception
	16	Tri-Board Meeting

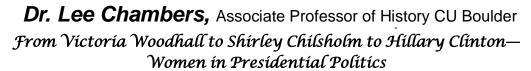
President	Janet Brewer
President-elect	Frieda Holley
Secretary	Kathy Terrill
Treasurer	Arlene Gerwin
Past President	Diana King
Advisory/ Parliamentarian	Karon Johnson
Communications	Mollie Sue Morton
Email	Kathleen Newton
Historian	Berry Todd
Honors Reception	Kathryn Wardell
Hospitality	Diana Maiden
Interest Groups	Nancy Liggett
Margaret Willard Award	Jane Massie
Membership	Virginia Stringi
New Members	Frieda Holley
Directory/Handbook/ Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Kathy Randall
Opera Brunch	Julianne Cassady
Program Chair	Mary Huffman
Scholarship Committee	Becky Palmer
Scholarship Luncheon	Tamera Van Spriell, Linda Nordberg
Telephone Tree	Linda Blomquist
Website	Carol Etges
Secretary Elect	Kathleen Newton
Treasurer Elect	Arlene Gerwin





December 2016, Issue 4

#### December Lecture Luncheon December 13, 2016 11:30 a.m. In UMC Room 235



Dr. Lee Chambers is a professor in the CU History Department who specializes in history and gender studies, gender and war, and women and social activism.

Why has it taken a feminist? The answer has largely to do with legal definitions of a woman's place in the family as dependents of fathers, brothers, and husbands. That legal identity, that dependency, has shaped our political personhood over time.

Women had first to gain the rights to govern their own economic affairs and own property, to have legal rights to their children, to gain access to education, and to be seen as persons before they could gain voting rights. And they had to acquire the right to vote before they could be seen as, and function as, presidential material. **Victoria Woodhull** was a forerunner--she did not have the right to vote but was a candidate for president in part to make the argument for such a woman's right.

**Shirley Chisolm** and **Hillary Clinton** actually ran and, of course, Clinton was the nominee of a major party. Whatever one thinks of her, whatever one's party politics, whether one was inclined to vote for her or not, hers is an historic achievement for women and this was an historic election from that standpoint.

	3
4	7 /

President's Message	2
Nominating Committee	3
Scholarship Donations	4
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<u>Activities</u>	9
Interest Groups	10-11
Registration Forms	12-15
Calendar/ Exec Board	16



Lecture Event payment must be received NO LATER than December 5. Please use form (page 14) or include a note with the payment indicating which lecture event you are planning to attend.

Please send payment of **\$22 per person** to our Hospitality Chair, Diana Maiden, 3130 Emerson Ave., Boulder, CO 80305. Questions? 303-494-4313 or <a href="mailto:diana.maiden@gmail.com">diana.maiden@gmail.com</a>

Special meals are available and must be requested in advance: gluten-free and vegetarian options available.

For UMC Room 235, we have limited room capacity. Please book early to ensure seating.

## President's Message



We've had a great start to the current UWC year. Our membership now stands at over 300 while continuing to increase, and donations to the Scholarship Fund are robust. Thank you so much to all who have contributed to this worthy project. We've enjoyed two lecture events – one a dinner, the other a luncheon.

At the first, Dr. Huntington Potter shared information regarding cutting-edge developments in the battle against Alzheimer's disease. At the second, Rick George (Director of Athletics at the University of Colorado) described many aspects of the school's athletic program.

I, for one, am greatly anticipating the presentation of our next Lecture Luncheon speaker, Dr. Lee Chambers, who will be addressing the topic of women in politics from an historical perspective. Please see accompanying article.

Since this issue of *MESAGES* covers both December and January, also please note that the first Lecture Luncheon of 2017 will be on February 14 in the Glenn Miller Ballroom.

Our Board is a dynamic and engaging group of women who enjoy working and socializing together. There will be Board positions available for next year that involve event planning, working with figures or records, communicating with people, and recognizing accomplishments.

Frieda Holley, our President-elect, who will serve in 2017 – 2018 will be seeking new members to join us next year. Please contact her if this is something you would consider doing and about which you would like to learn more. (Frieda's email: holleyf@msudenver.edu).

I send my best wishes to all for a happy Thanksgiving and a joyful holiday season.

Janet Brewer, President UWC.

#### New Member Wine and Cheese Event

The Wine and Cheese Event gave new members and the UWC Board members a chance to get to know each other. The gathering was held in the Sky Lounge at Frasier Meadows.











New members who attended.

## Nominating Committee—Slate of Officers

The UWC Executive Board is pleased to present the following slate of candidates proposed by the Nominating Committee:

**Arlene Gerwin:** President-elect 2017-18 (to serve as President in 2018-19)



Arlene has been active in UWC for seven years. She has served on the board as *MESSAGES* editor and as Treasurer, a position she currently holds and will continue through 2017-18. She is active in Spanish Conversation, Easy Riders, and Hiking Groups.

**Kathleen Newton:** Secretary-elect 2017-18 (to serve as Secretary in 2018-19)



Kathleen has been a member of UWC for 4 years. She has served on the board as editor of *MESSAGES* and as Historian. She is currently Secretary-elect anticipating the position of Secretary in 2017-18, which will continue through 2018-19 with this election. She participates in Sunday at the Movies (co-chair), Third Monday Book, and Theater Goers Groups.

**Kathy Herder:** Treasurer-elect in 2017-18 (to serve as Treasurer in 2018-19)



Kathy has been a member of UWC for 3 years. She is a CPA, holding an MBA, who will bring to the board 30 years of experience in corporate accounting. She is active in the Hiking and Biking Groups and loves to spend time with her eightmonth old granddaughter.

The election will be held at the general meeting in the Glenn Miller Ballroom during the Lecture Luncheon of February 14, 2017.

With the nominee's consent, additional nominations can be made from the floor or sent in advance to Kathy Randall, Nominating Committee Chair (<a href="mailto:katherineran@gmail.com">katherineran@gmail.com</a>).

## Scholarship Donations

Last year at this time only 37% of our members had donated to the Scholarship Fund. At last report **57% of our members have donated** this year and that number is rising each day.

As we thought about how to **reach all our members**, we decided that working with the Interest Group Chairs would make a lot of sense. As you saw in *MESSAGES* last month, two groups stepped up recently with 90% participation. We emphasized the fact that we weren't looking for large donations, but rather the "esprit de corps" of participating as a group for a main goal of UWC.

We hoped that other groups would pick up the challenge in the spirit of fun and camaraderie and we could continue to connect with our members that way. Unfortunately, due to administrative issues, we need to simplify the method to donate and will not be continuing the competitive aspects of this effort.

However, we are turning to Interest Group Chairs and members of Interest Groups to help us anyway. **Your Group Chairs will have forms** to use with the correct address to send your donation the next time you meet with your Interest Group. We hope that will help us increase our participation rate even more!

Thanks again to the Bookies and the Bikers who got this idea off the ground! We have reports that it was painless and fun and encouraged a greater sense of belonging to UWC in general rather than just being a participant in the group(s) to which they belong.

Please know that you can also use the Membership Form (page 13) to supply donation information.

Warmest regards from the Scholarship Committee for your help!

Becky Palmer, Chair Scholarship Committee

**THANK YOU** to the following members who have donated to the Scholarship Fund recently and who were not included in the list in November's *MESSAGES*. We are grateful for your support.

Joyce Albersheim	Doris Garcia	Beth Karpf	Rhoda Nozik	Boyce Sher
Jane Allen	Anne Groves	Susan Katz	Gloria Phillips	Francie Sinton
Betsy Barrett	Barbara Ham	Alice Korenblat	Sally Phillips	Gail Smith
Joan Beall	Carolyn Hart	Lois Kraft	Susan Plank	Linda Smith
Linda Blomquist	Barbara Hau	Susan Lee	ie Blomquist	Barbara Spriggs
Ann Blonston	Anne Hearn	Marilyn Leist	Susan Rapp	Janet Strife
Helen Browne	Liz Hinebauch	Patty Ludke	Judy Reid	Virginia Stringi
Merry Bullock	Mary Lynne Hixson	Gail Lurie	Marge Riddle	Vinita Sturgeon
Georgianne Campbell	Helen Hooper	Susan Malitz	Barbara Sanford	Susan Thomas
Judy Cardell	Eileen Howarth	Dawn Maloney	Marion Sauer	Dorothy Thompson
Peggy Cha	Sharon Howrey	Liz Marr	Carol Saunders	Bobbi Vischi
Jane Chicoine	Mary Huffman	Dorothy Mayen	Beverly Schumacher	Marilyn Whittaker
Barbara Christoffersen	Kathy Israelson	Pat Moncrieff	Donna Seaman	Helen Williams
Betty Culp	Muriel Jacobs	Gail Moyes	Beverly Sears	Stephanie Wilner
Shirley Deeter	Vicki Johnson	Lynn Munter	Marion Selbin	Susan Wine
Sharon Gabriel	Martha Jones	Kathleen Newton	Karen Shay	Carol Ziegenhagen
Shirley Gang	Anne Judson	Linda Nordberg	LaDonna Shea	

## November Lecture Luncheon

The November 1 Lecture Luncheon featured Rick George, Director of Athletics for CU Boulder.









## October Lecture Dinner—in the Glenn Miller Ballroom

On October 18, Dr. Huntington Potter presented a glimpse into the research being done on Alzheimer's disease.



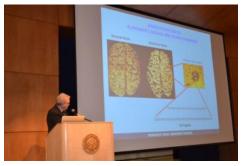
















## Tell Me More—About Lecture Luncheon Special Meals

Oh ladies, oh my, this is an issue that we really need to Tell More About!

Of all the tasks for which the Program Chair and the Hospitality Chair are responsible, none causes more trials and tribulations than the special meals. And the troubles sometimes spill over to the standard meal as well. We must provide our caterer with accurate counts of total expected attendance at our luncheons (and this year a dinner) including exact numbers of the special meals. This is why we require advance reservations and advance orders for special meals.



However, sometimes even our best count does not work out the way we hope. For example, at our October Evening Program, fifteen guests requested the vegetarian meal and 15 vegetarian meals were presented on the Special Meal Table, overseen by our catering liaison, Roxane Ruggles. We guess the main buffet entree must have looked mighty good, even to those who requested vegetarian, because only one vegetarian option was picked up...and we ran short of the chicken.

In November, some guests who went through the regular buffet line made a stop at the Special Meal Table, and selected the vegetarian sandwich or the gluten-free dessert. Those who had ordered a special meal, but were further back in the line, found that the vegetarian or gluten-free options were gone before they arrived at the pickup spot.

We are trying our best to make our meals efficient and successful. In the future, we will do our best to ensure that the **Special Meal Table is clearly separate** from the regular buffet line. We will also have a Hospitality Assistant stationed at the buffet line to direct those needing special meals to the correct spot. **But we need your help, too.** If you have not ordered a special meal, please select items only from the regular buffet (no matter how delicious the vegetarian option may look). If you have ordered a special meal, please skip over the standard option in the buffet line (for vegetarians usually the entrée; for gluten-free usually the dessert) and take your special item from the special table. If you have any questions about this, just ask the Hospitality Assistant.

The Program Committee meets with our caterer to select menus. We try to pick interesting and varied meal choices. We also take note of our members' preferences. We know that our members enjoy the salads and take smaller portions of entrées, so we have requested additional salad to be available on the buffet, cutting back a bit on the entrée. We're striving to make the meals as enjoyable and delicious as we can, given our budget constraints. If you have ideas about how you think this can be done better, please email your suggestions to Mary Huffman, Program Chair (marymhuffman@gmail.com).

#### Kathy Randall

#### **Interest Group Photos:**



Bikers at Lake Valley Golf Club



Book Group at Jewel of India



**Needlecraft:** baby booties (Ginny Ross), scarves (Mollie Sue Morton), Jana Murphy on right, cable sweater (made by Ann McBryan).

### Interest Groups News

#### Spanish Learning and Speaking

<u>Beginning Spanish & Intermediate Spanish Classes</u> – The UWC Beginning & Intermediate Spanish Learners have made great progress this fall with our teacher, Juan Carlos on Monday mornings. We'll be setting up a second 6 to 8-week session that will start after the first of the year. The cost is \$10 per session with a minimum of 3 sessions. If you've always wanted to learn Spanish join the Beginning Spanish session. If you have had some Spanish and want to improve, we'll offer a separate Intermediate Spanish class if we have 3 or more. Dates and times will be established based on availability of participants and the teacher. Please contact Jane Chicoine if you are interested (jane.chicoine@comcast.net. 845-399-0393.)

<u>Advanced Spanish Conversation</u> -- If you already know Spanish and want to practice your conversation, please join the UWC Advanced Spanish Speakers. We have set up specific dates for this year on Monday late afternoons for an hour at a time. Contact Diana King to sign up or for more information. (dianaking.boulder@gmail.com, 303-530-1860)

<u>On Your Own</u> – Take advantage of some of the free websites we have found are very useful to learn and practice Spanish or assist with translations or finding words or phrases that escape you. These apply to many other languages as well.

Duolingo.com – Learn at your own pace

Memorize.com (Search on "Spanish") – Pick some of the links that meet your needs. Google.com/translate – Type in a word or phrase and it will translate it from English to the language of your choice or vice versa.



#### **Theater Goers Group**

The Theater Goers enjoyed the World Premier of *FULL CODE* at the Dairy Center on November 6. It was followed by a talkback with the performers. We learned how the playwright had a very moving experience while his mother was in coma. He was interested in the activity of the brain during the state of minimal consciousness and created this play filled with humor and passion.

We are always interested in more UWC members joining our group. Contact Gail Moyes (<a href="mailto:gpmoyes@gmail.com">gpmoyes@gmail.com</a>) to learn more about events.



## Preview of Upcoming Lecture Luncheons

The price of the luncheons is \$22. Make checks payable to "UWC" and note "Lecture Luncheon" (or "Lecture Dinner"), in the memo. Please send payment or questions to: **Diane Maiden, Attention: UWC Lecture Luncheon, 3130 Emerson Ave., Boulder, CO 80305 or 303-494-4313.** Please do not combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on page 14.

## **February**

Critical Importance of Groundwater Protection for Future Sustainability in Boulder and Beyond



Dr. Roseanna M. Neupauer
Tuesday, February 14, 2017
11:30 a.m.
University Memorial Center
Glenn Miller Ballroom
(Reservations and payment due
February 6)

## March

From Bob Dylan to Bill Gates: What Does Islam Have to do with Modern Western Culture?



Dr. Brian Catlos
Tuesday, March 14, 2017
11:30 a.m.
UMC Room 235
(Reservations and payment due March 6)

Dr. Roseanna M. Neupauer is an Associate Professor at CU Boulder in Hydrology, Water Resources and Environmental Fluid Mechanics.

Dr Brian Catlos is a Professor of Religious Studies at CU Boulder and is one of the world's leading figures in the study of Mediterranean history.

