

P.O. Box 18844, Boulder, CO 80308-1844 www.boulderUWC.org; boulderuwc@gmail.com

September 2018, Issue 1





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<u>Presídent's Message</u> Hear from our 2018-19 President, Arlene Gerwin See Page 2 for Details...

Upcoming Lecture Luncheons Take a peek at what's around the corner See Page 4 for Details...

Control/Click here for printable forms (Membership, Lectures, Activity Calendar, and more). Our website is boulderuwc.org

Fall Membership Tea/Coffee

Welcoming All Members: Current, Past, and Future

Tuesday, September 11, 2018, 2:00 - 4:00 p.m. **University Memorial Center, Room 235**

Renew friendships Meet new members Hear about upcoming programs Sign up for Interest Groups Meet the new board Pay your membership dues (\$35)

Join us and bring a potential UWC friend! (No Charge, No Reservations)See YOU there!

Questions? Contact Lynne Barnett, lynne2750@gmail.com; 303-499-3003

October Lecture DINNER October 9, 2018, 6:00 p.m. In the Glenn Miller Ballroom UMC



Helping People With Different Kinds of Minds Be Successful

Speaker: Temple Grandin

We are honored to have Dr. Temple Grandin present an evening lecture to the UWC.

The doors open at 5:30 p.m. at the Glenn Miller Ballroom. There will be a cash bar in addition to dinner.



Lecture Event payment must be received NO LATER than **September 25.** Please send payment of **\$22** to our Hospitality Chair, Isabelle Henderson, 3099 Ash Ave., Boulder, CO 80305. Questions? 720-755-1333 or Isabelle.hteacher@gmail.com

Special meals are available and must be requested in advance: gluten-free or vegetarian options are available. We have limited room capacity for many of our lectures this year. Please book early to ensure seating.

October Lecture Dinner (continued)

Professor Temple Grandin is an American professor of animal science at Colorado State University, consultant to the livestock industry on animal behavior, and autism spokesperson. She is one of the first individuals on the autism spectrum to publicly share insights from her personal experience of autism. She invented the "hug box" device to calm those on the autism spectrum. In the 2010 *Time 100*, an annual list of the 100 most influential people in the world, she was named in the "Heroes" category. She was the subject of the Emmy- and Golden Globe-winning semi-biographical film *Temple Grandin*.

Boulder is honored to be the home of the Temple Grandin School. The Temple Grandin School program is inspired by the successful educational experiences of Dr. Grandin, including individualized, strength-based academic learning coupled with real-world experiences. Dr. Grandin is well-known as an individual with autism, but she is equally distinguished by her work as a university professor and designer of humane animal handling facilities. She is a unique individual that breaks the mold. Her autism does not define or limit her potential. Her example reminds us that each person, whether they have a diagnosis of ASD or not, is unique, with talents waiting to be nurtured.

See Lecture Registration form on page 12.

President's Message



I am excited to serve as President of the University Women's Club during the 2018-2019 academic year. The UWC numbers more than 350 members who are affiliated with or are friends of the University of Colorado. We are gearing up for the **100th year anniversary** to celebrate the rich history and tradition of this organization. The anniversary will be officially celebrated in 2019-2020.

During the coming year, I encourage you to take part in the many activities that the UWC offers:

- Attend Lecture Luncheons or Dinners with thought-provoking speakers from CU or from the community.
- Join one or more of our special interest groups— something for everyone. There are over 25 groups including book groups, foreign language conversation groups, theater groups, hiking, biking, just to mention a few. Be sure to check the complete list of interest groups in this issue of MESSAGES.
- Enjoy a brunch at CU followed by a CU Opera performance. We always have a "special guest" at the brunch who shares with us insights about the opera.
- Meet our scholarship winners at our annual Scholarship Luncheon.
- Celebrate the accomplishments of UWC members at the Honors Reception and congratulate the winner of the Margaret Willard Award.

The first UWC event of the year is the Membership Coffee that takes place on **Tuesday, September 11, 2018** in the UMC Room 235. This event is open to current and potential new UWC members. Join us, bring a friend, meet other members and learn more about the year's events. You can renew your UWC membership at the meeting or you can complete and mail the membership form on page 11. Dues are \$35 of which \$5 goes directly into the UWC Scholarship Fund. Of course, you can increase your scholarship donation to this most worthy cause.

Take a few minutes to browse the UWC website (boulderuwc.org). There is more information about the UWC, past editions of MESSAGES, plus membership and scholarship donation forms. And speaking of scholarships, this academic year we are awarding scholarships totaling \$30,000, the highest scholarship amount to date. I sincerely hope we can continue to increase that amount of scholarship awards every year through the generous donations of our members. We have many exciting plans for the year. I hope to see you and meet you at many of the upcoming UWC events.

Arlene Gerwin, 2018-2019 President

Scholarship Chair's Message

If you ask most UWC members what most exemplifies the UWC ethos of service and legacy to the future, scholarship giving will be top of the list. Each year UWC members give generously to support non-traditional students as they continue their education at CU.

The UWC scholarship fund is not automatic though! It is made possible year after year by donations from UWC members – these donations accompany membership dues checks, lecture luncheon registration, and come via checks in the mail or by donating online. We hope that you will help us jump start our efforts this year as you come with your checkbook to our first gathering on September 11 prepared to pay your dues. Dues include an automatic \$5 donation to the scholarship fund – we hope you add a significant amount beyond this to continue our ability to support students.

Throughout the year you will hear more about the scholarship fund, and our scholarship recipients – young men and women who have returned to school, committed to complete their education, and who exemplify leadership and community service. And in the spring we will once again honor our students – and hear their amazing stories.

We look forward to seeing you in September and to your contributions to UWC's banner service activity.

Merry Bullock, Scholarship Chair

Membership Courtesy

If anyone knows of a member who would appreciate a card, note or any personal contact due to illness, death or other reasons of support, please inform Mollie Morton, 303-494-5486 or mollie.morton@colorado.edu.

Membership Dues

\$35 annual dues are due by October 15. That is the cutoff deadline to be included in the November electronic directory. Please send your dues in early so that we can include you. Checks *made out to UWC* can be sent to **P.O. Box 18844, Attn. UWC Membership, Boulder CO 80308-1844.**

We encourage you to consider including your scholarship fund donation and increase your check amount accordingly. Dues can also be paid at the Membership Coffee on Tuesday, September 11 at 2:00 p.m. in Room 235 in UMC. If you have questions regarding your UWC Membership please email Karen Neff, UWC Membership Chair at uwcmembershipchair@gmail.com.

Please see the Membership Form on page 11.

Margaret Willard Award

Margaret Willard was the first president of the Faculty Wives' Club, which became our University Women's Club. Each year we present the Margaret Willard Award to someone who exercises initiative in her endeavors and in doing so brings honor to all women and to our University.

Please submit a nomination (form on page 13) by March 1, 2019. Please contact Kathryn with questions.

Kathryn Wardell, Chair MWA (kathrynwardell@gmail.com).

Preview of Upcoming Lecture Events

The price of the lecture events is \$22, except for November which is \$35; reserve the whole series for \$123. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: Isabelle Henderson, Attention: UWC Lecture Luncheon, 3099 Ash Ave., Boulder, CO 80305 or 720-755-1333. Please do not combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on Page 12.

November

Juno: Revealing Jupiter's Interior



NOTE TIME & LOCATION (Cost is \$35 per person)

Dr. Fran Bagenal November 13, 2018 5:30 p.m. Fiske Planetarium

Cocktail Reception with cash bar (Reservations and payment due October 30, 2018)

Dr. Bagenal is professor of Astrophysical and Planetary Sciences and Research Scientist at the Laboratory of Atmospheric and Space Physics.

January

Cannabís 101 for Seniors: An Introductory Course in Medical Cannabís and Its Use by Seniors



January 15, 2019 11:30 a.m. UMC Room 235 (Reservations and payment due December 26, 2018)

Joseph Cohen, D.O.

Dr. Cohen is the medical director for Journey2Life, Holos Health, and The Colorado Dementia Prevention and Treatment Center.

February

Mending Colorado's Mental Health



Andrew Romanoff Tuesday, February 12, 2019, 11:30 a.m.

> Avalon Ballroom 6185 Arapahoe Rd. Boulder, CO 80303

(Reservations and payment due January 29, 2019)

Andrew Romanoff is President and CEO of Mental Health Colorado, the state's leading advocate for the prevention, diagnosis, and treatment of mental health and substance use disorders. Prior to that he served in the Colorado House of Representatives from 2001 to 2009 and as Speaker of the House from 2005 to 2009.

March

Bob Dylan: The Times They Aren't a-Changin



Dr. Adam Bradley
Tuesday, March 12, 2019
11:30 a.m.
UMC Room 235
(Reservations and payment due February 26, 2019)

Dr. Adam Bradley is a professor of English at the University of Colorado, Boulder where he directs the Laboratory for Race & Popular Culture (RAP Lab).

Bradley is the author or editor of five books, including Book of Rhymes: The Poetics of Hip Hop; The Anthology of Rap; and the New York Times bestseller One Day It'll All Make Sense.

Opera Brunch - March 2019

Save the date March 17, 2019, for the Opera Brunch and opera Eugene Onegin.

The 3-act opera is by Pyotr Tchaikovsky and is based on a novel by Alexander Pushkin.

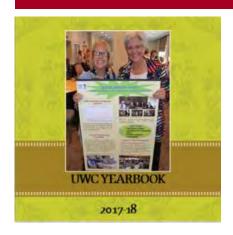
Reservation forms and more information will be available in forthcoming MESSAGES.

Spring Scholarship Luncheon - April 2019

Mark your calendars for **April 16, 2019**, for the Annual Spring Scholarship Luncheon to be held at the Boulder Country Club.

Watch future UWC MESSAGES for more detailed information regarding this popular event.

UWC Yearbook 2017-18



The 2017-18 UWC Yearbook is available to special order.

Contact Historian Berry Todd <u>Bertodd49@gmail.com</u> 303-442-9083

Cost: \$54 Make check payable to UWC

The beautiful book will be available to view at upcoming UWC events.

UWC Honors Reception - May 2019

The Honors Reception, where awards are given to Past Presidents, Past President Awardees and to the Margaret Willard Awardee, will be a special event in 2019, as it marks the 100th Anniversary of the University Women's Club.

SAVE THE DATE for this anniversary celebration on MAY 14, 2019, at the Koenig Alumni Center.



Honors Reception May 2018

On Tuesday, May 8, 2018, the annual Honors Reception was held in the Aspen Room at UMC.

The Margaret Willard Award was given to UWC member Karon Johnson. Her many accomplishments were noted in the May 2018 issue of *MESSAGES*.

Others honored were:



UWC Past Presidents' Awardees



Past Margaret Willard Award Winners with MWA Chair Patty Ludke



2017-18 President's Awardee, Merry Bullock with President Frieda Holley



Margaret Willard Awardee - Karon Johnson



Betty Huff, Chair Honors Reception



Tasty and attractive food



Wine for all

Interest Groups in Action



Bike Group (photos taken last Spring.)



The Theater Goers Group had a busy year.



The Dairy Center: Going to a Place Where You Already Are.
Annie Russell, Judy Winkel, Lois Kraft, Sherry Woodruff, Patty Ludke, Gail Moyes, Beth Karpf, Carol Hermes, Marge DeFries, Mary Greenwald



Longmont Theater: *Leaving Iowa*Ellen Winkleman, Carol Hermes,
Mary Headley, Judy Winkel, Donna
Seaman, Phyllis Schwartz, Ginny
Hackney, Gail Moyes, Annie Russell,
and Beth Karph



CU Boulder: With members of the cast of *HAIR*.

Interest Group Meeting Time and Place	Chaír(s) Informatíon	Specíal Notes
Bicycling Meets every Thursday from May through October.	TBD	An email prior to the ride will provide time and meeting place. Please contact Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net for more information.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling—Fair Weather Active Nov—April Weather permitting	Lauren Charbonneau (214-886-6905) laurenviolin26@gmail.com	Please contact chair for details.
Book Group - Evening Second Thursday 7:15 p.m. Members' homes.	Helen Goldman (303-443-4953) hgoldman@colorado.edu Lois Linsky (303-499-2689) lflinsky@hotmail.com	Sept 13 -The Spy Who Loved: The Secrets and Lives of Christine Granville by Clare Mulley. Hostess: Judy Thompson, 676 Wild Ridge Circle, Lafayette (608) 469-6883 jethompson@pharmacy.wisc.edu Oct 11 - Notorious RBG: The Life And Times of Ruth Bader Ginsberg by Irin Carmon & Shana Knizhnik Hostess: Ellen Gille, 1730 Ithaca Dr, Boulder, (303) 499-3134 GilleEllen@gmail.com Please RSVP to Hostess. Books available at Boulder Bookstore.
Book Group - Fiction/Non-fiction Third Tuesday 1:30 p.m. Members' homes	Nancy Liggett (970-596-4353) neliggett@gmail.com	Please contact chair for details. Group is open for two new members.
Bridge on Wednesday First Wednesday 1:00 - 3:00 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com	Please contact chair for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:00 a.m.—11:30 a.m. Panera Bread, 29th Street Mall	Beth Karpf (303-862-7335) Bethk@alum.mit.edu	Please contact chairs for details. All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Please contact chairs for information.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.

Continued

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
Italian Conversation Every Wednesday 1:30 – 2:30 p.m. The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) maxene@earthlink.net	Contact chair for details.
Music Time varies Second Mondays of most months Members' homes.	Pat Phillipson (303-443-9839) phillipp@colorado.edu Norma Schattke (303-665-2237) schattke.r@gmail.com	We especially welcome new performers. Contact chairs for details.
Needlecraft Second and Fourth Thursdays 1:30 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com Georgianne Campbell (303-499-2798) rpcampbell@att.net	An email will be sent to members with details prior to each meeting.
On the Road Again Various times, various venues	Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Out to Lunch Fourth Wednesday 12:00 p.m. Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Meeting details provided by email.
Readers' Theatre 2 Third Monday 6:30 p.m. Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays Location to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Please contact chair for details.
Spanish Conversation Advanced Most Wednesdays	Diana King (303-530-1860) dianaking.boulder@gmail.com	Please contact chair for meeting place, time, and details.
Spanish Learners - Beginners and Intermediates	Jane Chicoine(720-328-8590) <u>Jane.chicoine@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Sunday Afternoon at the Movies Matinee second Sunday Local movie theatre	Diane Thoms dcthoms@yahoo.com Ruth Harvey (303-975-6614) ruth.harvey@comcast.net	Email provides details of movie selection and meeting time. Please contact chairs to join the list.
Theater Goers Date and Location Varies	Gail Moyes (303-786-9142) gpmoyes@gmail.com Annie Russell (303-786-8070) annie@annierussell.com	Contact one of the co-chairs for upcoming activity details.

Continued

Interest Groups - General Information

The following Interest Groups are part of the UWC, but currently are full:

Interest Group	Chair(s)
Book Group—Afternoon	Mary Clough, Charlotte Corbridge
Book Group—Biographies	Susan Planck
Book Group—BG3	Kathy Randall
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least **five members including a chairperson**.

To form a new **book group**, contact Kathy Randall (303-530-1095).

For other new interest groups contact one of the following: Tam VanSpriell (tamvanspriell@gmail.com) or Linda Nordberg (lcnordberg@aol.com) Co-Chairs



Interest Group Chairs 2018-19

UWC Boulder Membership Form - 2018-19

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Karen Neff, Membership Chair 303-494-0467	r Virginia 412-901		v Member Chair	
uwcmembershipchair@gmail.c		ocomcast.n		
Name				
Address				
Email address for newsletter	(please print	t clearly)	☐ new email address	
☐ I am enclosing my an	nual dues of \$35 which includes I am a □returning member □			
□\$25 □\$	ditional tax-deductible contributio 50 □\$100 □Oth ax-deductible contribution for the	er \$	·	
	c (may combine dues and donationship, PO Box 18844, B Oct 15 for inclusion in the N	Boulder, (CO 80308-1844	ons)
I have a friend who might like	to join the UWC. Please send r	nembership	information to:	
Name	P	hone		
Address	E	mail		
Please look for current inter <i>MESSAGES</i> newsletter. Plea Our groups activities include	se contact the interest grou			
Bicycling	Hiking	Reader's	Theater	
Book Groups	Italian Conversation	Snowshoe	eina	

For other interest group suggestions, please contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcnordberg@aol.com

Music

Needlecraft

Out to Lunch

Bridge

Gardening

French Conversation

Sunday Afternoon at the Movies

Spanish Conversation

Theater Goers

Registration Form for **UWC Lecture Events**

Use this form for any or all of the following lecture events. Note cost of November event is \$35 - the Planetarium evening is not to be missed and guests are invited!!! Capacity is limited.

All reservations must be received 14 days before lecture date. Please book early to ensure seating.

# in party	Name of Guest(s) (Please print)	Date (Tues.)	Speaker/Topic
		10/09/18 (\$22 pp) 6:00 p.m. UMC Glenn Miller Ballroom	Dr. Temple Grandin Helping People with Different Kinds of Minds to Be Successful
		11/13/18 (\$35 pp) 5:30 p.m. Fiske Planetarium	Dr. Fran Bagenal Juno: Revealing Jupiter's Interior
		1/15/19 (\$22 pp) 11:30 a.m. UMC 235	Dr. Joseph Cohen Cannabis 101 for Seniors
		2/12/19 (\$22 pp) 11:30 a.m. Avalon Ballroom 6185 Arapahoe Rd. Boulder, CO 80303	Andrew Romanoff Mending Colorado's Mental Health
		3/12/19 (\$22 pp) 11:30 a.m. UMC 235	Dr. Adam Bradley Bob Dylan: The Times They Aren't a- Changin"
Total # People @ \$22 Total # Planetar- ium	# x \$22 each: \$	+ optional donation to Scholarship Fund \$ (THANK YOU!!!)	Total Enclosed: \$

On occasion we do fill our venues. When this happens we take reservations on first-come, first-served basis.

Please print:	
Your Name:	
Email:	Phone:
Address:	City, State:
Special Diet Meal needed (ple	ase specify gluten-free or vegetarian, and for whom)
Please make check payable to Lecture luncheon checks are du	UWC. e 14 days before each lecture date.
Mail check and this completed Isabelle Henderson, UW 3099 Ash Ave.	form and your check to our Hospitality Chair: C Hospitality

Boulder, CO 80305



Margaret Willard Award

2019 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- · Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

name of nominee		
Address		
Phone (home)	(work)	
Email		
Institutions attended and degree	s received (if applicable)	
Nominee's current position (if re	red, position held until retirement)	
	ing Nominee's service to the University and/or the Boulder ed)	-
(please use additional paper if nee	ed)	
(please use additional paper if nee	ed)	

Please mail nomination information to Kathryn Wardell, 88 Illini Court, Boulder, CO 80303 by March 1, 2019, or email to kathrynwardell@gmail.com If the Nominee does not receive the award in 2019 she may be considered for 2020. In this case, an updated statement about the Nominee may be requested.

Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

2018-19 Calendar

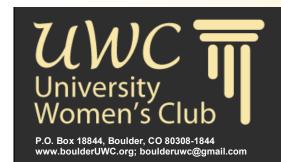
Executive Board 2018-19

Sept.	4	Board Meeting
	10	MESSAGES Deadline
	11	Membership Coffee/Tea
Oct.	2	Board Meeting
	10	MESSAGES Deadline
	9	Lecture Dinner: Helping People with Different Kinds of Minds to Be Successful, Temple Grandin
	15	Membership Deadline for Name to Appear in Directory
Nov.	***	New Member Wine and Cheese Event
	7	Board Meeting
	10	MESSAGES deadline for January
	13	Lecture Evening at the Planetarium 5:30—7:30 p.m. Juno: Revealing Jupiter's Interior, Dr. Fran Bagenal
Dec.	*	NO Meetings
Jan.	8	Board Meeting
	10	MESSAGES deadline
	15	Lecture Luncheon: Cannabis 101 for Seniors, Dr. Joseph Cohen
Feb.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff
Mar.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley
	17	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky
Apr.	2	Board Meeting
	10	MESSAGES Deadline
	16	Scholarship Luncheon
May	7	Tri-Board Meeting
	14	Honors Reception 3:00 - 5:00 p.m.

President	Arlene Gerwin
President-elect	Merry Bullock
Secretary	Kathleen Newton
Treasurer	Kathy Herder
Past President	Frieda Holley
Advisory/ Parliamentarian	Frieda Holley
Communications	Mollie Sue Morton
Historian/Handbook	Berry Todd
Honors Reception	Mary Huffman
Hospitality	Isabelle Henderson
Interest Groups Co- Chairs	Linda Nordberg. Tamera VanSpriell
Margaret Willard Award	Kathryn Wardell
Membership	Karen Neff
New Members	Virginia Stringi
Email/Directory/ Handbook/Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Karon Johnson
Opera Brunch	Kathy Terrill
Program Co-Chairs	Lynne Barnett, Joanna Cain
Scholarship Committee	Merry Bullock
Scholarship Luncheon	Janet Brewer
Telephone Tree	Linda Blomquist
Website	Merry Bullock
Secretary Elect	Carrol Kalafus
Treasurer Elect	Kathy Herder

<u>Control/click here for a printable version of the calendar of events.</u>

Control/click here to email questions or suggestions to <u>MESSAGES</u> chair.



October 2018, Issue 2

A Publication of the University Women's Club of CU Boulder



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Margaret Willard

Award

Interest Groups

President's Message

Scholarship Chair Msg 3

October Lecture DINNER October 9, 2018, 6:00 p.m. In the Glenn Miller Ballroom UMC Helping People With Different Kinds of Minds Be Successful

Speaker: Dr. Temple Grandin

We are honored to have Dr. Temple Grandin present an evening lecture to the UWC.

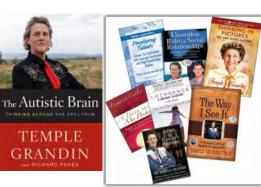
The doors open at 5:30 p.m. at the Glenn Miller Ballroom. There will be a cash bar in addition to dinner.

Professor Temple Grandin is an American professor of animal science at Colorado State University, a consultant to the livestock industry on animal behavior, and an autism spokesperson. She is one of the first individuals on the autism spectrum to publicly share insights from her personal experience of autism. She invented the "hug box" device to calm those on the autism spectrum. In the 2010 *Time 100*, an annual list of the 100 most influential people in the world, she was named in the "Heroes" category. She was the subject of the Emmy- and Golden Globe-winning semi-biographical film *Temple Grandin*.

She is the author and/or subject of many books.

Dr. Grandin is well-known as an individual with autism, but she is equally distinguished by her work as a university professor and designer of humane animal handling facilities.

Come meet this amazing woman.



Brd Control/Click here for printable forms (Membership, Lectures, Activity Calendar, and more).

Our website is boulderuwc.org

Control/Click here for previous versions of MESSAGES.



Lecture Event payment must be received NO LATER than September 25. Please send payment of \$22 to our Hospitality Chair, Isabelle Henderson, 3099 Ash Ave., Boulder, CO 80305. Questions? 720-755-1333 or Isabelle.hteacher@gmail.com

Special meals are available and must be requested in advance: gluten-free or vegetarian options are available. We have limited room capacity for many of our lectures this year. Please book early to ensure seating.

President's Message



"Life starts all over again when it gets crisp in the fall." F. Scott Fitzgerald

Yes, it's hard to believe that CU is back in session and it's already October. The University Women's Club calendar for the coming year is filled with exciting events and numerous Interest Group opportunities.

Our year kicked-off with our annual Fall Membership Coffee/Tea on September 11. We had a wonderful turn-out of UWC new and current members and their friends. Be sure to check-out all the photos in this issue of *MESSAGES*. I so enjoyed meeting and greeting our new members and welcoming back our current members. For our newer members, I hope you got a flavor for the many and varied activities/events we offer. I would be remiss if I did not thank everyone who

helped plan and coordinate the Fall Membership event- a BIG THANK YOU to all.

We have a full calendar of interesting and stimulating lectures this year. I am especially excited about our October featured speaker Temple Grandin. My son and daughter-in-law are both veterinarians and they only were able to watch Temple Grandin taped lectures in Vet school. We are so fortunate and honored to have Temple Grandin speak to us "in person" at the October 9 Lecture Dinner (starts at 6:00 pm). I remember watching the 2010 HBO movie about her life and thinking what an incredible story she has to tell. If you haven't seen the HBO movie, **Temple Grandin** starring Claire Danes, I highly recommend it. (How many other movies score 100% on Rotten Tomatoes!)

And to all UWC members, give a thought to joining the UWC Board of Directors. The UWC Board is comprised of a group of multi-talented and skilled women, all of whom volunteer their time. Three of the UWC Board positions are elected (President, Secretary, Treasurer.) Karon Johnson is the chair of our nominating committee. Look for her article in this newsletter detailing the nomination process. However, the majority of the UWC Board positions are on a non-elected volunteer basis. Why not consider joining us? We have a lot of fun at our Board meetings. You can let President-Elect Merry Bullock know of your interest to serve on the Board next year.

If you have not already done so, I encourage you to pay your dues and generously donate to the UWC Scholarship Fund by October 15. This is the cutoff deadline to be included in the November electronic directory. Membership is also required to participate in UWC Interest Groups. The membership form can be found in this issue of **MESSAGES** and on the UWC website (boulderuwc.org)

We look forward to another fulfilling and fun year that meets the objectives stated in the UWC Constitution: To promote friendship among the members and to strengthen their bonds of common interest.

Here's to fun and friendship!

Arlene Gerwin, 2018-2019 President

Membership Dues

\$35 annual dues are due by October 15. That is the cutoff deadline to be included in the November electronic directory. Please send your dues in early so that we can include you. Checks *made out to UWC* can be sent to P.O. Box 18844, Attn. UWC Membership, Boulder CO 80308-1844.

We encourage you to consider including your scholarship fund donation and increase your check amount accordingly. If you have questions regarding your UWC Membership please email Karen Neff, UWC Membership Chair at uwcmembershipchair@gmail.com.

Please see the Membership Form on page 12.

Scholarship Chair's Message

It is Fall, students are returning to CU, and we are proudly kicking off the 2018-19 scholarship funding cycle. This year we hope to give six (or more!) non-traditional CU students scholarships to support their educational goals. Your giving is the backbone of the scholarship program, and we celebrate your generosity.

Please read more about the scholarship program and 2018 recipients at http://boulderuwc.org/index.php/scholarships.

Also, please note that you can make a special gift "In Memory Of" or "In Honor Of" someone, at any time (see Membership Form, page 12).

Merry Bullock, Scholarship Chair

Helen Brown gave In Memory Of *Bonnie Sheppard* Christine Zanoni gave In Memory Of *Eileen Duffy Cliff*

Helen

Donors to Scholarship Fund as of September 11, 2018

Holden

	Donors to
Lynne	Barnett
Marcella	Bentley-Salmon
Joyce	Bograd
Janet	Brewer
Helen	Brown
Sherry	Bruff
Merry	Bullock
Georgianne	Campbell
Julianne	Cassidy
Peggy	Cha
Mary	Clough
Charlotte	Corbridge
Marge	DeFries
Karen	Diamond
Alice	Doyle
Mary Anna	Dunn
Kitty	Edwards
Jeanne	Fetterman
Michele	Francois
Shirley	Gang
Doris	Garcia
Arlene	Gerwin
Helen	Goldman
Doris	Goodrich
Mary	Greenwald
Linda	Groth
Linda	Hattel
Elizabeth	Hinebauch

пеіеп	пошен
Frieda	Holley
Barbara	Huff
Mary	Huffman
Patricia	Irwin
Marilyn	Jerde
Karon	Johnson
Karen	Kairys
Carrol	Kalafus
Beth	Karpf
Diana	King
Catherine	Lawrence
Nancy	Liggett
Lois	Linsky
Betty	Lipstreu
Patty	Ludke
Regina	Macy
Jane	Massie
Laura	McCutchen
Mollie Sue	Morton
Gail	Moyes
Marcella	Munson
Karen	Neff
Linda	Nordberg
Judith	Owens
Becky	Palmer
Marilyn	Peltzer

11, 2010	
Gloria	Phillips
Adele	Platter
Susan	Prentiss
Mary	Price
Katherine	Randall
Beth	Rauch
Judith	Reid
Marge	Riddle
Jean	Rohrschneider
Virginia	Ross
Nancy	Rueckert
Ami	Sadler
Kathleen	Salzberg
Barbara	Sanford
June	Saunders
Boyce	Sher
Zdenka	Smith
Carol	Smoot
Joyce	Spencer
Kathryn	Terrill
Dorothy	Thompson
Nancy	Todd
Tamera	VanSpriell
Nurit	Wolf
Sherry	Woodruff
Lorna	Yoder
Christine	Zanoni

THANK YOU ALL!

Preview of Upcoming Lecture Events

The price of the lecture events is \$22, except for November which is \$35; reserve the whole series for \$123. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: Isabelle Henderson, Attention: UWC Lecture Luncheon, 3099 Ash Ave., Boulder, CO 80305 or 720-755-1333. Please do not combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on Page 13.

November

Juno: Revealing Jupiter's Interior



NOTE TIME & LOCATION (Cost is \$35 per person)

Dr. Fran Bagenal November 13, 2018 5:30 p.m. Fiske Planetarium

Cocktail Reception with cash bar (Reservations and payment due October 30, 2018)

Dr. Bagenal is professor of Astrophysical and Planetary Sciences and Research Scientist at the Laboratory of Atmospheric and Space Physics.

January

Cannabís 101 for Seniors: An Introductory Course in Medical Cannabís and Its Use by Seniors



January 15, 2019 11:30 a.m. UMC Room 235 (Reservations and payment due December 26, 2018)

Joseph Cohen, D.O.

Dr. Cohen is the medical director for Journey2Life, Holos Health, and The Colorado Dementia Prevention and Treatment Center.

February

Mending Colorado's Mental Health



Andrew Romanoff Tuesday, February 12, 2019, 11:30 a.m.

> Avalon Ballroom 6185 Arapahoe Rd. Boulder, CO 80303

(Reservations and payment due January 29, 2019)

Andrew Romanoff is President and CEO of Mental Health Colorado, the state's leading advocate for the prevention, diagnosis, and treatment of mental health and substance use disorders. Prior to that he served in the Colorado House of Representatives from 2001 to 2009 and as Speaker of the House from 2005 to 2009.

March

Bob Dylan: The Times They Aren't a-Changin



Dr. Adam Bradley
Tuesday, March 12, 2019
11:30 a.m.
UMC Room 235
(Reservations and payment due February 26, 2019)

Dr. Adam Bradley is a professor of English at the University of Colorado, Boulder where he directs the Laboratory for Race & Popular Culture (RAP Lab).

Bradley is the author or editor of five books, including Book of Rhymes: The Poetics of Hip Hop; The Anthology of Rap; and the New York Times bestseller One Day It'll All Make Sense.

October 2018

Issue 2, Page 4

Opera Brunch - March 2019

Save the date **March 17, 2019**, for the Opera Brunch and opera *Eugene Onegin*. The 3-act opera is by Pyotr Tchaikovsky and is based on a novel by Alexander Pushkin.

Reservation forms and more information will be available in forthcoming MESSAGES.

Spring Scholarship Luncheon - April 2019

Circle your calendars on **April 16, 2019**, for the Annual Spring Scholarship Luncheon to be held at the Boulder Country Club. This is a great opportunity to celebrate the 2019 scholarship winners and to hear personal accounts of their heart-warming journeys through challenges to achievements. We will also enjoy a delicious lunch as we converse with old and new friends.

UWC Honors Reception - May 2019

The Honors Reception, where awards are given to Past Presidents, Past President Awardees and to the Margaret Willard Awardee, will be a special event in 2019, as it marks the 100th Anniversary of the University Women's Club.

SAVE THE DATE for this anniversary celebration on May 14, 2019, at the Koenig Alumni Center.

Nominations for 2019-20

This year's Nominating Committee is chaired by Karon Johnson with Mollie Morton and Kathy Randall serving on the committee. The committee's task is to select nominees for the President-elect, Secretary-elect and Treasurer-elect who will serve on the Executive Board for the program year 2019-20. The "elect" positions will move into the position proper and serve on the 2020-21 Executive Board.

If you would like to be considered for one of these positions, or would like to suggest someone for one of the positions, please contact Karon (karon.johnson@colorado.edu), Mollie (mortonm@colorado.edu) or Kathy (katherineran@gmail.com) by October15.

Karon Johnson, Nominating Committee Chair

Margaret Willard Award

Margaret Willard was the first president of the Faculty Wives' Club, which became our University Women's Club. Each year we present the Margaret Willard Award to someone who exercises initiative in her endeavors and in doing so brings honor to all women and to our University.

Please submit a nomination (form on page 14) by March 1, 2019. Please contact Kathryn with questions.

Kathryn Wardell, Chair MWA (kathrynwardell@gmail.com).

Membershíp Courtesy

If anyone knows of a member who would appreciate a card, note or any personal contact due to illness, death or other reasons of support, please inform Mollie Morton, 303-494-5486 or mollie.morton@colorado.edu.

Membership Coffee/Tea September 2018

On Tuesday, September 11, 2018, the Membership Coffee/Tea was held at UMC Room 235.

The UWC Board was presented, the Program Chair, Lynne Barnett and other Special events chairs described the series of exciting events this year. Interest Group Chairs answered questions.



Signing up for lectures and memberships



Ladies beginning to gather



Lynne Barnett at podium describing forthcoming lecture events



Room full of current and new members



Heidi Lynch, Patty Ludke, Kathy Randall



Zdenka Smith, Beth Karpf



Mary Greenwald, Merry Bullock



Peggy Cha, Jyotsna Raj



Helen Goldman, Mary Clough, Marge Riddle, Nancy Liggett



Pat Phillipson, Zdenka Smith, Ginnie Ross, Anne Burke



Diana King



Ruth Harvey, Diane Thoms, Annie Russell

Interest Groups News

French Conversation Group - All Speaking Levels

We are one of two UWC French conversation groups; we are the one that is still accepting (and happily seeking) new members. We welcome members from all conversation levels in a supportive and social atmosphere.

Most of us fall somewhere in the range from "I took French in H.S. and want to get back into it" to "I can carry an (easy to moderate) conversation". We are all helping each other along to improve our French. Currently, the conversations are informal – we may talk about travels, a recent movie, volunteer work or anything else that comes to mind. From time to time, we use more structured conversation starters such as short reading sessions or whatever else our creative members develop.

We meet at Panera Bread, 29th Street Mall, Boulder, every 2nd and 4th Wednesday of the month, from 10:00 to 11:30 AM. Bienvenue!

Beth Karpf, French Conversation Interest Group Chair

Theater Goers Interest Group

This group invites you to join us monthly for a local (matinee) play and optional brunch. The next production we are planning is this strangely named play, "LUNGS", that we think will be exceptional, playing at a funky regional theater in Golden (Miner's Alley) that we love. Join us on October 7. We invite you to sign up for our email list where you will get all the latest announcements!



LUNGS: The world is getting hotter, there's unrest overseas—the seas themselves aren't very calm—one couple is thinking about having a child. LUNGS is a smart and funny drama that follows a couple through the surprising lifecycle of their relationship as they grapple with questions of family and change, hope, betrayal, happenstance, and the terrible pain that you can only cause the people you love.



Garden Group at Lynn Nichols Rose Garden in Gunbarrel.



Theater Goers group at the recent production of *Momma Mia* at the Arvada Center.

Shown with special props for Photo-Ops: Marge Riddle, Sherry Woodruff, Beth Karpf, Gail Moyes, and Annie Russell.

Interest Groups News—Continued

UWC Book Groups – Lots to Choose From!

UWC members are readers, no question about that. The Evening Book Group has been a popular interest group for decades, with the Afternoon Book Group not far behind. Several years ago, we added a "Small Book Group" and since that first foray, the small groups have proliferated – some still active, others having dissolved. So, what do we have on offer and how are they different?

Afternoon Book Group and **Evening Book Group** – these groups are traditional book groups, which always welcome new members. They read a mixture of fiction and non-fiction. Before discussion by the group, each book has a reviewer who provides background information relevant to the selection – information about the author, the setting, critical response to the work, whatever is important for deeper understanding of the book. The roster of members for each of these groups is large; attendance is usually in the teens.

The Afternoon Group meets on the fourth Tuesday at 1:30 p.m. in the homes of group members. The Evening Group meets on the second Thursday at 7:15 p.m. in the homes of group members.

The small groups are, by definition, "small," so their membership is limited to the number of participants the group has determined is their maximum, but is around 8-12. Some of UWC's groups are currently at their maximum but add members as a place becomes open.

Book Group 3 (BG3) was the first of the small groups. This group meets the second Wednesday at 10:00 a.m. and concentrates on discussion of current and classic novels. Each selection has a discussion leader who provides only a small amount of background so that the group can jump right into discussion. It is a group that requires commitment — attendance of all members is expected except when they are unable to attend. This group is currently full.

Biography Book Group reads (you guessed it) biographies and autobiographies. This group meets on the third Thursday at 1:30 p.m. They are currently seeking new members and also a person who can take over the chairmanship of the group.

Fiction/Nonfiction Group reads (you guessed it again) both fiction and non-fiction. This group meets the fourth Tuesday at 1:30 p.m. in members homes. They met their maximum at the Membership Tea.

Second Monday Group reads both fiction and non-fiction and meets the second Monday from 1:00 to 3:00 p.m. This group is currently full.

If one of the full small groups looks good to you, contact the chair and ask to be placed on a waiting list. See chairs' names in the Interest Group section of *MESSAGES*.

If you are interested in starting a **new small group**, it takes only **five UWC members** (including someone willing to chair the group). Perhaps there is a particular type of book on which you would like to concentrate: classics, non-fiction, mystery, books by women, "Great Books," short stories, you name it! If you want to start a new small group, and would like a little help doing so, contact Kathy Randall (katherineran@gmail.com).

Happy Reading to you all!

Interest Group Meeting Time and Place	Chair(s) Information	Special Notes
Bicycling Meets every Thursday from May through October.	Gail Smith (303-960-5004) gail2143@comcast.net	An email prior to the ride will provide time and meeting place
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling - Fair Weather Active Nov—April Weather permitting	Lauren Charbonneau (214-886-6905) laurenviolin26@gmail.com	Please contact chair for details.
Book Group - Afternoon Fourth Tuesday 1:30 p.m. Members' homes.	Mary Clough (303-522-8692) maryfclough@gmail.com Charlotte Corbridge (303-530-0955) charlotte.corbridge@colorado.edu	Please contact chair for details.
Book Group—Biographies Third Thursday 1:30 p.m. Members' homes	Temporary Chair Susan Plank (303-499-3916) planksusan@gmail.com	Please contact Susan Plank with questions, or if you are able to take over as Chair.
Book Group - Evening Second Thursday 7:15 p.m. Members' homes.	Helen Goldman (303-443-4953) hgoldman@colorado.edu Lois Linsky (303-499-2689) Lflinsky@hotmail.com	Oct 11 - Notorious RBG: The Life And Times of Ruth Bader Ginsberg by Irin Carmon & Shana Knizhnik Hostess: Ellen Gille, 1730 Ithaca Dr, Boulder, (303) 499-3134 GilleEllen@gmail.com Nov 8 - A Gentleman in Moscow by Amor Towles. Hostess: Caryl Kassoy 2000 Kohler Drive. Boulder 80305. (303) 494-9017 cfkassoy@colorado.edu Please RSVP to Hostess. Books available at Boulder Bookstore.
Bridge on Wednesday First Wednesday 1:00 - 3:00 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com	Please contact chair for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:00 a.m.—11:30 a.m. Panera Bread, 29th Street Mall	Beth Karpf (303-862-7335) <u>Bethk@alum.mit.edu</u>	Please contact chair for details. All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Please contact chairs for details.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.

Continued

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
Italian Conversation Every Wednesday 1:30 – 2:30 p.m. The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) mhgwilson1@gmail.com	Please contact chair for details.
Music Time varies Second Mondays of most months Members' homes.	Pat Phillipson (303-443-9839) phillipp@colorado.edu Norma Schattke (303-665-2237) schattke.r@gmail.com	We especially welcome new performers. Please contact chairs for details.
Needlecraft Second and Fourth Thursdays 1:30 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com Georgianne Campbell (303-499-2798) rpcampbell@att.net	Email will provide details.
On the Road Again Various times, various venues	Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Out to Lunch Fourth Wednesday 12:00 p.m. Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	September 26: Chatauqua Dining Room
Readers' Theatre 2 Third Monday 6:30 p.m. Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays Location to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Please contact chair for details.
Spanish Conversation Advanced Most Wednesdays	Diana King (303-530-1860) dianaking.boulder@gmail.com	Please contact chair for details.
Spanish Learners - Beginners and Intermediates	Jane Chicoine(720-328-8590) <u>Jane.chicoine@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Sunday Afternoon at the Movies Matinee second Sunday Local movie theatre	Diane Thoms dcthoms@yahoo.com Ruth Harvey (303-975-6614) ruth.harvey@comcast.net	Email will provide details .
Theater Goers Date and Location Varies	Gail Moyes (303-786-9142) gpmoyes@gmail.com Annie Russell (303-786-8070) annie@annierussell.com	Please contact chairs for details.

Continued

Interest Groups - General Information

The following Interest Groups are part of the UWC, but currently are full:

Interest Group	Chair(s)
Book Group—BG3	Kathy Randall
Book Group– Fiction/Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least five members including a chairperson.

To form a new **book group**, contact Kathy Randall (303-530-1095).

For other new interest groups contact one of the following: Tam VanSpriell (tamvanspriell@gmail.com) or Linda Nordberg (lcnordberg@aol.com) Co-Chairs



Interest Group Chairs 2018-19

UWC Boulder Membership Form - 2018-19

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Karen Neff, Membership Chai 303-494-0467	r Virginia 412-901		v Member Chair
uwcmembershipchair@gmail.		ocomcast.n	
Address			
Email address for newsletter	(please prin	t clearly)	☐ new email address
☐ I am enclosing my ar	nnual dues of \$35 which includes I am a □returning member □		•
□\$25 □\$	ditional tax-deductible contributio 50 □\$100 □Oth ax-deductible contribution for the	er \$	·
Mail to: UWC Member	c (may combine dues and donations in the North 15 for inclusion in	Boulder, (
I have a friend who might like	to join the UWC. Please send i	membership	information to:
Name		hone	<u>.</u>
Address Email			
Please look for current inter <i>MESSAGES</i> newsletter. Plea Our groups activities includ	ase contact the interest grou		
Bicycling	Hiking	Reader's	Theater
Book Groups	Italian Conversation	Snowshoe	eing

For other interest group suggestions, please contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcnordberg@aol.com

Music

Needlecraft

Out to Lunch

Bridge

Gardening

French Conversation

Sunday Afternoon at the Movies

Spanish Conversation

Theater Goers

Registration Form for **UWC Lecture Events**

Use this form for any or all of the following lecture events. Note cost of November event is \$35 - the Planetarium evening is not to be missed and guests are invited!!! Capacity is limited.

All reservations must be received 14 days before lecture date. Please book early to ensure seating.

# in party	Name of Guest(s) (Please print)	Date (Tues.)	Speaker/Topic
		10/09/18 (\$22 pp) 6:00 p.m. UMC Glenn Miller Ballroom	Dr. Temple Grandin Helping People with Different Kinds of Minds to Be Successful
		11/13/18 (\$35 pp) 5:30 p.m. Fiske Planetarium	Dr. Fran Bagenal Juno: Revealing Jupiter's Interior
		1/15/19 (\$22 pp) 11:30 a.m. UMC 235	Dr. Joseph Cohen Cannabis 101 for Seniors
		2/12/19 (\$22 pp) 11:30 a.m. Avalon Ballroom 6185 Arapahoe Rd. Boulder, CO 80303	Andrew Romanoff Mending Colorado's Mental Health
		3/12/19 (\$22 pp) 11:30 a.m. UMC 235	Dr. Adam Bradley Bob Dylan: The Times They Aren't a-Changin"
Total # People @ \$22 Total # Planetar- ium	# x \$22 each: \$	+ optional donation to Scholarship Fund \$ (THANK YOU!!!)	Total Enclosed: \$

On occasion we do fill our venues. When this happens we take reservations on first-come, first-served basis.

Please print:	
Your Name:	
Email:	Phone:
Address:	City, State:
Special Diet Meal needed (please specify glu	uten-free or vegetarian, and for whom)
Please make check payable to UWC . Lecture luncheon checks are due 14 days befo	ore each lecture date.
Mail check and this completed form and your	r check to our Hospitality Chair:

3099 Ash Ave. Boulder, CO 80305



Margaret Willard Award

2019 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- · Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

(work)	
es received (if applicable)	
retired, position held until retirement)	
	•
f r	rees received (if applicable) f retired, position held until retirement) utlining Nominee's service to the University and/or the needed) (work)

Please mail nomination information to Kathryn Wardell, 88 Illini Court, Boulder, CO 80303 by March 1, 2019, or email to kathrynwardell@gmail.com If the Nominee does not receive the award in 2019 she may be considered for 2020. In this case, an updated statement about the Nominee may be requested.

Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

2018-19 Calendar

Executive Board 2018-19

Sept.	4	Board Meeting
	10	MESSAGES Deadline
	11	Membership Coffee/Tea
Oct.	2	Board Meeting
	10	MESSAGES Deadline
	9	Lecture Dinner: Helping People with Different Kinds of Minds to Be Successful, Temple Grandin
	15	Membership Deadline for Name to Appear in Directory
Nov.	***	New Member Wine and Cheese Event
	7	Board Meeting
	10	MESSAGES deadline for January
	13	Lecture Evening at the Planetarium 5:30—7:30 p.m. Juno: Revealing Jupiter's Interior, Dr. Fran Bagenal
Dec.	*	NO Meetings
Jan.	8	Board Meeting
	10	MESSAGES deadline
	15	Lecture Luncheon: Cannabis 101 for Seniors, Dr. Joseph Cohen
Feb.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff
Mar.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley
	17	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky
Apr.	2	Board Meeting
	10	MESSAGES Deadline
	16	Scholarship Luncheon
May	7	Tri-Board Meeting
	14	Honors Reception 3:00 - 5:00 p.m.

President	Arlene Gerwin
President-elect	Merry Bullock
Secretary	Kathleen Newton
Treasurer	Kathy Herder
Past President	Frieda Holley
Advisory/ Parliamentarian	Frieda Holley
Communications	Mollie Sue Morton
Historian/Handbook	Berry Todd
Honors Reception	Mary Huffman
Hospitality	Isabelle Henderson
Interest Groups Co- Chairs	Linda Nordberg, Tamera VanSpriell
Margaret Willard Award	Kathryn Wardell
Membership	Karen Neff
New Members	Virginia Stringi
Email/Directory/ Handbook/Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Karon Johnson
Opera Brunch	Kathy Terrill
Program Co-Chairs	Lynne Barnett, Joanna Cain
Scholarship Committee	Merry Bullock
Scholarship Luncheon	Janet Brewer
Telephone Tree	Linda Blomquist
Website	Merry Bullock
Secretary Elect	Carrol Kalafus
Treasurer Elect	Kathy Herder

<u>Control/click here for a printable version of the calendar of events.</u>

Control/click here to email questions or suggestions to <u>MESSAGES</u> chair.





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A Publication of the University Women's Club of CU Boulde



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November Lecture

Lecture Events

Other Activities

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Photos Oct Lecture

Interest Grps News

Registration Forms

Calendar/Executive

Margaret Willard

Award

Brd

President's Message

Scholarship Chair Msg

November Lecture Evening
November 13, 2018, 5:30 p.m.
At the Fiske Planetarium
Juno: Revealing Jupiter's Interior
Speaker: Dr. Fran Bagenal
The doors open at 5:30 n m, at the Fiske Platetari

ors open at 5:30 p.m. at the Fiske Platetarium. There will be a cash bar (credit card only) in addition to **Hearty Appetizers.**

Please note the cost of this event is \$35 and the DUE DATE for checks to be received is October 30, 2018

Dr Fran Bagenal was born and grew up in England. In 1976, inspired by NASA's missions to Mars and the prospect of the Voyager mission, she moved to the US for graduate study at MIT. Her 1981 PhD thesis involved analysis of data from the Voyager mission at Jupiter. She spent 1982-1987 as a post-doctoral researcher at Imperial College, London. These were the Thatcher years - best not to bring up the topic of "that woman" with Fran.

Luckily, Voyager flybys of Uranus and Neptune brought her back to the US and she joined the faculty at the University of Colorado, Boulder in 1989. She is professor emerita of Astrophysical and Planetary Sciences and Research Scientist at the Laboratory of Atmospheric and Space Physics. In addition to the Voyager mission (watch her in the PBS documentary "The Farthest"). Dr Bagenal has been on the science teams of the Galileo mission to Jupiter and the Deep Space 1 mission to Comet Borrelly, the New Horizons mission that - after a 9.5-year flight - flew past Pluto

on July 14, 2015 and Juno that has been orbiting Jupiter since 2016.

Control/Click here for printable forms (Membership, Lectures, Activity Calendar, and more).

Fran has followed an interest in the demographics of the sciences, particularly how the percentage of women in physics, astronomy and planetary sciences have evolved. She edited the STATUS newsletter for the American Astronomical Society's Committee on the Status of Women, has written blogs on career advice, and participated in workshops and conferences on women in science.

Our website is boulderuwc.org

Control/Click here for previous versions of MESSAGES.



Lecture Event payment must be **received** NO LATER **than** October 30. Please send payment of \$35 to our Hospitality Chair, Isabelle Henderson, 3099 Ash Ave., Boulder, CO 80305. Questions? 720-755-1333 or Isabelle.hteacher@gmail.com

Free parking, starting after 5:00 PM, is available in lot 308 across from the Planetarium. Entrance is off Kittridge Loop Drive. We have limited room capacity for this lecture. Please book early to ensure availability.

President's Message



"We must find time to stop and thank the people who make a difference in our lives."

John F. Kennedy

Fall is my favorite time of year. The air is cooler. The leaves have turned colors. And Thanksgiving is only a few days away. It is the time of year to be thankful for all our blessings--for family and friendships. I am thankful for all the wonderful friends I have made through membership in the University Women's Club. I am especially proud of the scholarship monies we have raised over the years. At this time of thanksgiving, think about generously donating to our scholarship fund to help non-traditional CU students complete their degrees.

The Boulder Ensemble Theater Company (BETC) has extended a scholarship fund-raising opportunity to the UWC. BETC is offering a special ticket code (UWC13) to UWC members for performances of *The Rembrandt* (February 7 - March 3 at the Dairy Center). The UWC gets 10% of ticket sales when the code is used when ordering tickets. See page 3 for complete details.

Our membership year is off to a fast start. We currently have 216 members who have paid dues -- 28 are new members. I encourage you to seek out our new members at UWC events and introduce yourself. You can recognize our new members by the pink band on their nametags.

We are enjoying much higher attendance at our Lecture Luncheons/Dinners. A big thank you to Lynne Barnett and Joanna Cain for the amazing line-up of speakers this year. A reminder that checks should be sent to our Hospitality Chair, Isabelle Henderson, **no later than two weeks before the event date**. We need to give attendance numbers to the catering staff at that time. And many of the venues have capacity limits-- you don't want to miss a single event!

And speaking of UWC events, November 13 is again an evening affair and a very special one. We are so fortunate to have Dr. Fran Bagenal speak to us about "Juno - Revealing Jupiter's Interior." And the perfect venue for this presentation is the Fiske Planetarium. A reminder that this event ticket is \$35 and payment is due by October 30th. Wine and beer are available for purchase at the event with credit card only.

Enjoy the fall season and the myriad of UWC events and interest group activities.

Arlene Gerwin, 2018-2019 President

Membership Dues

\$35 annual dues are due by October 15. That is the cutoff deadline to be included in the November electronic directory. Please send your dues in early so that we can include you. Checks *made out to UWC* can be sent to P.O. Box 18844, Attn. UWC Membership, Boulder CO 80308-1844.

We encourage you to consider including your scholarship fund donation and increase your check amount accordingly. If you have questions regarding your UWC Membership please email Karen Neff, UWC Membership Chair at uwcmembershipchair@gmail.com.

Please see the Membership Form on page 11.

Scholarship Chair's Message

As the leaves turn orange and golden, UWC's scholarship portal is open for students who are seeking assistance for their educational expenses. Here is how the UWC opportunity is described:

"The University Women's Club's scholarships benefit nontraditional CU undergraduates who are Colorado residents returning to school after a gap in their education, are 24 years or older, and have completed at least 12 credit hours at CU Boulder. Awards are based on academic merit (minimum 3.0 GPA), financial need, service, initiative, and involvement in academic or community leadership. Recipients must intend to enroll at least three-quarter time (9 credits per semester) both fall and spring."