## Opera Brunch - Coming in March 2017

Save the date **March 19, 2017**, for the Opera Brunch and opera: Mozart's amusing and tender **The Magic Flute**. Brunch will begin at 11:30 a.m. in the Aspen Room at the University Memorial Center. followed by the opera at 2 p.m. in Macky Auditorium.







"The Magic Flute" blends together whimsical humor and irresistible melodies to tell the gripping story of a prince who must outwit an evil queen to be united with his true love. This opera allegorically portrays the education of mankind from chaos (Serpent) through colorful and fantastical characters, representing an evolution from religious superstition (Queen) to rational enlightenment (Sarasto) by trial and error (Papageno and Tamino).

Please use the **Reservation Form** when ordering brunch and/or opera tickets. See Page 12. Contact Julianne Cassady, <u>imcassady@comcast.net</u>, 303-494-1135 with questions.

## Spring Scholarship Luncheon - April 18, 2017

Mark your calendars on **April 18, 2017** for the Annual Spring Scholarship Luncheon to be held at the Boulder Country Club.

This is our opportunity to celebrate the 2017 scholarship winners and to hear personal accounts of their heartwarming journeys from challenges to achievements.

We'll also enjoy a sumptuous meal and enjoy lively conversation with old and new friends. The culmination of this popular event is a fashion show presented by *Changes in Latitude.* Happy Trails to You! Be sure to watch future UWC *MESSAGES* for more detailed information.



## Margaret Williard Award—A Community Award

The University Women's Club presents the Margaret Willard Award annually at the Spring Honors Reception. The woman receiving the award must fulfill some or all of the criteria as listed on the nomination form.

Please take some time to think about someone who enhances the quality of life for others in our Boulder Community. There are many professionals and volunteers who every day go out of their way working with or for others.

Some ideas: Who touches your life? Who improves your neighborhood? Who is a leader in their research or practice? Who volunteers for community organizations, maybe the Shelter, Meals on Wheels, tutors at the library? There are so many possibilities in our community!

**Nominate!** Send me a name and a short description of the person you are nominating. You don't have to know the person well, maybe you have heard or read about them. Give me a way to get in touch with you, so we can help fill out the particulars, This is a Community Award for someone who embodies the best qualities of women in the UWC and the community we live in. Thanks!

See form on Page 15.

Jane Massie (janemassie@me.com)

## Membership Courtesy

If anyone knows of a member who would appreciate a card, note, or any personal contact due to illness, death, or other reasons of support, please inform MOLLIE MORTON, 303-494-5486 or mollie.morton@colorado.edu.

## Membership Dues

If you have not yet paid your dues, it is never too late to do so. Please see the Membership Form on page 13.

Interest Group Meeting Time and Place	Chair(s) Information Special Notes			
Bicycling Meets every Thursday from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.		
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.		
Book Group - Evening 7:15 p.m. Second Thursday, members' homes.	Ellen Holland (303-517-5544) wrhelh@comcast.net  Kathy Randall (303-530-1095) katherineran@gmail.com	Dec. 8: My Name is Lucy Barton by Elizabeth Strout. Hostess: Frances Dahlberg (303-447-2893; frances.dahlberg@colorado.edu)  Jan. 12 The storied Life of A.J. Fikry: A Novel by Gabrielle Zevin. Hostess: Virginia Striingi (303-955-1860) vstringi@comcast.net  Feb. 9: Spain in Our Hearts: Americans in the Spanish Civil War by Adam Hochschild. Hostess Judy Reid (303-440-6040) reidjudy@hotmail.com		
Bridge on Wednesday 1:00 - 3:00 p.m. First Wednesday, members' homes.	Barbara Turner (303-471-9778) <u>Barbara-Turner@centurylink.net</u> Sharon Gabriel (303-494-7643) <u>skgabriel@comcast.net</u>	Please contact chairs for details.		
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:30 a.m.—noon at Panera Bread in the 29th Street Mall	Elaine Leass (303-973-9778)  kayakeb@gmail.com  Roberta Kimmel (720-524-6744)  Roberta.kimmel@gmail.com	Please contact chair for details.  All levels of French speaking ability accepted and welcome.		
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Karon Johnson (303-499-5056) <u>Karon.Johnson@Colorado.edu</u>	The group is on hiatus during the winter months. Regular meetings will resume in April.		
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779)  hslynch@comcast.net  Frieda Holley (303-499-3733)  holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.		
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.		
Music Time varies Second Mondays of most months, in members' homes.	Judy Owens (303-494-0196)  owensj4@mac.com  Pat Phillipson (303-443-9839)  phillipp@colorado.edu	We especially welcome new performers. Contact chairs for details.		
Needlecraft 1:30 p.m. Second and Fourth Thursdays, members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com  Georgianne Campbell (303-499-2798) rpcampbell@att.net	An email will be sent to members with details prior to each meeting.		

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) Karen.diamond@mac.com	Contact chair for details.
Out to Lunch 12:00 p.m. Fourth Wednesday Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Jean Rohrschneider (720-542-9788) jmrohrsc@hotmail.com	Our November and December meetings are combined, to avoid a conflict with Thanksgiving, and we will meet for lunch on Wednesday, December 7, at 12 noon at the Spruce Farm and Fish Restaurant in the Hotel Boulder, 2115 13th St.  Please RSVP to Jyotsna Raj at <a href="mailto:jyotsna.raj@colorado.edu">jyotsna.raj@colorado.edu</a> /303-447-8831.
Readers' Theatre 2 6:30 p.m. Second Monday Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590)  pattycake.21@juno.com  Kathy Randall (303-530-1095)  katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays, to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Contact chair for details.
Spanish Learners - Beginners and Intermediates	Jane Chicione (720-328-8590) <u>Jane.chicione@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Spanish Conversation Advanced Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair for meeting time, place and details.
Sunday Afternoon at the Movies  Matinee Fourth Sunday  Local movie theatre	Lois Kraft (515-724-9627)  Kraft_lois@yahoo.com  Kathleen Newton (720-548-8661)  kathleen_n@comcast.net	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Theater Goers	Gail Moyes (303-786-9142) <u>gpmoyes@gmail.com</u> Annie Russell (303-786-8070) <u>annie@annierussell.com</u>	Contact one of the co-chairs for upcoming activity details.

The following Interest Groups are part of the UWC, but currently do not have openings:

Interest Group	Chair(s)	
Book Group—Afternoon	Carol Saunders, Mary Clough	
Book Group - BG3	Kathy Randall	
Book Group Small— Fiction, Nonfiction	Nancy Liggett	
Book Group – Second Monday	Helen Hooper	
French Conversation	Dot Thompson, Ruth Stern	
Readers' Theatre	Marilyn Wasmuth	

To start a new interest group requires at least **five members and a chairperson.** Contact Nancy Liggett (<a href="mailto:neliggett@gmail.com">neliggett@gmail.com</a>) for more information.

To form a new book group, contact Kathy Randall (303-530-1095).

## Registration Form for 2017 Opera/Brunch

#### The Magic Flute"

Mozart's "The Magic Flute" blends together whimsical humor and irresistible melodies to tell the gripping story of a prince who must outwit an evil queen to be united with his true love.

# Please join us: Sunday, March 19, 2017 - 11:30 a.m. - brunch at Aspen Room in UMC 2:00 p.m. - opera at Macky

UWC gets a *discounted price* for the opera tickets. If you have already purchased opera tickets, you can still join us for the brunch and talk by Maestro Carthy, Opera Music Director. You can also purchase opera tickets without attending the brunch, if you prefer.

~~~~~~~~~~~~

#### Reservations must be received by Monday, February 20, 2017.

Please make checks payable to *UWC*. Mail check and form to: Julianne Cassady; 340 Norton St; Boulder, CO 80305.

Questions? Contact Julianne: <a href="mailto:jmcassady@comcast.net">jmcassady@comcast.net</a> or (303)494-1135 Reservations may also be made in person at the February 14th Lecture Luncheon.

~~~~~~~~~~~~

Name
Email
Guest name(s)
#opera tickets @ \$23 each PLUS #places for brunch @ \$27 each; Total enclosed \$ (checks payable to "UWC")
NOTE: The brunch entree and dessert will be served "Buffet Style" this year due to pricing changes at the UMC Events Planning and Catering Dept.
Please indicate here if you require a vegetarian option (YES)

## UWC Boulder Membership Form - 2016-17

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

*MESSAGES* will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Virginia Stringi, Membership Chair 303-955-1860 uwcmembershipchair@gmail.com	Frieda Holley, New 303-499-3733 holleyf@msudenve	<u>r.edu</u>
Name		
Address		
		$\square$ new email address
$\square$ I am enclosing my annual dues of \$	30. I am a □returning men	nber $\square$ new member.
☐ I am enclosing an additional tax-ded ☐ \$25 ☐ \$50 ☐ \$ ☐ I am enclosing this tax-deductible of	\$100 □Other \$	<u> </u>
Make all checks payable to UWC (may combine Mail to: UWC Membership, PO E	Box 18844, Boulder,	CO 80308-1844
I have a friend who might like to join th	e UWC. Please send memb	ership information to:
Name	Phone	
Address	Email	

#### **UWC Interest Groups**

These are some of the current interest groups. Please see the interest group chairperson if you wish to join. (The chairpersons will be on the website, <a href="https://www.boulderuwc.org">www.boulderuwc.org</a>, and in <a href="https://www.boulderuwc.org">MESSAGES</a>.)

Bicycling	Hiking	Reader's Theater
Book Groups	Italian Conversation	Snowshoeing
Bridge	Music	Spanish Conversation
Downhill Skiing	Needlecraft	Sunday Afternoon at the Movies
French Conversation	On the Road Again	Theater Goers
Gardening	Out to Lunch	

Other interest group suggestions, please contact Nancy Liggett (neliggett@gmail.com).

## Registration Form for **UWC Lecture Events**

Enclosed is Also please a	my check for \$add (optional donation) c	<b>(\$22 per eve</b>	ent per person) for the following events. or the UWC scholarship fund.
			dline. Please book early to ensure seating. ake reservations on first come first served basis.
# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic
		12/13/16 11:30 a.m. UMC 235	Dr. Lee Chambers From Victoria Woodhull to Shirley Chisholm to Hillary Clinton, Women in Presidential Politics
		2/14/17 11:30 a.m. UMC Glenn Miller Ballroom	Dr. Roseanna M. Neupauer Critical Importance of Groundwater Protection for Future Sustainability in Boulder and Beyond
		3/14/17 11:30 a.m. UMC 235	Dr. Brian Catlos From Bob Dylan to Bill Gates: What Does Islam Have to Do with Modern Western Culture?
(Please prin	t):	•	
Your Name:			
Email:			Phone:
Address:		City,	State:
Special Diet	Meal needed (please	specify type and	for whom)
	check payable to UWC neon checks are <i>due</i> 8 c		luncheon.
Diana	and this completed forr Maiden Emerson Ave	m and your chec	k to our Hospitality Chair:

December 2016/January 2017

Boulder, CO 80305



## Margaret Willard Award 2017 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- · Be an exceptional role model
- · Elevate women's performance
- · Bring honor to all women and to the University/Boulder community through her accomplishments

**To the Nominator**: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee		
Address		
	(work)	
Email		
Institutions attended and de	grees received (if applicable)	
Nominee's current position	if retired, position held until retirement)	
•	outlining Nominee's service to the University and/or the Bould needed)	-
prease use additional paper in	nieded)	
Nominator/Submitted by		
Address		
Phone (home)		
Email		

Please mail nomination information to Jane Massie, 178 S. Buchanan Avenue, Louisville, CO 80027 by March 1, 2017, or email to sjanemassie@me.com.

If the Nominee does not receive the award in 2017 she may be considered for 2018. In this case, an updated statement about the Nominee may be requested.

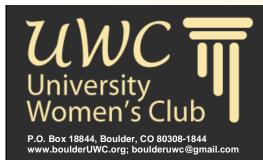
Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

## 2016-17 Calendar

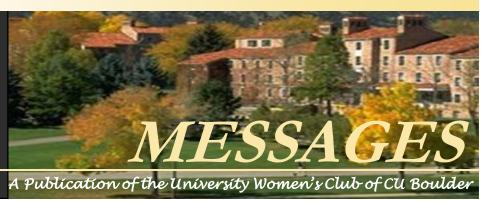
## Executive Board 2016-17

September	6	Board Meeting	
	10	MESSAGES Deadline	
	20	Membership Coffee	
October	4	Board Meeting	
	10	MESSAGES Deadline	
	15	Membership Deadline for Name to Appear in Directory	
	18	Lecture <b>Dinner</b>	
November	1	Lecture Luncheon	
	6	New Member Wine and Cheese Event	
	8	Board Meeting	
	10	MESSAGES Deadline	
December	6	Board Meeting	
		NO <i>MESSAGES</i> IN JANUARY	
	13	Lecture Luncheon	
January		No Planned Meetings or Events	
	10	MESSAGES Deadline	
February	7	Board Meeting	
	10	MESSAGES Deadline	
	14	Lecture Luncheon	
March	7	Board Meeting	
	10	MESSAGES Deadline	
	14	Lecture Luncheon	
	19	Opera Brunch	
April	4	Board Meeting	
	10	MESSAGES Deadline	
	18	Scholarship Luncheon	
May	2	Honors Reception	
	16	Tri-Board Meeting	

President	Janet Brewer	
President-elect	Frieda Holley	
Secretary	Kathy Terrill	
Treasurer	Arlene Gerwin	
Past President	Diana King	
Advisory/ Parliamentarian	Karon Johnson	
Communications	Mollie Sue Morton	
Email	Kathleen Newton	
Historian	Berry Todd	
Honors Reception	Kathryn Wardell	
Hospitality	Diana Maiden	
Interest Groups	Nancy Liggett	
Margaret Willard Award	Jane Massie	
Membership	Virginia Stringi	
New Members	Frieda Holley	
Directory/Handbook/ Repository	Diana King	
MESSAGES	Joyce Spencer	
Nominating Committee	Kathy Randall	
Opera Brunch	Julianne Cassady	
Program Chair	Mary Huffman	
Scholarship Committee	Becky Palmer	
Scholarship Luncheon	Tamera Van Spriell, Linda Nordberg	
Telephone Tree	Linda Blomquist	
Website	Carol Etges	
Secretary Elect	Kathleen Newton	
Treasurer Elect	Arlene Gerwin	



February 2017, Issue 5



## February Lecture Luncheon February 14, 2017 11:30 a.m.

-ebruary 14, 2017 11:30 a.m. In Glenn Miller Ballroom

**Dr. Roseanna Neupauer,** Professor in Environmental & Architectural Engineering at CU Boulder

Critical Importance of Groundwater Protection for Future Sustainability in Boulder and Beyond

**Dr. Roseanna M. Neupauer** is an expert in contamination of aquifers and water distribution systems, groundwater remediation, and stream-aquifer interaction.