As you are giving thanks this season, please also think of these students, and send a little extra scholarship donation along with your dues, with your luncheon reservations, or separately. Please read more about the scholarship program and 2018 recipients at http://boulderuwc.org/index.php/scholarships

Merry Bullock, Scholarship Chair

UWC Scholarship Fund-Raising Opportunity

The UWC is partnering with the Boulder Ensemble Theatre Company production of *The Rembrandt* to raise money for the UWC Scholarship Fund.

When you order tickets, be sure to use the code UWC13 and 10% of all ticket sales will go toward our scholarship fund.

The Rembrandt Show Information:

Boulder Ensemble Theatre Company proudly presents The Rembrandt, by Jessica Dickey

February 7 - March 3, 2019;

Performances Thurs.- Sat.at 7:30 p.m., Sunday matinees at 2:00 p.m. Grace Gamm Theater, Dairy Arts Center, 2590 Walnut Street, Boulder, CO 80302

Show Description:

We begin inside a modern-day museum, where two security guards and a painter find themselves compelled to touch a masterpiece. But soon, we are skipping through time, watching Rembrandt at work and listening to Homer discuss the nature of art. The Pittsburgh Post-Gazette hailed The Rembrandt as "funny, sweet, melancholy, and emotionally engaging... imaginative and strangely comforting."

Fresh from the stages of Steppenwolf Theatre in Chicago and winner of the 2015 Stavis Award, Jessica Dickey's delightful play asks us to consider the longevity of art and the brevity of life. #touchthepainting

Ticket Info:

Tickets at betc.org or 303-444-7328; Tickets range in price \$20.00 (Student) \$34.00 (Senior 65+) \$37.50 (Adult).



Preview of Upcoming Lecture Events

The price of the lecture events is \$22, except for November, which is \$35. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: **Isabelle Henderson, Attention: UWC Lecture Luncheon, 3099 Ash Ave., Boulder, CO 80305 or 720-755-1333.** Please do **not** combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on Page 12.

January

Cannabís 101 for Seníors: An Introductory Course in Medical

Cannabís and Its Use by Seníors



Joseph Cohen, D.O.

January 15, 2019 11:30 a.m.
UMC Room 235
(Reservations and payment due
December 26, 2018)

Dr. Cohen is the medical director for Journey2Life, Holos Health, and The Colorado Dementia Prevention and Treatment Center.

He is one of the premier functional medicine practitioners in Colorado. In this video he discusses how cannabis and functional

medicine work together. https://www.youtube.com/watch?v=bskakuwi4XE

February

Mending Colorado's Mental Health



Andrew Romanoff
Tuesday, February 12, 2019,
11:30 a.m.
Avalon Ballroom
6185 Arapahoe Rd.

(Reservations and payment due January 29, 2019)

Boulder, CO 80303

Andrew Romanoff is President and CEO of Mental Health Colorado, the state's leading advocate for the prevention, diagnosis, and treatment of mental health and substance use disorders. Prior to that he served in the Colorado House of Representatives from 2001 to 2009 and as Speaker of the House from 2005 to 2009.

March

Bob Dylan: The Times They Aren't a-Changin



Dr. Adam Bradley
Tuesday, March 12, 2019
11:30 a.m.
UMC Room 235
(Reservations and payment due February 26, 2019)

Dr. Adam Bradley is a professor of English at the University of Colorado, Boulder, where he directs the Laboratory for Race & Popular Culture (RAP Lab).

Bradley is the author or editor of five books, including Book of Rhymes: The Poetics of Hip Hop; The Anthology of Rap; and the New York Times bestseller One Day It'll All Make Sense.

Opera Brunch - March 2019



Save the date **March 17, 2019**, for the Opera Brunch and opera *Eugene Onegin*.

The 3-act opera is by Pyotr Tchaikovsky and is based on a novel by Alexander Pushkin.

Reservation forms and more information will be available in forthcoming *MESSAGES*.

"Click here for a quick review of the plot".

Spring Scholarship Luncheon - April 2019

Circle your calendars on April 16, 2019, for the Annual Spring Scholarship Luncheon to be held at the Boulder Country Club. This is a great opportunity to celebrate the 2019 scholarship winners and to hear personal accounts of their heart-warming journeys through challenges to achievements. The theme of this year's event alludes to our recipients' having redrawn their individual "life-maps" in order to reach new and different goals. To support their efforts, please donate as generously as you can to the UWC Scholarship Fund.

UWC Honors Reception - May 2019

The Honors Reception, where awards are given to Past Presidents, Past President Awardees and to the Margaret Willard Awardee, will be a special event in 2019, as it marks the 100th Anniversary of the University Women's Club.

SAVE THE DATE for this anniversary celebration on May 14, 2019, at the Koenig Alumni Center.

Nominations for 2019-20

Nominate 2019-20 Executive Board Members NOW!

Time to nominate a President-elect, Secretary-elect and Treasurer-elect who will serve on the Executive Board for the program year 2019-20 and then serve on the 2020-21 Board in the formal positions.

If you would like to be considered for one of these positions, or would like to suggest someone, please contact committee members: Karon Johnson (karon.johnson@colorado.edu), Mollie Morton (mortonm@colorado.edu), or Kathy Randall (katherineran@gmail.com).

Karon Johnson, Nominating Committee Chair

Margaret Willard Award

Margaret Willard was the first president of the Faculty Wives' Club, which became our University Women's Club. Each year we present the Margaret Willard Award to someone who exercises initiative in her endeavors and in doing so brings honor to all women and to our University.

Please submit a nomination (form on page 14) by March 1, 2019. Please contact Kathryn with questions.

Kathryn Wardell, Chair MWA (kathrynwardell@gmail.com).

Temple Grandin Lecture - October 2018

On Tuesday, October 9, 2018, the Lecture event featuring Dr. Temple Grandin drew a large crowd in the Glenn Miller Ballroom at UMC.



Appetizers were served



and a salmon dinner too)



Appetizers were enjoyed



The line for wine and soda



Dr. Temple Grandin, Speaker



Dr. Grandin Books for sale



About 150 members and guests were present to hear Dr. Grandin speak about "Different Kinds of Minds"



Interest Groups News

Spanish Conversation Group – Beginners and Intermediates

Intermediate Spanish has found a new home at South Lucky's Market in Boulder. We will be meeting there every Friday morning from 9:30 to 10:30. There are six students enrolled, plenty of room for a few more. Our instructor is a native language speaker and plans excellent and fun lessons. Now is a good time to join because we are reviewing before we move beyond present tense. Call or email me if you are interested – Jane Chicoine, 845-399-0393 or jane.chicoine@comcast.net.



Spanish Group Instructor, Juan Carlos Espinoza



Juan and class: Mary Ann Davitt, Jane Chicone, and Karen Mitchell

Theater Goers Group

Theater Goers will be attending the live eTown taping of the BAND OF HEATHENS with Stephen Kellogg on **December 1**, 7:00 to 9:00 p.m. eTown is a program heard weekly on 300+ radio stations and podcasts across the U.S. and around the world.

Nick Forster and his wife Helen started eTown in 1991. Events have coupled music and entertainment with information and interviews. Recordings are done with a live audience.

The broadcast company is at the new eTown Hall, 1535 Spruce St, Boulder. Tickets are \$25.

Please contact Gail Moyes if interested: gpmoyes@gmail.com



BAND OF HEATHENS



Theater Goers group at the recent production of *LUNGS* at the Miner's Theater in Golden.

Garden Group: Shown at the Botanic Gardens

Jean Rohrschneider, Virginia Stringi, Jane Massey, Jyotsna Raj, Frieda Holley.



Interest Group Meeting Time and Place	Chair(s) Information	Special Notes
Bicycling Meets every Thursday from May through October.	Gail Smith (303-960-5004) gail2143@comcast.net	An email prior to the ride will provide time and meeting place.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling - Fair Weather Active Nov—April Weather permitting	Lauren Charbonneau (214-886-6905) laurenviolin26@gmail.com	Please contact chair for details.
Book Group - Afternoon Fourth Tuesday 1:30 p.m. Members' homes.	Mary Clough (303-522-8692) maryfclough@gmail.com Charlotte Corbridge (303-530-0955) charlotte.corbridge@colorado.edu	Please contact chair for details.
Book Group—Biographies Third Thursday 1:30 p.m. Members' homes	Temporary Chair Susan Planck (303-499-3916) plancksusan@gmail.com	Please contact Susan Plank with questions, or if you are able to take over as Chair.
Book Group - Evening Second Thursday 7:15 p.m. Members' homes.	Helen Goldman (303-443-4953) hgoldman@colorado.edu Lois Linsky (303-499-2689) Lflinsky@hotmail.com	Nov 8 – A Gentleman in Moscow by Amor Towles. Hostess: Caryl Kassoy 2000 Kohler Drive. Boulder 80305. (303) 494-9017 cfkassoy@colorado.edu Dec 13—Manhatten Beach by Jennifer Egan. Hostess: Judy Reid (Judith.reid@gmail.com) 303-440-6040 Jan 11: An Officer and a Spy by Robert Harris. Hostess: Kathleen Salzberg (Kathleen.salzberg@colorado.edu (303-499-3128) Please RSVP to Hostess. Books available at Boulder Bookstore.
Bridge on Wednesday First Wednesday 1:00 - 3:00 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com	Please contact chair for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:00 a.m.—11:30 a.m. Panera Bread, 29th Street Mall	Beth Karpf (303-862-7335) Bethk@alum.mit.edu	Please contact chair for details. All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Please contact chairs for details.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.

Continued

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
Italian Conversation Every Wednesday 1:30 – 2:30 p.m. The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) mhgwilson1@gmail.com	Please contact chair for details.
Music Time varies Second Mondays of most months Members' homes.	Pat Phillipson (303-443-9839) phillipp@colorado.edu Norma Schattke (303-665-2237) schattke.r@gmail.com	We especially welcome new performers. Please contact chairs for details.
Needlecraft Second and Fourth Thursdays 1:30 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com Georgianne Campbell (303-499-2798) rpcampbell@att.net	Email will provide details.
On the Road Again Various times, various venues	Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Out to Lunch Fourth Wednesday 12:00 p.m. Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) jyotsna.raj@colorado.edu Jean Rohrschneider(720-452-9788) jmrohrsc@hotmail.com	September 26: Chatauqua Dining Room
Readers' Theatre 2 Third Monday 6:30 p.m. Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays Location to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Please contact chair for details.
Spanish Conversation Advanced Most Wednesdays	Diana King (303-530-1860) dianaking.boulder@gmail.com	Please contact chair for details.
Spanish Learners - Beginners and Intermediates Every Friday 9:30 –10:30 a.m. South Lucky's Market In Boulder	Jane Chicoine (845-399-0393) <u>Jane.chicoine@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Sunday Afternoon at the Movies Matinee second Sunday Local movie theatre	Diane Thoms dcthoms@yahoo.com Ruth Harvey (303-975-6614) ruth.harvey@comcast.net	Email will provide details.
Theater Goers Date and Location Varies	Gail Moyes (303-786-9142) gpmoyes@gmail.com Annie Russell (303-786-8070) annie@annierussell.com	Please contact chairs for details.

Continued

Interest Groups - General Information

The following Interest Groups are part of the UWC, but currently are full:

Interest Group	Chair(s)
Book Group—BG3	Kathy Randall
Book Group- Fiction/Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least **five members including a chairperson.**

To form a new **book group**, contact Kathy Randall (303-530-1095).

For other new interest groups contact one of the following: Tam VanSpriell (tamvanspriell@gmail.com) or Linda Nordberg (lcnordberg@aol.com) Co-Chairs



Hiking Group: Virginia Stringi, Arlene Gerwin, Lorna Yokem, Lois Linsky, and Heidi Lynch

UWC Boulder Membership Form - 2018-19

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Karen Neff, Membership Chair			
303-494-0467 uwcmembershipchair@gmail.c		0-5092 0-5092 0-5092	
Nome			
Name	Pri	one	
Address			
Email address for newsletter			
	(please prin	nt clearly)	w email address
☐ I am enclosing my an	nual dues of \$35 which include I am a □returning member □		he scholarship fund.
	ditional tax-deductible contribution		und.
□\$25 □\$5 □ I am enclosing this ta	50 \square \$100 \square Ot x-deductible contribution for the	her \$ scholarship fund in H e	onor/Memory of:
Make all checks payable to UWC Mail to: UWC Members I have a friend who might like to	ship, PO Box 18844, I	Boulder, CO 80	308-1844
Name	!	Phone	
Address		Email	
Please look for current interement interements of the MESSAGES newsletter. Plea Our groups activities include	se contact the interest gro		· ·
Bicycling	Hiking	Reader's Theater	
Book Groups	Italian Conversation	Snowshoeing	
Bridge	Music	Spanish Conversa	ation

For other interest group suggestions, please contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tenzestes: left-approximation-red tamvanspriell@gmail.com or tenzestes: left-approximation-red tamvanspriell@gmail.com or tenzestes: left-approximation-red tamvanspriell@gmail.com or tenzestes: left-approximation-red tamvanspriell@gmailto:tenzestes: left-approximation-red tamvanspriell@gmailto:tenzest

Needlecraft

Out to Lunch

French Conversation

Gardening

Sunday Afternoon at the Movies

Theater Goers

Registration Form for **UWC Lecture Events**

Use this form for any or all of the following lecture events. Note cost of November event is \$35 - the Planetarium evening is not to be missed and guests are invited!!! Capacity is limited.

All reservations must be received 14 days before lecture date. Please book early to ensure seating.

# in party	Name of Guest(s) (Please print)	Date (Tues.)	Speaker/Topic
		11/13/18 (\$35 pp) 5:30 p.m. Fiske Planetarium	Dr. Fran Bagenal Juno: Revealing Jupiter's Interior
		1/15/19 (\$22 pp) 11:30 a.m. UMC 235	Dr. Joseph Cohen Cannabis 101 for Seniors
		2/12/19 (\$22 pp) 11:30 a.m. Avalon Ballroom 6185 Arapahoe Rd. Boulder, CO 80303	Andrew Romanoff Mending Colorado's Mental Health
		3/12/19 (\$22 pp) 11:30 a.m. UMC 235	Dr. Adam Bradley Bob Dylan: The Times They Aren't a- Changin"
Total # People @ \$22	# x \$22 each: \$	+ optional donation to Scholarship Fund \$	Total Enclosed:
Total # Planetar- ium	# x \$35 each: \$	(THANK YOU!!!)	

On occasion we do fill our venues. When this happens we take reservations on first-come, first-served basis.

Please print:	
Your Name:	
Email:	Phone:
Address:	City, State:
Special Diet Meal needed (pleas	se specify gluten-free or vegetarian, and for whom)
Please make check payable to UN Lecture luncheon checks are due	WC. 14 days before each lecture date.
Mail check and this completed for Isabelle Henderson, UWC 3099 Ash Ave. Boulder, CO 80305	orm and your check to our Hospitality Chair: Hospitality



Margaret Willard Award

2019 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- · Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Nominee's current position (if retired, position held until retirement) Please provide information outlining Nominee's service to the University and/or the Boulder community (please use additional paper if needed) Nominator/Submitted by Address Phone (home) (work)	Name of Nominee		
Phone (home) (work) Email Institutions attended and degrees received (if applicable) Nominee's current position (if retired, position held until retirement) Please provide information outlining Nominee's service to the University and/or the Boulder community (please use additional paper if needed) Nominator/Submitted by Address Phone (home) (work)	Address		
Institutions attended and degrees received (if applicable) Nominee's current position (if retired, position held until retirement) Please provide information outlining Nominee's service to the University and/or the Boulder community (please use additional paper if needed) Nominator/Submitted by Address Phone (home)(work)	Phone (home)	(work)	
Nominee's current position (if retired, position held until retirement) Please provide information outlining Nominee's service to the University and/or the Boulder community (please use additional paper if needed) Nominator/Submitted by Address (work)			
Please provide information outlining Nominee's service to the University and/or the Boulder community (please use additional paper if needed) Nominator/Submitted by Address Phone (home) (work)	Institutions attended and de	grees received (if applicable)	
Nominator/Submitted by	Nominee's current position	if retired, position held until retirement)	
Nominator/Submitted by	(please use additional paper if	needed)	
Address (work)			
Phone (home) (work)			
Phone (home) (work)	Address		
Email	Phone (home)	(work)	
	Email		

Please mail nomination information to Kathryn Wardell, 88 Illini Court, Boulder, CO 80303 by March 1, 2019, or email to kathrynwardell@gmail.com If the Nominee does not receive the award in 2019 she may be considered for 2020. In this case, an updated statement about the Nominee may be requested.

Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

2018-19 Calendar

Executive Board 2018-19

Sept.	4	Board Meeting
	10	MESSAGES Deadline
	11	Membership Coffee/Tea
Oct.	2	Board Meeting
	10	MESSAGES Deadline
	9	Lecture Dinner: Helping People with Different Kinds of Minds to Be Successful, Temple Grandin
	15	Membership Deadline for Name to Appear in Directory
Nov.	***	New Member Wine and Cheese Event
	7	Board Meeting
	10	MESSAGES deadline for January
	13	Lecture Evening at the Planetarium 5:30—7:30 p.m. Juno: Revealing Jupiter's Interior, Dr. Fran Bagenal
Dec.	*	NO Meetings
Jan.	8	Board Meeting
	10	MESSAGES deadline
	15	Lecture Luncheon: Cannabis 101 for Seniors, Dr. Joseph Cohen
Feb.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff
Mar.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley
	17	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky
Apr.	2	Board Meeting
	10	MESSAGES Deadline
	16	Scholarship Luncheon
May	7	Tri-Board Meeting
	14	Honors Reception 3:00 - 5:00 p.m.

President	Arlene Gerwin
President-elect	Merry Bullock
Secretary	Kathleen Newton
Treasurer	Kathy Herder
Past President	Frieda Holley
Advisory/ Parliamentarian	Frieda Holley
Communications	Mollie Sue Morton
Historian/Handbook	Berry Todd
Honors Reception	Mary Huffman
Hospitality	Isabelle Henderson
Interest Groups Co- Chairs	Linda Nordberg, Tamera VanSpriell
Margaret Willard Award	Kathryn Wardell
Membership	Karen Neff
New Members	Virginia Stringi
Email/Directory/ Handbook/Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Karon Johnson
Opera Brunch	Kathy Terrill
Program Co-Chairs	Lynne Barnett, Joanna Cain
Scholarship Committee	Merry Bullock
Scholarship Luncheon	Janet Brewer
Telephone Tree	Linda Blomquist
Website	Merry Bullock
Secretary Elect	Carrol Kalafus
Treasurer Elect	Kathy Herder

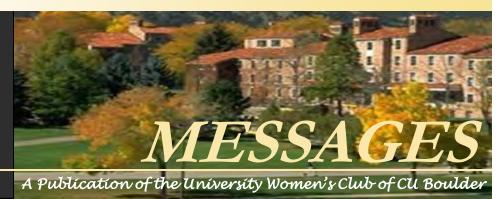
<u>Control/click here for a printable version of the calendar of events.</u>

<u>Control/click here to email questions or suggestions to MESSAGES chair.</u>



P.O. Box 18844, Boulder, CO 80308-1844 www.boulderUWC.org; boulderuwc@gmailcom

Dec 2018/Jan 2019, Issue 4





January 2019 Lecture Luncheon January 15 11:30 a.m. **UMC Room 235 - \$22** Cannabis 101 for Seniors

Speaker: Dr. Joseph Cohen

The DUE DATE for checks to be received is **December 26**, 2018

Dr. Cohen received his Doctor of Osteopathy degree in 1979 after completing his residency in obstetrics and gynecology at Bridgeport Hospital in affiliation with Yale University School of Medicine.

Dr. Cohen has developed a complimentary and innovative approach to wellness that combines functional medicine with the utilization of natural substances, such as medicinal cannabis and other formulations. Holos Health, a Dr. Cohen supported Medical Marijuana Evaluation facility in Boulder, Colorado, was the recipient of the Best of Boulder Award in 2012 and 2013 for Best Medical Marijuana Evaluations and Best Alternative Health Care Practitioners. Dr. Cohen also holds the position of Chief Medical Advisor to a significant Connecticut licensed medical marijuana company.

In 2001, Dr. Cohen began working with women from several different cultures. This included Hispanic women at The Medical Center of Aurora where he worked as a hospitalist, Native American women in Wyoming (Arapaho and Shoshoni tribes) and Maori women in Whanganui, New Zealand. Since returning to Boulder from New Zealand in 2009, he has integrated medical marijuana into his holistic functional medicine practice.

In addition to carrying a private medical practice in Boulder, Dr. Cohen is currently medical director for the Natural Plant Initiative for Cancer Research, Holos Health, and for Journey 2 Life, an alternative and holistic health services provider, and is also a member of the Institute for Functional Medicine.

1 January '19 Lecture 2 President's Message 3 Scholarship Chair Msq 4 Lecture Events 5 Fund Raising **Nominations** 6 7 Spring Activites Photos Nov Lecture 8 9 Interest Grps News New Member photos 10 **Interest Groups** 11-13 Registration Forms 14-16 Margaret Willard Award 17 Calendar/Executive Brd 18

> Our website is boulderuwc.org

Control/Click here for previous versions of MESSAGES.



Lecture Event payment must be received NO LATER than **DECEMBER 26.** Please send payment of \$22 per person to our Hospitality Chair, Isabelle Henderson, 3099 Ash Ave., Boulder, CO 80305. Questions? 720-755-1333 or Isabelle.hteacher@gmail.com

There is limited room capacity for this lecture. Please book early to ensure availability.

President's Message



"Let us be grateful to the people who make us happy; they are the charming gardeners who make our souls blossom."

Marcel Proust

As we enter this holiday season, I hope that you find joy surrounded by family and friends. We know that December is a busy time of year with holiday related activities. Accordingly, the November Planetarium Event is our last lecture event of this calendar year. This issue of *MESSAGES* covers both December and January. The first lecture event of the new year will be January 15, 2019, and is again a luncheon. We are privileged to have Dr. Joseph Cohen speak to us about "Cannabis 101 for Seniors." The deadline for reservations is December 26, 2018.

I encourage you to mail your checks early to ensure a spot to hear about this very timely topic. We have many more activities planned for 2019. Feel free to invite friends to our lecture events, especially those friends who may be interested in becoming UWC members.

And speaking of new members, I am writing this column the day after the New Member Wine and Cheese Reception. The event was well attended by both new members and current UWC board members. I know the board shares my enthusiasm for this extraordinary group of women. We are so impressed by their backgrounds and life experiences. A big thank you to Virginia Stringi, New Member Chair, for planning and organizing this event. Another thank you goes out to Janet Brewer for hosting the Wine and Cheese event at Frasier Meadows. And my thanks to everyone who attended the event and especially to the UWC Board Members for the delicious array of appetizers and desserts.

As 2018 draws to a close, I hope you will include the UWC Scholarship Fund in your end-of-year donations. We rely on the generosity of our UWC members to continue to increase the amount of scholarships and to increase the number of deserving CU undergraduates who receive the awards.

As we bid farewell to 2018 and usher in 2019, I encourage everyone to try something new in the new year. Look at the long list of UWC interest groups and join new ones. How about joining one of our foreign language groups? Or join the Friday hiking group and make new friends. Do you garden? We have a wonderful gardening group that meets April to October. How about book groups? There are both afternoon and evening book groups to join. Do you have an idea for a new interest group? Find four more UWC members with similar interests and start a new interest group. If you have never attended an opera, join us for the UWC Opera Brunch and CU opera performance (discounted ticket prices). If you have not done so in the past, plan to attend the April Scholarship luncheon and the May Honors Reception. UWC offers something for everyone.

My best wishes to you and yours this holiday season. And a very Happy New Year. I look forward to seeing many of you at upcoming UWC events in 2019. CHEERS!

Arlene Gerwin, 2018-2019 President

Membership Dues

\$35 annual dues are now overdue to be included in the November electronic directory. However it is never too late to join/rejoin and be added to the next update of our directory.

Checks *made out to UWC* can be sent to P.O. Box 18844, Attn. UWC Membership, Boulder CO 80308-1844.

We encourage you to consider including your scholarship fund donation and increase your check amount accordingly. If you have questions regarding your UWC Membership please email Karen Neff, UWC Membership Chair at uwcmembershipchair@gmail.com. Please see the Membership Form on page 14.

Scholarship Chair's Message

Remember—giving for education benefits all. Scholarship giving is a tax benefit! As the year comes to an end, many of us make charitable contributions as part of the holiday season. This year why not include the UWC Scholarship fund and help us support even more non-traditional students to complete their CU undergraduate education!

As you make your year end contributions, please download the scholarship donation form at http://boulderuwc.org/wp-content/uploads/locations-pics/2009/12/2018/11/scholarship-donation-form.pdf and send your donation to UWC. All donations of \$50 or higher will receive an acknowledgement letter for tax purposes. Happy holiday season!

Merry Bullock, Scholarship Chair



Scholarship Donors (September 12—November 11)

		_	_		
Jane	Allen	Susan	Jones	Carol	Ponton
Judith	Auer	Jacquie	Kilburn	Judith	Ramsay
Betsy	Barrett	Roberta	Kimmel	Judy	Richtel
Karen	Bell	Susan	Labovitz	Jane	Rogers
Barbara	Christoffersen	Elaine	Leass	Rebecca	Roser
Nancy	Colburn	Carol	Linsley	Marion	Sauer
Sue	Collard	Mareike	Ludkewycz	Debbie	Schwartz
Marsha	Coons	Heidi	Lynch	Nancy	Schwiesow
Amy	Cox	Susan	Malitz	Beverly	Sears
Tessa	Davis	Dawn	Maloney	LaDonna	Shea
Janet	Evans	Joan	Martin	Gail	Smith
Anitta	Frant	Ann	McBryan	Carolyn	Spicer
Sharon	Gabriel	Mary	McClanahan	Judith	Thompson
Carol	Green	Donna	Meckley	Patricia	Thompson
Maryann	Grundmann	Sara	Michl	Diane	Utz
Karen	Haimes	Barbara R.	Miller	Minna	Vallentine
Linda	Hansen	Judith	Minger	Kathryn	Wardell
Val	Havlick	Lynn	Munter	Marilyn	Whittaker
Isabelle	Henderson	Jean	Nelson	Eunice	Wilkinson
Jill	Hobson	Zdenka	Novosad	Helen	Williams
Ellen	Holland	Janet	Nuzum	Maxene H.	Wilson
Janet	Ibanez	Margaret	Perez	Stephanie	Wrotny
Kathy	Israelson	Mary	Pierce	Barbara	Zable
Martha	Jones				

Thank You So Much for your contributions!