Dr. Neupauer will discuss the basics of groundwater flow and transport, the consequences of groundwater contamination, the challenges of groundwater remediation, and the importance of groundwater protection for future sustainability.

During this presentation, Dr. Neupauer will also provide an action list for the audience describing how to participate in the protection of water quality and groundwater resources at the local and national level.

Please note early reservation date required below!!!

President's Message 2 Nominating Committee 3 Events in Feb/March 4 Scholarship news 5 LL photos and more 6 7 Tell Me More **Interest Group News** 8 Interest Group Cont 9 Spring Scholarship etc Interest Groups 11-12

13-17

18

**Registration Forms** 

Calendar/ Exec Board

Reminder

Lecture Event payment must be received NO LATER than FEBRUARY 1. Please use form (page 15) or include a note with the payment indicating which lecture event you are planning to attend.

Please send payment of **\$22 per person** to our Hospitality Chair, Diana Maiden, 3130 Emerson Ave., Boulder, CO 80305. Questions? 303-494-4313 or diana.maiden@gmail.com

Special meals are available and must be requested in advance: gluten-free and vegetarian options available.

## President's Message



I hope that in this year to come, you make mistakes. Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before, and more importantly, you're Doing Something. – **Neil Gaiman** 

Cheers to a new year and another chance for us to get it right.

– Oprah Winfrey

The quotations above express contradictory aims, one wishing that we "make mistakes" and the other offering another chance to "get it right." There is comfort in acknowledging the virtues implied by *making* mistakes, yet I think most of us strive to make amends and to overcome the consequences of our missteps.

The UWC Board of Directors recently took action to ensure that **all** members are contributors to the Scholarship Fund by voting to raise dues effective next year (2017 – 2018) from \$30 to \$35. The additional \$5.00 will go directly to the Scholarship Fund, providing a "kick-start" for scholarships at the very beginning of our membership year. This fulfills the goal of our Scholarship Committee and Board that *everyone* participate. Ideally, this would be only a starting point, inasmuch as many members give generously to the Scholarship Fund throughout the year. We encourage and appreciate this!

Our next Lecture Luncheon will be held in the Glenn Miller Ballroom at 11:30 a.m. on February 14, 2017. Our speaker will be Dr. Roseanna M. Neupauer, who will discuss the "Critical Importance of Groundwater Protection for Future Sustainability in Boulder and Beyond." (Please see article on page 1.)

At our February Lecture Luncheon we will also vote on the slate of officers presented by the Nominating Committee. The candidates are shown again on page 3. With the nominee's consent, additional nominations can be made from the floor or sent in advance to Kathy Randall, Nominating Committee Chair (<a href="mailto:katherineran@gmail.com">katherineran@gmail.com</a>).

The New Year lies ahead With books to be read, And adventures to be led. May you find fulfillment and joy All year long!

Read more wishes and quotes: <a href="http://www.wishesquotes.com/new-year/happy-new-year-wishes#ixzz4UMq7YkLS">http://www.wishesquotes.com/new-year/happy-new-year-wishes#ixzz4UMq7YkLS</a>

Janet Brewer, UWC President 2016 - 2017

## Election of Officers

We will vote for next year's Officers-elect at the Lecture Luncheon in the Glenn Miller Ballroom on February 14, 2017. The nominated candidates are shown once again on the next page. These candidates will serve as officers for the 2018-19 year.

Kathy Randall
Nominating Committee Chair

## Nominating Committee—Slate of Officers

The UWC Executive Board is pleased to present the following slate of candidates proposed by the Nominating Committee:

**Arlene Gerwin:** President-elect 2017-18 (to serve as President in 2018-19)



Arlene has been active in UWC for seven years. She has served on the board as *MESSAGES* editor and as Treasurer, a position she currently holds and will continue through 2017-18. She is active in Spanish Conversation, Easy Riders, Snowshoeing, and Hiking Groups.

Kathleen Newton: Secretary-elect 2017-18 (to serve as Secretary in 2018-19)



Kathleen has been a member of UWC for 4 years. She has served on the board as editor of *MESSAGES* and as Historian. She is currently Secretary-elect anticipating the position of Secretary in 2017-18, which will continue through 2018-19 with this election. She participates in Sunday at the Movies (co-chair), Third Monday Book, and Theater Goers Groups.

**Kathy Herder:** Treasurer-elect in 2017-18 (to serve as Treasurer in 2018-19)



Kathy has been a member of UWC for 3 years. She is a CPA, holding an MBA, who will bring to the board 30 years of experience in corporate accounting. She is active in the Hiking and Biking Groups and loves to spend time with her eightmonth old granddaughter.

The election will be held at the general meeting in the Glenn Miller Ballroom during the Lecture Luncheon of February 14, 2017.

With the nominee's consent, additional nominations can be made from the floor or sent in advance to Kathy Randall, Nominating Committee Chair (<a href="mailto:katherineran@gmail.com">katherineran@gmail.com</a>).

## Preview of Upcoming Lecture Luncheon

The price of the luncheons is \$22. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: **Diane Maiden**, **Attention: UWC Lecture Luncheon**, **3130 Emerson Ave.**, **Boulder**, **CO 80305 or 303-494-4313**. Please do not combine lecture lunch payments with dues payments or Opera payments. Lecture Luncheon Registration Form is on **page 15**.

## March

From Bob Dylan to Bill Gates: What Does Islam Have to do with Modern Western Culture?



Dr. Brian Catlos
Tuesday, March 14, 2017
11:30 a.m.
UMC Room 235
(Reservations and payment due March 1)

Dr Brian Catlos is a Professor of Religious Studies at CU Boulder and is one of the world's leading figures in the study of Mediterranean history.

## Opera Brunch - March 19, 2017

The opera brunch and opera, Mozart's amusing and tender *The Magic Flute,* will take place on Sunday, March 19, 2017.

Brunch will begin at 11:30 a.m. in the Aspen Room at the University Memorial Center followed by the opera at 2 p.m. in Macky Auditorium.

Reservations must be made by **Monday. February 20. 2017.** 







The Magic Flute blends together whimsical humor and irresistible melodies to tell the gripping story of a prince who must outwit an evil queen to be united with his true love. This opera allegorically portrays the education of mankind from chaos (Serpent) through colorful and fantastical characters, representing an evolution from religious superstition (Queen) to rational enlightenment (Sarasto) by trial and error (Papageno and Tamino).

Please use the **Reservation Form** when ordering brunch and/or opera tickets. See **Page 13**. Contact Julianne Cassady, <a href="mailto:jmcassady@comcast.net">jmcassady@comcast.net</a>, 303-494-1135 with questions.

February 2017

## Scholarship Donations

We are grateful that donations to the scholarship fund are still pouring in. Warmest regards from the Scholarship Committee for your help!

Becky Palmer, Scholarship Committee Chair

THANK YOU to the following members who have donated to the Scholarship Fund recently and who were **not** included in the list in previous *MESSAGES*. We are so grateful for your support.

Donations made in Honor/Memory of:

Rita Riis made a donation in honor of Delores Raveling. Ann Lumia made a donation in memory of he mother, Helen L. McGowan. Debbie Schwartz made a donation in memory of Jean Shaw.

Donations made in December 2016

Linda Hattel
Jill Hobson
Ruth Kitchener
Elaine Leass
Lucy Maret
Barbara Miller
Marilyn Moses
Carol Ponton

NEVER TOO LATE to DONATE! (See membership form on page 14 for donation information).



### December Lecture Luncheon

The December 13 Lecture Luncheon featured Lee Chambers, who spoke on Women in Presidential Politics.



## Interest Group News—New Book Groups

#### Have you been hoping to join a small book group?

Another new small group is forming. This group will meet on the third Tuesday of the month from 2:00 – 4:00 p.m. starting in February and will concentrate mostly on fiction. An organizational meeting will take place on Tuesday, January 31 at the home of Linda Hultman, 563 W Hawthorn St, Louisville. At this meeting, a "book-in-a-bag" selection will be distributed for discussion on February 21. Anne Burke will select and lead the discussion of the February book.

If you are interested in participating in this group or would like further information, please contact Jane Massie at <a href="mailto:sianemassie@me.com">sianemassie@me.com</a> or 303-665-6904.

#### What if you are more interested in biographies than fiction?

We have a newly forming group for you, too. Kathy Randall is helping Lyn Konugres set this up. If you are interested, please contact Kathy at <a href="mailto:katherineran@gmail.com">katherineran@gmail.com</a> or 303-530-1095.



**Book Group - Second Monday** at a party in December at Lake Valley Golf Club. We discussed "A Child's Christmas in Wales" by Dylan Thomas, which led to a lovely discussion of our favorite holiday memories. We also did a book exchange, so we each went home with something new to read.

## Tell Me More About... Strokes

About year ago I received the kind of phone call we all dread – a family crisis. My older sister had suffered a series of strokes and was hospitalized, with an uncertain prognosis. How could this be? She was strong, not old (I mean, 75 isn't old these days, is it?), living an active, healthy life. Once my sister was on the road to recovery, I realized I needed to know more. What do I need to know, what do all of us need to know, in order to prevent stroke or reduce the damage of a stroke in ourselves, or another person.

First, we need to know that when a person is having a stroke, **time is of the essence**. In order to minimize stroke damage an individual must be treated **within three hours** of her first symptoms of stroke. We must act **fast**. Use the universal acronym **F.A.S.T.** to recognize when a person is having a stroke, and immediately take action:



**F** Face. Facial droop, uneven smile.

**A** Arm. Arm numbness or weakness.

**S** Speech. Slurred speech. Difficulty speaking.

T Time. Call 911 and get to the hospital immediately.

Stroke is an emergency and every second counts. Even just one of these symptoms is enough. Call 911, get to the hospital.

At the hospital the medical personnel conduct diagnostic tests to determine the type of stroke a patient is having, as the treatment is different and the wrong treatment is harmful. Strokes are of two types, ischemic and hemorrhagic. Ischemic stroke is most common. It is caused by reduced blood flow and oxygen to the brain due to blockages or narrowing of the arteries. Hemorrhagic stroke is caused by arteries leaking blood or bursting open and putting pressure on brain cells.

**Prevention:** The best way to prevent a stroke is by making healthful living choices: eating a healthy diet, maintaining a healthy weight, exercising regularly, not smoking, avoiding alcohol or drinking in moderation, and keeping blood pressure under control. If arterial health is compromised, medication or surgery may be called for.

A strong predictor of a stroke is a transient ischemic attack (TIA) also referred to as a mini-stroke. A TIA occurs if there is a temporary drop in the blood supply to the brain. The individual experiences stroke-like symptoms but they last only a few minutes and cause no permanent damage. **Do not ignore a TIA.** Between 10 and 15% of TIA patients have a stroke within three months. Symptoms, like those of a full blown stroke, include **F.A.S.** as noted above, and can also include **dizziness**, **difficulty talking or understanding, difficulty swallowing, severe headache, paralysis, numbness or weakness on one side of the body, or loss of consciousness.** If you, or someone you know, displays symptoms of a TIA, seeking medical attention is imperative. There are treatments, medications and surgery which can reduce the likelihood of a full-blown stroke.

The best thing is for none of the above to transpire. The second best thing is to know what to do if it does.

Kathy Randall

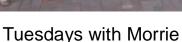
## Interest Groups News

#### **Theater Goers Group**

Looking back since the last Newsletter, Theater Goers have been to see two great plays at The Longmont Theater. In November we saw <u>Tuesdays with Morrie</u> and in January we saw <u>Leading Ladies</u>. Looking forward to February, on the 19th we will be attending the matinee performance of <u>Act of God</u> at The Denver Center for the Performing Arts. If you think you would be interested in joining our group, contact Gail Moyes or Annie Russell. Our email and phone numbers are listed below.

We are always thankful to Bob Spencer for taking our photo at these events.







**Leading Ladies** 

Gail Moyes <a href="mailto:gpmoyes@gmail.com">gpmoyes@gmail.com</a> 303-7869142 Annie Russell <a href="mailto:annie@annierussell.com">annie@annierussell.com</a> 303-8687053

#### Out to Lunch Group

In December, the Out to Lunch group had a large gathering at the Spruce Farm and Fish restaurant in the Boulderado Hotel in Boulder.







See the Interest Groups information on page 11 for more information about this group.

February 2017

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## Interest Groups News—continued

#### On the Road Again

In November the On the Road Again group visited the Western Art Museum.







#### **Snowshoeing Group**

A group of 8 visited the Caribou Ranch Open Space in Nederland for a beautiful morning of snow-shoeing and then lunch at Katmandu in Boulder.





Photos by Mary Greenwald (chair) and by Berry Todd (Historian). Some lovely views—yes?

#### **Music Group**





Elegant snacks for the Music Group at the home of Judith Auer in December.

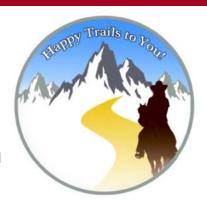
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## Spring Scholarship Luncheon - April 18, 2017

Mark your calendars on **April 18, 2017**, for the Annual Spring Scholarship Luncheon to be held at the Boulder Country Club.

This is our opportunity to celebrate the 2017 scholarship winners and to hear personal accounts of their heartwarming journeys from challenges to achievements.

We'll also enjoy a sumptuous meal and enjoy lively conversation with old and new friends. The culmination of this popular event is a fashion show presented by *Changes in Latitude*. Happy Trails to You!



The deadline for reservations is April 11. However, there is limited space and this is a popular event, so please try to get your reservation(s) in early. Guests are welcome also.

See reservation form on page 17.

## Margaret Williard Award—A Community Award

The University Women's Club presents the Margaret Willard Award annually at the Spring Honors Reception. The woman receiving the award must fulfill some or all of the criteria as listed on the nomination form.

**Nominate!** Send me a name and a short description of the person you are nominating. You don't have to know the person well. Maybe you have heard or read about her. Give me a way to get in touch with you so we can help fill out the particulars. This is a Community Award for someone who embodies the best qualities of women in the UWC and the community we live in. Thanks!

See form on Page 15.

Jane Massie (janemassie@me.com)

## Membership Courtesy

If anyone knows of a member who would appreciate a card, note, or any personal contact due to illness, death, or other reasons of support, please inform MOLLIE MORTON, 303-494-5486 or mollie.morton@colorado.edu.

## Membership Dues

If you invite a new potential member to one of our activities, and she would like to join, please invite her to do so by filling out (and sending in) the Membership Form on page 14.

Interest Group Meeting Time and Place	Chaír(s) Informatíon	Specíal Notes
Bicycling Meets every Thursday from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Book Group - Evening 7:15 p.m. Second Thursday, members' homes.	Ellen Holland (303-517-5544)  wrhelh@comcast.net  Kathy Randall (303-530-1095)  katherineran@gmail.com	Feb. 9: Spain in Our Hearts: Americans in the Spanish Civil War by Adam Hochschild. Hostess Judy Reid (303-440-6040) reidjudy@hotmail.com
Bridge on Wednesday 1:00 - 3:00 p.m. First Wednesday, members' homes.	Barbara Turner (303-471-9778) <u>Barbara-Turner@centurylink.net</u> Sharon Gabriel (303-494-7643) <u>skgabriel@comcast.net</u>	Please contact chairs for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:30 a.m.—noon at Panera Bread in the 29th Street Mall	Elaine Leass (303-973-9778) <u>kayakeb@gmail.com</u> Roberta Kimmel (720-524-6744) <u>Roberta.kimmel@gmail.com</u>	Please contact chair for details.  All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Karon Johnson (303-499-5056) <u>Karon.Johnson@Colorado.edu</u>	The group is on hiatus during the winter months. Regular meetings will resume in April.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779)  hslynch@comcast.net  Frieda Holley (303-499-3733)  holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months, in members' homes.	Judy Owens (303-494-0196)  owensj4@mac.com  Pat Phillipson (303-443-9839)  phillipp@colorado.edu	We especially welcome new performers. Contact chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays, members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com  Georgianne Campbell (303-499-2798) rpcampbell@att.net	An email will be sent to members with details prior to each meeting.

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) <u>Karen.diamond@mac.com</u>	Contact chair for details.
Out to Lunch 12:00 p.m. Fourth Wednesday Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Jean Rohrschneider (720-542-9788) <u>jmrohrsc@hotmail.com</u>	Jan 25—Via Perle (Italian) 901 Pearl St., Boulder Feb 22 Mandala Infusion (Tibetan) 4479 N Broadway, Boulder
Readers' Theatre 2 6:30 p.m. Second Monday Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590)  pattycake.21@juno.com  Kathy Randall (303-530-1095)  katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays, to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Contact chair for details.
Spanish Learners - Beginners and Intermediates	Jane Chicione (720-328-8590) <u>Jane.chicione@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Spanish Conversation Advanced Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair for meeting time, place and details.
Sunday Afternoon at the Movies  Matinee Fourth Sunday  Local movie theatre	Lois Kraft (515-724-9627)  Kraft_lois@yahoo.com  Kathleen Newton (720-548-8661)  kathleen_n@comcast.net	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Theater Goers	Gail Moyes (303-786-9142) <u>gpmoyes@gmail.com</u> Annie Russell (303-786-8070) <u>annie@annierussell.com</u>	Contact one of the co-chairs for upcoming activity details.

The following Interest Groups are part of the UWC, but currently do not have openings:

Interest Group	Chair(s)
Book Group—Afternoon	Carol Saunders, Mary Clough
Book Group - BG3	Kathy Randall
Book Group Small— Fiction, Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson, Ruth Stern
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least **five members and a chairperson.** Contact Nancy Liggett (<a href="mailto:neliggett@gmail.com">neliggett@gmail.com</a>) for more information.

To form a new book group, contact Kathy Randall (303-530-1095).

# Registration Form for 2017 Opera/Brunch

#### The Magic Flute

Mozart's *The Magic Flute* blends together whimsical humor and irresistible melodies to tell the gripping story of a prince who must outwit an evil queen to be united with his true love.

# Please join us: Sunday, March 19, 2017 - 11:30 a.m. - brunch at Aspen Room in UMC 2:00 p.m. - opera at Macky

UWC gets a *discounted price* for the opera tickets. If you have already purchased opera tickets, you can still join us for the brunch and talk by Maestro Carthy, Opera Music Director. You can also purchase opera tickets without attending the brunch, if you prefer.

~~~~~~~~~~~

#### Reservations must be received by Monday, February 20, 2017.

Please make checks payable to *UWC*. Mail check and form to:
Julianne Cassady; 340 Norton St; Boulder, CO 80305.

Questions? Contact Julianne: <a href="mailto:jmcassady@comcast.net">jmcassady@comcast.net</a> or (303)494-1135

Reservations may also be made in person at the February 14 Lecture Luncheon.

~~~~~~~~~~~~

Name
Email
Guest name(s)
#opera tickets @ \$23 each PLUS #places for brunch @ \$27 each; Total enclosed \$ (checks payable to "UWC")
NOTE: The brunch entree and dessert will be served "Buffet Style" this year due to pricing changes at the UMC Events Planning and Catering Dept.
Please indicate here if you require a vegetarian option (YES)

#### UWC Boulder Membership Form - 2016-17

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

*MESSAGES* will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Virginia Stringi, Membership Chair 303-955-1860	Frieda Holley, New 303-499-3733	Member Chair
uwcmembershipchair@gmail.com	holleyf@msudenve	
Name		
Address		
Email address for newsletter		
	(please print clearly)	☐ new email address
$\square$ I am enclosing my annual dues of \$	30. I am a □returning mem	nber $\square$ new member.
$\Box$ I am enclosing an additional (option $\Box$ \$25 $\Box$ \$50 $\Box$ \$		for the scholarship fund.
$\square$ I am enclosing this tax-deductible c	ontribution for the scholarship	fund in <b>Honor/Memory</b> of:
Make all checks payable to UWC (may combine Mail to: UWC Membership, PO	Box 18844, Boulder,	CO 80308-1844
I have a friend who might like to join the	e UWC. Please send memb	ership information to:
Name	Phone	
Address	Email	
LIMC Interest Crouns		

#### **UWC Interest Groups**

These are some of the current interest groups. Please see the interest group chairperson if you wish to join. (The chairpersons will be on the website, <a href="https://www.boulderuwc.org">www.boulderuwc.org</a>, and in <a href="https://www.boulderuwc.org">MESSAGES</a>.)

Bicycling	Hiking	Reader's Theater
Book Groups	Italian Conversation	Snowshoeing
Bridge	Music	Spanish Conversation
Downhill Skiing	Needlecraft	Sunday Afternoon at the Movies
French Conversation	On the Road Again	Theater Goers
Gardening	Out to Lunch	

Other interest group suggestions, please contact Nancy Liggett (neliggett@gmail.com).

# Registration Form for **UWC Lecture Events**

Enclosed is my check for \$ (\$22 per event per person) for the following events.  Also please add (optional donation) of \$ for the UWC scholarship fund.					
All reservations must be received 8 days before lecture deadline. Please book early to ensure seating. On occasion we do fill our venues. When this happens we take reservations on first come first served basis.					
# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic		
		2/14/17 11:30 a.m. UMC Glenn Miller Ballroom	Dr. Roseanna M. Neupauer Critical Importance of Groundwater Protection for Future Sustainability in Boulder and Beyond		
		3/14/17 11:30 a.m. UMC 235	Dr. Brian Catlos From Bob Dylan to Bill Gates: What Does Islam Have to Do with Modern Western Culture?		
(Please print	t):				
Your Name:	Your Name:				
Email: Phone:					
Address: City, State:					
Special Diet Meal needed (please specify type and for whom)					
Please make check payable to UWC. Lecture luncheon checks are <i>due 8 days before each luncheon</i> .					
Mail check and this completed form and your check to our Hospitality Chair: Diana Maiden					

Boulder, CO 80305



# Margaret Willard Award 2017 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- · Be an exceptional role model
- Elevate women's performance
- · Bring honor to all women and to the University/Boulder community through her accomplishments

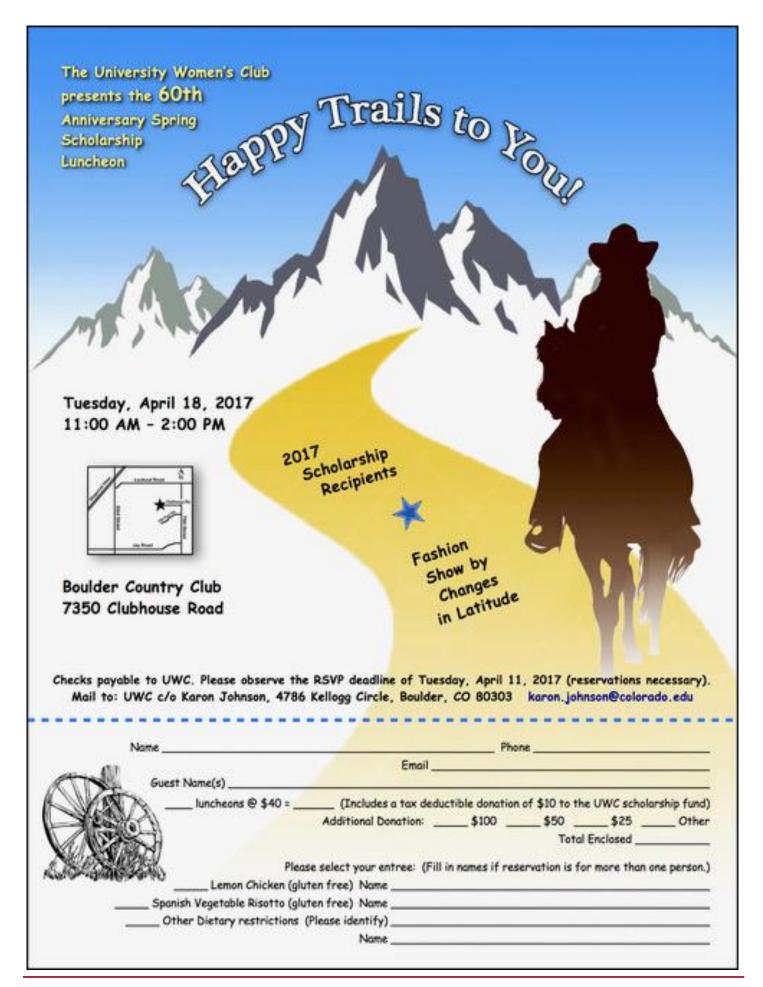
**To the Nominator**: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee		<del></del>
Address		
Phone (home)	(work)	
Email		
	grees received (if applicable)	
Nominee's current position	(if retired, position held until retirement)	
•	outlining Nominee's service to the University and/or the Bouldineeded)	_
Phone (home)	(work )	
Email		

Please mail nomination information to Jane Massie, 178 S. Buchanan Avenue, Louisville, CO 80027 by March 1, 2017, or email to sjanemassie@me.com.

If the Nominee does not receive the award in 2017 she may be considered for 2018. In this case, an updated statement about the Nominee may be requested.

Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

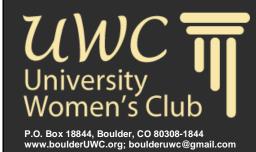


## 2016-17 Calendar

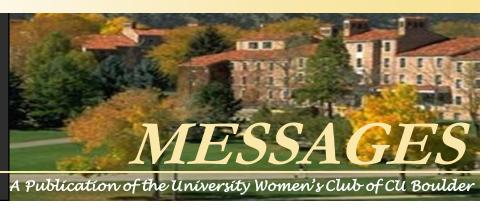
## Executive Board 2016-17

September	6	Board Meeting
	10	MESSAGES Deadline
	20	Membership Coffee
October	4	Board Meeting
	10	MESSAGES Deadline
	15	Membership Deadline for Name to Appear in Directory
	18	Lecture <b>Dinner</b>
November	1	Lecture Luncheon
	6	New Member Wine and Cheese Event
	8	Board Meeting
	10	MESSAGES Deadline
December	6	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	13	Lecture Luncheon
January		No Planned Meetings or Events
	10	MESSAGES Deadline
February	7	Board Meeting
	10	MESSAGES Deadline
	14	Lecture Luncheon
March	7	Board Meeting
	10	MESSAGES Deadline
	14	Lecture Luncheon
	19	Opera Brunch
April	4	Board Meeting
	10	MESSAGES Deadline
	18	Scholarship Luncheon
May	2	Honors Reception
	16	Tri-Board Meeting

President	Janet Brewer
President-elect	Frieda Holley
Secretary	Kathy Terrill
Treasurer	Arlene Gerwin
Past President	Diana King
Advisory/ Parliamentarian	Karon Johnson
Communications	Mollie Sue Morton
Email	Kathleen Newton
Historian	Berry Todd
Honors Reception	Kathryn Wardell
Hospitality	Diana Maiden
Interest Groups	Nancy Liggett
Margaret Willard Award	Jane Massie
Membership	Virginia Stringi
New Members	Frieda Holley
Directory/Handbook/ Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Kathy Randall
Opera Brunch	Julianne Cassady
Program Chair	Mary Huffman
Scholarship Committee	Becky Palmer
Scholarship Luncheon	Tamera Van Spriell, Linda Nordberg
Telephone Tree	Linda Blomquist
Website	Carol Etges
Secretary Elect	Kathleen Newton
Treasurer Elect	Arlene Gerwin



March 2017, Issue 6





#### March Lecture Luncheon

March 14, 2017 11:30 a.m. In UMC 235

**Dr. Brian Catlos,** Professor of Religious Studies at CU Boulder

From Bob Dylan to Bill Gates: What Does Islam Have to Do with Modern Western Culture?

**Dr. Brian Catlos** is one of the world's leading figures in the study of Mediterranean history.

Dr. Catlos will provide his historical perspective on nationalism and its application to our current national and international political climate with regard to the Middle East and Islam. He will discuss how Islam has affected Western culture, including rock and roll, the game of chess, and the digital revolution.

Dr. Catlos will address how medieval Spain and the Mediterranean world occupy a crucial place in the evolution of what we call "the West," and why scholars are reconfiguring deep-rooted notions of where and how western culture originated and developed.

Please note **early reservation date** required below!!!

President's Message	2
Events in March/April	3
Feb Lecture Luncheon	4
Tell Me More	5
Interest Groups	6-7
Registration Forms	8-12
Calendar/ Exec Board	13



Lecture Event payment must be received NO LATER than MARCH 1. Please use form (page 15) or include a note with the payment indicating which lecture event you are planning to attend.

Please send payment of **\$22 per person** to our Hospitality Chair, Diana Maiden, 3130 Emerson Ave., Boulder, CO 80305. Questions? 303-494-4313 or <a href="mailto:diana.maiden@gmail.com">diana.maiden@gmail.com</a>

Special meals are available and must be requested in advance: gluten-free and vegetarian options available.

#### President's Message



The 2016 - 2017 University Women's Club year has been flying by! I am very much enjoying serving as your president, in large part because I am fortunate to work with a wonderful Board of Directors that supports and oversees all of the club's endeavors.

The UWC's organizational acumen is evidenced by the way that smooth transitions of Board responsibilities from year to year are encouraged. Already, President-elect, Frieda Holley, is making plans for her term as President (2017 – 2018) and is seeking people to serve with her. Please feel free to speak with Frieda about open positions on the Board.

One purpose of the UWC is to provide opportunities for friendship and intellectual stimulation to its members by means of five lectures each year. This year we have learned about cutting-edge research into Alzheimer's Disease, the role of sports at CU, a historical perspective of women in politics, and most recently the importance of ground water protection for future sustainability in Boulder and beyond. Our March Lecture Luncheon will be held in UMC 235 beginning at 11:30 a.m. on Tuesday, March 14.