Preview of Upcoming Lecture Events

The price of the 2019 lecture events is \$22. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: **Isabelle Henderson, Attention: UWC Lecture Luncheon, 3099 Ash Ave., Boulder, CO 80305 or 720-755-1333.** Please do **not** combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on Page 15.





Mending Colorado's Mental Health

Andrew Romanoff
Tuesday, February 12, 2019,
11:30 a.m.
Avalon Ballroom
6185 Arapahoe Rd.
Boulder, CO 80303

Please use Registration Form on page 15 to order your choice of a box lunch

Reservations due in hand by Jan 29, 2019

Andrew Romanoff is President and CEO of Mental Health Colorado, the state's leading advocate for the prevention, diagnosis, and treatment of mental health and substance use disorders. Prior to that he served in the Colorado House of Representatives from 2001 to 2009 and as Speaker of the House from 2005 to 2009.

March



Bob Dylan: The Times They Aren't a-Changin

Dr. Adam Bradley
Tuesday, March 12, 2019
11:30 a.m.
UMC Room 235

(Reservations and payment due February 26, 2019)

Dr. Adam Bradley is a professor of English at the University of Colorado, Boulder, where he directs the Laboratory for Race & Popular Culture (RAP Lab).

His scholarship and teaching engage both traditional subjects of literary inquiry like novels and Poems, and emerging areas like music and song lyrics.

UWC Scholarship Fund-Raising Opportunity

The UWC is partnering with the Boulder Ensemble Theatre Company production of *The Rembrandt* to raise money for the UWC Scholarship Fund.

When you order tickets, be sure to use the code UWC13 and 10% of all ticket sales will go toward our scholarship fund.

REMBRANDT by Jessica Dickey

The Rembrandt Show Information:

Boulder Ensemble Theatre Company proudly presents *The Rembrandt*, by Jessica Dickey

February 7 - March 3, 2019;

Performances Thurs.- Sat.at 7:30 p.m., Sunday matinees at 2:00 p.m. Grace Gamm Theater, Dairy Arts Center, 2590 Walnut Street, Boulder, CO 80302

Show Description:

We begin inside a modern-day museum, where two security guards and a painter find themselves compelled to touch a masterpiece. But soon, we are skipping through time, watching Rembrandt at work and listening to Homer discuss the nature of art. The Pittsburgh Post-Gazette hailed The Rembrandt as "funny, sweet, melancholy, and emotionally engaging... imaginative and strangely comforting."

Fresh from the stages of Steppenwolf Theatre in Chicago and winner of the 2015 Stavis Award, Jessica Dickey's delightful play asks us to consider the longevity of art and the brevity of life. #touchthepainting

Ticket Info:

Tickets at betc.org or 303-444-7328; Tickets range in price \$20.00 (Student) \$34.00 (Senior 65+) \$37.50 (Adult).

10% of all ticket sales using the code UWC13 will go directly to the University Women' Club Scholarship Fund. UWC attendees will be able to use their code for a total of up to 2 tickets (UWC member +1).

Fund -Raising—King Soopers "Gift-Reward" Cards

In November, the UWC Board decided to test another possibility of raising money for the Scholarship Fund. It was voted that board members could purchase "King Soopers *Gift-Reward* cards, to test out their use for UWC members.

Our treasurer, Kathy Herder, purchased many cards under our 501 (c)(3) status. The cards have an initial amount of \$10 on them. The board members who wished to participate then gave a \$10 check or cash to Kathy, and received a card.

How does this card work?

One needs to go to any King Soopers and using your desired credit card, add more \$\$ to the card. This can be done at the service desk or while checking out (and before any groceries have been rung up). Then one uses the King Soopers Gift-Reward card as the credit card to pay for the groceries. When the amount on the card is low or used up, simply recharge a new amount (up to \$500) on the card as before.

The benefit? 5% of the money used on such cards will go to our UWC Scholarship Fund! More details in our February issue of *MESSAGES*.

UWC Nominations for 2019-2020

The UWC Executive Board approved the following candidates for 2019-20 at the November 6, 2018 Board Meeting:

President Elect - Janet Brewer

Secretary Elect – Kathleen Salzberg

Treasurer Elect – Kathy Herder

The election will be held during the general meeting at the March 12, 2019 Lecture Luncheon. Nominations may be made from the floor on the day of the election, provided the consent of the nominees to serve has been obtained.



Janet Brewer – President-elect 2019-20 (to serve as President in 2020-21):

Janet has been a member of UWC for 6 years. She has served as President 2016-17,

Opera Brunch Chair, Nominating Chair and President-elect (concurrently) for 1 year,
and Scholarship Luncheon Chair for 2 years. She is a member of the advanced Spanish
conversation group. She has always been a singer (now retired) and has had a lot of
"day jobs." (International flight attendant - Pan Am, voice teacher, CPA, and accountant
for small businesses.) Presently she is employed part-time at Chico's (Flatirons Mall).



Kathleen Salzberg – Secretary-elect 2019-20 (to serve as Secretary 2020-21): Kathleen has been a member 43 years! She joined in 1975 to participate in the Evening Book Group, of which she is still an active member. Also, an avid hiker in the Hiking Group, she has served UWC as Editor of *MESSAGES*, Chair of Email Communications, and Secretary. Kathleen worked at the University of Colorado from 1967 to 2002, serving as Managing Editor of the journal *Arctic, Antarctic, and Alpine Research.*



Kathy Herder – Treasurer-elect 2019-20 (to serve as Treasurer 2020-21): Kathy has been a member of UWC for 4 years. She is active in the Hiking and Biking Groups and loves to spend time with her two little grandbabies. She is a CPA, holding an MBA, who brings to the board 30 years of experience in corporate accounting. She has worked in small, mid-size, and large construction, engineering, and service-oriented companies at all levels of management. Kathy is our current Treasurer and will serve as Treasurer and Treasurer-elect in 2019-20.

Submitted by: *Karon Johnson*, Nominating Committee Chair Mollie Morton and Kathy Randall served on the Nominating Committee this year.

Margaret Willard Award

Margaret Willard was the first president of the Faculty Wives' Club, which became our University Women's Club. Each year we present the Margaret Willard Award to someone who exercises initiative in her endeavors and in doing so brings honor to all women and to our University.

Please submit a nomination (form on page 17) by March 1, 2019. Please contact Kathryn with questions.

Kathryn Wardell, Chair MWA (kathrynwardell@gmail.com).

Opera Brunch - March 2019



Save the date **March 17, 2019**, for the Opera Brunch and opera *Eugene Onegin*.

The three-act opera, which opened on March 29, 1879, is by Pyotr Tchaikovsky and is based on a novel by Alexander Pushkin.

"Click here for a quick review of the plot".

Learn about Tatiana, Olga, Eugene, and Lensky, the festive ball, the duel...



Opera and Brunch Registration Form is on page 16.

Please do not send your check and reservation form until 2019.



Spring Scholarship Luncheon - April 2019

The Annual Spring Scholarship Luncheon to be held at the **Boulder Country Club on April 16, 2019**.

This is a great opportunity to celebrate the 2019 scholarship winners and to hear personal accounts of their heart-warming journeys through challenges to achievements.

The theme of this year's event alludes to our recipients' having redrawn their individual "life-maps" in order to reach new and different goals.

To support their efforts, please donate as generously as you can to the UWC Scholarship Fund.

The Reservation form will be in the February issue of *MESSAGES*.



UWC Honors Reception - May 2019

The Honors Reception will be a special event in 2019, as it marks the beginning of the **100th Anniversary** of the University Women's Club.

SAVE THE DATE for this anniversary celebration on May 14, 2019, at the Koenig Alumni Center.

Jupiter Lecture - November 2018

On Tuesday, November 13, 2018, the Lecture event was held in the Fiske Planetarium. Dr. Fran Bagenal spoke about Jupiter's interior, with stunning images from the Voyager mission.



Interest Groups News

On the Road Again—to Colorado Public Radio

"Colorado Public Radio enriches the Colorado community by providing news, information and music for people who want to be informed, enlightened and entertained." Thus reads Colorado Public Radio's mission statement.

UWC's popular interest group On the Road Again had a bird's eye view of CPR in action on our first outing of the year. We toured the CPR offices, newsroom, library, recording studio and more. We enjoyed a presentation featuring CPR CEO and President Stewart Vanderwilt, Classical Program Director Monika Vischer, Open Air Host and Colorado Music Coordinator Alisha Sweeney, and, from the news room, Senior Host of Colorado Matters Ryan Warner. The presentation was followed by a Question and Answer session wherein Helen Holden scored a pair of CPR socks just by asking about them!

Many thanks to former UWC member and current CPR Board member Joanna Rosenblum and CPR Senior Leadership Giving Officer Sue Coughlin who facilitated the visit. Thanks too to the many CPR staff members who gave us their time and expertise. We were informed, enlightened and entertained. The group then went out to lunch.





Karen Bell, Jyotsna Raj, Janice Belkora, Karon Johnson



Frieda Holley, Joyce Bograd, Lynne Barnett, Kathleen Newton

Roberta Kimmel, Eleanor Patten, Beth Rauch, Marsha Coons



Stewart Vanderwilt, Pres and CEO of CPR and Ryan Warner, Host of Colorado Matters



Kathy Randall, Karen Neff, Judy Owens, Robyn Wyman-Di



Marcy Munson, Sherry Bruff, Caryl Kassoy, Karen Diamond

New Member Wine and Cheese Reception

The Wine and Cheese Reception for new members (women who joined after the reception in 2017) was held in the Community Room at Frasier Meadows on Sunday, November 4. Thanks to Janet Brewer for the use of this room.



Karon Johnson and Lenore Kingston



Board members brought food.



New Member Chair Virginia Stringi and Frieda Holley



Karen Kairys



Carol Linsley and Susan Labovitz



Maricia Coons and Berry Todd



Kathryn Wardell and Karen Haimes



Kathleen Newton and Karen Mitchell



Arlene Gerwin (Pres) and Cindy Cederberg



Janet Brewer and Joyce Spencer



Kathy Herder and Cate Lawrence



Norma Portnoy and Lynne Barnett



Alice Rose



Christine Zanoni



Cindy Meyer



Jeanne Fetterman



Amy Shaw, JoAnn Scherer, and Lorna Yoder

Orange name tags are UWC Board members.

Group photo on page 13.

Interest Group Meeting Time and Place	Chaír(s) Informatíon	Special Notes
Bicycling Meets every Thursday from May through October.	Gail Smith (303-960-5004) gail2143@comcast.net	An email prior to the ride will provide time and meeting place.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling - Fair Weather Active Nov—April Weather permitting	Lauren Charbonneau (214-886-6905) laurenviolin26@gmail.com	Please contact chair for details.
Book Group - Afternoon Fourth Tuesday 1:30 p.m. Members' homes.	Mary Clough (303-522-8692) maryfclough@gmail.com Charlotte Corbridge (303-530-0955) charlotte.corbridge@colorado.edu	Please contact chair for details.
Book Group—Biographies Third Thursday 1:30 p.m. Members' homes	Temporary Chair Susan Planck (303-499-3916) plancksusan@gmail.com	Please contact Susan Plank with questions, or if you are able to take over as Chair.
Book Group - Evening Second Thursday 7:15 p.m. Members' homes.	Helen Goldman (303-443-4953) hgoldman@colorado.edu Lois Linsky (303-499-2689) Lflinsky@hotmail.com	Dec 13—Manhattan Beach by Jennifer Egan. Hostess: Judy Reid (Judith.reid@gmail.com) (303-440-6040) Jan 11: An Officer and a Spy by Robert Harris. Hostess: Kathleen Salzberg (Kathleen.salzberg@colorado.edu (303-499-3128) Feb 14: Strangers in their own Land by Arlie HochschildHostess: Lois Linsky, 1645 Bear Mountain Dr, Boulder 80305 RSVP: LFLinsky@me.com (303-499-2689) Books available at Boulder Bookstore.
Bridge on Wednesday First Wednesday 1:00 - 3:00 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com	Please contact chair for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:00 a.m.—11:30 a.m. Panera Bread, 29th Street Mall	Beth Karpf (303-862-7335) <u>Bethk@alum.mit.edu</u>	Please contact chair for details. All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Please contact chairs for details.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.

Continued

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
Italian Conversation Every Wednesday 1:30 – 2:30 p.m. The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) mhgwilson1@gmail.com	Please contact chair for details.
Music Time varies Second Mondays of most months Members' homes.	Pat Phillipson (303-443-9839) phillipp@colorado.edu Norma Schattke (303-665-2237) schattke.r@gmail.com	We especially welcome new performers. Please contact chairs for details.
Needlecraft Second and Fourth Thursdays 1:30 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com Georgianne Campbell (303-499-2798) rpcampbell@att.net	Email will provide details.
On the Road Again Various times, various venues	Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Out to Lunch Fourth Wednesday 12:00 p.m. Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	September 26: Chatauqua Dining Room
Readers' Theatre 2 Third Monday 6:30 p.m. Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays Location to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	Please contact chair for details.
Spanish Conversation Advanced Most Wednesdays	Diana King (303-530-1860) dianaking.boulder@gmail.com	Please contact chair for details.
Spanish Learners - Beginners and Intermediates Every Friday 9:30 –10:30 a.m. South Lucky's Market In Boulder	Jane Chicoine (845-399-0393) <u>Jane.chicoine@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Sunday Afternoon at the Movies Matinee second Sunday Local movie theatre	Diane Thoms dcthoms@yahoo.com Ruth Harvey (303-975-6614) ruth.harvey@comcast.net	Email will provide details.
Theater Goers Date and Location Varies	Gail Moyes (303-786-9142) gpmoyes@gmail.com Annie Russell (303-786-8070) annie@annierussell.com	Please contact chairs for details.

Continued

Interest Groups - General Information

The following Interest Groups are part of the UWC, but currently are full:

Interest Group	Chair(s)
Book Group—BG3	Kathy Randall
Book Group- Fiction/Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson
Readers' Theatre	Marilyn Wasmuth

To start a new interest group requires at least five members including a chairperson.

To form a new **book group**, contact Kathy Randall (303-530-1095).

For other new interest groups contact one of the following: Tam VanSpriell (tamvanspriell@gmail.com) or Linda Nordberg (lcnordberg@aol.com) Co-Chairs



New Members who attended the New Member Wine and Cheese Reception

UWC Boulder Membership Form - 2018-19

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Karen Neff, Membership Chair		a Stringi, New Member Chair	
303-494-0467 uwcmembershipchair@gmail.d	412-901-5092 <u>vstringi@comcast.net</u>		
		none	
Address			
Email address for newsletter			
	(please print	nt clearly) □ new email address	
\square I am enclosing my an	nnual dues of \$35 which includes I am a □returning member □	es a \$5.00 donation to the scholarship fund. I new member.	
□\$25 □\$			
	, -	tions; please do not combine with luncheon Boulder, CO 80308-1844	IS)
I have a friend who might like	to join the UWC. Please send n	membership information to:	
Name	Pl	Phone	
Address	E	Email	
	se contact the interest grou	www.boulderuwc.org, and in our up chairperson if you wish to join.	
Bicycling	Hiking	Reader's Theater	

Bridge Music Spanish Conversation

French Conversation Needlecraft Sunday Afternoon at the Movies

Gardening Out to Lunch Theater Goers

Italian Conversation

For other interest group suggestions, please contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcnraph: tcnraph: lcnordberg@aol.com

Book Groups

Snowshoeing

Registration Form for **UWC Lecture Events**

Use this form for any or all of the following lecture events.

All reservations must be received 14 days before lecture date. Please book early to ensure seating. On occasion we do fill our venues. When this happens we take reservations on first-come, first-served basis. Requests for cancellation refunds will be accepted up to 2 weeks before the event date. If a member must cancel, we encourage the funds be donated to the scholarship fund. After the two week deadline, refunds or donations to the scholarship fund are not possible.

# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic
		1/15/19 (\$22 pp) 11:30 a.m. UMC 235	Dr. Joseph Cohen Cannabis 101 for Seniors
		2/12/19 11:30 a.m. Avalon Ballroom—Choose Box Lunch below	Andrew Romanoff Mending Colorado's Mental Health
		3/12/19 11:30 a.m. UMC 235	Dr. Adam Bradley Bob Dylan: The Times They Aren't a-Changin"
Total # People:	X \$22 each: \$	+ optional donation to Scholarship Fund \$(THANK YOU!!!)	Total Enclosed: \$

Your Name:		
Email:	Р	Phone:
Address:	City, State:	
Please make check payable to UWC.		
Mail this completed form and your check Isabelle Henderson, UWC Hospita 3099 Ash Ave, Boulder, CO 80305		hair:

Menu for the Avalon Lecture February 12:

BOX	Description # nee		# needed	
Option1	Chipotle Chicken Wrap with Queso Fresco	Spiced Black Bean Spread, A	vocado and G/F Brea	4
Option 2		n, Avocado, Lettuce and Tom		u
			G/F Brea	d
Option 3	3 Grilled Vegetable Wrap with Goat Cheese and Basil Pesto (Vegetarian)			
	G/F Bread		d	
Option 4	Option 4 Hummus Wrap with Avocado, Sprouts, Spinach and Cucumber (Vegan)			
	G/F Bread		d	
All boxes include a whole fruit, Boulder chips, and a dessert (Circle one):				
	Chocolate Brownie	G/F Chocolate Brownie	Vegan-G/F Cookie	
	-		-	

Jan 15: Special Diet Meal needed gluten-free or vegetarian (Please specify), and for whom)

March 12: Special Diet Meal needed gluten-free or vegetarian (Please specify), and for whom)

Registration Form for 2019 Opera/Brunch Eugene Onegin

An opera composed by Pyotr Ilyich Tchaikovsky based on a novel of the same name by Alexander Pushkin. The opera in 3 acts retains much of Pushkin's poetry.

Please join us: Sunday, March 17, 2019 11:30 a.m. – Brunch at Aspen Room in UMC

2:00 p.m. – Opera at Macky Auditorium

UWC gets a *discounted price* for the Opera tickets. If you have already purchased opera tickets, you can still join us for the brunch and talk by Maestro Nicholas Carthy.

You can also purchase opera tickets without attending the brunch if you prefer.

Reservations must be received by Monday, February 19, 2019

Please make checks payable to *UWC*. Mail check and form to:

Kathryn Terrill, 4477 Wellington Road, Boulder, CO 80301.

Questions? Contact Kathryn: wakaterrill@ecentral.com or (303) 530-9438

Please do not send checks until the new year 2019

Name		
Email		
Guest Name (s)		
#opera tickets @\$23.00 each PLUS		
#places for Brunch @ \$30.00 each		
Total enclosed \$ (checks payable to UWC)		
The brunch entrée and dessert will be served Buffet Style.		
Please indicate here if you require a vegetarian option: YES)		



Margaret Willard Award

2019 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- · Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee		
Address		
Phone (home)	(work)	
Email		
Institutions attended and deg	es received (if applicable)	
Nominee's current position (if	etired, position held until retirement)	
-	lining Nominee's service to the University and/or the Boulder o	•
Nominator/Submitted by Address		
Phone (home)	(work)	

Please mail nomination information to Kathryn Wardell, 88 Illini Court, Boulder, CO 80303 by March 1, 2019, or email to kathrynwardell@gmail.com If the Nominee does not receive the award in 2019 she may be considered for 2020. In this case, an updated statement about the Nominee may be requested.

Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

2018-19 Calendar

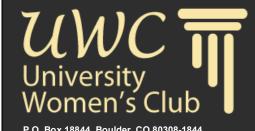
Executive Board 2018-19

Sept.	4	Board Meeting
	10	MESSAGES Deadline
	11	Membership Coffee/Tea
Oct.	2	Board Meeting
	10	MESSAGES Deadline
	9	Lecture Dinner: Helping People with Different Kinds of Minds to Be Successful, Temple Grandin
	15	Membership Deadline for Name to Appear in Directory
Nov.	***	New Member Wine and Cheese Event
	7	Board Meeting
	10	MESSAGES deadline for January
	13	Lecture Evening at the Planetarium 5:30—7:30 p.m. Juno: Revealing Jupiter's Interior, Dr. Fran Bagenal
Dec.	*	NO Meetings
Jan.	8	Board Meeting
	10	MESSAGES deadline
	15	Lecture Luncheon: Cannabis 101 for Seniors, Dr. Joseph Cohen
Feb.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff
Mar.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley
	17	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky
Apr.	2	Board Meeting
	10	MESSAGES Deadline
	16	Scholarship Luncheon
May	7	Tri-Board Meeting
	14	Honors Reception 3:00 - 5:00 p.m.

President	Arlene Gerwin
President-elect	Merry Bullock
Secretary	Kathleen Newton
Treasurer	Kathy Herder
Past President	Frieda Holley
Advisory/ Parliamentarian	Frieda Holley
Communications	Mollie Sue Morton
Historian/Handbook	Berry Todd
Honors Reception	Mary Huffman
Hospitality	Isabelle Henderson
Interest Groups Co- Chairs	Linda Nordberg, Tamera VanSpriell
Margaret Willard Award	Kathryn Wardell
Membership	Karen Neff
New Members	Virginia Stringi
Email/Directory/ Handbook/Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Karon Johnson
Opera Brunch	Kathy Terrill
Program Co-Chairs	Lynne Barnett, Joanna Cain
Scholarship Committee	Merry Bullock
Scholarship Luncheon	Janet Brewer
Telephone Tree	Linda Blomquist
Website	Merry Bullock
Secretary Elect	Carrol Kalafus
Treasurer Elect	Kathy Herder

<u>Control/click here for a printable version of the calendar of events.</u>

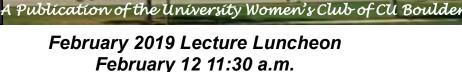
<u>Control/click here to email questions or suggestions to MESSAGES chair.</u>



MESSAGES

P.O. Box 18844, Boulder, CO 80308-1844 www.boulderUWC.org; boulderuwc@gmailcom

Feb 2019, Issue 5



Avalon Ballroom

6185 Arapahoe Rd. (Free parking)

Mending Colorado's Mental Health

Speaker: Andrew Romanoff

The DUE DATE for checks to be received is January 29, 2019



President's Message 2 3 Scholarship Chair Msg Lecture Events 4 Fund Raising 5-6 7 **Nominations** January Lecture 8 Spring Activites 9 Interest Grps News 10 Interest Groups 11-13 14-17 Registration Forms Margaret Willard Award 18 Calendar/Executive Brd 19

Andrew Romanoff is President and CEO of Mental Health Colorado, the state's leading advocate for the prevention, diagnosis, and treatment of mental health and substance use disorders.

The former speaker of the Colorado House of Representatives and current mental health advocate says that just 40 percent of Coloradans with a mental illness receive treatment for it.

In general, 4 to 5 percent of the population suffer from a serious mental illness, which translates to between 200,000 and 250,000 people in Colorado. Take into account any form of mental illness — including substance abuse — and that number rises to between 20 and 25 percent of the population, or about 1 million people. Romanoff says.

This is not some exotic disease confined to a tiny part of the population. According to a recent survey, 442,000 Coloradans said they suffered from a mental illness but did not receive treatment for it. A majority of respondents cited a lack of insurance as the main reason for not receiving mental health care, though more than 50 percent also said such care was unaffordable.

"This is a war we can win," Romanoff says. "This is treatable."

More than 50 state and national organizations have honored Andrew's leadership. We are honored to have him!

Our website is boulderuwc.org

Control/Click here for previous versions of MESSAGES.



Lecture Event payment must be received NO LATER than January 29. Please send payment of \$22 per person to our Hospitality Chair, Isabelle Henderson, 3099 Ash Ave., Boulder, CO 80305. Questions? 720-755-1333 or Isabelle.hteacher@gmail.com

Be sure to use the Lecture Registration Form (Page 15)
to provide your CHOICE of which box lunch and dessert you
desire.

President's Message



"With the new day comes new strength and new thoughts."

-Eleanor Roosevelt

To borrow from the Eleanor Roosevelt quote- with the new year comes new UWC activities and opportunities. I hope everyone enjoyed the holidays with friends and family and that you are as excited as I am about upcoming 2019 UWC events.

The February Lecture Luncheon features Andrew Romanoff speaking about a topic that should be of interest to most of us— *Mending Colorado's Mental Health*. Please make note that this luncheon is at the **Avalon Ballroom**. The reservation form deadline is January 29. In addition to sending your \$22 check for the luncheon, please indicate on the form your box lunch preference and your dessert choice. I look forward to seeing you at the luncheon on Tuesday February 12.

Over the past several months, the UWC Executive Board has been testing the use of King Soopers "Gift" Cards. I am pleased to announce that this fundraising program is being extended to the entire UWC membership. It's such an easy way to donate to the UWC. After all, everyone buys groceries. When you use the card, King Soopers donates 5% of the purchase to the UWC. In addition to using the card for groceries, it can also be used at the King Soopers in-store pharmacy and even for fuel at a King Soopers gas station. Our treasurer, Kathy Herder, is heading up this campaign. See a full description of the program on page 5. Many thanks to Kathy for recommending and implementing this UWC fundraising opportunity.

In the last issue of **MESSAGES** we announced the Officers-Elect candidates for 2019-2020. The slate of candidates has been approved by the UWC Executive Board. These candidates, if elected, will serve as officers for the 2020-2021 academic year. The nominated candidates are again shown on page 7. The election will be held at the **March 12, 2019** Lecture Luncheon during the general meeting. With a nominee's consent, additional nominations can be made from the floor or sent in advance to Karon Johnson, Nominating Committee Chair (<u>karon.johnson@colorado.edu</u>) Many thanks to Karon and the committee for putting together this fine slate of officer-elect candidates.

During the next several months, UWC has many interesting events planned. Be sure to check out the March Lecture Luncheon featuring Dr. Adam Bradley speaking about the legendary songwriter and singer Bob Dylan. In March, there's the UWC Opera Brunch and in April, the Scholarship Luncheon. We wrap up the year in May with the Honors Reception and the announcement of the Margaret Willard Award winner. Stay tuned for complete information about these events in this issue and following issues of *MESSAGES*.

And speaking of **MESSAGES**, I would be remiss if I did not recognize the outstanding job that Joyce Spencer is doing as our newsletter editor extraordinaire. Joyce has added much color to the newsletter with all the photos. If you have a photo to share that you would like printed in **MESSAGES**, feel free to send the photo with a short explanation to Joyce at jjandbobs@msn.com.

Enjoy these gorgeous Colorado winter days and all that UWC has to offer.

Arlene Gerwin, 2018-2019 President



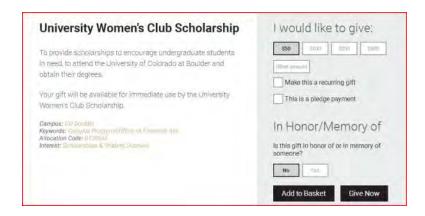
Scholarship Chair's Message

Supporting UWC Scholarships has many opportunities!

As 2019 begins we are building up the scholarship fund for the year. Here are three opportunities to contribute to the scholarship process:

- UWC has teamed up with the theater group BETC (Boulder Ensemble Theater Company).
 UWC will receive 10% of all ticket sales for the play *The Rembrandt* that use the special UWC code: UWC13 when purchasing a ticket. *The Rembrandt* runs at the Dairy Center February 7 March 3, 2019 (details on page 6)
- UWC is purchasing King Sooper gift-reward cards that will return 5% of sales to the scholarship fund. Please see the article from Kathy Herder in this issue on page 5.
- The UWC website has a direct scholarship donation link. You can donate easily online. Connect to the donation link on the UWC homepage:

https://giving.cu.edu/fund/university-womens-club-scholarship



Remember – your generous donation helps a non-traditional CU student complete his or her first undergraduate degree!

Merry Bullock, Scholarship Chair

1

Scholarship Donors (November 12—December 31)

Elizabeth	Black
Helen	Brown
Lee	Carlin
Marianne	DeAlwis
Prudence	Dings
Helen	Hooper
Susannah	Jordan

Mareike	Ludkewycz
Marilyn	Moses
Joyce	Pfohl
Irin	Poellot
Cynthia	Stephens
Joyce	Thurmer
<u> </u>	

Thank you to Boyce Sher and Ann Wahr who donated In Memory Of Sara Michl.

Thank You ALL So Much for your contributions!

Preview of Upcoming Lecture Events

The price of the 2019 lecture events is \$22. Make checks payable to "UWC" and note "Lecture Luncheon" in the memo. Please send payment or questions to: **Isabelle Henderson, Attention: UWC Lecture Luncheon, 3099 Ash Ave., Boulder, CO 80305 or 720-755-1333.** Please do **not** combine lecture lunch payments with dues payments. Lecture Luncheon Registration Form is on Page 15.



March

Dr. Adam Bradley

Tuesday, March 12, 2019 11:30 a.m. UMC Room 235

Bob Dylan: The Times They Aren't a-Changin

(Reservations and payment due February 26, 2019)

Dr. Adam Bradley is a professor of English at the University of Colorado, Boulder, where he directs the Laboratory for Race & Popular Culture (RAP Lab).

His scholarship and teaching engage both traditional subjects of literary inquiry like novels and poems, and emerging areas like music and song lyrics.

UWC Bylaws—forthcoming changes

The UWC Constitution requires a periodic review of the UWC Constitution and Bylaws. A committee consisting of Frieda Holley, Mollie Morton, and Kathy Randall has reviewed the UWC Constitution and Bylaws and created two new governing documents of Bylaws and Standing Rules that better reflect current UWC practices.

The Executive Board has discussed the new Bylaws, and believes they are ready for discussion and approval by the general membership. The new Bylaws must be approved by two-thirds of the members attending a general meeting of the UWC, that is, a Lecture Luncheon. The Standing Rules need only the approval of the Board.

Now on the <u>UWC website</u> are links to the revised Bylaws and a Comparison Chart which notes the changes from the Feb 2012 version of the Bylaws. In addition, an email will be sent to all members explaining the documents.

To minimize the time needed to discuss the Bylaws at the general meeting, we encourage you to read the document and send your comments and questions to Frieda Holley prior to the meeting.

Frieda Holley (holleyf@msudenver.edu), Chair Bylaws committee

Fund -Raising—King Soopers "Gift-Reward" Cards

The King Soopers Gift Card Rewards Program is here!

1. Why?

This was the #1 choice for scholarship fundraising activities that members chose on last year's survey. Many people are familiar with this program from other organizations to which they belong.



If you already have a card for another organization, we ask that you consider participating with UWC in addition. **The program is simple.** UWC orders gift cards linked to our organization from King Soopers for \$10 each. Then members can purchase the card from UWC for \$10, which will be the initial value on the card. **These cards can be used for all King Soopers grocery, fuel center, and pharmacy purchases.** Since we all have to eat and buy groceries, this program allows UWC to receive additional contributions at NO cost to either the member or UWC. There are no fees associated with this card.

2. How to use the card

Simply fill your cart with groceries, and at the cashier BEFORE ringing the groceries up, tell the cashier you want to load funds onto your gift card. You can do this either from your checking account or with a credit card. The cashier will charge your credit card for the amount you specify and load that amount onto the gift card. Then you pay for your purchase using the gift card. The remaining balance will show on your receipt. You can use the gift card to purchase anything at King Soopers **EXCEPT** services. (Services include Western Union, Money Orders, Ticket Master, Postage Stamps, Lottery Tickets, and other Gift Cards.)

When you make your next grocery run, you can ask the cashier to tell you the balance on your card if you are unsure, and you can reload again. It is also possible to reload at the customer service desk if you are not making grocery purchases. Please note this card will become inactive if there is a zero balance for 90 days, so please continue to use this card for your purchases keeping at least a balance of \$2.50 on it.

The card is considered as cash, so store it in a safe location, because if it is lost, King Soopers is not liable. You will still receive King Soopers discounts by using your normal King Soopers card with the gift card, and if you reload with your credit card, you will still receive any credit card points on your credit card purchases, so there is no down side to using the gift rewards card.

3. How to get UWC King Soopers Gift-Reward Cards

If you are interested in helping UWC by taking part in this fundraising activity, we would greatly appreciate your participation. Please send a check **made payable to UWC for \$10** per card (you may want to give one or more as a gift after loading it with a bit more \$!) and mail to:

Kathy Herder (Treasurer), 7249 Siena Way, Boulder CO 80301

Once the cards arrive, Kathy will contact you for delivery.

Thank you to everyone for your assistance and support with this program.

Kathy Herder, Treasurer

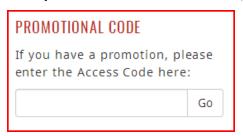


UWC Scholarship BETC Fund-Raising Opportunity

The UWC is partnering with the Boulder Ensemble Theatre Company production of *The Rembrandt* to raise money for the UWC Scholarship Fund.

When you order tickets, be sure to use the promotional code UWC13 and 10% of all ticket sales will go toward our scholarship fund. Note you can invite 1 friend to join you in the promotion.







which is on the Dairy Center home page. Click "Go." You should then see "University Women's Club in the "Promotional" box.

Next go to "Search Events" and enter Rembrandt, then click "GO."

Choose your date and follow through for payment options.

The Rembrandt Show Information:

Boulder Ensemble Theatre Company proudly presents The Rembrandt, by Jessica Dickey

February 7 - March 3, 2019:

Performances Thurs.- Sat.at 7:30 p.m., Sunday matinees at 2:00 p.m. Grace Gamm Theater, Dairy Arts Center, 2590 Walnut Street, Boulder, CO 80302

Show Description:

We begin inside a modern-day museum, where two security guards and a painter find themselves compelled to touch a masterpiece. But soon, we are skipping through time, watching Rembrandt at work and listening to Homer discuss the nature of art. The Pittsburgh Post-Gazette hailed The Rembrandt as "funny, sweet, melancholy, and emotionally engaging... imaginative and strangely comforting."

Fresh from the stages of Steppenwolf Theatre in Chicago and winner of the 2015 Stavis Award, Jessica Dickey's delightful play asks us to consider the longevity of art and the brevity of life. #touchthepainting

Ticket Info:

Tickets at betc.org or 303-444-7328; Tickets range in price \$20.00 (Student) \$34.00 (Senior 65+)

\$37.50 (Adult).

10% of all ticket sales **using the code UWC13** will go directly to the University Women' Club Scholarship Fund. UWC attendees will be able to use their code for a total of up to **2 tickets (UWC member +1).** Several UWC members will be attending the **February 22** matinee.

UWC Nominations for 2019-2020

The UWC Executive Board approved the following candidates for 2019-20 at the November 6, 2018 Board Meeting:

President Elect - Janet Brewer

Secretary Elect – Kathleen Salzberg

Treasurer Elect – Kathy Herder

The election will be held during the general meeting at the March 12, 2019, Lecture Luncheon. Nominations may be made from the floor on the day of the election, provided the consent of the nominees to serve has been obtained.



Janet Brewer – President-elect 2019-20 (to serve as President in 2020-21):

Janet has been a member of UWC for 6 years. She has served as President 2016-17,

Opera Brunch Chair, Nominating Chair and President-elect (concurrently) for 1 year,
and Scholarship Luncheon Chair for 2 years. She is a member of the advanced

Spanish conversation group. She has always been a singer (now retired) and has had
a lot of "day jobs." (International flight attendant - Pan Am, voice teacher, CPA, and
accountant for small businesses.) Presently she is employed part-time at Chico's

(Flatirons Mall).



Kathleen Salzberg – Secretary-elect 2019-20 (to serve as Secretary 2020-21): Kathleen has been a member 43 years! She joined in 1975 to participate in the Evening Book Group, of which she is still an active member. Also, an avid hiker in the Hiking Group, she has served UWC as Editor of *MESSAGES*, Chair of Email Communications, and Secretary. Kathleen worked at the University of Colorado from 1967 to 2002, serving as Managing Editor of the journal *Arctic, Antarctic, and Alpine Research*.



Kathy Herder – Treasurer-elect 2019-20 (to serve as Treasurer 2020-21): Kathy has been a member of UWC for 4 years. She is active in the Hiking and Biking Groups and loves to spend time with her two little grandbabies. She is a CPA, holding an MBA, who brings to the board 30 years of experience in corporate accounting. She has worked in small, mid-size, and large construction, engineering, and service-oriented companies at all levels of management. Kathy is our current Treasurer and will serve as Treasurer and Treasurer-elect in 2019-20.

Submitted by: *Karon Johnson*, Nominating Committee Chair Mollie Morton and Kathy Randall served on the Nominating Committee this year.

Margaret Willard Award

Margaret Willard was the first president of the Faculty Wives' Club, which became our University Women's Club. Each year we present the Margaret Willard Award to someone who exercises initiative in her endeavors and in doing so brings honor to all women and to our University.

Please submit a nomination (form on page 18) by March 1, 2019. Please contact Kathryn with questions.

Kathryn Wardell, Chair MWA (kathrynwardell@gmail.com).

Lecture Luncheon January 15—Cannibis 101 for Seniors

Dr. Danielle Fixen spoke to a group of 140 UWC members and their guests about Cannibis, including the types, the methods of using, and the studies done to reveal the effectiveness and the side effects of using the drugs, especially by seniors.



Dr. Danielle Fixen



Topic: The Effects—known and unknown—of Marijuana in Older Adults

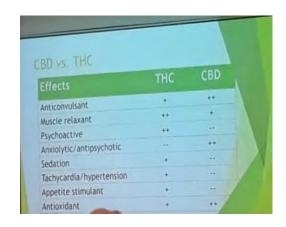


Thai food was served.





Full room of UWC members and guests



Effects of CBD Versus THC

Opera Brunch - March 2019



Save the date **March 17**, **2019**, for the Opera Brunch and opera *Eugene Onegin*.

The three-act opera, which opened on March 29, 1879, is by Pyotr Tchaikovsky and is based on a novel by Alexander Pushkin.

"Click here for a quick review of the plot".



Learn about Tatiana, Olga, Eugene, and Lensky, the festive ball, the duel...

Opera and Brunch Registration Form is on page 16.

Kathryn Terrill, Opera Chair



Spring Scholarship Luncheon - April 2019

The Annual Spring Scholarship Luncheon will be held at the Boulder Country Club on April 16, 2019. This is a great opportunity to celebrate the 2019 scholarship winners and to hear personal accounts of their heart-warming journeys through challenges to achievements. The theme of this year's event alludes to our recipients' having redrawn their individual "life-maps" in order to reach new and different goals.

To support their efforts, please donate as generously as you can to the UWC Scholarship Fund.

In addition to enjoying a delicious lunch, we will be inspired and challenged by an "off-the-map" program.

Please find the registration form for this event on page 17 of this newsletter.

Janet Brewer, Scholarship Luncheon Chair



UWC Honors Reception - May 2019

The Honors Reception will be a special event in 2019, as it marks the beginning of the **100th Anniversary** of the University Women's Club.

SAVE THE DATE for this anniversary celebration on May 14, 2019, at the Koenig Alumni Center.

Interest Groups News

On the Road Again—to the Thompson House Inn and Tea Room

As a holiday excursion, On the Road Again enjoyed a traditional English afternoon tea at the Thompson House Inn and Tea Room in Longmont. Those attending had the opportunity to wear hats, furs, gloves and all manner of finery from the Tea Room's dress up closet, as well as to partake of the traditional three tiers of scones and bite size savories and sweets, along with endless cups of tea.



Kathy Randall



Carol Saunders



June Saunders in fur, with Karen Bell, Marcy Munson, Dora Platikanova, Judy Owens, and Frieda Holley watching.



June Saunders, Mary Pierce, Kathleen Newton, Karen Bell, Marcy Munson, Dora Platikanova, Judy Owens, and Frieda Holley.



In photo: Lauren Charbonneau, Carol Hermes, Donna Seaman, Gail Moyes, Annie Russell, Ginny Hackney, Helen Browne, and Melina Evans.





February 2019

Interest Group Meeting Time and Place	Chair(s) Information	Special Notes
Bicycling Meets every Thursday from May through October.	Gail Smith (303-960-5004) gail2143@comcast.net	An email prior to the ride will provide time and meeting place.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling - Fair Weather Active Nov—April Weather permitting	Lauren Charbonneau (214-886-6905) laurenviolin26@gmail.com	Please contact chair for details.
Book Group - Afternoon Fourth Tuesday 1:30 p.m. Members' homes.	Mary Clough (303-522-8692) maryfclough@gmail.com Charlotte Corbridge (303-530-0955) charlotte.corbridge@colorado.edu	Please contact chair for details.
Book Group—Biographies Third Thursday 1:30 p.m. Members' homes	Temporary Chair Susan Planck (303-499-3916) <u>plancksusan@gmail.com</u>	Please contact Susan Plank with questions, or if you are able to take over as Chair.
Book Group - Evening Second Thursday 7:15 p.m. Members' homes.	Helen Goldman (303-443-4953) hgoldman@colorado.edu Lois Linsky (303-499-2689) Lflinsky@hotmail.com	Feb 14: Strangers in Their Own Land by Arlie HochschildHostess: Lois Linsky, 1645 Bear Mountain Dr, Boulder 80305 RSVP: LFLinsky@me.com (303-499-2689) March 14: Rise of the Rocket Girls by Nathalia Holt. Hostess: Cindy Cedeberg, 1755 Deer Valley Rd., Boulder 80305 303-870-5389; letsbekind@aol.com
Bridge on Wednesday First Wednesday 1:00 - 3:00 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com	Please contact chair for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:00 a.m.—11:30 a.m. Panera Bread, 29th Street Mall	Beth Karpf (303-862-7335) <u>Bethk@alum.mit.edu</u>	Please contact chair for details. All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Please contact chairs for details.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
Italian Conversation Every Wednesday 1:30 – 2:30 p.m. The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) mhgwilson1@gmail.com	Please contact chair for details.
Music Time varies Second Mondays of most months Members' homes.	Pat Phillipson (303-443-9839) phillipp@colorado.edu Norma Schattke (303-665-2237) schattke.r@gmail.com	We especially welcome new performers. Please contact chairs for details.
Needlecraft Second and Fourth Thursdays 1:30 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com Georgianne Campbell (303-499-2798) rpcampbell@att.net	Email will provide details.
On the Road Again Various times, various venues	Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Out to Lunch Fourth Wednesday 12:00 p.m. Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Email will provide details.
Readers' Theatre Third Monday 6:30 p.m. Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays Location to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	In need of a new chair person for this season. Please call Mary Greenwald to volunteer!
Spanish Conversation Advanced Most Wednesdays	Diana King (303-530-1860) dianaking.boulder@gmail.com	Please contact chair for details.
Spanish Learners - Beginners and Intermediates Every Friday 9:30 –10:30 a.m. South Lucky's Market In Boulder	Jane Chicoine (845-399-0393) <u>Jane.chicoine@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Sunday Afternoon at the Movies Matinee second Sunday Local movie theatre	Diane Thoms dcthoms@yahoo.com Ruth Harvey (303-975-6614) ruth.harvey@comcast.net	Email will provide details.
Theater Goers Date and Location Varies	Gail Moyes (303-786-9142) gpmoyes@gmail.com Annie Russell (303-786-8070) annie@annierussell.com	Please contact chairs for details.

Continued

Interest Groups - General Information

The following Interest Groups are part of the UWC, but currently are full:

Interest Group	Chair(s)
Book Group—BG3	Kathy Randall
Book Group- Fiction/Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson

To start a new interest group requires at least five members including a chairperson.

To form a new **book group**, contact Kathy Randall (303-530-1095).

For other new interest groups contact one of the following: Tam VanSpriell (tamvanspriell@gmail.com) or Linda Nordberg (lcnordberg@aol.com) Co-Chairs



New Members who attended the New Member Wine and Cheese Reception

UWC Boulder Membership Form - 2018-19

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Karen Neff, Membership Chair 303-494-0467	Virginia \$ 412-901	Stringi, New Member Chair 1-5092
uwcmembershipchair@gmail.c		@comcast.net
		one
Address		
Email address for newsletter		
	(please print	t clearly)
\square I am enclosing my an	nual dues of \$35 which includes I am a □returning member □	s a \$5.00 donation to the scholarship fund. I new member.
□\$25 □\$		
	· •	ons; please do not combine with luncheons) Boulder, CO 80308-1844
I have a friend who might like t	to join the UWC. Please send n	membership information to:
Name	PI	Phone
Address	Eı	Email
	se contact the interest grou	www.boulderuwc.org, and in our up chairperson if you wish to join.
Bicycling	Hiking	Reader's Theatre

French Conversation Needlecraft Sunday Afternoon at the Movies

Gardening Out to Lunch Theater Goers

Italian Conversation

Music

For other interest group suggestions, please contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcnardberg@aol.com

Book Groups

Bridge

Snowshoeing

Spanish Conversation

Registration Form for **UWC Lecture Events**

Use this form for any or all of the following lecture events.

All reservations must be received **14 days before lecture date**. Please book early to ensure seating. On occasion we do fill our venues. When this happens we take reservations on first-come, first-served basis. Requests for cancellation refunds will be accepted up to 2 weeks before the event date. If a member must cancel, we encourage the funds be donated to the scholarship fund. After the two week deadline, refunds or donations to the scholarship fund are not possible.

# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic
		2/12/19 11:30 a.m. Avalon Ballroom—Choose Box Lunch below	Andrew Romanoff Mending Colorado's Mental Health
		3/12/19 11:30 a.m. UMC 235	Dr. Adam Bradley Bob Dylan: The Times They Aren't a-Changin
Total # People:	X \$22 each: \$	+ optional donation to Scholarship Fund \$(THANK YOU!!!)	Total Enclosed: \$

Your Name:			
Email:		Phone:	
Address:	City, State:		
Please make check payable to UWC.			
Mail this completed form and your check Isabelle Henderson, UWC Hospita 3099 Ash Ave, Boulder, CO 80305	ality	y Chair:	

Menu for the Avalon Lecture February 12:

BOX Description # needed

Option1	Chipotle Chicken Wrap with Spiced Black Bean Spread, Avocado and					
	Queso Fresco	G/F	Bread			
Option 2	Turkey Club Wrap with Bacor	nato (Dairy Free)				
			G/F	Bread		
Option 3	Grilled Vegetable Wrap with 0	Soat Cheese and Basil Pesto	o (Vegetarian)			
			G/F	Bread		
Option 4	Hummus Wrap with Avocado,	, Sprouts, Spinach and Cucu	mber (Vegan)			
			G/F	Bread		
	All boxes include a whole fruit, Boulder chips, and a dessert (Circle one):					
	Chocolate Brownie G/F Chocolate Brownie Vegan-G/F Cookie					

March 12: S	pecial Diet Mea	l needed aluten	-free or vegetarian	(Please specify	and for whom:
march 12. O	pecial bict inca	r necaca graten	nice of vegetarian	i (i icase specii)	,, ana ioi w iioiii.

Registration Form for 2019 Opera/Brunch Eugene Onegin

An opera composed by Pyotr Ilyich Tchaikovsky based on a novel of the same name by Alexander Pushkin. The opera in 3 acts retains much of Pushkin's poetry.

Please join us: Sunday, March 17, 2019 11:30 a.m. – Brunch at Aspen Room in UMC

2:00 p.m. - Opera at Macky Auditorium

UWC gets a *discounted price* for the Opera tickets. If you have already purchased opera tickets, you can still join us for the brunch and talk by Maestro Nicholas Carthy.

You can also purchase opera tickets without attending the brunch if you prefer.

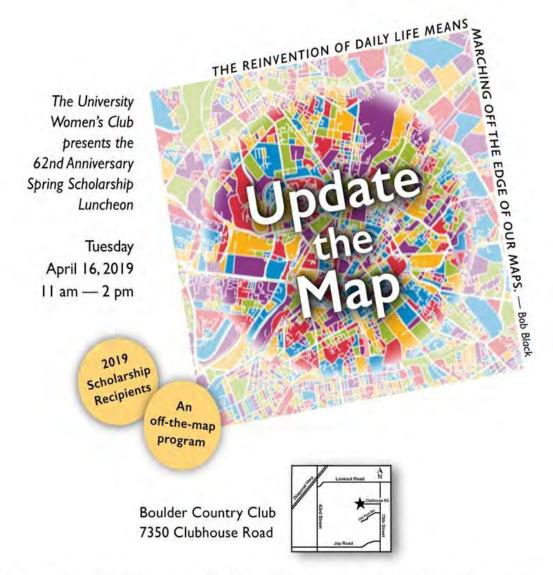
Reservations must be received by Monday, February 19, 2019

Please make checks payable to UWC. Mail check and form to:

Kathryn Terrill, 4477 Wellington Road, Boulder, CO 80301.

Questions? Contact Kathryn: wakaterrill@ecentral.com or (303) 530-9438

Name
Email
Guest Name (s)
#opera tickets @\$23.00 each PLUS
#places for Brunch @ \$30.00 each
Total enclosed \$ (checks payable to UWC)
The brunch entrée and dessert will be served Buffet Style.
Please indicate here if you require a vegetarian option: YES)



Checks payable to UWC. Please observe the RSVP deadline of Tuesday, April 9, 2019 (reservations necessary). Mail to: UWC c/o Charlotte Corbridge, 7351 Windsor Drive, Boulder, CO 80301; charlotte.corbridge@colorado.edu

Name				Phone
Email				
Guest Name(s)				
luncheons @ \$40 =	= (Inc	cludes a tax d	eductible don	ation of \$10 to the UWC scholarship fund)
Additional Donation:	\$100	\$50	\$25	Other
Total Enclosed	_			
Please select your entree:	(Fill in names	if reservation	is for more	han one person.)
Chicken Florentine	(gluten free)	Name		
Baked Vegetable L	asagna Nam	e		



Margaret Willard Award

2019 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee		
Address		
Phone (home)	(work)	
Email		
Institutions attended and deg	es received (if applicable)	
Nominee's current position (i	etired, position held until retirement)	
-	ining Nominee's service to the University and/or the Boulder comeded)	-
(please use additional paper if n	eded)	
(please use additional paper if i	eded)	

Please mail nomination information to Kathryn Wardell, 88 Illini Court, Boulder, CO 80303 by March 1, 2019, or email to kathrynwardell@gmail.com If the Nominee does not receive the award in 2019 she may be considered for 2020. In this case, an updated statement about the Nominee may be requested.

Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

2018-19 Calendar

Executive Board 2018-19

Sept.	4	Board Meeting
oopt.		
	10	MESSAGES Deadline
	11	Membership Coffee/Tea
Oct.	2	Board Meeting
	10	MESSAGES Deadline
	9	Lecture Dinner: Helping People with Different Kinds of Minds to Be Successful, Temple Grandin
	15	Membership Deadline for Name to Appear in Directory
Nov.	***	New Member Wine and Cheese Event
	7	Board Meeting
	10	MESSAGES deadline for January
	13	Lecture Evening at the Planetarium 5:30—7:30 p.m. Juno: Revealing Jupiter's Interior, Dr. Fran Bagenal
Dec.	*	NO Meetings
Jan.	8	Board Meeting
	10	MESSAGES deadline
	15	Lecture Luncheon: Cannabis 101 for Seniors, Dr. Danielle Fixen
Feb.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff
Mar.	12 5	Lecture Luncheon: <i>Mending</i> Colorado's Mental Health,
Mar.		Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff
Mar.	5	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting
Mar.	5	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a-
Mar.	5 10 12 17 2	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting
	5 10 12 17 2 10	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting MESSAGES Deadline
Apr.	5 10 12 17 2 10 16	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting MESSAGES Deadline Scholarship Luncheon
	5 10 12 17 2 10	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting MESSAGES Deadline

President	Arlene Gerwin
President-elect	Merry Bullock
Secretary	Kathleen Newton
Treasurer	Kathy Herder
Past President	Frieda Holley
Advisory/ Parliamentarian	Frieda Holley
Communications	Mollie Sue Morton
Historian/Handbook	Berry Todd
Honors Reception	Mary Huffman
Hospitality	Isabelle Henderson
Interest Groups Co- Chairs	Linda Nordberg, Tamera VanSpriell
Margaret Willard Award	Kathryn Wardell
Membership	Karen Neff
New Members	Virginia Stringi
Email/Directory/ Handbook/Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Karon Johnson
Opera Brunch	Kathy Terrill
Program Co-Chairs	Lynne Barnett, Joanna Cain
Scholarship Committee	Merry Bullock
Scholarship Luncheon	Janet Brewer
Telephone Tree	Linda Blomquist
Website	Merry Bullock
Secretary Elect	Carrol Kalafus
Treasurer Elect	Kathy Herder

<u>Control/click here for a printable version of the calendar of events.</u>

<u>Control/click here to email questions or suggestions to MESSAGES chair.</u>



P.O. Box 18844, Boulder, CO 80308-1844 www.boulderUWC.org; boulderuwc@gmailcom

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Our website is boulderuwc.org

Control/Click here for previous versions of MESSAGES.