Our speaker, Dr. Brian Catlos, will be discussing the influence of Islam on modern western culture. Please see article on page 1.

In March we also look forward to our annual tradition of the Opera Brunch. On March 19, 2017, we will gather in the Aspen Room(s) of the UMC at 11:30 a.m. to dine, socialize, and listen to Maestro Nicholas Carthy's remarks concerning Mozart's *The Magic Flute*.

While all this information is fresh in our minds, we will then proceed to Macky Auditorium to hear and see the CU Eklund Opera production of the work.

Let us be appreciative of the many ways in which the UWC enriches our lives!

Janet Brewer
President (2016 – 2017)

#### Election of Officers

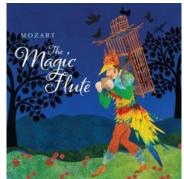
UWC Officers for 2017-18 Elected

By unanimous voice vote at the Lecture Luncheon of February 14, the slate of officers proposed by this year's nominating committee were elected. Congratulations to Arlene Gerwin, President-elect, Kathleen Newton, Secretary-elect, and Kathy Herder, Treasurer-elect. Thank you, Arlene, Kathleen, and Kathy, for your skills, interest, and willingness to serve.

Thank you also to this year's nominating committee, Kathy Randall, Chair, Frieda Holley, and Mary Greenwald.

Kathy Randall
Nominating Committee Chair

## Opera Brunch - March 19, 2017



Reservations for the Opera Brunch must be received by **Monday, February 20, 2017.** 

The UWC Annual Opera Brunch and opera, Mozart's amusing and tender *The Magic Flute* is Sunday, March 19. Brunch will begin at 11:30 a.m. at the University Memorial Center Aspen Room followed by the opera at 2 p.m. in Macky Auditorium.

"The Magic Flute" blends together whimsical humor and irresistible melodies to tell the gripping story of a prince who must outwit an evil queen to be united with his true love.

Maestro Carthy is the Music Director of the Eklund Opera Program and an Associate Professor of Opera. Once again he will be speaking at our opera brunch in the Aspen Room of the UMC before the Opera. You can attend just the opera, of course, or if you have tickets to the opera already, you may also want to come to the brunch and hear Maestro's talk.

See the **Reservation Form** and more information on page 8. Questions? Contact: Julianne Cassady, jmcassady@comcast.net, 303-494-1135.

# Spring Scholarship Luncheon - April 18, 2017

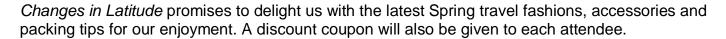
# Don't Miss Our Fabulous 60th Spring Scholarship Luncheon

Happy Trails to You!

Tuesday, April 18, 2017 Boulder Country Club

**RSVP deadline: Tuesday, April 11th** 

- \*Meet the UWC Scholarship Winners
- \*Savor a delicious three-course lunch
- \*Delight in the latest travel fashions presented by *Changes in Latitude*
- \*Enjoy the music of an accomplished jazz pianist



One fourth (\$10) of the cost of the luncheon will be donated to the UWC Scholarship Fund. Thank you for your generosity!

See the registration form on page 12 for additional details and menu selections.



# February Lecture Luncheon

The February 14 Lecture Luncheon featured Dr. Roseanna Neupauer, who spoke about *Critical Importance* of Groundwater Protection for Future Sustainability in Boulder and Beyond.

Dr. Neupauer defined "What is Groundwater," and she took the audience through a brief course on how groundwater reacts to pressure, where is goes, and how it flows through various aquifers. She stressed the difficulty of removing contaminants from groundwater.



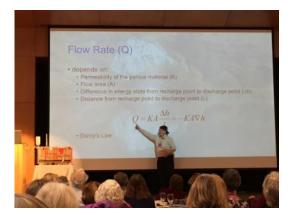




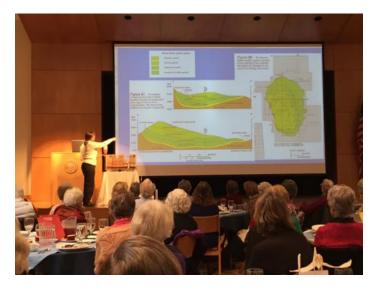








<u>YouTube Hydrology rap re Darcy's Law</u> Click on above topic to see Dr. Neupauer's rap on the formula to calculate groundwater flow!



Groundwater aquifers Colorado Springs to Greeley, Colorado

March 2017

# Tell Me More About... Medicare and the Affordable Care Act

Most of us in the University Women's Club are, or will soon be, eligible for Medicare, the federal health insurance program. Some of us may be concerned about what may happen to our Medicare coverage given the change in our federal government administration and proposals for health coverage change.

Since its implementation in 1966 as a program for those 65 and older, Medicare has continuously changed and adjusted. In 1972 eligibility was expanded to include the disabled and those with end-stage renal disease; in 1980 supplemental insurance was brought under federal insight; in 1982 hospice coverage was added and private plans were offered. In 1997 Medicare Part C expanded the types of private plans included in Medicare, and in 2006 the Part D prescription drug benefit was added. The changes in Medicare brought about by the Patient Protection and Affordable Care Act, more commonly known as the Affordable Care Act (ACA) or "Obamacare" were only the most recent of a long line of modifications. The ACA included more preventive services with no copayment or deductible charges such as early detection cancer screenings (mammograms and colonoscopies) and an annual free Wellness visit. The prescription costs for the non-covered "donut hole" were reduced by 60% with the coverage cap to close in 2020.

Medicare is not part of the health insurance "Marketplace" so changes in the ACA will not affect those of us with Medicare as much as it will affect those individuals benefiting from other aspects of the ACA such as coverage for individuals with preexisting conditions and government subsidy for payment of premiums.

#### What comes next for Medicare and the ACA?

We don't know. The new administration is working on their health program. Both the president and House Speaker Paul Ryan agree that repeal of the ACA and replacement with some other system is a top priority; they disagree as to whether overhauling Medicare should be part of the plan.

The president has stated there will be "insurance for everybody" and that he would not cut Medicare. The irony of the Ryan Medicare Plan is that it would look a lot like the marketplace structure of the ACA with exchanges where private insurance companies would compete with traditional Medicare and people would get "premium support" from the government to help pay for their insurance. U.S. Senate Health, Education, Labor, and Pensions Committee chairman Lamar Alexander opposes trying to tackle Medicare reforms in the ACA replacement effort. The Cassidy-Collins plan would turn health coverage over to the states with three options: Keep Obamacare as is, enact their own insurance expansion, or opt out of federal assistance entirely.

These are interesting times we are living in, and as far as health coverage goes, we will have to wait and see. If you have opinions on the matter, let your Senators and Representatives know.

Kathy Randall

Interest Group Meeting Time and Place	Chair(s) Information	Special Notes
Bicycling Meets every Thursday from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Book Group - Evening 7:15 p.m. Second Thursday, members' homes.	Ellen Holland (303-517-5544) wrhelh@comcast.net  Kathy Randall (303-530-1095) katherineran@gmail.com	March 9: Arthur and George by Julian Barnes. Hostess: Ellen Holland (303-517-5544; wrhelh@comcast.net).  April 13: My Brilliant Friend by Elena Ferrante. Hostess: Susan Wine (917-626-5535; susan.wine@yahoo.com).
Bridge on Wednesday 1:00 - 3:00 p.m. First Wednesday, members' homes.	Barbara Turner (303-471-9778) <u>Barbara-Turner@centurylink.net</u> Sharon Gabriel (303-494-7643) <u>skgabriel@comcast.net</u>	Please contact chairs for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:30 a.m.—noon at Panera Bread in the 29th Street Mall	Elaine Leass (303-973-9778)  kayakeb@gmail.com  Roberta Kimmel (720-524-6744)  Roberta.kimmel@gmail.com	Please contact chair for details.  All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Karon Johnson (303-499-5056) <u>Karon.Johnson@Colorado.edu</u>	The group is on hiatus during the winter months. Regular meetings will resume in April.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779)  hslynch@comcast.net  Frieda Holley (303-499-3733)  holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months, in members' homes.	Judy Owens (303-494-0196)  owensj4@mac.com  Pat Phillipson (303-443-9839)  phillipp@colorado.edu	We especially welcome new performers. Contact chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays, members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com  Georgianne Campbell (303-499-2798) rpcampbell@att.net	An email will be sent to members with details prior to each meeting.

#### Two New Book Groups are recruiting members.

A new **fiction group** will meet on the third or fourth Tuesday of the month from 2:00 to 4:00. On February 21 they will discuss *Me Before You* by JoJo Moyes and on March 21 *Garden of Evening Mist* by Tan Twan Eng. If you are interested in participating in this group or would like further information, please contact Jane Massie at <a href="mailto:sjanemassie@me.com">sjanemassie@me.com</a> or 303-665-6904.

A new **biography group** is currently organizing. Susan Planck and Sue Stone will chair the group. If you are interested, please contact Susan at <a href="mailto:plancksusan@gmail.com">plancksusan@gmail.com</a> or 303-499-3916 or Sue at <a href="mailto:stone-30gmail.com">ststone-30gmail.com</a> or 303-443-3840.

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes	
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) <u>Karen.diamond@mac.com</u>	Contact chair for details.	
Out to Lunch 12:00 p.m. Fourth Wednesday Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu  Jean Rohrschneider (720-542-9788) jmrohrsc@hotmail.com	March 22—meet for lunch at Bacco Trattoria and Mozzarella Bar at 1200 Yarmouth Ave, Boulder.  Rsvp to a co-chair.	
Readers' Theatre 2 6:30 p.m. Second Monday Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com  Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.	
Snowshoeing Thursdays, to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Contact chair for details.	
Spanish Learners - Beginners and Intermediates	Jane Chicione (720-328-8590) <u>Jane.chicione@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.	
Spanish Conversation Advanced Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair for meeting time, place and details.	
Sunday Afternoon at the Movies  Matinee Fourth Sunday Local movie theatre	Lois Kraft (515-724-9627) Kraft_lois@yahoo.com  Kathleen Newton (720-548-8661) kathleen_n@comcast.net	Email provides details of movie selection and meeting time. Contact chairs to join the list.	
Theater Goers	Gail Moyes (303-786-9142)  gpmoyes@gmail.com  Annie Russell (303-786-8070)  annie@annierussell.com	Contact one of the co-chairs for upcoming activity details.	

The following Interest Groups are part of the UWC, but currently do not have openings:

Interest Group	Chair(s)
Book Group—Afternoon	Carol Saunders, Mary Clough
Book Group - BG3	Kathy Randall
Book Group Small— Fiction, Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson, Ruth Stern
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least **five members including a chair or co-chairs.** Contact Nancy Liggett (neliggett@gmail.com) for more information.

To form a new book group, contact Kathy Randall (303-530-1095).

# Registration Form for 2017 Opera/Brunch

#### **The Magic Flute**

Mozart's *The Magic Flute* blends together whimsical humor and irresistible melodies to tell the gripping story of a prince who must outwit an evil queen to be united with his true love.

# Please join us: Sunday, March 19, 2017 - 11:30 a.m. - brunch at Aspen Room in UMC 2:00 p.m. - opera at Macky

UWC gets a *discounted price* for the opera tickets. If you have already purchased opera tickets, you can still join us for the brunch and talk by Maestro Carthy, Opera Music Director. You can also purchase opera tickets without attending the brunch, if you prefer.

~~~~~~~~~~~

#### Reservations must be received by Monday, February 20, 2017.

Please make checks payable to *UWC*. Mail check and form to:
Julianne Cassady; 340 Norton St; Boulder, CO 80305.

Questions? Contact Julianne: <a href="mailto:jmcassady@comcast.net">jmcassady@comcast.net</a> or (303)494-1135

Reservations may also be made in person at the February 14 Lecture Luncheon.

~~~~~~~~~~~~

Name
Email
Guest name(s)
# opera tickets @ \$23 each # places for brunch @ \$27 each Total enclosed \$ (checks payable to "UWC")
NOTE: The brunch entree and dessert will be served "Buffet Style" this year due to pricing changes at the UMC Events Planning and Catering Dept.
Please indicate here if you require a vegetarian option (YES)

March 2017

## UWC Boulder Membership Form - 2016-17

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Virginia Stringi, Membership Chair 303-955-1860 uwcmembershipchair@gmail.com	Frieda Holley, New 303-499-3733 holleyf@msudenve	r.edu
Name		
Address		
Email address for newsletter	(please print clearly)	☐ new email address
<ul> <li>□ I am enclosing my annual dues of \$3</li> <li>□ I am enclosing an additional (optional substitution is substitution in the substitution in the substitution is substitution in the substitution in the substitution is substitution in the substitution is substitution in the substitution is substitution in the substitution</li></ul>	al) tax-deductible contribution  100 □Other \$	for the scholarship fund.
Make all checks payable to UWC (may combine Mail to: UWC Membership, PO B	Box 18844, Boulder,	CO 80308-1844
Name	Phone	
Address	Email	
UWC Interest Groups		

These are some of the current interest groups. Please see the interest group chairperson if you wish to join. (The chairpersons will be on the website, www.boulderuwc.org, and in MESSAGES.)

Bicycling	Hiking	Reader's Theater
Book Groups	Italian Conversation	Snowshoeing
Bridge	Music	Spanish Conversation
Downhill Skiing	Needlecraft	Sunday Afternoon at the Movies
French Conversation	On the Road Again	Theater Goers
Gardening	Out to Lunch	

Other interest group suggestions, please contact Nancy Liggett (neliggett@gmail.com).

March 2017 Issue 6, Page 9

# Registration Form for **UWC Lecture Events**

nclosed is my check for \$ (\$22 per event per person) for the event below.  Iso please add (optional donation) of \$ for the UWC scholarship fund.			
			leadline. Please book early to ensure seating. re take reservations on first come first served basis.
# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic
		3/14/17 11:30 a.m. <b>UMC 235</b>	Dr. Brian Catlos From Bob Dylan to Bill Gates: What Does Islam Have to Do with Modern Western Culture?
Please prin	t):		
Your Name:			
Email:			Phone:
Address:		Cit	y, State:
Special Die	t Meal needed (pleas	e specify type a	nd for whom)
	e check payable to UW heon checks are <i>due</i> I		
Diana	mpleted form and yo a Maiden Emerson Ave	ur check to our	Hospitality Chair:

W | 2017

Boulder, CO 80305



# Margaret Willard Award 2017 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- · Be an exceptional role model
- · Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

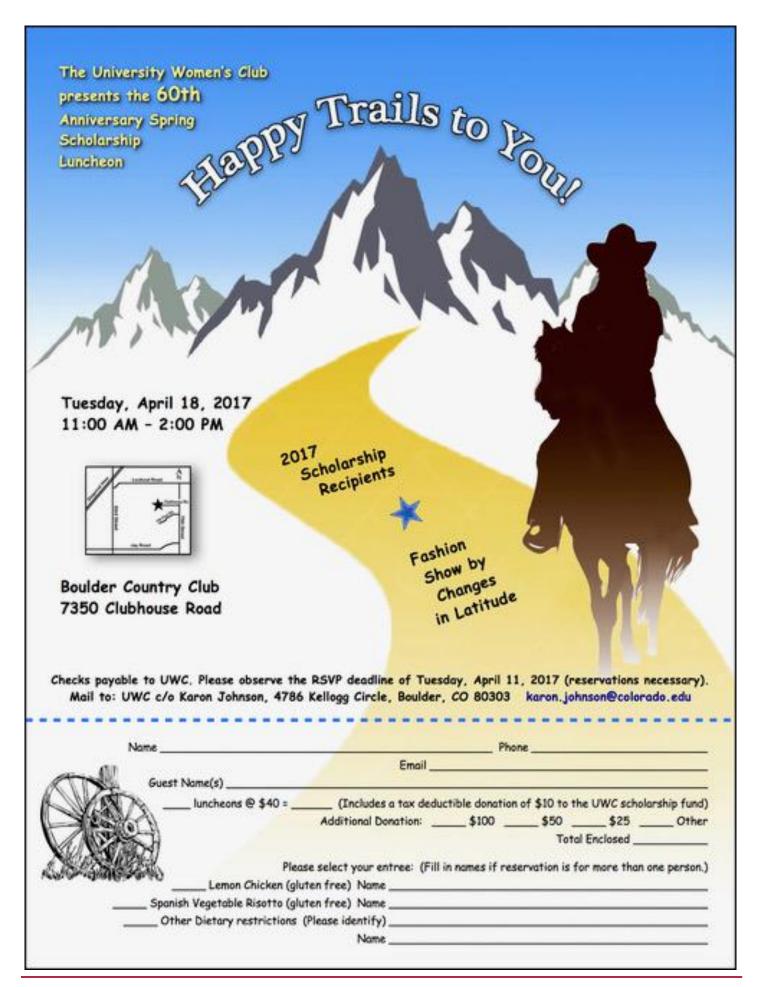
**To the Nominator**: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee		
Address		
	(work)	
Email		
	egrees received (if applicable)	
Nominee's current position	(if retired, position held until retirement)	
•	outlining Nominee's service to the University and/or the Boulder co	•
piease use additional paper	f needed)	
Nominator/Submitted by _		
Phone (home)		
Email	•	

Please mail nomination information to Jane Massie, 178 S. Buchanan Avenue, Louisville, CO 80027 by March 1, 2017, or email to <a href="mailto:sjanemassie@me.com">sjanemassie@me.com</a>.

If the Nominee does not receive the award in 2017 she may be considered for 2018. In this case, an updated statement about the Nominee may be requested.

Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

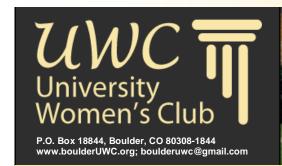


# 2016-17 Calendar

## Executive Board 2016-17

September	6	Board Meeting	
	10	MESSAGES Deadline	
	20	Membership Coffee	
October	4	Board Meeting	
	10	MESSAGES Deadline	
	15	Membership Deadline for Name to Appear in Directory	
	18	Lecture <b>Dinner</b>	
November	1	Lecture Luncheon	
	6	New Member Wine and Cheese Event	
	8	Board Meeting	
	10	MESSAGES Deadline	
December	6	Board Meeting	
		NO <i>MESSAGES</i> IN JANUARY	
	13	Lecture Luncheon	
January		No Planned Meetings or Events	
	10	MESSAGES Deadline	
February	7	Board Meeting	
	10	MESSAGES Deadline	
	14	Lecture Luncheon	
March	7	Board Meeting	
	10	MESSAGES Deadline	
	14	Lecture Luncheon	
	19	Opera Brunch	
April	4	Board Meeting	
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	18	Scholarship Luncheon	
May	2	Honors Reception	
	16	Tri-Board Meeting	

President	Janet Brewer
President-elect	Frieda Holley
Secretary	Kathy Terrill
Treasurer	Arlene Gerwin
Past President	Diana King
Advisory/ Parliamentarian	Karon Johnson
Communications	Mollie Sue Morton
Email	Kathleen Newton
Historian	Berry Todd
Honors Reception	Kathryn Wardell
Hospitality	Diana Maiden
Interest Groups	Nancy Liggett
Margaret Willard Award	Jane Massie
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MESSAGES	Joyce Spencer
Nominating Committee	Kathy Randall
Opera Brunch	Julianne Cassady
Program Chair	Mary Huffman
Scholarship Committee	Becky Palmer
Scholarship Luncheon	Tamera Van Spriell, Linda Nordberg
Telephone Tree	Linda Blomquist
Website	Carol Etges
Secretary Elect	Kathleen Newton
Treasurer Elect	Arlene Gerwin





April 2017, Issue 7

A Publication of the University Women's Club of CU Boulder

#### Please join us for the Spring Scholarship Luncheon

Tuesday April 18, 2017 at 11:00 a.m. at the Boulder Country Club 7350 Clubhouse Road, Boulder



11:00 a.m. Gather and mingle 11:30 a.m. Lunch is served

- \*Meet the 2016-17 Scholarship Winners
- \*Enjoy a delicious 3-course lunch
- \*Be entertained by Changes in Latitude's latest travel fashions
- \*Enjoy the music of an accomplished jazz pianist

For our enjoyment, *Changes in Latitude* will present the latest fashions for travel with coordinating accessories, plus some packing tips. A DISCOUNT COUPON will be given to each attendee.

A portion of the cost of the luncheon (\$10) will be donated to the UWC Scholarship Fund. If you are able, please consider adding a bit more to that Fund in your check. The cost per student, per academic year for a Colorado resident to attend CU is **over \$26K**.

President's Message	2
Honors Reception	3
Mar Lecture Luncheon	4
Tell Me More	5
Scholarship Thanks	6
Interest Groups	7-10
Registration Forms	11-12
Calendar/ Exec Board	13

# **Scholarship Luncheon payment** must be **RECEIVED** NO LATER than April 11

Please send payment of **\$40** (or questions) to:



Karon Johnson 4786 Kellogg Circle Boulder, CO 80303 Karon.johnson@colorado.edu 303-499-5056

#### **See registration form Page 12**

Note: the form includes your choice of entrée.

#### President's Message



In a recent article, President Bruce D. Benson (CU) shares that his vision for the university "is for it to be one of the top universities in the world." To that end, he states that "the most important factor is first-rate faculty. Everything flows from great faculty. They help attract top students, conduct research that improves lives and advances knowledge, and display a can-do mindset and a spirit of innovation."

Not surprisingly a product of a top university is innovation. As President Benson elaborates, "Our stock-in-trade is ideas. Many of those ideas are discussed and debated in our classrooms and across our four campuses" while "others emerge from our research laboratories and entrepreneurship centers."

Notably, the article cites that more than 150 startup companies have been created as a direct result of CU's research in various disciplines. President Benson states that "some 80 percent of those startups are still operating and more than 100 have operations in Colorado. Nearly 10 have gone public and another 20 have been acquired by public companies."

#### To read more in President Benson's March Newsletter, click here.

Our club is most fortunate to be associated with such a great university. CU faculty members have served as speakers for our Lecture Events, sharing with us their world-views and expertise. It is fitting that the club serves the university as well by providing scholarship assistance to non-traditional CU students.

For me the highlight of our UWC year is our Scholarship Luncheon, at which the current winners are honored and given the opportunity to interact with club members and to express their gratitude for our support. This year's Scholarship Luncheon will be held at the Boulder Country Club on Tuesday, April 18, beginning at 11:00 a.m. Reservations are due by April 11, and space is limited. I look forward to seeing many of you there. Sincere thanks to our members for their generous donations to our Scholarship fund!

The final membership activity this year will be the **Honors Reception** on May 2. There is no charge for this event honoring our Margaret Willard Awardee and those who have contributed to making this a successful year. **Reservations are required by April 17**. Please see invitation on page 3.

Janet Brewer

President (2016 - 2017)



April 2017 Issue 7, Page 2

#### Honors Reception—May 2, 2017





The University Women's Club of the University of Colorado Boulder Cordially Invites You to

#### THE HONORS RECEPTION

Tuesday, May 2, 2017 3:00 - 5:00 p.m.

in the Aspen Room at the University Memorial Center

The Margaret Willard Awardee will be presented; gavel will be passed to the incoming UWC President; roses will be given to past awardees and past presidents.

Hors d'oeuvres and beverages will be served.

This is a free social event for UWC members. **Your RSVP is required** for catering purposes. If you received an eVite, you can easily respond to it. Otherwise, to get on the attendance list:

Please RSVP by April 17
to
Kathryn Wardell
303-875-7439
kathrynwardell@gmail.com

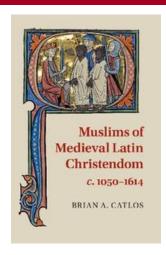
Special note: The Euclid Parking Garage next to UMC is once again open while the building above is under construction. There is a fee, as before. Take your license number and credit card to a pay station in the garage and follow the instructions on the monitor.

We look forward to seeing you on May 2.

#### March Lecture Luncheon







The March 14 Lecture Luncheon featured Dr. Brian Catlos, professor of Religious Studies at CU Boulder.

He spoke about how medieval Spain (al-Andalus) and the Mediterranean world influenced Western culture.





A large audience enjoyed a Mediterranean meal and Dr. Catlos' rapid-fire history of the Muslim world dominance from the 700s through the 1600s. He has written several books, including *Muslims of Medieval Latin Christendom*, c. 1050-1614, which was awarded the prestigious Albert Hourani Book Award in 2014.

#### Volunteers Welcome—UWC Board or Committee

Serving on the UWC Board is a great way to get involved, meet others, and learn about Boulder. Committees also need new members.

If you are interested or intrigued, there are still some open positions.

Please contact President-Elect Frieda Holley either by email (<a href="mailto:holleyf@msudenver.edu">holleyf@msudenver.edu</a>) or by phone, 303-499-3733, to learn about ways you could contribute to the University Women's Club.

April 2017

#### Tell Me More About... Travel Insurance

My guess is that almost every one of us knows someone, maybe even oneself, who has been thankful they had travel insurance, or, less happily, has rued the fact that they didn't. When you pay thousands of dollars in advance for a well planned vacation and you have to cancel, you don't want to add loss of prepayment to the disappointment of a necessary change of plans.

What I didn't know, until one day I discovered it upon reading the details of a new credit card agreement, was that I was automatically eligible for trip cancellation insurance if I paid for the trip using that credit card. What's that? I get for free the same coverage I had previously paid several hundred dollars for? For free? Yes! Even if it is just for an airline flight? Yes. Even if it is for a cruise? a riverboat trip? a safari? Yes, yes, yes.

I did some further investigation, and it is true, although the particulars vary from card to card, and I imagine some cards do not have this coverage at all, but if you pay for the credit card (for example for an airline miles earning card) it may well have this type of coverage.

The Chase United Plus Explorer Card, for example, provides up to \$10,000 for any trip (\$20,000 if two people are covered) that has been charged to the account when you or a family member must cancel for the same type of reasons that other trip cancellation insurance covers, including accidental bodily injury, sickness, quarantine, etc. You are also covered for trip interruption, lost luggage, trip delay and luggage delay.

The Citibank AAdvantage Premium Select Master Card covers up to \$5000 in trip cancellation and interruption protection, as well as lost luggage.

Each card is different, so check your eligible benefits carefully, and be aware that medical and evacuation insurance are <u>not</u> automatic with the charge card. You can explore those options online using a travel insurance broker such as <u>www.insuremytrip.com</u>. You fill in the information about yourself and your trip and the kind of insurance you want to purchase, and the site will provide a list of companies, details and prices. When it is only medical and evacuation insurance you buy, the cost is surprisingly low – generally quite a bit less than \$100 per person.

An important caveat: Any insurance (through credit card or purchased) that provides 24/7 travel and emergency assistance – emergency travel arrangements, medical and legal referrals, translation services and so on – does not necessarily cover the <u>cost</u> of these services. The insurance pays for only what is automatically included or purchased. For example, if you require emergency evacuation due to a serious medical issue, but you have not purchased evacuation insurance, the emergency assistance agents will arrange the evacuation, but you will have to pay for the evacuation yourself.

So, read your fine print, investigate your options, understand what is automatically covered, buy only what you need, and enjoy anticipating your future travels without worry. And, to quote from our upcoming Scholarship Luncheon, "Happy trails to you."

Kathy Randall



# Scholarship Committee Thanks You!



Scholarship Committee members (left to right):
Diana Maiden, Kamilla Macar, Merry Bullock, Becky Palmer, and Susan Rapp

As you can see by the smiles on the faces of the Scholarship Committee, we are very happy with the donations you have provided to our students this year. We have been allowed to increase the total amount we are giving to our winners by \$4000! Your generosity also allowed us to give money for next year's tuition to an additional student. Instead of awarding money to five students, we are awarding money to six students this year.

To help us gain perspective on this, just two years ago in 2015 we were able to give students \$20,000. This year we are awarding \$28,000 in scholarship money. Our scholarship students are so grateful for your help!

The Scholarship Committee is also grateful for the support from the UWC Board, particularly President Janet Brewer and Treasurer Arlene Gerwin for their leadership as we realized how much tuition costs were outdistancing our efforts to support our students.

It is not too late to contribute to the Scholarship Fund this year. We are still gratefully accepting donations and looking forward to introducing our winners to you at the Scholarship Luncheon on April 19. We hope that you can be there to celebrate with us.

Becky Palmer
Chair, Scholarship Committee

Thanks to our latest donors (February 2017): Vicky Johnson and Suzanne Swarztrauber



April 2017 Issue 7, Page 6

# Interest Groups Photos



#### **Book Group BG3:**

Back row: Becky Palmer, June Bock, Pat Thompson, Marilyn Whittaker, Merry Bullock.

Front row: Susan Plank, Marge DeFries, Kathy Randall.

Members not in photo: Ann McBryan and Lyn Konugres.



Needlecraft Group



French Conversation Group—all speaking levels



Hiking Group—February



**Evening Book Group** 

#### Theater Goers

Our choice for March is *A SKULL IN CONNEMARA* written by Martin McDonagh.



Mr. McDonagh is the first playwright since William Shakespeare to have four plays running simultaneously in London's West End. We are fortunate to only have to drive to **MINERS ALLEY** in Golden to see this much celebrated play. Annie and Gail invite you to go with them on **Sunday**, **March 26** for the afternoon matinee which begins at 1:00 p.m. All seats for this play are general admission priced at \$22.