Bob Dylan: The Times They Aren't a-Changin'

Speaker: Dr. Adam Bradley

The DUE DATE for checks to be received is February 26, 2019

Dr. Adam Bradley is a professor of English at the University of Colorado, Boulder where he directs the Laboratory for Race & Popular Culture (RAP Lab). His commentary has appeared in the *New York Times*, the *Wall Street Journal*, the *Washington Post*, and in numerous other publications.

Bradley is the author or editor of five books, including *Book of Rhymes*: *The Poetics of Hip Hop*; *The Anthology of Rap*; and the New York Times bestseller *One Day It'll All Make Sense*, a memoir he wrote for the rapper and actor Common. He has also written extensively on the literature and legacy of the novelist Ralph Ellison.

Bradley's forthcoming book, *The Poetry of Pop*, unlocks the mysteries of word, image, and sound in popular music across genres, featuring the music of Bruce Springsteen, Beyoncé, and beyond.



Dr. Bradley was recently elected as a member of the board of the Institute for Bob Dylan Studies.

Bob Dylan is one of the most influential singer-songwriters of the 20th century, known for songs that chronicle social and political issues. He received the Nobel Prize in Literature in 2016.





Lecture Event payment must be **received** NO LATER **than February 26.** Please send payment of **\$22 per person** to our Hospitality Chair, Isabelle Henderson, 3099 Ash Ave., Boulder, CO 80305. Questions? 720-755-1333 or lsabelle.hteacher@gmail.com

Please use the Lecture Registration Form (Page 14)

President's Message



It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.

~Charles Dickens, Great Expectations

I am writing this column for the March issue of *MESSAGES* while looking out the window as the snow falls and the temperature drops. My thoughts turn to Springwarmer weather and the crocus and daffodils starting to poke through the thawing soil. With the coming of Spring, comes our annual **Scholarship Luncheon**. Mark the date (Tuesday April 16, 2019) and the place (the Boulder Country Club).. The theme this year is *Update the Map*. April 2019 marks the 62nd anniversary of the UWC's Spring Scholarship Luncheon. That's 62 years of our organization giving scholarships to deserving CU students, and 62 years of our membership donating

to the scholarship fund to make this possible. Scholarship donations are welcomed throughout the year and especially when you register for the Scholarship Luncheon. So add a little (or a lot) to your registration check. We are so grateful for your generosity. Be sure to RSVP by April 9, 2019. This is an event not to miss!

Our last Lecture Luncheon of the year will again be held at the UMC Room 235 on Tuesday March 12, 2019. Dr. Adam Bradley will be speaking *about Bob Dylan: The Times They Aren't a-Changin'*. All you Dylan fans, dust off those LP's (what's that?) or at least those CD's and listen to your Dylan recordings to get in the mood for an engaging and entertaining Lecture Luncheon. If you haven't already done so, be sure to send in your reservation form found on page **14.** Payment is due to be **received by February 26**.

At the March Lecture Luncheon we will be voting on two very important matters. The first order of business will be to approve the slate of 2019-2020 officers-elect who will serve in their positions the following year. The nominated candidates are again highlighted on page 4. Additional nominations can be made from the floor but please be sure you have the nominee's consent. Many thanks again to Karon Johnson and the committee for putting together this fine slate of officer-elect candidates.

The second order of business will be to approve the new UWC Bylaws that have been posted on the UWC Website www.boulderuwc.org. If you haven't already reviewed the Bylaws (click on the underlined words to review the UWC proposed new Bylaws), please do so before the March Lecture Luncheon. If you have any questions or concerns, please contact Frieda Holley by March 11.

This year just seems to be flying by. The Honors Reception is our last event of the year and will take place on May 14, 2019, 3:00 p.m. - 5:00 p.m. at the Koenig Alumni Center. Although the Honors Reception completes the official events for this year, it also marks the beginning of the 100th anniversary commemoration of the University Women's Club (2019-2020).

I am very much enjoying serving as UWC President this year.

My heartfelt thanks continue to go to the wonderful UWC Board of Directors who make all of this possible.

Arlene Gerwin, 2018-2019 President



Boulder Country Club—April Scholarship Luncheon

Scholarship Chair's Message

February is the month that the UWC scholarship committee will be selecting this year's scholarship recipients—students who have returned to CU after a break in their education, who have financial need, and who clearly value what education will mean for their future.

The 2019-20 recipients will be introduced and celebrated at the scholarship luncheon on April 16.

February is also a month to think about boosting the scholarship fund through donations - any amount is valued. You can even donate by a click online, through a link to the CU scholarship line - funds donated this way go directly to the UWC Scholarship Fund. You can find this link on the UWC homepage: www.boulderuwc.org in the left-most column. Or you go there directly by clicking on: https://giving.cu.edu/fund/university-womens-club-scholarship

Thank You ALL So Much for your contributions! Your generosity is valued!!!

Merry Bullock, Scholarship Chair

Scholarship Donors (January 2019)

Mary Ann Dangelo Susan Gallagher Patricia McCarthy Christina Short

MESSAGES chair

Do you want to be an editor?

Do you enjoy online layout and being the one "in the know" about UWC activities and plans?

Our amazing current *MESSAGES* editor, Joyce Spencer, would like to expand her purview to become the UWC webmaster—so we are looking for someone to be the next *MESSAGES* editor. Skills required are:

- familiarity with a desktop publishing program (such as "Publisher" or "Pages" or equivalent)
- extreme attention to detail
- ability to use DROPBOX for exchanging information
- ability to download, edit, and place photos in the newsletter
- · patience and good cheer!

The *MESSAGES* editor is a UWC Board position which means it is also an opportunity to work with one of the best, hardest working boards in the universe.

The next *MESSAGES* editor would ideally work with Joyce between now and August, and take over publication for the September 2019 issue.

If you are interested, please send an email to President-Elect Merry Bullock (<u>merrybullock@mac.com</u>) with the subject line *MESSAGES* editor.

Merry Bullock, President-Elect

UWC Nominations for 2019-2020—Vote March 12, 2019

The UWC Executive Board approved the following candidates for 2019-20 at the November 6, 2018 Board Meeting. There will be an election at the March 12 lecture luncheon.



Janet Brewer – President-elect 2019-20 (to serve as President in 2020-21):

Janet has been a member of UWC for 6 years. She has served as President 201617, Opera Brunch Chair, Nominating Chair and President-elect (concurrently) for 1
year, and Scholarship Luncheon Chair for 2 years. She is a member of the advanced
Spanish conversation group. She has always been a singer (now retired) and has
had a lot of "day jobs." (International flight attendant - Pan Am, voice teacher, CPA,
and accountant for small businesses).



Kathleen Salzberg – Secretary-elect 2019-20 (to serve as Secretary 2020-21): Kathleen has been a member 43 years! She joined in 1975 to participate in the Evening Book Group, of which she is still an active member. Also, an avid hiker in the Hiking Group, she has served UWC as Editor of *MESSAGES*, Chair of Email Communications, and Secretary. Kathleen worked at the University of Colorado from 1967 to 2002, serving as Managing Editor of the journal *Arctic, Antarctic, and Alpine Research*.



Kathy Herder – Treasurer-elect 2019-20 (to serve as Treasurer 2020-21): Kathy has been a member of UWC for 4 years. She is active in the Hiking and Biking Groups and loves to spend time with her two little grandbabies. She is a CPA, holding an MBA, who brings to the board 30 years of experience in corporate accounting. She has worked in small, mid-size, and large construction, engineering, and service-oriented companies at all levels of management. Kathy is our current Treasurer and will serve as Treasurer and Treasurer-elect in 2019-20.

Submitted by: *Karon Johnson*, Nominating Committee Chair Mollie Morton and Kathy Randall served on the Nominating Committee this year.

UWC Bylaws—forthcoming changes

New Bylaws for the University Women's Club will be voted on at the March Lecture Luncheon. To become official, they must be approved by two-thirds of the members attending. The new Bylaws, a chart showing the differences between the old and new documents, and other information are on the UWC website: boulderuwc.org. The documents were also distributed by email on January 24.

We encourage you to read the Bylaws and send your comments and questions to Frieda Holley prior to the meeting. If you have concerns, please bring a copy of the documents with you as only limited copies will be available.

A committee consisting of Frieda Holley, Mollie Morton, and Kathy Randall reviewed the UWC Constitution and Bylaws and created two new governing documents of Bylaws and Standing Rules that better reflect current UWC practices. The Standing Rules need to be approved only by the Board; they can be found on the UWC Website. http://boulderuwc.org/index.php/2019/01/uwc-bylaws-update-member-comment-period/ (Use Control Click on the above http to get there).

Frieda Holley (holleyf@msudenver.edu), Chair Bylaws committee

Fund -Raising—King Soopers "Gift-Reward" Cards

The King Soopers Gift Card Rewards Program is here!

1. Why?

This was the #1 choice for scholarship fundraising activities that members chose on last year's survey. Many people are familiar with this program from other organizations to which they belong.



If you already have a card for another organization, we ask that you consider participating with UWC in addition. **The program is simple.** UWC orders gift cards linked to our organization from King Soopers for \$10 each. Then members can purchase the card from UWC for \$10, which will be the initial value on the card. **These cards can be used for all King Soopers grocery, fuel center, and pharmacy purchases.** Since we all have to eat and buy groceries, this program allows UWC to receive additional contributions at NO cost to either the member or UWC. There are no fees associated with this card.

2. How to use the card

Simply fill your cart with groceries, and at the cashier BEFORE ringing the groceries up, tell the cashier you want to load funds onto your gift card. You can do this either from your checking account or with a credit card. The cashier will charge your credit card for the amount you specify and load that amount onto the gift card. Then you pay for your purchase using the gift card. The remaining balance will show on your receipt. You can use the gift card to purchase anything at King Soopers **EXCEPT** services. (Services include Western Union, Money Orders, Ticket Master, Postage Stamps, Lottery Tickets, and other Gift Cards.)

When you make your next grocery run, you can ask the cashier to tell you the balance on your card if you are unsure, and you can reload again. It is also possible to reload at the customer service desk if you are not making grocery purchases. Please note this card will become inactive if there is a zero balance for 90 days, so please continue to use this card for your purchases keeping at least a balance of \$2.50 on it.

The card is considered as cash, so store it in a safe location, because if it is lost, King Soopers is not liable. You will still receive King Soopers discounts by using your normal King Soopers card with the gift card, and if you reload with your credit card, you will still receive any credit card points on your credit card purchases, so there is no downside to using the gift rewards card.

3. How to get UWC King Soopers Gift-Reward Cards

If you are interested in helping UWC by taking part in this fundraising activity, we would greatly appreciate your participation. Please send a check **made payable to UWC for \$10** per card (you may want to give one or more as a gift after loading it with a bit more \$!) and mail to:

Kathy Herder (Treasurer), 7249 Siena Way, Boulder CO 80301

Once the cards arrive, Kathy will contact you for delivery.

Thank you to everyone for your assistance and support with this program.

Kathy Herder, Treasurer



UWC Scholarship BETC Fund-Raising Opportunity

The UWC is partnering with the Boulder Ensemble Theatre Company production of *The Rembrandt* to raise money for the UWC Scholarship Fund.

When you order tickets, be sure to use the promotional code UWC13 and 10% of all ticket sales will go toward our scholarship fund. Note you can invite 1 friend to join you in the promotion.



To order tickets online, go to https://www.thedairy.org/online/ Enter the UWC13 promotional code in the box,



which is on the Dairy Center home page. Click "Go." You should then see "University Women's Club in the "Promotional" box.

Next go to "Search Events" and enter Rembrandt, then click "GO." Choose your date and follow through for payment options.

The Rembrandt Show Information:

Boulder Ensemble Theatre Company proudly presents The Rembrandt, by Jessica Dickey

February 7 - March 3, 2019;

Performances Thursday- Saturday at 7:30 p.m., Sunday matinees at 2:00 p.m. Grace Gamm Theater, Dairy Arts Center, 2590 Walnut Street, Boulder, CO 80302

Show Description:

We begin inside a modern-day museum, where two security guards and a painter find themselves compelled to touch a masterpiece. But soon, we are skipping through time, watching Rembrandt at work and listening to Homer discuss the nature of art. The Pittsburgh Post-Gazette hailed The Rembrandt as "funny, sweet, melancholy, and emotionally engaging... imaginative and strangely comforting."

Fresh from the stages of Steppenwolf Theatre in Chicago and winner of the 2015 Stavis Award, Jessica Dickey's delightful play asks us to consider the longevity of art and the brevity of life. #touchthepainting

Ticket Info:

Tickets can be ordered online as described above or call (and mention our UWC13 code) 303-444-7328; Tickets range in price

\$20.00 (Student)

\$34.00 (Senior 65+)

\$37.50 (Adult).

10% of all ticket sales using the code UWC13 will go directly to the University Women' Club Scholarship Fund. UWC attendees will be able to use their code for a total of up to 2 tickets (UWC member +1). Several UWC members will be attending the February 22 matinee.

Lecture Luncheon February 12—Andrew Romanoff

Former state congressman and past CEO of Mental Health Colorado, Andrew Romanoff spoke to a group of 120 UWC members and guests at the Avalon Ballroom in Boulder. He explained the problems of why so many of those who suffer from mental problems go untreated. He is now a candidate for the US Senate in 2020.



Andrew Romanoff



Avalon Ballroom with lunch crowd



Andrew with slide of cousin lost by suicide







Box Lunches with tasty wraps were catered by **Bridge House Community Table Kitchen** whose motto is "Creating a Culture of Opportunity for Homeless and Low Income Adults"





Joanna Cain

Many THANKS to the hard-working committee who made the luncheon a success, including Joanna Cain and Lynne Barnett, Program Co-Chairs, and Isabelle Henderson, (not shown) UWC Hospitality Chair



Lynne Barnett

March 2019

Issue 6, Page 7

Spring Scholarship Luncheon - April 2019

The Annual Spring Scholarship Luncheon will be held at the Boulder Country Club on **April 16, 2019, 11 a.m.- 2 p.m**. This is a great opportunity to celebrate the 2019 scholarship winners and to hear personal accounts of their heartwarming journeys through challenges to achievements. The theme of this year's event alludes to our recipients' having redrawn their individual "life-maps" in order to reach new and different goals.



Our program speaker will be **Nicole DeBoom**, who has had a similar experience. Along with the scholarship winners, Nicole will be sharing her story and her passion: active clothing for all types of women.

Born and raised in the Chicago suburbs, Nicole was a standout swimmer, qualifying for the 1988 Olympic Trials, and later graduating from Yale University. She decided to pursue the sport of triathlon, and a lucky seat assignment on a flight to the 1995 Triathlon World Championships introduced her to her future husband, Tim DeBoom. Tim would later become a 2-time Hawaii Ironman World Champion.

Nicole started racing professionally in 1999, racking up countless podium finishes. During the final stage of her racing career in 2004, Nicole created and introduced something that had never been done before – the first running skirt.



Shortly afterward, Nicole went on to launch <u>Skirt Sports</u> with the mission of helping women find inspiration, confidence, and courage through the transforming power of running and fitness.

Today, Skirt Sports is a national women's apparel brand offering a full line of products that fit real women's bodies and support their busy running lives.

Currently, you can find Nicole chatting with customers at the Skirt Sports Boulder flagship store, helping women change their lives through her non-profit organization Running Start, interviewing visionaries for her popular podcast Run This World and chasing around her 6-year-old daughter, Wilder.

Please book your reservation soon (see Page 15 for form), as there is limited seating for this event.

Janet Brewer, Chair Scholarship Luncheon

UWC Honors Reception - May 2019

This years Honors Reception will be held on May 14, from 3:00 to 5:00 p.m. at the Koenig Alumni Center.

Our last Honors Reception at this location was in 2015 when they closed the building for renovations. If you have never been to the Koenig Alumni Center, this is your chance to see this beautiful, historical building. (second oldest building on campus).

We will be presenting Margaret Willard Award, and honoring the outgoing board of directors, and welcoming the incoming board. We will also be honoring all of the Interest Group Chairs. This is our last club event of the year-so put it on your calendar now, and keep an eye out for the EVITE coming in your email mid-April.

Mary Huffman, Chair Honors Reception

Interest Groups News

On the Road Again—to the Museum of Boulder

The Museum of Boulder has recently re-opened in a former Masonic Temple building. It features a History of Boulder on the second floor, which a group of 26 UWC members visited on Feb 11. Many of the group then went to lunch at Via Perla on Pearl Street.







Early Settlement

Map of Boulder (which changes showing Boulder from long ago to present)



Books about Boulder in gift shop.



Museum wall of Outdoor Sports in Boulder area

Science room with NIST exhibit Lynne Barnett, Kathy Terrill

and Marge Riddle

Sherron Shuffield, Joyce Bograd, and Frieda Holley





Patty Ludke, Lorna Yoder, Karen Diamond, and Boyce Sher

Interest Group Meeting Time and Place	Chaír(s) Informatíon	Specíal Notes
Bicycling Meets every Thursday from May through October.	Gail Smith (303-960-5004) gail2143@comcast.net	An email prior to the ride will provide time and meeting place.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling - Fair Weather Active Nov—April Weather permitting	Lauren Charbonneau (214-886-6905) laurenviolin26@gmail.com	Please contact chair for details.
Book Group - Afternoon Fourth Tuesday 1:30 p.m. Members' homes.	Mary Clough (303-522-8692) maryfclough@gmail.com Charlotte Corbridge (303-530-0955) charlotte.corbridge@colorado.edu	Please contact chair for details.
Book Group—Biographies Third Thursday 1:30 p.m. Members' homes	Temporary Chair Susan Planck (303-499-3916) <u>plancksusan@gmail.com</u>	Please contact Susan Plank with questions, or if you are able to take over as Chair.
Book Group - Evening Second Thursday 7:15 p.m. Members' homes.	Helen Goldman (303-443-4953) hgoldman@colorado.edu Lois Linsky (303-499-2689) Lflinsky@hotmail.com	March 14: Rise of the Rocket Girls by Nathalia Holt. Hostess: Cindy Cedeberg, 1755 Deer Valley Rd., Boulder 80305 303-870-5389; letsbekind@aol.com Apr 11: H is for Hawk by Helen MacDonald. Hostess: Kathy Randall, 4620 Chestnut Lane, Boulder 80303; 303-530-1095; katherineran@gmail.com
Bridge on Wednesday First Wednesday 1:00 - 3:00 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com	Please contact chair for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:00 a.m.—11:30 a.m. Panera Bread, 29th Street Mall	Beth Karpf (303-862-7335) <u>Bethk@alum.mit.edu</u>	Please contact chair for details. All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Please contact chairs for details.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
Italian Conversation Every Wednesday 1:30 – 2:30 p.m. The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) mhgwilson1@gmail.com	Please contact chair for details.
Music Time varies Second Mondays of most months Members' homes.	Pat Phillipson (303-443-9839) phillipp@colorado.edu	We especially welcome new performers. Please contact chairs for details.
Needlecraft Second and Fourth Thursdays 1:30 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com Georgianne Campbell (303-499-2798) rpcampbell@att.net	Email will provide details.
On the Road Again Various times, various venues	Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Out to Lunch Fourth Wednesday 12:00 p.m. Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Email will provide details.
Readers' Theatre 2 Third Monday 6:30 p.m. Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays Location to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	In need of a new chair person for this season. Please call Mary Greenwald to volunteer!
Spanish Conversation Advanced Most Wednesdays	Diana King (303-530-1860) dianaking.boulder@gmail.com	Please contact chair for details.
Spanish Learners - Beginners and Intermediates Every Friday 9:30 –10:30 a.m. South Lucky's Market In Boulder	Jane Chicoine (845-399-0393) <u>Jane.chicoine@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Sunday Afternoon at the Movies Matinee second Sunday Local movie theatre	Diane Thoms dcthoms@yahoo.com Ruth Harvey (303-975-6614) ruth.harvey@comcast.net	Email will provide details.
Theater Goers Date and Location Varies	Gail Moyes (303-786-9142) gpmoyes@gmail.com Annie Russell (303-786-8070) annie@annierussell.com	Please contact chairs for details.

Continued

Interest Groups - General Information

The following Interest Groups are part of the UWC, but currently are full:

Interest Group	Chair(s)
Book Group—BG3	Kathy Randall
Book Group- Fiction/Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson
Readers' Theatre	Jeannette Hillery

To start a new interest group requires at least five members including a chairperson.

To form a new **book group**, contact Kathy Randall (303-530-1095).

For other new interest groups contact one of the following: Tam VanSpriell (tamvanspriell@gmail.com) or Linda Nordberg (lcnordberg@aol.com) Co-Chairs



Sunday Afternoon at the Movies



Spanish Learners

March 2019

Issue 6, Page 12

UWC Boulder Membership Form - 2018-19

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Karen Neff, Membership Chair			Member Chair	
303-494-0467 uwcmembershipchair@gmail.c	412-90° om vstringi	-5092 <u>@comcast.ne</u>	<u>t</u>	
Name	Ph	one		
Address				
Email address for newsletter _				
	(please prin	t clearly)	☐ new email address	
	nual dues of \$35 which include I am a □returning member □			
□ I am enclosing an add □\$25 □\$5	itional tax-deductible contribution □\$100 □Oth		arship fund.	
	c-deductible contribution for the		nd in Honor/Memory of:	
I have a friend who might like to	ship, PO Box 18844, E	Boulder, C	O 80308-1844 nformation to:	 ,
Name	F	hone		
Address	E	mail		
Please look for current interement interements of the MESSAGES newsletter. Please Our groups activities include	se contact the interest grou		· · · · · · · · · · · · · · · · · · ·	
Bicycling	Hiking	Reader's T	heatre	
Book Groups	Italian Conversation	Snowshoei	ng	
Bridge	Music	Spanish Co	onversation	

For other interest group suggestions, please contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tenzestes: left-approximation-red tamvanspriell@gmail.com or tenzestes: left-approximation-red tamvanspriell@gmail.com or tenzestes: left-approximation-red tamvanspriell@gmail.com or tenzestes: left-approximation-red tamvanspriell@gmailto:tenzestes: left-approximation-red tamvanspriell@gmailto:tenzest

Needlecraft

Out to Lunch

French Conversation

Gardening

Sunday Afternoon at the Movies

Theater Goers

Registration Form for **UWC Lecture Events**

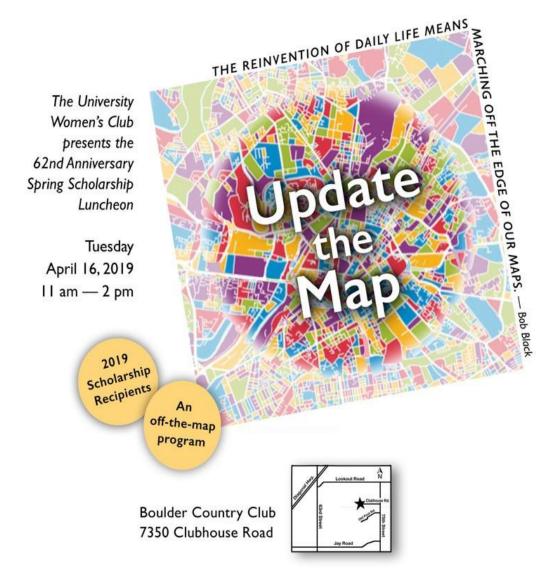
Use this form for any or all of the following lecture events.

All reservations must be received **14 days before lecture date**. Please book early to ensure seating. On occasion we do fill our venues. When this happens we take reservations on first-come, first-served basis. Requests for cancellation refunds will be accepted up to 2 weeks before the event date. If a member must cancel, we encourage the funds be donated to the scholarship fund. After the two week deadline, refunds or donations to the scholarship fund are not possible.

# in party	Name of Guest(s)	Date (Tues.)	Speaker/Topic
		3/12/19 11:30 a.m. UMC 235	Dr. Adam Bradley Bob Dylan: The Times They Aren't a-Changin'
Total # People:	X \$22 each: \$	+ optional donation to Scholarship Fund \$ (THANK YOU!!!)	Total Enclosed: \$

Your Name:		
Email:	Phone:	_
	City, State: NC. our check to our Hospitality Chair: C Hospitality	
3099 Ash Ave, Boulder, (
Gluten	al needed gluten-free or vegetarian (Please	specify), and for whom:
Vegan		

March 2019



Checks payable to UWC. Please observe the RSVP deadline of Tuesday, April 9, 2019 (reservations necessary). Mail to: UWC c/o Charlotte Corbridge, 7351 Windsor Drive, Boulder, CO 80301; charlotte.corbridge@colorado.edu

Name		Phone
Email		
Guest Name(s)		
luncheons @ \$40 = (Incl	udes a tax deductible do	nation of \$10 to the UWC scholarship fund)
Additional Donation: \$100	\$50\$25 _	Other
Total Enclosed		
Please select your entree: (Fill in names it	f reservation is for more	than one person.)
Chicken Florentine (gluten free)	Name	
Baked Vegetable Lasagna Name		



Margaret Willard Award

2019 Award Nomination

The University Women's Club presents the Margaret Willard Award annually at the spring Honors Reception. The woman receiving the award must fulfill some or all of the following criteria:

- Demonstrate outstanding work in her field of endeavor
- Enhance the quality of life for women on the Boulder campus and/or in the Boulder community
- Be an exceptional role model
- Elevate women's performance
- Bring honor to all women and to the University/Boulder community through her accomplishments

To the Nominator: Please complete this form and include it with your letter of support and at least one additional letter of support. Please address the above criteria in those letters. The selection committee also encourages nominators to submit a current biography and/or resume of the nominee.

Name of Nominee	
Address	
Phone (home)	(work)
Email	
Institutions attended and de	rees received (if applicable)
Nominee's current position	retired, position held until retirement)
(please use additional paper i	utlining Nominee's service to the University and/or the Boulder communeeded)
Address	
Phone (home)	(work)
Email	

Please mail nomination information to Kathryn Wardell, 88 Illini Court, Boulder, CO 80303 by March 1, 2019, or email to kathrynwardell@gmail.com If the Nominee does not receive the award in 2019 she may be considered for 2020. In this case, an updated statement about the Nominee may be requested.