The web site is: https://www.minersalley.com/box-officecurrentseason/

A SKULL IN CONNEMARA is a laugh-out-loud comedy with a dark twist. Four Irish misfits find themselves wrapped up in a longstanding mystery. Did Mick the gravedigger kill his wife?

Gail Moyes will be handling this event. When you get your tickets, please notify her so she can look for you at the theater. She will get back to you about brunch before the play. She will send out a list of those attending so you can arrange car pools. Gail Moyes contact information is <a href="mailto:qpmoyes@gmail.com">qpmoyes@gmail.com</a>, 303-786-9142.

This is a very small theater, so please book your ticket early.



Theater Goers at the Grace and Gordon Gamm Theater



Theater Goers after seeing "An Act of God" at the DCPA in February.

April 2017

Interest Group		
Meeting Time and Place	Chair(s) Information	Special Notes
Bicycling Meets every Thursday from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Book Group—Biographies 1:30 p.m. Third Thursday In members home or main Boulder library	Sue Stone (303-443-3840) ststone3@gmail.com	Please contact chair for details.
Book Group - Evening 7:15 p.m. Second Thursday, members' homes.	Ellen Holland (303-517-5544) wrhelh@comca. st.net  Kathy Randall (303-530-1095)	April 13: My Brilliant Friend by Elena Ferrante. Hostess: Susan Wine (917-626-5535; susan.wine@yahoo.com).
	katherineran@gmail.com	May 11: <i>The Stranger</i> by Albert Camus and <i>The Meursault Investigation</i> by Kael Daoud. Hostess: Kathy Randall (see chair information)
Book Group—Mostly Fiction 2:00—4:00 p.m. Fourth Tuesday In members homes	Linda Hultman (303-817-6298) <u>lindahultman@q.com</u>	Please contact chair for details.
Bridge on Wednesday 1:00 - 3:00 p.m. First Wednesday, members' homes.	Barbara Turner (303-471-9778) <u>Barbara-Turner@centurylink.net</u> Sharon Gabriel (303-494-7643) <u>skgabriel@comcast.net</u>	Please contact chairs for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:30 a.m.—noon at Panera Bread in the 29th Street Mall	Elaine Leass (303-973-9778)  kayakeb@gmail.com  Roberta Kimmel (720-524-6744)  Roberta.kimmel@gmail.com	Please contact chair for details.  All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider (720-542-9788) <u>jmrohrsc@hotmail.com</u>	First meeting April 19—a planning session/ potluck lunch. Hostess Jean Rohrschnei- der,1920 Orchard Ave., Boulder Contact Jean or Jyotsna to have your name added to the group if you wish to join.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779)  hslynch@comcast.net  Frieda Holley (303-499-3733)  holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) <u>maxene@earthlink.net</u>	Contact chair for details.
Music Time varies Second Mondays of most months, in members' homes.	Judy Owens (303-494-0196)  owensj4@mac.com  Pat Phillipson (303-443-9839)  phillipp@colorado.edu	We especially welcome new performers. Contact chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays, members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com  Georgianne Campbell (303-499-2798) rpcampbell@att.net	An email will be sent to members with details prior to each meeting.

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) <u>Karen.diamond@mac.com</u>	Contact chair for details.
Out to Lunch 12:00 p.m. Fourth Wednesday Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu  Jean Rohrschneider (720-542-9788) jmrohrsc@hotmail.com	March 22—meet for lunch at Bacco Trattoria and Mozzarella Bar at 1200 Yarmouth Ave, Boulder. (April Meeting TBD).  RSVP to a co-chair.
Readers' Theatre 2 6:30 p.m. Second Monday Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com  Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays, to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Contact chair for details.
Spanish Learners - Beginners and Intermediates	Jane Chicione (720-328-8590) <u>Jane.chicione@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Spanish Conversation Advanced Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair for meeting time, place and details.
Sunday Afternoon at the Movies  Matinee Fourth Sunday  Local movie theatre	Lois Kraft (515-724-9627)  Kraft_lois@yahoo.com  Kathleen Newton (720-548-8661)  kathleen_n@comcast.net	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Theater Goers	Gail Moyes (303-786-9142) <u>gpmoyes@gmail.com</u> Annie Russell (303-786-8070) <u>annie@annierussell.com</u>	Contact one of the co-chairs for upcoming activity details.

The following Interest Groups are part of the UWC, but currently do not have openings:

Interest Group	Chair(s)
Book Group—Afternoon	Carol Saunders, Mary Clough
Book Group - BG3	Kathy Randall
Book Group Small— Fiction, Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson, Ruth Stern
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least **five members including a chair or co-chairs.** Contact Nancy Liggett (neliggett@gmail.com) for more information.

To form a new book group, contact Kathy Randall (303-530-1095).

#### UWC Boulder Membership Form - 2016-17

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

*MESSAGES* will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

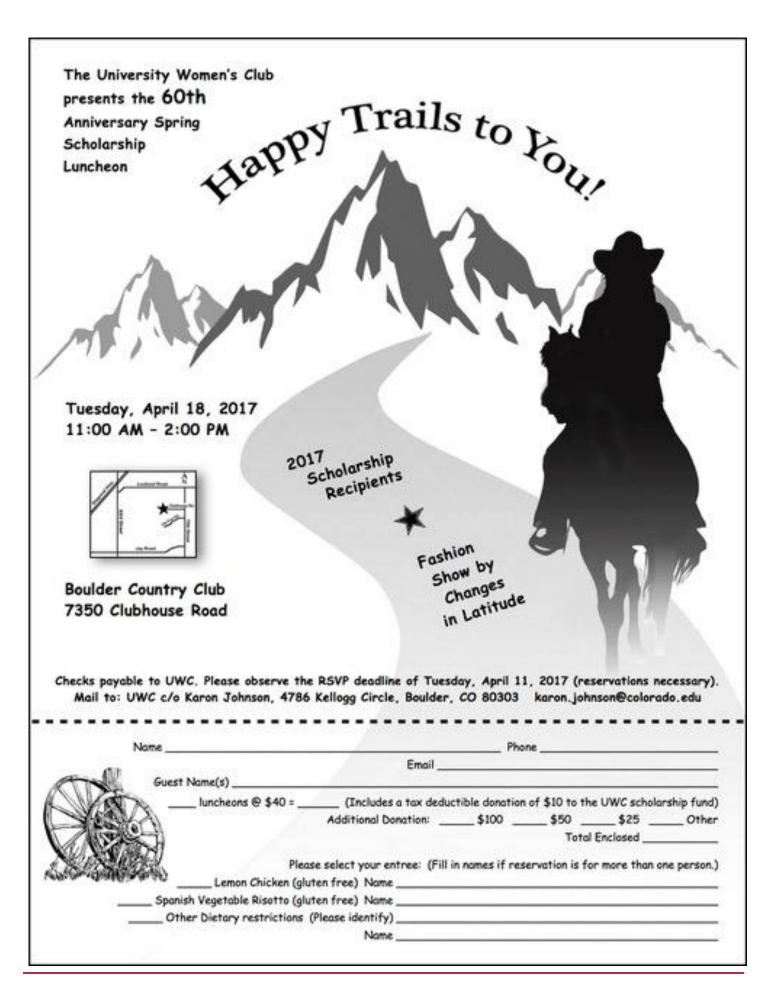
Virginia Stringi, Membership Chair 303-955-1860	Frieda Holley, New 303-499-3733	Member Chair
uwcmembershipchair@gmail.com	holleyf@msudenve	<del></del>
Name		
Address		
Email address for newsletter		
	(please print clearly)	☐ new email address
$\square$ I am enclosing my annual dues of \$3	0. I am a □returning mem	nber $\square$ new member.
☐ I am enclosing an additional (optiona ☐\$25 ☐\$50 ☐\$ <sup>*</sup> ☐ I am enclosing this tax-deductible co	100 □Other \$	<u>.</u>
Make all checks payable to UWC (may combine Mail to: UWC Membership, PO B	ox 18844, Boulder,	CO 80308-1844
I have a friend who might like to join the	e UWC. Please send memb	ership information to:
Name	Phone	
Address	Email	
1000		

#### **UWC Interest Groups**

These are some of the current interest groups. Please see the interest group chairperson if you wish to join. (The chairpersons will be on the website, <a href="https://www.boulderuwc.org">www.boulderuwc.org</a>, and in <a href="https://www.boulderuwc.org">MESSAGES</a>.)

Bicycling	Hiking	Reader's Theater
Book Groups	Italian Conversation	Snowshoeing
Bridge	Music	Spanish Conversation
Downhill Skiing	Needlecraft	Sunday Afternoon at the Movies
French Conversation	On the Road Again	Theater Goers
Gardening	Out to Lunch	

Other interest group suggestions, please contact Nancy Liggett (neliggett@gmail.com).

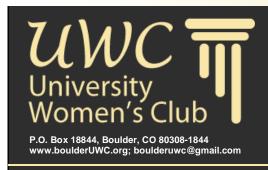


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Telephone Tree	Linda Blomquist
Website	Carol Etges
Secretary Elect	Kathleen Newton
Treasurer Elect	Arlene Gerwin





May 2017, Issue 8

#### The Honors Reception

# Tuesday May 2, 2017, 3 to 5 p.m. In the Aspen Room of the University Memorial Center



#### Meet our Margaret Willard Award Winner for 2017

Every year the UWC recognizes someone from the area that we admire for her contributions to her field, and whose contributions ultimately benefit our community. The first MWA went to CU graduate students, faculty, and those working for the University, who were rising in their fields of endeavor and deserved recognition. Since then, UWC includes members from the wider community. Thus it seems appropriate this year to have an award member who works in Lafayette, has contributed to the CU and local communities, and is leading the way in her field.

**Tobey Bassoff**, Principal of Ryan Elementary Steam School, BVSD was nominated by member Barbara Spriggs, former Director of Student Teaching for CU's School of Education.

Tobey helped spearhead the STEAM program at Ryan Elementary, and developed partnerships with parents, community organizations, and CU's School of Education. Ryan STEAM (Science, Technology, Engineering, Arts and Mathematics) School is a dynamic learning community with a focus on authentically partnering with families and the community to prepare students. Along with delivering common core standards, Ryan focuses on developing the whole child with experiential project-based learning activities in the STEAM areas. Ryan embraces technology for engaging students and supporting learning.

Tobey, her faculty, and parents strongly believe partnerships nurture excellence and therefore Ryan partners with the University of Colorado, Thorne Nature Experience, Growe Foundation, and Impact on Education to name a few. Ryan offers a wide variety of after-school and summer programming. Tobey has also been a partner with CU's School of Education and provides a strong experience for the preparation of future teachers.

Recently Tobey has been named the **2017 National Distinguished Principal for Colorado** by the Colorado Association of School Executives (CASE) and a committee from Colorado Association Elementary School Principals. They noted that "Recognizing the unique needs of each stakeholder, be they a child, parent, staff member, or community organizer, is central to Bassoff's leadership style".

We are happy to recognize this outstanding leader in our community.  $Jane\ \mathcal{M}assie,\ \mathcal{MWA}\ Chair$ 

#### President's Message



Janet Brewer

Looking back at this year, our Lecture events have been well-attended, and we have been informed and enlightened on a variety of subjects: Alzheimer's disease, CU's athletic program, a historical perspective of women in politics, groundwater protection, and the contributions of Islamic society to our modern western culture. I wish to recognize and thank Mary Huffman for her leadership in securing our speakers and in arranging the meals through CU catering.

The March Opera Brunch enjoyed a robust attendance, due in part to the popular offering of Mozart's *The Magic Flute* by the Eklund Opera Program. Those attending the brunch heard maestro Nicholas Carthy's always-anticipated remarks prior to viewing the production. Thanks go to Julianne Cassady for organizing this year's event.

The Scholarship Committee, led by Becky Palmer, has selected five women to receive awards this year. Because of our members' generosity, \$28000 in scholarship funding is available for this year's recipients. Thank you to Becky and committee members: Merry Bullock, Diana Maiden, Susan Rapp, and Kamilla Macar.

The Scholarship Luncheon was held on April 18 at the Boulder Country Club to announce and celebrate the winners' selections. For the second consecutive year, Linda Nordberg and Tamara VanSpriell co-chaired this traditional event, and we thank them!

Another traditional general membership event (and the final one of the year) will be our Honors Reception on May 2. I hope you've made your reservation if planning to attend. It's a lovely opportunity to socialize and especially to recognize the winner of this year's Margaret Willard Award. Please see the article on page 1.

The Honors Reception also marks the official "passing of the gavel" from me to my successor, Frieda Holley. We will jointly preside over the annual Tri-Board meeting on May 16, at which time the out-going and incoming Boards will meet to plan for the year ahead.

I wish to thank everyone who has contributed to making our club a success, especially the Board members and those who coordinate our interest groups. It has been an honor and a pleasure to serve as your President.

Janet Brewer President (2016 – 2017)

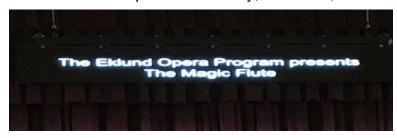
#### Sue McMillan

We have learned from Clayton McMillan, that his mother, Sue McMillan, passed away in April 2016. She is a past-President of the UWC (1975-76).

Please inform our Communications Chair, Mollie Morton (mortonm@colorado.edu) if you know of a seriously ill member or the death of one.

# Opera Brunch - March 2017

The annual UWC Opera and Brunch took place on Sunday, March 19, 2017.



Maestro Nicholas Carthy joined us for lunch and spoke about the presentation.





Over 40 members and their guests enjoyed a delicious buffet in the Aspen Room with a view of the Flatirons.

Thanks to Julianne Cassidy who organized the event.











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# April Scholarship Luncheon—April 18, 2017



Co-Chairs Linda Nordberg (left) and Tamera VanSpriell (right) with pianist Bill Jacques



Delicious food. Lovely table settings.



Beautiful flowers for tables (held by Arlene Gerwin and Susan Rapp).



Full house at the Boulder Country



Beth Rauch



Lynn Munter



Mary Huffman



Joyce Spencer



Sherry Young



Jean Nelson



Thanks to Changes in Latitude for the clothing and accessories for the fashion show.

# Scholarship Recipients—April 18, 2017











Andrea Hart and her Mom Desiree Hunter

Danelle Ice

**Katie Wallace** 

Our April Scholarship Luncheon is all about meeting our new scholarship winners. There are five this year. Hana Le Tat was unable to join us, but we will hope to see her in the Fall. CONGRATULATIONS ladies! Thank you to Becky Palmer Chair and to her Scholarship Committee: Mary Bullock, Kamilla Macar, Diana Maiden, and Susan Rapp.