Previous winners have been selected from the University community (volunteers, faculty, or staff) or from the Boulder community.

2018-19 Calendar

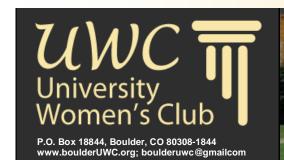
Executive Board 2018-19

Sept.	4	Board Meeting
	10	MESSAGES Deadline
	11	Membership Coffee/Tea
Oct.	2	Board Meeting
	10	MESSAGES Deadline
	9	Lecture Dinner: Helping People with Different Kinds of Minds to Be Successful, Temple Grandin
	15	Membership Deadline for Name to Appear in Directory
Nov.	***	New Member Wine and Cheese Event
	7	Board Meeting
	10	MESSAGES deadline for January
	13	Lecture Evening at the Planetarium 5:30—7:30 p.m. Juno: Revealing Jupiter's Interior, Dr. Fran Bagenal
Dec.	*	NO Meetings
Jan.	8	Board Meeting
	10	MESSAGES deadline
	15	Lecture Luncheon: Cannabis 101 for Seniors, Dr. Danielle Fixen
Feb.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: <i>Mending</i> Colorado's Mental Health, Andrew Romanoff
Mar.	5	Board Meeting
	10	MESSAGES Deadline
	12	Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley
	17	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky
Apr.	2	Board Meeting
	10	MESSAGES Deadline
	16	Scholarship Luncheon
May	7	Tri-Board Meeting
	14	Honors Reception 3:00 - 5:00 p.m.

President	Arlene Gerwin
President-elect	Merry Bullock
Secretary	Kathleen Newton
Treasurer	Kathy Herder
Past President	Frieda Holley
Advisory/ Parliamentarian	Frieda Holley
Communications	Mollie Sue Morton
Historian/Handbook	Berry Todd
Honors Reception	Mary Huffman
Hospitality	Isabelle Henderson
Interest Groups Co- Chairs	Linda Nordberg, Tamera VanSpriell
Margaret Willard Award	Kathryn Wardell
Membership	Karen Neff
New Members	Virginia Stringi
Email/Directory/ Handbook/Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Karon Johnson
Opera Brunch	Kathy Terrill
Program Co-Chairs	Lynne Barnett, Joanna Cain
Scholarship Committee	Merry Bullock
Scholarship Luncheon	Janet Brewer
Telephone Tree	Linda Blomquist
Website	Merry Bullock
Secretary Elect	Carrol Kalafus
Treasurer Elect	Kathy Herder

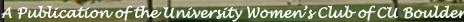
<u>Control/click here for a printable version of the calendar of events.</u>

<u>Control/click here to email questions or suggestions to MESSAGES chair.</u>



MESSAGES.

Apr 2019, Issue 7





Please join us for the Spring Scholarship Luncheon

Tuesday, April 16 at 11:00 a.m. At the Boulder Country Club 7350 Clubhouse Rd, Boulder

Meet your 2018-19 Scholarship Winners Enjoy a lovely lunch

Meet **Nicole DeBoom**, owner of the **Skirt Sport Shop** in Boulder and enjoy the fashion show modeling items in the shop.

2 President's Message Scholarship Chair Msg 3 Nominations/Bylaws 4 5 Fund-raising 6 March Lecture 7-9 Interest Groups Registration Forms 10-11 Calendar/Executive Brd 12

This is a great opportunity to celebrate the 2019 scholarship winners and to hear personal accounts of their heart-warming journeys through challenges to achievements. The theme of this year's event alludes to our recipients having redrawn their individual "life-maps" in order to reach new and different goals.

The cost of the luncheon is \$40 per person, of which \$10 is a donation to the UWC Scholarship Fund. If possible, please consider adding a bit more to that fund in your check. Every bit helps.

Our awardees are so grateful for your generosity.



Control/Click here for previous versions of MESSAGES.

Our website is boulderuwc.org



Event payment must be **received** NO LATER **than April 9.** Please send payment of **\$40 per person** to

UWC: Charlotte Corbridge, 7351 Windsor Dr., Boulder, CO 80301 Check should be payable to UWC.

Please use the Scholarship Luncheon Registration Form (Page 11) to indicate your choice of meal (Chicken Florentine or Vegetable Baked Lasagne).

President's Message



"The sun was warm but the wind was chill. / You know how it is with an April day. / When the sun is out and the wind is still."

Robert Frost

And here we are in April and the UWC year is winding down. Our UWC Lecture Luncheon series ended in March with an informative and entertaining presentation about Bob Dylan. And yes, we learned that "The Times They Aren't a-Changin'." I went home after the lecture and dug out and played my old Dylan CDs—lots of memories about those days!

Even though we had our last UWC Lecture Luncheon, UWC has two more months of official activities.

The highlight of our year is the **UWC Scholarship Luncheon at the Boulder Country Club** on Tuesday April 16, 2019. If you haven't already done so, be sure to RSVP by April 9, 2019. The cost of the luncheon is \$40 of which \$10 goes to the scholarship fund. I am thanking you in advance for any additional dollars you add to your check for the scholarship fund. And of course, our scholarship recipients thank you also.

Our final UWC membership event of this year is the **Honors Reception**. We are privileged, after several years, to once again host the Honors Reception at the **Koenig Alumni Center**. So mark the date: May 14, 2019 from 3:00 p.m. to 5:00 p.m. At the Honors Reception, we honor the soon to be announced Margaret Willard Awardee and others who have made this and past years so successful for the UWC. There is no charge for this event but advanced reservations are required. Registration will be via an eVite (online invitation). Please respond promptly! It is a free and note that it is a "first respond/first OK" event in case we are over-booked.

I would be remiss if I did not mention the world renowned CU April event: The Conference on World Affairs, April 9-13, 2019. As the CWA website states: "The Conference on World Affairs is an annual event that brings together thought leaders from across the globe to diversify the student experience and share with the community a range of perspectives on the pressing issues of the day."

Although our formal events end in May, there are several UWC Interest Groups that continue activities over the summer months. Check out the Easy Riders Bike Group that is active May to October. The Garden Group meets April to October. The year-round hiking group meets every Friday, and during the warmer months the group heads to the high country for longer hikes for our more adventurous members. There are also shorter hikes for those who prefer sticking closer to home.

May will be our last issue of *MESSAGES* this year. If you have photos to share of UWC activities, please email them to our newsletter editor Joyce Spencer (<u>jiandbobs@msn.com</u>) and/or to our Historian Berry Todd (<u>berryskitchen@hotmail.com</u>) for inclusion in the UWC Yearbook.

I look forward to seeing you at our upcoming April and May events.

Arlene Gerwin, 2018-2019 President

Scholarship Chair's Message

The UWC Scholarship Committee is looking forward to seeing you at the Scholarship Luncheon on Tuesday, April 16!

The Scholarship Committee met recently to complete the selection of this year's scholarship recipients. We reviewed **46** applications, and came away appreciating the amazing lives of our applicants and the value students place on education. We have chosen some very worthy scholarship recipients that we want you to meet. You can do that at the luncheon and in next month's *MESSAGES*. We will celebrate the UWC scholarship winners and your generosity that allows this all to happen!

Of course, anyone who has ever written a tuition check knows that education costs keep rising—so we hope to inspire you to help UWC help even more nontraditional students achieve their dreams of a CU degree! We have made it especially easy to exercise your "generous gene" with a <u>direct link to the UWC scholarship fund / CU page on the UWC home page – check it out!</u>

Merry Bullock, Scholarship Chair

Scholarship Donors (February 2019)

Jane	Allen
Pat	Angell
Joyce	Bogard
Julianne	Cassady
Lauren	Charbonneau
Marsha	Coons
Susan	Gallagher
Helen	Hooper

Kathy	Israelson
Marilyn	Jerde
Betty	Johnson
Karen	Kairys
Susan	Katz
Diana	King
Carol	Linsley
Dawn	Maloney

Elease	Miller
Mary	Price
Jyotsna	Raj
Rebecca	Roser
Annie	Russell
Helen	Williams
Sherry	Woodruff
Christine	Zanoni

THANK YOU for your generosity!!!

Opportunity: UWC Board Members for 2019-20

Have you wondered how UWC members get more involved? Would you like a chance to contribute to your UWC and spend time a great group of friends while doing it?

Think about volunteering for a **UWC Board position** — if you are curious, please contact President-Elect Merry Bullock at merrybullock@mac.com

You are lucky that there is a board position (or more) available this 100th Centennial year. If you have skills as a "newsletter editor," please also volunteer to do our newsletter, *MESSAGES*.

Joyce Spencer is taking over the Webmaster spot so that Merry can concentrate on her duties as our UWC 100th Anniversary president! Joyce will guide you through the year. If you have experience doing a newsletter for any organization, PLEASE offer your expertise.

Merry Bullock, President-Elect

UWC Elections for 2019-2020—Voted March 12, 2019

The UWC membership approved the following Executive Board candidates for 2019-20 at the March 12, 2018 Lecture Luncheon/General Meeting:



President Elect Janet Brewer



Secretary-Elect Kathleen Salzberg



Treasurer-Elect Kathy Herder

Congratulations
Janet,
Kathleen, and
Kathy!

Submitted by: Karon Johnson, Nominating Committee Chair

UWC Bylaws—changes

The proposed changes to the UWC Bylaws were approved at the March 12 Lecture Luncheon/ General Meeting by vote.

UWC Honors Reception - May 2019

This years Honors Reception will be held on May 14, from 3:00 to 5:00 p.m. at the Koenig Alumni Center.

Our last Honors Reception at this location was in 2015 when they closed the building for renovations. If you have never been to the Koenig Alumni Center, this is your chance to see this beautiful, historical building (second oldest building on campus).

The beautiful and historic Koenig Alumni Center, home to the Alumni Association and located on the edge of CU-Boulder's campus, was built in 1884 as the home of the university president and was dedicated as the Alumni Center in 1968. The historic feel and serene gardens make it an excellent venue for meetings, ceremonies, celebrations, services and weddings. Alumni Association Website

We will be presenting the Margaret Willard Award and honoring the outgoing board of directors, and welcoming the incoming board. We will also be honoring all of the Interest Group Chairs. This is our last club event of the year, so put it on your calendar now and keep an eye out for the **eVite** coming in your email mid-April.

Please note: This event is FREE for UWC members. However, **you must RSVP**. Space is limited, so please reply to the forthcoming eVite when you receive it.



The Koenig Alumni Center

Mary Huffman, Chair Honors Reception

April 2019

Issue 7, Page 4

Fund -Raising—King Soopers "Gift-Reward" Cards

The King Soopers Gift Card Rewards Program is here!

1. Why?

This was the #1 choice for scholarship fundraising activities that members chose on last year's survey. Many people are familiar with this program from other organizations to which they belong.



If you already have a card for another organization, we ask that you consider participating with UWC in addition. **The program is simple.** UWC orders gift cards linked to our organization from King Soopers for \$10 each. Then members can purchase the card from UWC for \$10, which will be the initial value on the card. **These cards can be used for all King Soopers grocery, fuel center, and pharmacy purchases.** Since we all have to eat and buy groceries, this program allows UWC to receive additional contributions at NO cost to either the member or UWC. There are no fees associated with this card.

2. How to use the card

Simply fill your cart with groceries, and at the cashier BEFORE ringing the groceries up, tell the cashier you want to load funds onto your gift card. You can do this either from your checking account or with a credit card. The cashier will charge your credit card for the amount you specify and load that amount onto the gift card. Then you pay for your purchase using the gift card. The remaining balance will show on your receipt. You can use the gift card to purchase anything at King Soopers **EXCEPT** services. (Services include Western Union, Money Orders, Ticket Master, Postage Stamps, Lottery Tickets, and other Gift Cards.)

When you make your next grocery run, you can ask the cashier to tell you the balance on your card if you are unsure, and you can reload again. It is also possible to reload at the customer service desk if you are not making grocery purchases. Please note this card will become inactive if there is a zero balance for 90 days, so please continue to use this card for your purchases keeping at least a balance of \$2.50 on it.

The card is considered as cash, so store it in a safe location, because if it is lost, King Soopers is not liable. You will still receive King Soopers discounts by using your normal King Soopers card with the gift card, and if you reload with your credit card, you will still receive any credit card points on your credit card purchases, so there is no downside to using the gift rewards card.

3. How to get UWC King Soopers Gift-Reward Cards

If you are interested in helping UWC by taking part in this fundraising activity, we would greatly appreciate your participation. Please send a check **made payable to UWC for \$10** per card (you may want to give one or more as a gift after loading it with a bit more \$!) and mail to:

Kathy Herder (Treasurer), 7249 Siena Way, Boulder CO 80301

Once the cards arrive, Kathy will contact you for delivery.

Thank you to everyone for your assistance and support with this program.

Kathy Herder, Treasurer



April 2019

Lecture Luncheon March 12—Dr. Adam Bradley

Dr. Adam Bradley, a professor of English at CU Boulder, presented a thoughtful and entertaining talk about the popular singer Bob Dylan. He played music clips from Dylan as a young man, and in his later years.

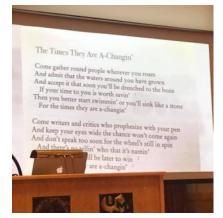
He discussed the lyrics in Dylan's "The Times They Are A-Changin" and lauded Dylan as a poet.



Dr. Adam Bradley



Head Table At UMC Room 235



Interesting rhyming in popular song



Young Dylan





Food Line



Jean Nelson, Joyce Spencer, Linda Nordberg



Bob Dylan Now

Prof. Adam Bradley University Women's Club

Karen Gross and Lynne Albert



Judy Reid, Joyce Spencer, Frieda Holley and Susan Malitz



Another large attendance. All lectures this season have had over 100 attendees.



April 2019

Interest Group Meeting Time and Place	Chair(s) Information	Special Notes
Bicycling Meets every Thursday from May through October.	Gail Smith (303-960-5004) gail2143@comcast.net	An email prior to the ride will provide time and meeting place.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling - Fair Weather Active Nov—April Weather permitting	Lauren Charbonneau (214-886-6905) laurenviolin26@gmail.com	Please contact chair for details.
Book Group - Afternoon Fourth Tuesday 1:30 p.m. Members' homes.	Mary Clough (303-522-8692) maryfclough@gmail.com Charlotte Corbridge (303-530-0955) charlotte.corbridge@colorado.edu	Please contact chair for details.
Book Group—Biographies Third Thursday 1:30 p.m. Members' homes	Temporary Chair Susan Planck (303-499-3916) plancksusan@gmail.com	Please contact Susan Plank with questions, or if you are able to take over as Chair.
Book Group - Evening Second Thursday 7:15 p.m. Members' homes.	Helen Goldman (303-443-4953) hgoldman@colorado.edu Lois Linsky (303-499-2689) Lflinsky@hotmail.com	Apr 11: <i>H is for Hawk</i> by Helen MacDonald. Hostess: Kathy Randall, 4620 Chestnut Lane, Boulder 80303; 303-530-1095; katherineran@gmail.com May 9: <i>The Velveteen Daughter</i> by Laurel Davis. Hostess: Heidi Lynch, 7310 Panorama Dr, Boulder 80303; 303-494-2879; hslynch@comcast.net
Bridge on Wednesday First Wednesday 1:00 - 3:00 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com	Please contact chair for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:00 a.m.—11:30 a.m. Panera Bread, 29th Street Mall	Beth Karpf (303-862-7335) <u>Bethk@alum.mit.edu</u>	Please contact chair for details. All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Please contact chairs for details.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
Italian Conversation Every Wednesday 1:30 – 2:30 p.m. The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) mhgwilson1@gmail.com	Please contact chair for details.
Music Time varies Second Mondays of most months Members' homes.	Pat Phillipson (303-443-9839) phillipp@colorado.edu	We especially welcome new performers. Please contact chairs for details.
Needlecraft Second and Fourth Thursdays 1:30 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com Georgianne Campbell (303-499-2798) rpcampbell@att.net	Email will provide details.
On the Road Again Various times, various venues	Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Out to Lunch Fourth Wednesday 12:00 p.m. Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) <u>iyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>imrohrsc@hotmail.com</u>	Email will provide details.
Readers' Theatre 2 Third Monday 6:30 p.m. Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays Location to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	In need of a new chair person for this season. Please call Mary Greenwald to volunteer!
Spanish Conversation Advanced Most Wednesdays	Diana King (303-530-1860) dianaking.boulder@gmail.com	Please contact chair for details.
Spanish Learners - Beginners and Intermediates Every Friday 9:30 –10:30 a.m. South Lucky's Market In Boulder	Jane Chicoine (845-399-0393) <u>Jane.chicoine@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Sunday Afternoon at the Movies Matinee second Sunday Local movie theatre	Diane Thoms dcthoms@yahoo.com Ruth Harvey (303-975-6614) ruth.harvey@comcast.net	Email will provide details.
Theater Goers Date and Location Varies	Gail Moyes (303-786-9142) gpmoyes@gmail.com Annie Russell (303-786-8070) annie@annierussell.com	Please contact chairs for details.

Continued

Interest Groups - General Information

The following Interest Groups are part of the UWC, but currently are full:

Interest Group	Chair(s)
Book Group—BG3	Kathy Randall
Book Group- Fiction/Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson
Readers' Theatre	Jeannette Hillery

To start a new interest group requires at least five members including a chairperson.

To form a new **book group**, contact Kathy Randall (303-530-1095).

For other new interest groups contact one of the following: Tam VanSpriell (tamvanspriell@gmail.com) or Linda Nordberg (lcnordberg@aol.com) Co-Chairs



A great group of members (plus some hubs not shown) attended "The Rembrandt" at the Arvada Theater in February.



Ginny Hackney, Donna Seaman, Carol Hermes, Helen Brown, Marge Riddle at "Into the Woods" gathered for lunch after the performance. (Theater Goers Group).



Sherry Woodruff, Annie Russell and Patsy Ludke gathered after "Into the Woods" performance at the Arvada Theater in conjunction with the Theater Goers Group.

April 2019 Issue 7, Page 9

UWC Boulder Membership Form - 2018-19

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Karen Neff, Membership Chair 303-494-0467	Virginia 412-901		Member Chair	
uwcmembershipchair@gmail.c	om vstringi@	comcast.ne	<u>et</u> 	
Name				
Address				
Email address for newsletter _				
	(please prin	t clearly)	☐ new email address	
	nual dues of \$35 which includes I am a □returning member □		•	
	litional tax-deductible contributio 50 □\$100 □Oth		olarship fund.	
	x-deductible contribution for the		ind in Honor/Memory of:	
Mail to: UWC Members I have a friend who might like to	ship, PO Box 18844, E	•		
Name	P	hone	 	
Address	E	mail		
Please look for current interement interements of the measurement of the measurement of the measurement in the measurement of t	se contact the interest grou			
Bicycling	Hiking	Reader's 7	heatre	
Book Groups	Italian Conversation	Snowshoe	ing	
Bridge	Music	Spanish C	onversation	

For other interest group suggestions, please contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcna contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcna total contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcna total contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcna total contact Tamera VanSpriell, tcna total contact Tamera VanSpriell, tcna total contact Tamera VanSpriell t

Needlecraft

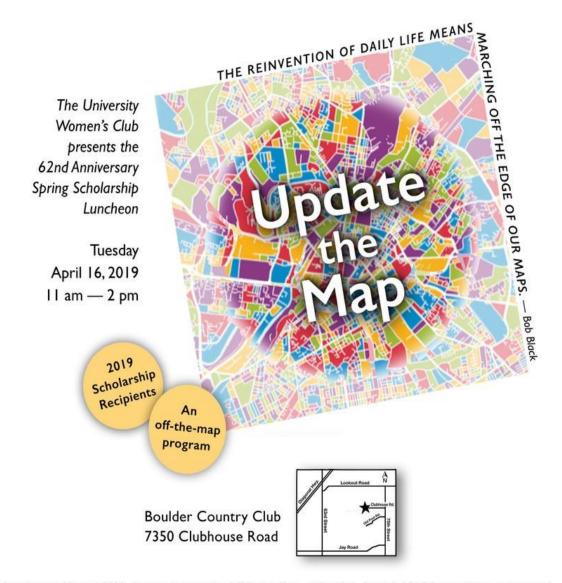
Out to Lunch

French Conversation

Gardening

Sunday Afternoon at the Movies

Theater Goers



Checks payable to UWC. Please observe the RSVP deadline of Tuesday, April 9, 2019 (reservations necessary). Mail to: UWC c/o Charlotte Corbridge, 7351 Windsor Drive, Boulder, CO 80301; charlotte.corbridge@colorado.edu

Name		Phone
Email		
Guest Name(s)		
luncheons @ \$40 = (Incl	udes a tax deductible do	nation of \$10 to the UWC scholarship fund)
Additional Donation: \$100	\$50\$25 _	Other
Total Enclosed		
Please select your entree: (Fill in names it	f reservation is for more	than one person.)
Chicken Florentine (gluten free)	Name	
Baked Vegetable Lasagna Name		

2018-19 Calendar

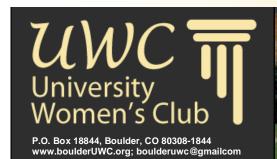
Executive Board 2018-19

Sept.	4	Board Meeting	
	10	MESSAGES Deadline	
	11	Membership Coffee/Tea	
Oct.	2	Board Meeting	
001.	10	MESSAGES Deadline	
	10	Lecture Dinner: Helping	
	9	People with Different Kinds of Minds to Be Successful, Temple Grandin	
	15	Membership Deadline for Name to Appear in Directory	
Nov.	***	New Member Wine and Cheese Event	
	7	Board Meeting	
	10	MESSAGES deadline for January	
	13	Lecture Evening at the Planetarium 5:30—7:30 p.m. Juno: Revealing Jupiter's Interior, Dr. Fran Bagenal	
Dec.	*	NO Meetings	
Jan.	8	Board Meeting	
	10	MESSAGES deadline	
	15	Lecture Luncheon: Cannabis 101 for Seniors, Dr. Danielle Fixen	
Feb.	5	Board Meeting	
	10	MESSAGES Deadline	
	12	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff	
Mar.	5	Board Meeting	
	10	MESSAGES Deadline	
	12	Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley	
	17	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky	
Apr.	2	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting	
Apr.		Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting MESSAGES Deadline	
	2 10 16	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting MESSAGES Deadline Scholarship Luncheon	
Apr.	2	Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting MESSAGES Deadline	

President	Arlene Gerwin
President-elect	Merry Bullock
Secretary	Kathleen Newton
Treasurer	Kathy Herder
Past President	Frieda Holley
Advisory/ Parliamentarian	Frieda Holley
Communications	Mollie Sue Morton
Historian/Handbook	Berry Todd
Honors Reception	Mary Huffman
Hospitality	Isabelle Henderson
Interest Groups Co- Chairs	Linda Nordberg, Tamera VanSpriell
Margaret Willard Award	Kathryn Wardell
Membership	Karen Neff
New Members	Virginia Stringi
Email/Directory/ Handbook/Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Karon Johnson
Opera Brunch	Kathy Terrill
Program Co-Chairs	Lynne Barnett, Joanna Cain
Scholarship Committee	Merry Bullock
Scholarship Luncheon	Janet Brewer
Telephone Tree	Linda Blomquist
Website	Merry Bullock
Secretary Elect	Carrol Kalafus
Treasurer Elect	Kathy Herder

<u>Control/click here for a printable version of the calendar of events.</u>

Control/click here to email questions or suggestions to <u>MESSAGES</u> chair.





May 2019, Issue 8

A Publication of the University Women's Club of CU Boulder



Koenig Alumni Center on the corner of Broadway and University in Boulder

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Please join us for the Honors Reception

Tuesday, May 14 at 3 to 5 p.m. At the Koenig Alumni Center 1202 University Avenue, Boulder

This is the first time in three years that our final event of the year will be held at this historic building. It will take place after graduation, so the campus will be quiet and serene as we come together to honor our Margaret Willard Award winner, Karen Diamond. We will also thank the members of our group who have made our club so much fun.

The chairs of our 27 different interest groups will be thanked and recognized for their hard work this year.

We will also say good bye to this year's executive board, plus there will be a few surprise mentions!

An **EVITE** will be coming in your email. Please RSVP when you receive the invitation. If you don't receive one-please email Mary Huffman at marymhuffman@gmail.com.

Don't miss this party-it is our last chance to be together until next fall.

Oh, it includes beverages (including wine) and hors d'oeuvres...

This event is fun and relaxing event that is **free of charge** to all members. Please **RSVP quickly** as capacity is limited at Koenig.

Control/Click here for previous versions of MESSAGES.

Calendar/Executive Board 16

Our website is boulderuwc.org

Interest Groups

Membership Form



12-14

15

This is the last issue of MESSAGES for the 2018-19 year.

The next issue will be the September 2019 issue and should appear in your inbox in mid to late August.

If you would like to be a co-chair to help with the newsletter, please let our incoming president, Merry Bullock, know merrybullock@mac.com.

Margaret Willard Award WInner



Karen Diamond

It is with great pleasure that we announce Karen Diamond as the 2019 winner of the University Women's Club Margaret Willard Award. Karen typifies all the attributes we look for in a woman receiving this prestigious award. In every organization and community function in which Karen has participated, she has contributed significantly to their growth and development with her volunteerism, her leadership, and her gracious good will.

We at The University Women's Club have been honored to have Karen as a Past President and a Board Member for multiple years. She has held several Board positions from Membership, Program, Historian/Archivist, Honors Reception, and the Scholarship Committee. She also has been active in our UWC group events and interest groups and chaired the *On The Road* group. Her skills and knowledge have made her a go-to for many questions concerning the Club.

Karen's kindness and generosity also have been evident in her community activism. She volunteers at both Bridge House Community Table and Historic Boulder. Additionally, she is quite active in all aspects of her synagogue's work where she has chaired their "Scrip" program for 25 years and makes deliveries whenever needed to elderly and immobile congregants. When the 2013 flood left the synagogue badly damaged, Karen played a major role in its reconstruction and refurbishing using her interior design skills. Additionally, she has served on the Board of Hadassah, an International organization of Jewish women, for over 30 years. Her love for music has drawn her to be active in the Chautauqua Music Festival and she supports the Boulder Philharmonic and many College of Music programs as well.