#### Andrea Hart

Andrea Hart is proud to be a CU Junior majoring in Film Studies. At the age of 9, Andi was producing movies and knew she wanted to pursue a film career. After graduating from high school early, she received a two-year Presidential Scholarship to Laramie County C.C. Andi then attended the Colorado Film School, but was barely able to finish the semester due to a dangerous living situation. Back in Cheyenne she found herself embroiled in family turmoil, and put her education on hold. Presently Andi is recovering from major depression resulting from past emotional abuse and is working to support herself. She finished her first semester at CU with straight A's. Andi's passion is to "educate the public and to produce films that address issues of gender disparity and the way women are perceived in society."

#### **Desiree Hunter**

Desiree Hunter, a Colorado native and CU sophomore studying ecology and evolutionary biology, understands the importance of academic study and success. Unfortunately, her college experience right out of high school was not stellar. Discouraged and facing mounting tuition costs and uncertainty about her academic interests, Desiree returned to Colorado determined to work and save money for college before she returned to academia. Working long hours at call centers and retail stores. Desiree learned skills in business, customer service, empathy and leadership. Upon enrolling in community college, she succeeded in the very courses that had stymied her in the past. With her interest in the sciences confirmed by success, she received the Phi Theta Kappa honor society award and was selected to participate in the Colorado Space Grant Consortium DemoSat Program.

#### Danelle Ice

The bright, cheery bundle of energy that is Danelle Ice has already had an award-winning career in digital media. Danelle grew up in Alaska, married and started her family while being a self-employed social media consultant to major corporations like Kraft Foods and Sony Pictures helping them use social media to market their products. Even though Danelle was successful in her career, she felt that the contribution that she was making to the world was not as significant as one she could make in the future. The challenge of developing Quantum Information Transfer (internet download speeds) led her to seek a degree in Physics at CU where she is finishing her sophomore year.

#### Hana Le Tat

Hana Le Tat emigrated to the U.S. from Viet Nam in 2008 with her parents and three siblings. In fewer than nine years she has not only learned English, but she supported her family following the death of her father providing financial stability so that her three younger siblings could attend college and graduate school. Though a successful business woman within the Panda Express restaurant group and recognized as the youngest person to open and manage the new Billings, Montana outlet, Han later set her life on a new path and enrolled at Front Range Community College. An honor student, who was awarded the Townsend Business Scholarship in 2015, Hana is now an outstanding student at the CU Leeds School of Business.

#### Katie Wallace

Katie Wallace grew up in the shadow of the Flatirons. Her early experiences included spending two months volunteering in a school in Uganda, spending almost six years as a counselor on a rape crisis hotline Moving to End Sexual Assault in Boulder and organizing a Take Back the Night rally at her community college. She discovered her passion and talents for political organizing during President Obama's 2012 reelection campaign. She has served as a legislative aide at the state Capitol and also worked on or managed four other state and local campaigns. As a part of her honors thesis, she will be collaborating this summer with a CU faculty member on a study which may become a book about co-option of issues related to gender violence.

## Scholarship Committee Thanks Our Latest Donors

The listing below includes those who donated in March, and those who added an additional donation to the \$40 per person fee for the April Scholarship Luncheon:

	1	
Lynne Barnett	Jacquie Kilborn	Jean Rohrschneider
Ann Blonston	Joan Knaub	Becky Roser
Janet Brewer	Nancy Liggett	Annie Russell
Nancy Callis	Mary Lymberopoulos	Ruth Sachnoff
Sue Collard	Regina Macy	Kathleen Salzberg
Tessa Davis	Dawn Maloney	Eileen Sammells
Marge DeFries	Elease Miller	Dayle Sarasohn
Cheryl Dorsey	Judith Minger	Carol Saunders
Janet Evans	Mollie Morton	June Saunders
Arlene Gerwin	Marcy Munson	Donna Seaman
Ellen Gille	Connie Pringle	Boyce Sher
Mary Greenwald	Judith Ramsay	Joyce Spencer
Sharon Howrey	Kathy Randall	Barbara Tamplin
Mary Huffman	Susan Rapp	Berry Todd
Vicki Johnson	Beth Rauch	Stephanie Wrotny
Caryl Kassoy	Judy Reid	Carol Ziegenhagen

#### THANK YOU ALL SO MUCH!

Becky Palmer
Chair, Scholarship Committee



# Travel and Leisure Announced the "Most Beautiful College in Every State"

For Colorado the college chosen was The University of Colorado Boulder. Per T+L:

"Nestled in a bustling <u>college town</u> in the foothills of the Rocky Mountains, <u>this university's</u> location made it a no-brainer for the list. Views of the Flatiron rock formations and unique, Tuscan-inspired architecture don't hurt either."

To see choices for other states, click here.



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#### Tell Me More About... End-of-Life Healthcare Decisions

April 16 – 22 is National Healthcare Decision Week. Do you believe it is important to put end-of-life decisions in writing? If so, you are among 82% of Americans. Have you done it? If so, you are among only 23% of Americans. If you have actually **talked** to your loved ones about it, you are among an even smaller percentage. Why is the discussion important? Because although a written advance care directive is important to have, medical personnel, especially those providing emergency services, often don't know about the directive. Even if the directive is somewhere in the patient's medical records, they may not discover it until decisions have been made which may be contrary to the advance directive and difficult to reverse.

Ellen Goodman, *Boston Globe* columnist and author, who along with others formed The Conversation Project after finding herself unprepared to deal with her mother's end-of-life decisions, has said, "the primary reason people gave for not talking to their loved ones was 'It's too soon.' But it is always too soon ... until it's too late." The Boulder County chapter of The Conversation Project was established in 2013. Their mission is "to foster meaningful and effective conversations around future medical care resulting in the appointment of an informed decision-maker." They provide services to help start what is often a very difficult conversation. They provide confidential coaching, speak with community groups, provide workshops, seminars, and training about advance care planning. Find further information here: <a href="http://theconversationprojectinboulder.org/">http://theconversationprojectinboulder.org/</a>

For individuals who are ready to tackle this conversation on their own, the Conversation Project provides tools to get the conversation started. You can find guides here that help clarify values to assist in the conversation.



The Starter Kit



The Starter Kit (condensed version)



Starter Kit for Alzheimers

CaringInfo, is a program of the National Hospice and Palliative Care Organization (NHPCO), which encourages individuals to learn about options and implement plans to ensure that the wishes of the loved one are carried out, and provides free resources to assist them. Get information here: <a href="http://www.caringinfo.org">http://www.caringinfo.org</a>. You can find a copy of the Colorado Advance Directive here: <a href="http://www.caringinfo.org/files/public/ad/Colorado.pdf">http://www.caringinfo.org/files/public/ad/Colorado.pdf</a>

Atul Gawande, author of the best-selling book *Being Mortal: Medicine and What Matters in the End*, and an advisor to The Conversation Project, sums up the importance of addressing end-of-life matters:

"A few conclusions become clear when we understand this: that our most cruel failure in how we treat the sick and the aged is the failure to recognize that they have priorities beyond merely being safe and living longer; that the chance to shape one's story is essential to sustaining meaning in life...".

Start the conversation before it is too late.

Kathy Randall

#### Interest Groups Photos



#### Wild Turkeys seen by Hiking Group

For more information about wild turkeys in Boulder, click here for a March 2017 article in the Daily Camera.



Theater Goers had a fun brunch at Abejas Restaurant in Golden before the play at the Miners Alley in Golden.

This is another great little theater in our neighborhood.

The play for March was *A Skull in Connemara*. We are always welcoming new members to our group.

Contact Gail Moyes or Annie Russell if you are interested.

Gail Moyes <a href="mailto:gpmoyes@gmail.com">gpmoyes@gmail.com</a>
Annie Russell <a href="mailto:annie@annierussell.com">annie@annierussell.com</a>

#### Becky Roser Donation to CU Music

Becky Roser, a longtime College of Music supporter and former chair of the Music Advisory Board, recently created a \$2 million endowment, naming the keyboard area the Roser Piano and Keyboard Program.

Roser was the UWC's Margaret Willard Award Winner in 2012-13.



Roser says at the end of the day, supporting music at CU Boulder is something she does out of a sense of



gratitude. "I have amazing admiration for our talented musicians and their dedication to what they do. The other part is the emotional impact that music has on me. It touches my soul."

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# UWC Board Members 2016-2017



President: Janet Brewer



New Members / President-Elect Frieda Holley



Secretary: Kathy Terrill and Opera Chair: Julianne Cassidy



Advisory/Parliamentarian: Karon Johnson



Treasurer/Treasurer-Elect: Arlene Gerwin



Past-President/Directory/Handbook: Diana King



Communications: Mollie Sue Morton



Email/Secretary-Elect: Kathleen Newton



Historian: Berry Todd



Honors Reception: Kathryn Wardell Margaret Willard Award: Jane Massie



MESSAGES: Joyce Spencer



Hospitality: Diana Maiden



Interest Groups: Nancy Liggett



Membership: Virginia Stringi

# UWC Board Members 2016-2017—Continued



Nominating Committee: Kathy Randall



Program: Mary Huffman





Scholarship: Becky Palmer





April Scholarship Luncheon Co-Chairs: Tamera VanSpriell and Linda Nordberg



Telephone Tree; Linda Blomquist



Webmaster: Carol Etges



Interest Group Meeting Time and Place	Chaír(s) Informatíon	Specíal Notes
Bicycling Meets every Thursday from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Book Group - Evening 7:15 p.m. Second Thursday, members' homes.	Ellen Holland (303-517-5544) wrhelh@comca. st.net  Kathy Randall (303-530-1095) katherineran@gmail.com	May 11: The Stranger by Albert Camus and The Meursault Investigation by Kamel Daoud. Hostess: Kathy Randall (see chair information).  June 12: Book Selection Meeting. Hostess Heidi Lynch (303-499-5779; hslynch@comcast.net)
Book Group—Mostly Fiction 2:00—4:00 p.m. Fourth Tuesday In members homes	Linda Hultman(303-817-6298) lindahultman@q.com	Please contact chair for details.
Bridge on Wednesday 1:00 - 3:00 p.m. First Wednesday, members' homes.	Barbara Turner (303-471-9778) <u>Barbara-Turner@centurylink.net</u> Sharon Gabriel (303-494-7643) <u>skgabriel@comcast.net</u>	Please contact chairs for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:30 a.m.—noon at Panera Bread in the 29th Street Mall	Elaine Leass (303-973-9778)  kayakeb@gmail.com  Roberta Kimmel (720-524-6744)  Roberta.kimmel@gmail.com	Please contact chair for details.  All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider (720-542-9788) <u>jmrohrsc@hotmail.com</u>	First meeting April 19—a planning session/ potluck lunch. Hostess Jean Rohrschnei- der,1920 Orchard Ave., Boulder Contact Jean or Jyotsna to have your name added to the group if you wish to join.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779)  hslynch@comcast.net  Frieda Holley (303-499-3733)  holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.
Italian Conversation 1:30 – 2:30 p.m. Every Wednesday The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months, in members' homes.	Judy Owens (303-494-0196) owensj4@mac.com  Pat Phillipson (303-443-9839) phillipp@colorado.edu	We especially welcome new performers. Contact chairs for details.
Needlecraft 1:30 p.m. Second and Fourth Thursdays, members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com  Georgianne Campbell (303-499-2798) rpcampbell@att.net	An email will be sent to members with details prior to each meeting.

Interest Group Meeting Time and Place - Continued	Chaír(s) Informatíon	Specíal Notes
On the Road Again Various times, various venues	Karen Diamond (303-939-8656) <u>Karen.diamond@mac.com</u>	Contact chair for details.
Out to Lunch 12:00 p.m. Fourth Wednesday Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Jean Rohrschneider (720-542-9788) <u>jmrohrsc@hotmail.com</u>	Contact chair for details.
Readers' Theatre 2 6:30 p.m. Second Monday Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590)  pattycake.21@juno.com  Kathy Randall (303-530-1095)  katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays, to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Contact chair for details.
Spanish Learners - Beginners and Intermediates	Jane Chicione (720-328-8590) <u>Jane.chicione@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Spanish Conversation Advanced Most Mondays Local restaurant	Diana King (303-530-1860) dianaking.boulder@gmail.com	Contact chair for meeting time, place and details.
Sunday Afternoon at the Movies Matinee Fourth Sunday Local movie theatre	Lois Kraft (515-724-9627)  Kraft lois@yahoo.com  Kathleen Newton (720-548-8661)  kathleen_n@comcast.net	Email provides details of movie selection and meeting time. Contact chairs to join the list.
Theater Goers	Gail Moyes (303-786-9142) <u>gpmoyes@gmail.com</u> Annie Russell (303-786-8070) <u>annie@annierussell.com</u>	Contact one of the co-chairs for upcoming activity details.

The following Interest Groups are part of the UWC, but currently do not have openings:

Interest Group	Chair(s)
Book Group—Afternoon	Carol Saunders, Mary Clough
Book Group - BG3	Kathy Randall
Book Group—Biographies	Sue Stone
Book Group Small— Fiction, Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson, Ruth Stern
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least **five members including a chair or co-chairs.** Contact Nancy Liggett (neliggett@gmail.com) for more information.

To form a new book group, contact Kathy Randall (303-530-1095).

## 2016-17 Calendar

## Executive Board 2016-17

September	6	Board Meeting
	10	MESSAGES Deadline
	20	Membership Coffee
October	4	Board Meeting
	10	MESSAGES Deadline
	15	Membership Deadline for Name to Appear in Directory
	18	Lecture <b>Dinner</b>
November	1	Lecture Luncheon
	6	New Member Wine and Cheese Event
	8	Board Meeting
	10	MESSAGES Deadline
December	6	Board Meeting
		NO <i>MESSAGES</i> IN JANUARY
	13	Lecture Luncheon
January		No Planned Meetings or Events
	10	MESSAGES Deadline
February	7	Board Meeting
	10	MESSAGES Deadline
	14	Lecture Luncheon
March	7	Board Meeting
	10	MESSAGES Deadline
	14	Lecture Luncheon
	19	Opera Brunch
April	4	Board Meeting
	10	MESSAGES Deadline
	18	Scholarship Luncheon
May	2	Honors Reception
	16	Tri-Board Meeting

President	Janet Brewer
President-elect	Frieda Holley
Secretary	Kathy Terrill
Treasurer	Arlene Gerwin
Past President	Diana King
Advisory/ Parliamentarian	Karon Johnson
Communications	Mollie Sue Morton
Email	Kathleen Newton
Historian	Berry Todd
Honors Reception	Kathryn Wardell
Hospitality	Diana Maiden
Interest Groups	Nancy Liggett
Margaret Willard Award	Jane Massie
Membership	Virginia Stringi
New Members	Frieda Holley
Directory/Handbook/ Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Kathy Randall
Opera Brunch	Julianne Cassady
Program Chair	Mary Huffman
Scholarship Committee	Becky Palmer
Scholarship Luncheon	Tamera Van Spriell, Linda Nordberg
Telephone Tree	Linda Blomquist
Website	Carol Etges
Secretary Elect	Kathleen Newton
Treasurer Elect	Arlene Gerwin