In 2010, the University of Colorado benefitted from Karen's volunteer work as a consultant designer during the renovation Grusin Hall. Throughout her husband's 21 year tenure as dean of the School of Pharmacy, she graciously opened her home to host well over a hundred School of Pharmacy dinners and events for donors, alums, university officers, regents, faculty members and students.

CU's Conference on World Affairs also benefitted from Karen's activism for over two decades, housing conference participants, and serving on the Housing Committee.

Karen has done all this while running an interior design business and raising two wonderful sons, who have now added five grandchildren to her list of duties.

We are happy and grateful to have Karen as a member of our community; she is a very deserving winner of this award. She is a gracious and caring person whose exemplary involvement in our Club and in university and community endeavors have done so much good for all of us.

Be sure to come to our Honors Reception on May 14 to help our Club honor Karen.

Kathryn Wardell Chair MWA

President's Message



May this May be Unbelievably Exceptional, Amazingly Colorful and Filled with Joy, Laughter and Love.

Anonymous

Well, as the old saying goes, April showers (and snow!) did bring us May flowers. My daffodils are in full bloom and the irises are not too far behind. I am thankful that the deer do not feast on these two varieties of flowers.

May also brings the UWC year to a close. Looking back at the year, I am sure you agree that the Lecture Events were among the best we have ever had! Attendance at these events broke records. We are so fortunate in Boulder to have access to such amazing talented speakers from the University as well as from our community.

Another shout-out and sincere thanks to Lynne Barnett and Joanna Cain for their exceptional planning of the Lecture Events. They are now busy planning the Lecture Events for next year. Stay tuned for more information in the Fall.

The Scholarship Luncheon was held on April 16 at the lovely Boulder Country Club. We were so moved by the stories of our deserving UWC scholarship winners. And we are so grateful to our UWC members who make these scholarships possible through generous donations. Thank you to Merry Bullock and the Scholarship Committee for selecting these fine CU students who receive UWC scholarships. And another big thank you to Janet Brewer and her Scholarship Luncheon Committee for our special day at the Boulder Country Club.

To wrap up the year, our final membership event is the Honors Reception on Tuesday May 14. There is no charge for this event but **pre-registration** is required. This is one of the free events included in your membership dues. You should soon receive an evite on-line invitation. I encourage you to RSVP promptly to ensure a spot at the event. We are returning to the Koenig Alumni Center after extensive renovation of the building. It is such an impressive venue and we are so fortunate to be able to host UWC members there. I hope you will join us to honor Karen Diamond, our Margaret Willard awardee this year. We also will recognize other UWC members who have made this and previous years so successful and meaningful for the UWC.

The Honors Reception also marks the official "passing of the gavel" to my successor, Merry Bullock. We will jointly preside over the annual Tri-Board meeting on May 7. This is an opportunity for the in-coming and outgoing boards to meet and discuss their board positions and plan for next year.

Serving as your UWC President this year was a most enjoyable and very rewarding experience. I wish to thank all the board members and those who coordinate our interest groups for an amazing year. And also I thank all the UWC members who attended our Lecture Events, participated in our interest groups and generously donated to the scholarship fund.

Have a wonderful summer and I look forward to seeing you at UWC events next year.

Arlene Gerwin, 2018-2019 President



May 2019

Scholarship Chair's Message

2019 UWC Scholarship Recipients

UWC's flagship activity – giving scholarships to non-traditional students was begun 27 years ago in 1982 to support to non-traditional CU undergraduate students in their educational journey. We do this collectively because we know the power of education, and we recognize the importance of access and support.

Our recipients have come to CU to pursue their dream of completing their education. They are older than the typical undergraduate, they are strong students, and they give back to the community. Over the years, UWC has provided more than \$275,000 in scholarships to over 125 students.

This year, your generous contributions allowed the scholarship committee to select 6 outstanding individuals from 46 applicants. Strong thanks to the members of the scholarship committee - Lauren Charbonneau, Sydney Hoerler, Boyce Sher, and Sherry Woodruff who reviewed 46 applications, and selected this year's participants, and wrote the short bios about the recipients. And strong thanks to all of you, the women of UWC whose consistent generosity makes all of this possible.

Read about our wonderful winners on the following pages.

Scholarship Donors (March—April 9, 2019)

Janice	Belkora
Terry	Bradley
Janet	Brewer
Helen	Browne
Merry	Bullock
Sue	Collard
Marsha	Coons
Charlotte	Corbridge
Elizabeth	Davis
Marge	DeFries
Jeanne	Fetterman
Arlene	Gerwin
Ellen	Gille
Helen	Goldman
Mary	Greenwald

Frieda	Holley
Caryl	Kassoy
Susan	Katz
Joan	Knaub
Susan	Litt
Pat	McCarthy
Barbara	Miller
Judy	Minger
Mollie	Morton
Marcy	Munson
Linda	Nordberg
Rhoda	Nozik
Becky	Palmer
Kathy	Randall
Judy	Reid

Margaret	Riddle
Jean	Rohrschneider
Kathleen	Salzberg
June	Saunders
Carol	Saunders
Debbie	Schwartz
Boyce	Sher
Joyce	Spencer
Suzanne	Swartztrauber
Barbara	Tamplin
Tamera	Van Spriell
Sherry	Woodruff
Stephanie	Wrotny
Christine	Zanoni

MANY THANKS FOR YOUR GENEROSITY!!!

May 2019

UWC Scholarship Recipients 2019



Janeena Blackman

Janeena Blackman's resourcefulness has made the difference in her life and in the lives of her family. When her mother was disabled, at age 10, she asked herself who is going to cook a meal for the nine children in her home. How will the laundry get done? Who will take care of her mother? She answered all these questions by doing it herself. She makes things happen for herself working eighty hours a week every summer. A Dean's List student, a junior at CU, and majoring in Psychology with plans for a Masters and PhD. She is drawn to Forensic Psychology and Industrial Organizational Psychology. She is drawn to helping people live up to their potential and to giving back.



Allie Carpenter

Alexis (Allie) Carpenter left the familiarity of West Virginia, where she was briefly married, and attended community college, to find new opportunities and challenges. While passing through Colorado on an exploratory trip westward, she set her sights on CU Boulder. She moved here, found a job as an assistant in a veterinary hospital, and began her studies last summer discovering an interest in human psychology and animal behavior that she hopes to combine into a satisfying and meaningful career. Allie continues to work 40 hours a week at the vet clinic, and takes 15 hours of credit toward her degree, which means intense class days on two days of the week and long shifts at the clinic on the others. When her schedule allows, Allie volunteers at the Boulder Food Pantry. She is most appreciative of the UWC scholarship because it will enable her to reduce her reliance on student loans to pay for tuition.



Jace Haehnlein

Jace Haehnlein reminds us of how education saves lives. Not only did it transform his life from drug addict to a 3.75 student at CU Boulder, but it inspired Jace to choose a career to help transform other lives for many years to come.

When other teenagers were enjoying high school, Jace, at 14, was fighting a battle with methamphetamines that led him to run away from home at 15 and come close to ending up in prison. When he faced the judge who would determine his fate, Jace reached deep into his heart to declare his intent for a better life. He entered a residential treatment facility for three years, then moved to the Community College of Denver where he was a top student and received the Presidential Service Award for work with Psi Beta Honor Society and the community. Jace plans to work in the Peace Corps and get a masters in Social Work. He knows what it takes to help heal others who have been hurt and is himself a shining example of how there is always hope if you are open to seeing and seizing it.



Rajesh Rajchal

Rajesh Rajchal immigrated to the USA from Nepal, and embarked on a long journey to complete an education. His goal is to manage natural resources scientifically, contribute to a healthier quality of life for all, and continue his life-long passion for nature. Rajesh's journey has not been smooth – he has battled cancer in his young son (now recovered) and in himself, and struggled with his extended family to recover from a devastating earthquake in his home country of Nepal that destroyed his parents' home. Throughout these struggles, Rajesh maintained his passion for learning and motivation to excel at his studies. He will be the first in his family to earn a college degree. As he notes, acknowledgement of his progress through a UWC scholarship is a strong motivator to excel in his academic journey.

continued

UWC Scholarship Recipients 2019—continued



Ruby Rendon

Ruby Rendon is a fighter, a mother, wife, and strong student. She relied on persistence, hard work, determination and a positive attitude to begin her educational journey, and now applies that same strength to complete her education, care for her family, and nourish a son diagnosed as an infant with autism. "My son defines who I am, he is my story" said Ruby, as she proudly described his integration into kindergarten, delight in playing sports, and outreach to new friends. Ruby, who is getting a degree in speech therapy, hopes to continue to graduate work in speech and audiology. An ardent advocate for kids and others with learning challenges, she works in the CU disabilities office, and volunteers to help those with disabilities have access to educational materials and opportunities. Ruby is gentle and forceful – as a first-generation student, from a distressed childhood, now with a family and its significant challenges, she exudes a spirited optimism that, with determination and education, promises can be kept.



Sheena Skinner

Sheena Skinner believes that climate change is the biggest issue our world currently faces. She left a lucrative job in order to pursue a career in which she would be a part of the solution. At CU Boulder she is a geology major with an emphasis on environmental geology. Her volunteer work includes being a tutor for geology students and networking with researchers to bring seminars to faculty and students. She has participated in many service projects, but singles out Denver GIVES for the joy it brings to underprivileged children. She works as a Teaching Assistant for a Harvard University online class that enables over 200 students to learn geology. Sheena will be the first from her family to earn a college degree. After graduation her goal is to continue on to graduate school to do research on carbon capture, storage and sequestration in sedimentary formations. She hopes to join the community of scientists who will eventually solve our climate problems.



Scholarship winners and Scholarship Committee

May 2019 Issue 8, Page 6

Scholarship Luncheon Photos

The Annual Spring Scholarship Luncheon was held on April 16, 2019 at the Boulder Country Club. About 100 attendees enjoyed a lovely lunch, met the 2019-20 Scholarship Winners (see previous pages), and heard an inspiring talk by Nicole DeBoom, owner of Skirt Sports. This was followed by a fashion show with five models, each in two outfits.



Boulder CC with room full of UWC members. guests, and Scholarship recipients





Arlene Gerwin, Virginia Stringi, (her daughter) Lauren Hall, and Kathleen Salzberg



Boyce Sher and Allie



Sydney Hoerler and Janeena



Merry Bullock, Ruby, and Lauren Charbonneau (Jace was not able to attend)



Sheena and Sherry Woodruff



Merry Bullock and Rajesh



Nicole DeBoom





Frieda Holley Linda Nordberg



Mary Lymberopoulos



Julianne Cassady



Betsy Barrett



Cece Cotton in sport bra



Chicken Florentine

King Soopers Community Rewards Cards

Support UWC when buying groceries using The King Soopers Community Rewards Program

NOTICE: There was a **change** in the King Soopers *Gift Reward* Card Program. Please read on to enroll in the NEW and IMPROVED program!

King Soopers donations to UWC are now made directly from loyalty cards! 5% of all purchases will be contributed to UWC directly through your LOYALTY card, and you don't have to do anything except enroll and then use your loyalty number when shopping!

If you already enrolled in the gift card program and have a **balance** on your gift card, you can use it to pay for purchases until your balance is used up.

How to Enroll

You need to link your King Soopers LOYALTY card to our UWC account.





NOTE the number under the barcode on the back. It needs to be one that starts with a "4". If you have an old card, which does not have a number beginning with a 4, you will need to get a new loyalty card. It can be linked to your current card (if you are counting on the fuel points from the old card). Then be sure your account has the **new loyalty card number.**

What you need to do:

The requirement for using your loyalty cards is twofold:

- 1. You will need to create an online account with King Soopers;
- 2. You will need to register your LOYALTY card online with King Soopers so that it is linked to our UWC account.

How to do it: PLEASE NOTE: You must have an Email to proceed

STEP 1: CREATING AN ONLINE DIGITAL ACCOUNT

**NOTE: If you already have an online digital account, skip to #2

Go to https://www.kingsooperscommunityrewards.com & click on "Enroll Now"

- Select 'Create an Account'
- Under Sign-In information, enter your email and create a password. (Write down your email & password)
- Select 'Use Card Number'
- Enter your King Soopers LOYALTY Card Number, last name and postal code.
- If you don't have your loyalty card, you can use your phone number as the Alt ID).
- Under 'Select Your Preferred Store' enter your postal code
- Select 'Find Stores'
- Choose your store then select 'Create Account'.

You will then be prompted to check your email for a confirmation email.

Click the hyperlink in your email to finish creating your Online Account.

Continue to step #2 to register for the King Soopers Community Rewards Program (here is where you link your account to UWC).

continued

King Soopers Community Rewards Cards—continued

STEP 2: REGISTER FOR KING SOOPERS COMMUNITY REWARDS PROGRAM

Go to https://www.kingsooperscommunityrewards.com & click on Enroll Now.

- Sign in using the login and password created from Step 1 above.
- Select 'My Account' from drop down menu (upper right corner under your name)

Double check under "My Account" that the correct loyalty card number appears (especially if you needed a new card).

- Select Community Rewards from the left-hand side under 'Account Summary' heading
- Under Find an Organization: Enter the UWC NPO Number: **PJ370** or click search for University Womens Club.

Once University Womens Club appears, click "enroll" and you are done!

You should now see University Womens Club listed under 'Community Rewards' on your Account Summary page. It looks like this:

Community Rewards You have successfully enrolled in Community Rewards. Donation Summary Status: Currently Enrolled Organization Name: Enrollment Date: University Womens Club 04/18/2019 Organization Number: PJ370

Let Kathy Herder (herders2@yahoo.com) know if you have any questions. We really appreciate your purchases and contributions received from them, so **PLEASE enroll your cards now**.

THANK YOU AGAIN FOR YOUR PARTICIPATION.

Kathy Herder, UWC Treasurer



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UWC Centenníal Celebration 2019-2020

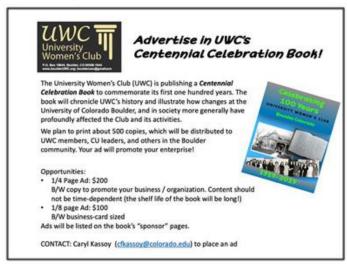
Next season the University Women's Club will celebrate the 100th year of its existence.

We have just begun to organize a **Gala Celebration**, which you will hear more about in the Fall. Meanwhile, if you have a 2020 calendar, SAVE THE DATE for the Gala, **Friday night, May 15, 2020** in the Glenn Miller Ballroom at the UMC.

A Centennial History Book Committee has spent 2 years gathering information from the archive files, and from long-time members. We anticipate producing a fun and informative book, similar to the 75th anniversary book which is on our website (click here to see that book).

The committee is hoping to include some **ads** in the centennial book to offset the cost of production and to allow some color pages. We can use EVERYONE"S help to accomplish this. At the last committee meeting a list of possible donors was started. We need members to help solicit - not hard to do!

If you have a connection to any of the businesses listed below, or know someone in charge, please inform Caryl Kassoy (<u>cfkassoy@colorado.edu</u>). She will get back to you as to whether that business has already been "assigned" to someone. If not, we will send you a brief form (see below) pirinted on heavy stock, to use to approach the potential donor.



The ads should be "timeless" (no upcoming shows or "specials"). We are suggesting 2 sizes: 1/4 page for \$200 or 1/8 page (could be just business card or a name of a sponsor) for \$100. All will be printed in black & white.

Do you know anyone at

- a hotel (Boulderado, St. Julien, Millennium, Basecamp Boulder, ANY),
- an automobile company (Audi, Toyota, Subaru, other),
- an eyeglass company, hearing aid company, Boulder Community Health, or any health organization,
- investment companies, banks
- real estate companies
- Celestial Seasonings
- clothing stores
- Liquor Mart
- McGuckins
- Mike's Camera

PLEASE step up and help us with this important project. Be a part of our centennial by participating.

Opera Brunch March 17, 2019

On Sunday, March 17, a group of UWC members and guests enjoyed a delicious brunch in the Aspen Room at the University Memorial Center, followed by an afternoon in Macky to see "Eugene Onegin", an opera by Tchaikovsky based on a novel in verse written by Alexander Pushkin.

Maestro Nicholas Carthy spoke at the brunch and offered insights into the performance.







Table setting with salad course

Head table with Maestro Carthy



Kathy Terrill (Chair of event) and Maestro Carthy.



Mary Huffman stands behind Linda and Nils Nordberg



Dessert



Maestro Carthy speaks about the opera plot and performance



Julianne Cassady, Virginia Stringi and Janet Brewer

Interest Group Meeting Time and Place	Chair(s) Information	Specíal Notes
Bicycling Meets every Thursday from May through October.	Gail Smith (303-960-5004) gail2143@comcast.net	An email prior to the ride will provide time and meeting place.
Bicycling – Easy Riders Wednesdays from May through October.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	An email prior to the ride will provide time and meeting place. Please contact the chair for more information.
Bicycling - Fair Weather Active Nov—April Weather permitting	Lauren Charbonneau (214-886-6905) laurenviolin26@gmail.com	Please contact chair for details.
Book Group - Afternoon Fourth Tuesday 1:30 p.m. Members' homes.	Mary Clough (303-522-8692) maryfclough@gmail.com Charlotte Corbridge (303-530-0955) charlotte.corbridge@colorado.edu	Please contact chair for details.
Book Group—Biographies Third Thursday 1:30 p.m. Members' homes	Temporary Chair Susan Planck (303-499-3916) <u>plancksusan@gmail.com</u>	Please contact Susan Plank with questions, or if you are able to take over as Chair.
Book Group - Evening Second Thursday 7:15 p.m. Members' homes.	Helen Goldman (303-443-4953) hgoldman@colorado.edu Lois Linsky (303-499-2689) Lflinsky@hotmail.com	May 9: The Velveteen Daughter by Laurel Davis. Hostess: Heidi Lynch, 7310 Panorama Dr, Boulder 80303; 303-494-2879; hslynch@comcast.net May 23: Book selection meeting. Hostess: Kathleen Salzberg, 2185 Kohler Dr., Boulder 80305 Kathleen.salzberg@colorado.edu
Bridge on Wednesday First Wednesday 1:00 - 3:00 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com	Please contact chair for details.
French Conversation - All Speaking Levels 2nd and 4th Wednesdays 10:00 a.m.—11:30 a.m. Panera Bread, 29th Street Mall	Beth Karpf (303-862-7335) <u>Bethk@alum.mit.edu</u>	Please contact chair for details. All levels of French speaking ability accepted and welcome.
Garden Group Usually meets third Wednesdays from April to October.	Jyotsna Raj (303-447-8831) <u>Jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Please contact chairs for details.
Hiking Every Friday Meet east end of the lower level of Macy's parking garage.	Heidi Lynch (303-499-5779) hslynch@comcast.net Frieda Holley (303-499-3733) holleyf@msudenver.edu	This year-round group meets at 9:00 a.m., September to May and at 8:30 a.m., June to August.

Interest Group Meeting Time and Place - Continued	Chair(s) Information	Special Notes
Italian Conversation Every Wednesday 1:30 – 2:30 p.m. The "Y," 2850 Mapleton Avenue	Maxene Wilson (303-530-4619) mhgwilson1@gmail.com	Please contact chair for details.
Music Time varies Second Mondays of most months Members' homes.	Pat Phillipson (303-443-9839) phillipp@colorado.edu	We especially welcome new performers. Please contact chairs for details.
Needlecraft Second and Fourth Thursdays 1:30 p.m. Members' homes.	Ginnie Ross (303-442-6014) vross921@gmail.com Georgianne Campbell (303-499-2798) rpcampbell@att.net	Email will provide details.
On the Road Again Various times, various venues	Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Out to Lunch Fourth Wednesday 12:00 p.m. Meet at the restaurant at noon.	Jyotsna Raj (303-447-8831) <u>jyotsna.raj@colorado.edu</u> Jean Rohrschneider(720-452-9788) <u>jmrohrsc@hotmail.com</u>	Email will provide details.
Readers' Theatre 2 Third Monday 6:30 p.m. Meeting Room at Presbyterian Manor Senior	Patty Ludke (303-440-9590) pattycake.21@juno.com Kathy Randall (303-530-1095) katherineran@gmail.com	Email will provide details.
Snowshoeing Thursdays Location to be determined.	Mary Greenwald (303-443-6478) m.b.greenwald@comcast.net	In need of a new chair person for this season. Please call Mary Greenwald to volunteer!
Spanish Conversation Advanced Most Wednesdays	Diana King (303-530-1860) dianaking.boulder@gmail.com	Please contact chair for details.
Spanish Learners - Beginners and Intermediates Every Friday 9:30 –10:30 a.m. South Lucky's Market In Boulder	Jane Chicoine (845-399-0393) <u>Jane.chicoine@comcast.net</u>	Contact chair to join a group session to learn or improve your beginning Spanish.
Sunday Afternoon at the Movies Matinee second Sunday Local movie theatre	Diane Thoms dcthoms@yahoo.com Ruth Harvey (303-975-6614) ruth.harvey@comcast.net	Email will provide details.
Theater Goers Date and Location Varies	Gail Moyes (303-786-9142) gpmoyes@gmail.com Annie Russell (303-786-8070) annie@annierussell.com	Please contact chairs for details.

Continued

Interest Groups - General Information

The following Interest Groups are part of the UWC, but currently are full:

Interest Group	Chair(s)
Book Group—BG3	Kathy Randall
Book Group- Fiction/Nonfiction	Nancy Liggett
Book Group – Second Monday	Helen Hooper
French Conversation	Dot Thompson
Readers' Theatre	Jeannette Hillery

To start a new interest group requires at least five members including a chairperson.

To form a new **book group**, contact Kathy Randall (303-530-1095).

For other new interest groups contact one of the following: Tam VanSpriell (tamvanspriell@gmail.com) or Linda Nordberg (lcnordberg@aol.com) Co-Chairs



Out to Lunch group ^





Theater Goers Group went to the Arvada Theater to see "Sin City Social Club" Ruth Harvey, Roz Heibert, Zetta Feder, Marge Riddle, Sherry Woodruff, Kathleen Peterson, and Lois Kraft



Members of the biography book club: Eunice Wilkerson, Gina Cook, Ginnie Ross, Anne Burke, Nancy Lems, Beth Rauch, (front) Susan Planck

UWC Boulder Membership Form - 2018-19

Welcome! Please fill out the membership form completely, even if you were a member last year. It is important that we verify all the information presently in the database. Please print clearly, especially your email address and check if it is an update.

MESSAGES will be emailed to our membership. The UWC membership year runs from June 1 to May 31.

Karen Neff, Membership Chair 303-494-0467	Virginia 412-901	Stringi, New Member	Chair
uwcmembershipchair@gmail.c	om vstringi@	comcast.net	
Name			
Address			
Email address for newsletter			
	(please prin	clearly) \square new Θ	mail address
	nual dues of \$35 which includes I am a □returning member □		scholarship fund.
	litional tax-deductible contributio 50 □\$100 □Oth		ıd.
	x-deductible contribution for the		or/Memory of:
Mail to: UWC Members I have a friend who might like to	ship, PO Box 18844, B	·	
Name		Phone	
Address Email			
Please look for current interement interements of the second of the seco	se contact the interest grou		
Bicycling	Hiking	Reader's Theatre	
Book Groups	Italian Conversation	Snowshoeing	
Bridge	Music	Spanish Conversation	on

For other interest group suggestions, please contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcna contact Tamera VanSpriell, tamvanspriell@gmail.com or Linda Nordberg, tcna descriptions.

Needlecraft

Out to Lunch

French Conversation

Gardening

Sunday Afternoon at the Movies

Theater Goers

2018-19 Calendar

Executive Board 2018-19

Sept.	4	Board Meeting
	10	MESSAGES Deadline
	11	Membership Coffee/Tea
Oct.	2	Board Meeting
	10	MESSAGES Deadline
	9	Lecture Dinner: Helping People with Different Kinds of Minds to Be Successful, Temple Grandin
	15	Membership Deadline for Name to Appear in Directory
Nov.	***	New Member Wine and Cheese Event
	7	Board Meeting
	10	MESSAGES deadline for January
	13	Lecture Evening at the Planetarium 5:30—7:30 p.m. Juno: Revealing Jupiter's Interior, Dr. Fran Bagenal
Dec.	*	NO Meetings
Jan.	8	Board Meeting
	10	MESSAGES deadline
	15	Lecture Luncheon: Cannabis 101 for Seniors, Dr. Danielle Fixen
Feb.	5	Board Meeting
	10	MESSAGES Deadline
	12	MESSAGES Deadline Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff
Mar.		Lecture Luncheon: Mending Colorado's Mental Health,
Mar.	12	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff
Mar.	12 5	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting
Mar.	12 5 10	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a-
Mar.	12 5 10 12 17 2	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting
	12 5 10 12 17	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting MESSAGES Deadline
Apr.	12 5 10 12 17 2 10 16	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting MESSAGES Deadline Scholarship Luncheon
	12 5 10 12 17 2 10	Lecture Luncheon: Mending Colorado's Mental Health, Andrew Romanoff Board Meeting MESSAGES Deadline Lecture Luncheon: Bob Dylan: The Times they Aren't a- Changin', Dr. Adam Bradley Opera Brunch and Opera: Eugene Onegin, Tchaikovsky Board Meeting MESSAGES Deadline

President	Arlene Gerwin
President-elect	Merry Bullock
Secretary	Kathleen Newton
Treasurer	Kathy Herder
Past President	Frieda Holley
Advisory/ Parliamentarian	Frieda Holley
Communications	Mollie Sue Morton
Historian/Handbook	Berry Todd
Honors Reception	Mary Huffman
Hospitality	Isabelle Henderson
Interest Groups Co- Chairs	Linda Nordberg, Tamera VanSpriell
Margaret Willard Award	Kathryn Wardell
Membership	Karen Neff
New Members	Virginia Stringi
Email/Directory/ Handbook/Repository	Diana King
MESSAGES	Joyce Spencer
Nominating Committee	Karon Johnson
Opera Brunch	Kathy Terrill
Program Co-Chairs	Lynne Barnett, Joanna Cain
Scholarship Committee	Merry Bullock
Scholarship Luncheon	Janet Brewer
Telephone Tree	Linda Blomquist
Website	Merry Bullock
Secretary Elect	Carrol Kalafus
Treasurer Elect	Kathy Herder

<u>Control/click here for a printable version of the calendar of events.</u>

<u>Control/click here to email questions or suggestions to MESSAGES chair.</u>